



October 2001

Volume 32 Issue 10 **YOU MEAN YOU 'RE STILL MARRIED?**

Staying married and staying sober: Sometimes it seems impossible to do both at the same time. In the AA circles I travel, there seem to be a lot more people, men and women, no longer married to the spouses they were with when they finally hit bottom. I understand why. In my early sobriety, Ella and I fought more than when I was drinking. Or perhaps I just remembered every word without my booze to ease the misery. It seemed to me that living with Ella when I was drinking had been hell, but trying to live with her and trying to learn to stay sober was double hell—with no painkiller. I was trying to follow a program and live one day at a time. But every time I did one little thing wrong, she would drag out all the past and hit me with it. She was going to some Al-Anon meetings, but did not seem to be getting the program. All she seemed to be learning was how to tell me how to work my program. I was sure if she would only listen to me, I could straighten out *her* program.

When I got a sponsor, Tim, and began to get to know him better, I discovered that he also had a wife. He only had a year of sobriety and he and his wife were still capable of getting into a good one. Meeting him at his home, I found his wife did not seem as bad as I had expected. But then I know how Ella and I saved most of our bad stuff for when we were alone. Over coffee, Tim's wife Barbara asked me to bring Ella the next time I came over. This sounded like a good idea. Maybe she could teach Ella something. As we got to know Tim and his wife better, I began to notice that seeing Barbara did Ella a lot of good. Ella was also asking Tim about things. At first this burned me, since I could have given her the same or even better advice. But I came to realize a difference. Ella was likely to listen to Tim and Barbara's views on the program whereas she seemed to ignore mine. I also discovered that if Tim was not available, Barbara could give me something to think about until I could see him. Since many of my problems were with Ella, I found Barbara's suggestions useful. I realized maybe Al-Anon did know a few things.

As Ella and I began to attend more meetings—AA and Al-Anon meetings held at the same time in different rooms or open meetings where spouses could attend together—we began to know more couples in recovery. We were all having the same problems. Both AAs and Al-Anons were finding it difficult to get along with their unreasonable spouses. The resentments from the past continued to disrupt our today's. Ella and I could agree on the problems another couple was having usually contributed to by both partners as we saw it. But we were (and are) surprised at how difficult it is for us to look objectively at ourselves as a couple. In spite of the difficulties we were having (or maybe *because* of our problems), some married individuals began to ask how we were working the program. This was embarrassing because I realized that my understanding of what the program suggested I do was better than I was actually doing. But I tried to be honest in admitting this to fellow AAs. As a result, talking over other people's problems taught me more about what

I had to do. Sometimes I had to go home and make a newly discovered amends to Ella. As I read the Big Book more closely, I found that there was plenty of information on family recovery. Initially, I had been unable to think beyond my own sobriety to the need for family recovery. This included my need to practice patience, tolerance, and forgiveness for my wife. From the beginning of sobriety, I expected her to demonstrate these attitudes toward me. I did not realize how long it was to take both of us to learn to practice these attitudes. In reading about AA and our co-founders, I found that recovering as a couple was what Bill and Lois W. and Dr. Bob and Anne S. had learned to do. In learning and practicing the program, Dr. Bob and Bill had talked with their spouses as well as the alcoholics they were working with. Lois and Anne also talked with alcoholics as well as with spouses.

Family recovery is part of the AA program for those of us who are still married when we come into AA. But recovering together is as hazardous as recovering alone, or perhaps even more so. If I am recovering alone, I only have to deal with my own dry drunks or slips, but if I am recovering with a wife I have to allow her the same opportunity for mistakes. This means we have twice as much opportunity for slips and dry drunks as we each have separately. But if I can work my program and allow my wife to work her program, together we have the potential for experiencing the recovery as a couple that Bill and Lois, Bob and Anne, demonstrated.

Our individual recovery had to be a priority for each of us. We each had to have our own sponsors in AA and Al-Anon. But our recovery as a couple required that we spend time with people who were also recovering as couples. We needed to know, observe, and talk with recovering couples. As we began to recover as a couple, we had to continue to be available to new couples. We benefit by realizing how much remains to be done in our own recovery: "We are not saints." Perhaps what we have most to offer is a recognition that our recovery as a couple continues to be difficult. To "practice these principles in all our affairs" seems hardest in those relationships, which are most important to us.

After nine years of agonizingly slow recovery, we are more in love with each other, and have a deeper love for our child, than in the days before alcohol. This is a love, which we have had to relearn from each of you, married and single. Thank you for giving us the opportunity to follow the winners.

J P., Mississippi *The AA Grapevine*, August, 1989

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CSO Notes

In an on going effort to keep groups informed , the following events have, and or are taking place at your Central Service Office. A reminder you can contact us by E-mail for information, or to order literature , or If you have something for the Nightcap . We also take complaints, compliments, and best of all suggestions .

Fourth Edition Big Book will be out in November .

If you have any extra third editions laying about gathering dust the Central Office will collect them and turn them over to the Hospital and institutions and Correctional Facilities Committees to distribute to those in need

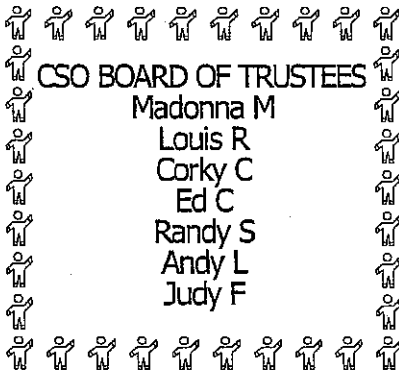
Within the next sixty days (or less) your CSO will be have its own website in order to bring us into the 20th century .(We still have a ways to go before the 21st) The meeting Schedule will be there with a lot of other pertinent information to make your CSO user friendly ,and easier to access. Look for the announcement sooner than later.

