

