I always accept articles from anyone who wants to express their experience strength and hope and or just plain let off some steam on an issue, about us and or AA as a whole. Even if it's just anyone wants to let us know how they will fix things when they get to be president of AA. (Rule 62 applies there)

I may not always agree with what is printed, however we will stay as inclusive as AA . We will always be committed to our fellowship in the San Antonio area sharing experience strength and hope with the rest of our AA community across the United States

More will be revealed

Your Manager Bill T



CSO BOARD OF TRUSTEES

- Madonna M
- Louis R
- Corky C
- Ed C
- Randy S
- Andy L
- Judy F

The Treasurer's Report

To the _____ Group:



The Present Treasurer started

off with some money in the Bank. Right away he had to pay out some money, so that left less money in the Bank. Then Florence wanted some money for the literature she had sent us. The Treasurer sent her this money, which left still less money in the Bank. However, when contributions were in, we made some deposits, and that made more money in the Bank. But now we have had to pay the rent, so we currently have less money than the more money was, but we still have some money. The hard cover books sell for a very small markup. Zero per cent, in fact. We have sold six books; hence our profit on them is six times the percentage markup, in terms of money. It really isn't hard to figure out. Anyone can do it. I just haven't had time.

Also, taking the number of people attending any one meeting and dividing this number into contributions received that evening (before Smitty takes his take) you get an average. Doing this over and over for each evening, the figures I get don't vary much in any one evening and sometimes even come out with the same answer. When two answers come out the same this is an average. Averages are very nice to have. All businesses have them, so they must be very businesslike and useful.—I think.

The Bank and I didn't agree on our bank balance. Now we do, because I gave in. They say we have seventy cents more than I say we have, but maybe they are right, I think, because they have machines to add with. Anyway, on the bank statement, the Bank wrote the figure we have in the Bank, in black and where it said 'Balance,' and not in red, where it said 'Overdraft.'

So we have some money in the Bank.

Respectfully Submitted, Treasurer



Program Quiz

Taken from the November 1990 Grapevine Reprint of an article from the July 1948 Grapevine.

Quiz Questions for Group Discussion Meetings (no "right" answers)

1. What is Alcoholics Anonymous?
2. What is an alcoholic?
3. Does it matter when or how you became an alcoholic?
4. How many types of prospects are there for Alcoholics Anonymous?
5. Is AA a magic formula for staying sober? A method for learning you to do controlled drinking? A new way of life?
6. Is there any difference between being on the water wagon or on the AA program?
7. What are some of the indications of an alcoholic? General and personal?
8. Is alcohol (or drinking) the cause of or trouble, or the result?
9. What incident or series of situations made you decide you had to do something about your drinking?
10. During your last drinking days, did you have a feeling of being cut off from life and worthwhile people? Did you care?
11. Did your association with AA help you regain your self-respect? Or were you secretly ashamed?
12. Does it matter much if you contact another AA before or after you take the first drink?
13. What is the Thirteenth Step?
14. Have you read the book, *Alcoholics Anonymous*? What did you get out of it?
15. Why is the loneliness of an alcoholic licked by the comradeship of AA?
16. Is anonymity vital to the success of AA?
17. How far do your responsibilities go toward helping the individual compulsive drunkard who asks for help?
18. Explain how practicing the Twelfth Step can help promote an understanding of the Second Step?
19. Why is the Tenth Step more important to our mental rather than our physical well being?
20. Did you make direct amends to anyone?
21. Why do you resolve to practice AA for only 24 hours a day?
22. Does sobriety bore you?
23. Does an 'open mind' refer to understanding of the Spiritual phase of the program, personal behavior, or what?
24. Why is the AA program the world's strangest commodity? You can't sell it. You can't buy it. The only way you can keep it is to give it away. Explain.
25. Is there such a thing as a dry drunk? How do you cure it?
26. Why should we realize that every morning we are potential, or possible, drunkards for that day?
27. Has the AA program taught you that you have more trouble with yourself than anyone else you know? If so, is this, humility? Spiritual awakening honesty?
28. Why do you pray only for knowledge of God's will for you, and for the power to carry it out?
29. In AA parlance, what is meant by "H-O-W?"
30. Why is progress preferred to perfection on the AA program?
31. What is meant by the expression -- "Watch your humility?"
32. Some alcoholics say they simply can't surrender. Did you? If so, explain how you did it.
33. What are your credentials for membership in AA?
34. When someone asks you to -- "Come on, have a drink!" do you say, "I'm not drinking because I've got a bad heart, flat feet, etc." or "I've quit because I learned I can't handle alcohol" or "I'm a member of Alcoholics Anonymous!"
35. Compare *Fear* to *Desire* as they apply to an AA prospect.
36. Does sobriety make the price of one drink too high?
37. Can you recite the Serenity Prayer? Explain what it means?
38. In case you could get away with a secret slip, would it be helpful or harmful to your conscience to report it at a meeting?
39. Does the fact that the word "alcohol" is used only twice in the Twelve Steps have any special significance to you?
40. In relation to the AA program, explain the meaning of the statement, "A rear view mirror is useful, but its use too much can be dangerous."
41. Does it embarrass you to be the only one in a business or social gathering who doesn't drink?
42. Just how honest and fearless was your "searching and fearless moral inventory?"
43. When you get an AA prospect who needs hospitalization, how do you go about getting him into a hospital? How do you finance him? With your money? His money? Group money?
44. Give three reasons why you've been sober today?
45. Does tolerance -- or lack of it -- affect your relations with others? And in turn affect you?
46. Is it a daily battle for you to stay on the program?
47. Explain the difference between selfish and self-enlightenment in relation to the AA program.
48. Does a "slip" constitute one drink or a drunk?
49. What is your understanding of the expression, "Working the AA program on faith?"
50. Do you believe peace of mind can be a daily accomplishment, or can it only be attained through a lifetime of right living?

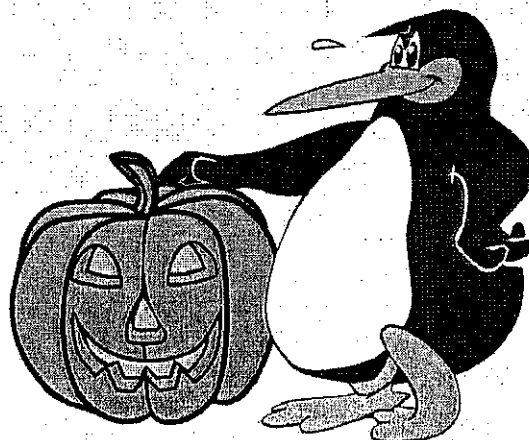
	August '01	YTD '01
Alamo Hts		\$275.50
Broadway		\$600.00
Community		\$108.00
Colonies North	92.99	\$393.09
Cork in Jug	\$29.00	\$29.00
Callaghan Road		\$25.00
First things First		\$1234.70
First One Today		\$20.00
Families In AA	\$100.	\$100.00
Fort Sam Houston		\$148.00
Freedom Group	\$30.00	\$85.00
Free at Last	\$22.90	\$77.25
Generic		100.00
Grupo El Libro Grande	\$10.00	\$65.00
Grupo Esperanza		\$30.00
Grupo Unidad		\$50.00
Grupo y Paz		\$80.00
Hondo	\$25.00	\$25.00
Halt Group	\$ 203.10	\$263.10
Hunt Ingram Group		35.00
La Vernia Group		200.00
Last Call Group		\$30.00
Lambda		\$200.00
Marymont	\$25.00	\$50.00
N.E.Group		\$100.00
New Downtown Group		\$16.00
New Life		\$30.00
N. San Pedro Grp	\$100.00	\$393.00
Oak Hills Group	\$201.00	\$1540.44
Oblate Group	21.80	\$74.20
Perernales Valley Grp		\$119.20
Pleasanton		\$50.00
Road Of happy Destiny		\$218.00
Rush Hour Group	241.09	1030.48
San Antonio NO. Women		\$50.00
Schertz-Cibolo		\$1,200.00
Serendipity Group	\$90.00	\$440.00
Stahl Rd Group		\$100.00
S.W. Loop Group		\$33.60
Tezel Rd Women		\$30.00
Travis Park Grp	407.60	\$407.60
Twelve	\$360.00	\$2880.00
UC TGIF		\$80.00
Universal City	\$150.00	\$470.00
Valley Hi		\$160.00
Windcrest		\$81.00
Walzem Rd Group	\$115.81	\$115.81
Women's Solution group		\$10.00
Woodlake	\$20.00	\$160.00
<u>AREA</u>		
Boerne Noon		\$400.00
Blanco		25.00
New Braunfels Grp		\$531.62
Kerrville Speakers	\$50.00	\$50.00
Kerrville (Fellowship Grp)		\$126.40
Utopia Group		\$10.00
Tolerance Group		\$100.00
<u>Total</u>	2,295.29	\$15,442.58
Birthdays	\$12.00	\$844.00

Tradition Ten: Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

No AA group or member should ever, in such a way as to implicate AA, express any opinion on outside issues— particularly those of politics, alcohol reform, or sectarian religion.

The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

1. Do I ever give the impression that there really *is* an "AA opinion" on Antabuse? Tranquilizers? Doctors? Psychiatrists? Churches? Hospitals? Jails? Alcohol? The federal or state government? Legalizing marijuana? Vitamins? AI—Anon? Ala-teen?
2. Can I honestly share my own personal experience concerning any of those without giving the impression I am stating the "AA opinion"?
3. What in AA history gave rise to our Tenth Tradition?
4. Have I had a similar experience in my own AA life?
5. What would AA be without this Tradition? Where would I be?
6. Do I breach this or any of its supporting Traditions in subtle, perhaps Unconscious, ways
7. How can I manifest the spirit of this Tradition in my personal life outside AA? Inside AA?



One month Ending Year to date

<u>PROFIT & LOSS STATEMENT</u> August		01
<i>Revenue</i>		
Sales	\$6,852.55	48,159.04
Nightcap Contributions	81.00	\$390.00
COR Meeting Contributions	\$12.00	70.00
Group Contributions	2,295.29	15,442.58
Individual Contributions	10.35	1,425.00
Birthdays	12.00	74.00
Memorial Contribution	50.00	50.00
Total Revenues	9,288.19	65,635.62
	8,885.50	22,018.63
Total Cost of sales	4,196.54	23,459.31
Gross Profit	5091.65	39,420
Accounting Service	420.00	1,797.00
Depreciation	00.	1,250.00
Salaries	3,122.66	22,792.00
Payroll Tax	348.94	1,348.94
Rent	912.00	7,182.00
Equipment & storage leases	430.33	2,000.64
Utilities	277.00	2005.30
Telephone & Answering system	352.92	11,909.11
Repairs & Maintenance	190.00	1,906.81
Office Supplies,	89.47	2,213.21
Supplies	261.00	902.20
Postage & Freight	188.36	999.03
Advertising	60.00	389.00
Nightcap printing and postage	00000	1920.44
Other personnel expenses	00.00	469.69
Miscellaneous Expense	00.00	441.01
Bank and Credit Card Fees	48.63	712.33
TOTAL EXPENSES	6,753.31	50,290.76
Operating expenses		
Interest Income	15.88	27.62
Income from AA in SA	0.0	16,808.00
Total	15.88	16,835.62
NET income	(1296.84)	5,604.91

ONE WAY TO READ THE STEPS

Step 1: There's a power that will kill me.

Step 2: There's a Power that wants me to live.

Step 3 Which do I want? (If you want to die, stop here. If you want to live, go on)

Step 4: Using examples from your own life, understand that selfishness, dishonesty, resentment, and fear control your actions.

Step 5: Tell all your private, embarrassing secrets to another person.

Step 6: Decide whether or not you want to live that way anymore.

Step 7: If you want your life to change, ask a Power greater than yourself to change it for you. (If you could have changed it yourself you would have long ago)

Step 8: Figure out how to make right all the things you did wrong.

Step 9: Fix what you can without causing more trouble in the process.

Step 10: Understand that making mistakes is part of being human. (When you make a mistake, fix it - immediately if you can)

Step 11: Ask for help to treat yourself and others like you would want your Higher Power to treat you.

Step 12: Don't stop doing 1 through 11, and **PASS IT ON!**



"I DIDN'T KEEP MY **CAR-** BECAUSE I SPENT MORE TIME LOOKING FOR IT THAN DRIVING IT". **JACK I**

**SAN ANTONIO METROPOLITAN SERVICE ORGANIZATION
MINUTES OF THE SEPTEMBER 16, 2001 MEETING**

In Attendance:

District 1A DCM – Mike C.
District 17 DCM – Steve J. (Secretary)
Archives Chair – Tom H.

District 16 DCM – Barbi H. (Treasurer)
District 19 DCM – Bill T. (Chair)
Hospitals / Institutions Chair – Bob T.

Absent:

District 1E DCM – Len A.
District 1F DCM – Frank E.
Corrections Chair – Marvin Q.
Cooperation with the Professional Community / Public Information Chair – Glenn C.
Central Service Office Liaison to SAMSO – Judy F.
SAMSO to Central Service Office Liaison – Vacant

District 18 DCM – Gil C.
Grapevine Chair – Martha H.

Meeting called to order by **Bill T.** at 6:40 PM with Moment of Silence and the Serenity Prayer.

Lucian D. - Read the Traditions. New GSRs: **David** – New Downtown Group, **Claire** – Callaghan Rd. Group; New DCMs: None

Announcements: None

Presentations:

Joe M. – The New Pockets of Enthusiasm Conference will be held November 23-25 at the Radisson Hotel Market Square. Joe encouraged the GSR's to announce the Conference at their meetings. The Conference Committee needs volunteers from Groups and Individuals for Marathon Meetings and Hospitality. Volunteers can contact Joe at 823-0613.

Bill T. – Groups and Individuals can order the 4TH Edition of the Big Book starting on 17-Sep-01. CSO will be placing the initial order on 01-Oct-01, and GSO will ship the books in November.

Central Service Office Liaison to SAMSO – (Absent – *No Report*).

SAMSO Liaison to Central Service Office – Vacant

Chairman's Report – **Bill T.** – Reminded the attendees that the SWTA Voting Conference will be held in Victoria on October 26-28.

Secretary's Report – **Steve J.** – Asked for a motion to approve the minutes as printed in the *Nightcap*. **Chris** made the motion; seconded by **Bob T.** All approved.

Treasurer's Report – **Barbi H.** – Submitted the report for August. Donations were \$314.27 with expenses of (\$9.77) for a balance of \$4,751.07, of which \$750.00 is earmarked for Area Workshop attendance by the five Standing Committee Chairs, leaving an available balance of \$4,001.07. A motion was made by **Teresa** to accept the report as given. **Mike C.** seconded the motion. All approved.

Archives – **Barbi H.** for **Tom H.** – The Committee is looking for a new Chairperson. **The Archives Committee holds its meetings on the 1ST Sunday of each month at St. David's Episcopal Church, 1300 Wiltshire, at 7:15 PM. Tom can be reached at 696-5228, or email at teh543@sprynet.com.**

Correctional Facilities – **Marvin Q.** (Absent – *No Report*). **The CFC Committee holds its meetings on the 1ST Wednesday of each month in the Alanon room at Club 12 at 102 Thames at 7:00 PM. Marvin can be reached at 365-9973.**

Grapevine – **Martha H.** – (Absent – *No Report*). **The Grapevine Committee holds its meetings on the 1ST Monday of each month at Jim's at 410 and Blanco at 7:00 PM. Martha can be reached at 344-6588, or email at JHernden@aol.com.**

Hospitals / Institutions – **Bob T.** – Bob reminded the attendees that the ARC is a Speaker Meeting and not a Discussion Meeting. **The Hospitals/Institutions Committee holds its meetings on the 2ND Saturday of each month at the Winner's Club (Snack Bar Area) at 11 AM. Bob can be reached at 628-7340 (Pager), or e-mail at anotherdrunk@r67.net.**

Cooperation with Professional Community / Public Information Chair – **Glenn C.** – (Absent – *No Report*). **The CPC / PI Committee holds its meetings on the 2ND Wednesday of each month at Club 12 at 102 Thames at 7:00 PM. Glenn can be reached at (H) 342-2330, (Pager) 220-9281, or email at GlennC3663@aol.com.**

Bilingual – **Joe G.** – The Committee will hold its first meeting on September 30TH, 2001, everyone is welcome to come and share their ideas. **The Bilingual Committee holds its meetings on the 4TH Sunday of each month at Jim's at 410 and Perrin-Beitel at 4:00PM. Joe can be reached at 655-5661.**

District 1A – **Mike C.** – The District is joining forces with District 17 to conduct a Workshop/Big Book Party on November 10TH at the Freedom Group (281 and Winding Way Drive). Flyers will be available next month.

District 1E – **Len A.** – (Absent – *No Report*)

District 1F – **Frank E.** – (Absent – *No Report*)

District 16 – **Barbi H.** – The District is doing fine.

1YR

Shannon L
Gregory G
Nancy W
Claude H
Raquel P
Nancy V
Debbie J
Mark S
David C
Jay G

Avery N

Kevin G
Mark P
Audra S

2YRS

Steve K
Ken H W
Jacj H
Sam M
Jesus M
Danny R
Roy H
Arnie C
Claire A
Paul B
Brian B
Heather B
Charles D
David G

3YRS

Quinn W
Ralph F
Oscar R

Ronnie A
Floyd L
Eileen C

4 YRS

Amy P
Steven M
Gwen K
Delfina H
Wendy S
Rick P

5 YRS

Thomas H
Michele D
John M
Kiki B
Abel V
Dianne S
Jimmy T

6YRS

Robert K
Audrey Z
Donald M
Lenzie C
Karen B
Barbara H
Keith W
Michael H
Glenn F
Nicholas B
Trey S

8 YRS

Jimmy E
Valerie C
9YRS
Kristen P
Cecil C
Ruben S
Bill W

10 YRS

Carole J
Jay H

11 YRS

Cheryl H
Cookie P

12YRS

Sam K
Norm L

14YRS

Fred S
Gene W
Tony J

15YRS

Terry H
Randy S

16 YRS

Molly L
Humberto C

17YRS

Denise P
Alan A

18 YRS

John Del

19YRS

Paul B
Ollie S

20YRS

21YRS

Anne G

24YRS

Carl C
June V

26YRS

J.B. B

27YRS

Chuck S

29 YRS

Raymond G

30YRS

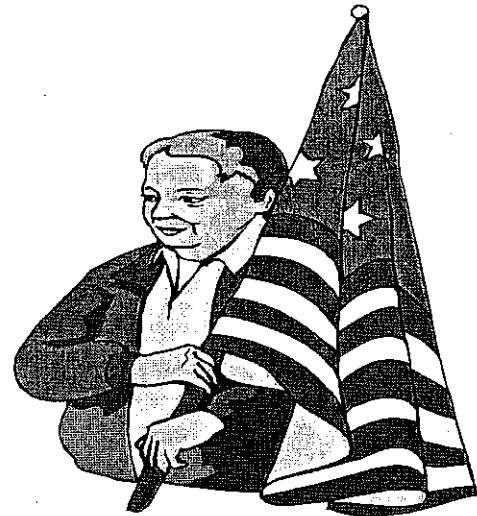
Richard P

35YRS

Everett C
Thala C

SEPT AMENDS

Ruth D 20YRS



District 17 – Steve J. – The District is in the planning stages of a Workshop to be held on November 10TH. The Workshop will be conducted by both District 17 and District 1A. The Marymont Group will be holding their annual picnic on October 7TH at McAllister Park, Pavilion 3, starting at 12 noon. The Acceptance Group will be holding their Sixth Anniversary Celebration on October 7TH at the Rolling Oaks Christian Church (Nagodoches and 1604 – Behind Sonic Drive-In). The Celebration will start at 6:30PM with both AA and Alanon Speakers, great food, and great fellowship.

District 18 – Gil C. – (Absent – *No Report*)

District 19 – Bill T. – The Groups are healthy. The District is preparing for the October elections.

Old Business – None

New Business – At the October Steering Committee Meeting, the Steering Committee will discuss the possibility of increasing the amount of funds available to the Standing Committee Chairs for their attendance at the four South West Texas Area (SWTA) Assemblies and Workshops held each year.

Adjourned – 7:25 PM with the Lord's Prayer Respectfully Submitted: Steve J. – SAMSO Secretary

COR MEETING MINUTES 9/16/01

Meeting called to order by Vicki S. at 5:35 pm with a moment of silence followed by the serenity prayer and a reading of the Traditions.

Previous Meeting Minutes: Members agreed to accept the previous meeting minutes as published in the *Nightcap*.

CSO Report: Corky C. announced the Board heard an explanation of the financial statement from Joe C. of the Stahl Rd. Group and that the Central Service Office in excellent fiscal condition. Also, that Bill T. is working hard on the Website. The Pockets of Enthusiasm Conference is seeking volunteers from the general membership and groups. Areas in need of volunteers include Greeters, Registration, Marathon Meetings, Hospitality, etc. Contact Joe McFadden at 823-0613 to help out.

New Business:

Postcards to remind COR's of the upcoming October meeting will be mailed out by Sherill of the Women's Big Book Study Group.

Election of new officers. Nominations will be taken during the October meeting for slots opening effective Jan. 2002. Positions available are: Chairperson and Recording Secretary.

Old Business:

Board of Trustees Nomination Committee Report

Lauren C. reported that there are eight confirmed nominations to date: **Rosalia S** from the SA North Women's Group, **Cary Q** of the Winners Group, **Larry K.** of the Rush Hour Group, **Gayle M.** of the Rush Hour Group, **David A** of Group Twelve, **Butch W** of Group Twelve, **Char** of the Women's Big Book Study Group, and **John C-S** of Group Twelve. Four other nominees are pending. Other groups from the west and south sections of the Area are encouraged to select nominees. For applications please contact Lauren C 653-5876, Kim C. 240-9760, or Andres M. 692-3526. The elections will be held during the November 18th COR meeting at St. Andrew's Episcopal Church on Loop 410 (near Ingram Park Mall) at 5:30 PM.

Nightcap Committee Report

Char reported that due to a miscommunication, mailing of last month's Nightcap was late. Some discussion ensued in an effort to understand what happened and how to avoid the problem in the future.

Volunteers were requested to help sort and mail the monthly newsletter from the Central Service Office. Women's Big Book Study Group is going to continue this service.

Articles are welcome, please continue your contributions and keep up the good work.

Phone Duty

Alisha Mc. can be reached at 545-2002 for calendar openings. Any group or individual is encouraged to participate in this valuable service work. It is recommended that people have at least 6 month's of continuous sobriety.

Meetings without COR's

Each Central Office Representative has a list of the meetings in the area which are not sending a COR to the monthly meetings. They have been requested to visit as many of these meetings as possible to try to drum up support for this service work. At least two new COR's attended the September meeting.

4th Edition Big Book

Starting Mon. 17th orders are being taken by the CSO for the latest edition of the Big Book. Call Bill T. at 821-6325 by the end of the month to get your request in on time. There will be a huge demand for them, so act now.

A basket was passed, and the meeting adjourned at 6:20 pm., closing with the Lord's Prayer.

Respectfully submitted by Lauren C., Recording Secretary

The following individuals are the current nominees for the rotation of Board of Trustees to be voted on in November by the group COR's . Nominees must be present to be considered. If interested see info above.

• Cary Q	Winners	Char	Woman's Big Book	Gayle M.,	Rush Hour
Butch W	Group Twelve	Larry K	Rush Hour		
John C-S	Group Twelve	David A	Group Twelve		

BIRTHDAY NIGHTS

Last Sunday Birthday Night -New Life Group (Birthday Night open speaker)

Last Monday Birthday Night Alamo Hts.

Last Tuesday Birthday Night-Valley Hi,- Windcrest,-Santa Fe-
New Acceptance-Life Support

Last Wednesday Birthday Night -Oblate- Women's Big Book-
Northwood

• Last Thursday Birthday Night : Goliad-Devine- Ft Sam— North San
Pedro -Stahl Rd Acceptance Group

• Last Friday Birthday Night: Pearsall (Come as you are)- SW Loop-
Colonies North El Libro Grande- Rush Hour-Group 12-Marymont

• Last Saturday Birthday Night Schertz-Cibolo- Lambda- Winners club

Service Opportunities

Available

HOSPITAL & INSTITUTION MEETINGS

Monday

8 pm O-Disc Patrician Movement,
222 E. Mitchell Phone 213-4561
7:30 pm O-Disc Southton Juvenile,
3621 Farm Rd. Juvenile Hall

Tuesday

8 pm O-Disc Transplant Hospital,
8026 Floyd Curl Phone 358-4000
7 pm O Disc S.A.S.H, 5800 S. Presa
Phone 532-8811
8 pm O-Disc Salvation Army,
1324 Flores Phone 223-6877
7 pm O-Disc Laurel Ridge 1604 &
Redland Rd. Colorado unit
Phone 534-5124

Wednesday

8pm O Disc NIX Hospital, 4330 Vance
Jackson, Detox Unit
8pm O-Disc S.A.M.M Shelter 910 W.
Commerece Phone 224-5838

Thursday

8: 15pm O Disc Audie Murphy V.A.,
7400 Merton Minter (617-5300)
8 pm O Disc Women At The Well,
221 Post (Phone-472-2787)
8 pm O Disc Transplant Hospital,
8026 Floyd Curl, (Phone 358-4000)
7 pm O- Dis Laurel Ridge, 1604 &
Redland Rd.

Saturday

8:15pm O Disc A.R.C, 10290
Southton Rd. Phone 633-0201

SERVICE COMMITTEE TIMELINES

Archives Committee every first Sunday 7:15 @ St David's Episcopal Church
1300 Wiltshire POC Tom H 696-5228

Grapevine Committee every first Monday @ Jims 410 & Blanco 7 pm
POC: Martha H 344-6588

Correctional Facilities Committee every first Wednesday in the Club 12
Al-non room. POC Marvin Q 365-9973 7 pm

Cooperation with Professional Community/ Public Information every
second Wednesday @ Club 12 , 7 pm POC: Glenn C Pager 220-9281

Hospitals and Institutions Committee every second Saturday 11 am @
Winners Club POC: Bob T pager 628-7340

BILINGUAL COMMITTEE Last Sunday of the month 4 pm Jims Restaurant
Perin-Beitel and Loop 410 POC Joe 655-5661 or Enrique 653-7983

IF YOU SIGN ATTENDANCE CARDS. BE CAREFUL

In, September, we received a call at Central Office from a probation officer who wanted to get in touch with some meeting secretaries to verify signatures on attendance cards they may have signed. We told the officer that we could not help him, since secretaries give us their names, addresses and phone numbers with the understanding that they will be kept absolutely confidential. We do not divulge such information even to other AA members.

The experience prompts us to offer a note of caution to secretaries or other members who may occasionally sign cards presented by people sent to AA by the courts. Some of the cards request full names and telephone numbers information sufficient to identify the signer.

You are, of course, free to provide such information if you choose. But be aware that doing so could involve you in legal proceedings, which you would probably prefer to stay clear of. AA secretaries in other parts of the country have been subpoenaed to testify in drunk driving cases. Even a friendly interrogation might not be much fun.

The easiest and surest way to avoid embroilment in these non-AA activities is to use only your initials or, at most, first name and last initial, and no telephone number, when signing attendance cards. That is, if you choose to sign them at all. For that too, is optional. Bill T Office Manager

THE NEW POCKETS OF ENTHUSIASM CONFERENCE

FUND RAISER FOR THE CENTRAL SERVICE OFFICE

FRIDAY 23rd	3:00 P.M.	Registration Opens		
	4:00 P.M.	LIZ L.	[A.A.]	San Antonio, Texas
	8:00 P.M.	DON N.	[A.A.]	Dallas, Texas
SATURDAY 24th	8:00 A.M.	Registration Re-opens		
	10:00 A.M.	ANASTACIO E.	[A.A.]	San Antonio, Texas
	2:00 P.M.	LYNN S.	[Alanon]	San Antonio, Texas
	6:00 P.M.	Banquet		
	7:30 P.M.	KEITH L.	[A.A.]	Wilmington, N.C.
SUNDAY 25th	9:00 P.M.	Dance		
	10:00 A.M.	RON P.	[A.A.]	Austin, Texas

POCKETS OF ENTHUSIASM are concentrated areas of AA enthusiasm which exist all around the country. If you are enthusiastic too -- PLEASE PRE-REGISTER, and come join us as we learn to better live the AA Way of Life.

JOIN US ON THANKSGIVING WEEKEND

NOVEMBER 23 - 25, 2001
NIGHT RIVER PARADE AND LIGHTING OF RIVERWALK

*Marathon Meetings, Door Prizes
Hospitality Room for Fellowship, Coffee, & Goodies
And Much Much More*

CALL OR WRITE FOR RESERVATIONS -- MENTION "POCKETS CONFERENCE" -- ROOM RATE:\$85.00
Radisson Hotel Market Square, 502 West Durango, San Antonio, TX 78207 (210) 224-7155 or 1-800-333-3333

REGISTRATION AND NAME BADGES REQUIRED AT ALL FUNCTIONS

REGISTRATION FORM -- COMPLETE, CUT AND MAIL TO:

POCKETS CHAIRMAN - 8804 Tradeway - SAN ANTONIO, TX 78217

(1) _____ NAME A.A. AL-ANON ALATEEN	PRE-REGISTRATION (Per person)	\$17.50 _____
(2) _____ ADDRESS, CITY, STATE, ZIP	DOOR REGISTRATION	\$20.00 _____
(3) _____ AREA CODE - TELEPHONE	BANQUET	\$25.00 _____
(4) _____ GROUP	COFFEE (Weekend)	\$ 2.00 _____
	DANCE	\$ 5.00 _____
	TOTAL ENCLOSED	\$ _____

FOR MORE INFORMATION CALL:
CORKY C. San Antonio, TX (210) 653-5876 or
CSO - San Antonio, TX (210) 821-6325

AA IS NOT A SPECTATOR

SPORT

I was three years sober and was down to about one meeting a week, and the one meeting was the type that a person could get in and out with no one asking you to get involved. I had a sponsor in name only, meaning I really didn't have one.

Sobriety had lost its priority in my life. Needless to say, being the kind of drunk I am, my life was a mess. And I hurt inside real bad.

By the grace of God, an old AA friend popped into my life and started to ask some very pointed questions about my life and where it was heading. I was at a bottom in sobriety, and I was so into self that I couldn't see it. He made a few suggestions, one of which was to get a new sponsor and take his direction like I'd never done before.

I asked a very special person to be my sponsor. This guy was an active AA member and had everything I wanted. As we sat down and talked about my AA life and where I was with AA in general, I'll never forget this one phrase he used. He said, 'AA is not a spectator sport. It's a participation sport.'

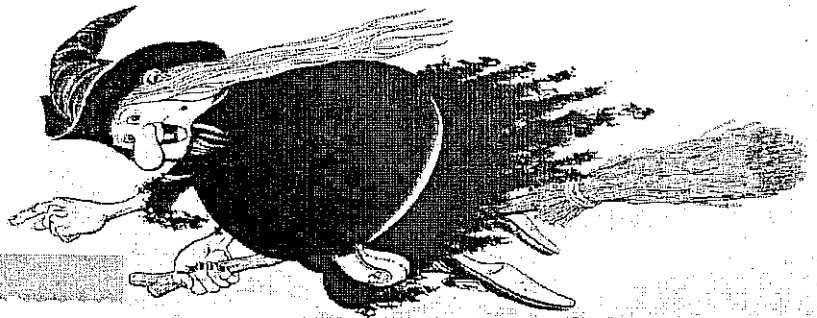
What he meant by that statement is that for me to get better I'd have to get involved. He asked that I get on the hotline and attend three meetings a week and do some service work at the prison. When I looked at my schedule I thought to myself I'll never be able to keep up. But what I found was that the more busy I am the happier I am.

At first this advice didn't make any sense. But I followed it as best I could. I realize today that it probably saved my life. So if you're new or seem like you're in a bad place, my advice to you is participate in your own recovery. Get involved with the group and follow the leadership of your sponsor. If it worked for me, it will work for you.

Bill H.

"Finish each day and be done with it. You have done what you could. Some blunders and absurdities no doubt crept in. Forget them as soon as you can. Tomorrow is a new day; you shall begin it well and serenely....EMERSON

Group Forum



GROUP UPDATES

NEW GROUP*

The Acceptance Group
7150 Stahl Rd. (behind Sonic Drive in)
Rolling Oaks Christian Church
N/S O-Lecture Format -Basics 7:30 pm

*****NEW GROUP*****

Monday 7:30 pm N/S -C -Big Book study
Castroville, Medina Valley United Methodist
Church POC: Willard M 830-665-5650

*****NEW GROUP*****

Love and Tolerance Group
O-Disc Min-Sat p.m Sun p.m
Winners Club 5723 Kenwick
For more info 210-680-5496

*****NEW GROUP*****

Café Corazon Grp 230 East Travis
Travis Park United Methodist Church
9:30 am O-Disc Non -Smoke
Cage Chapel Main Ent off Travis
Free Breakfast at 9 am

*******GROUP MOVE*******

The Schertz-Cibolo Group has moved.
The new address is
410 Bowie, Universal City
Bowie St is a side street off Aviation Street
Off Pat Booker Rd next to Otts BBQ place

*****MEETING MOVED****

Kelley Special meeting has moved to the
Pyramid Chapel on Lackland AFB
The new name is Kelley -Lackland Special
POC Tom M 219-2946

The New Hispanic District of San Antonio

Now has a new address 935 New Laredo HWY
San Antonio TX 78211
Point of Contact 928-1251

FRESH START GROUP NEEDS SUPPORT

TUESDAYS p.m-8:15 Big Book study
Winners Club

Road Trip

El Nuevo Dia Bilingual Group of Victoria TX
Celebrates its 19th Anniversary Sun Oct 21st at Noon J.
C. Hall Next to the community center
Food ,Fun ,Fellowship, Free

MARYMONT PICNIC/ 26th BIRTHDAY

Sunday October 7th Food 12:00 AA Speaker 2:00
BBQ, Burgers Cold Drink **McAllister Park**
off Jones- Maltzberger, Turn Left Follow MM signs to
Pavilion 3

ACCEPTANCE GROUP BIRTHDAY

7 Oct Rolling Oaks Christian Church
Nacogdoches/1604 (Behind Sonic)
Covered Dish . AA and Ala-non speakers
Speakers start at 6:30

Winners Club Anniversary

20-21 October Donation at individuals discretion
20 Oct 7 pm Sandwiches and pot luck
8 pm Speaker Chris R
9 pm Dance Free
21 Oct
1 pm Al-anon and Ala-teen speakers
2:15 to 5:15 Bingo
5:30 Speaker Gaye N
POC : 680-5496

*******Group Change*******

Group La Quinta Tradicion

Has changed its name to Group Easy Does It
It is now a bilingual O-Disc on M-W-Sat
At its new location 814 Ruiz St

GROUP FOLDED

Grupo Voyer A Vivir
which met at 814 Ruiz
On M-Tue Wed-Thur has folded

Club 12

6 Oct p.m -Midnight Dance JDL
12 Oct BOD Meeting Visitors welcome
20 Oct Dance see above
26 Oct Birthday Night
27 Oct Halloween Dance Live band Costume Judging

NIGHTCAP SUBSCRIPTION FORM

NEW _____ RENEWAL _____ ADDRESS CHANGE _____ GIFT _____ AMOUNT PAID _____ DATE _____

SUBSCRIPTION COST \$3.00 for 1 YEAR \$6.00 for 2 YEARS \$9.00 for 3 YEARS OTHER

PLEASE PRINT:

HOME PHONE _____

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

E-MAIL ADDRESS _____

RETURN TO:
CENTRAL SERVICE OFFICE
8804 TRADEWAY
SAN ANTONIO, TX
78217

CENTRAL SERVICE OFFICE OF SAN ANTONIO, TX
8804 TRADEWAY
SAN ANTONIO, TX 78217
(ADDRESS SERVICE REQUESTED)

CSOSA@STIC.NET

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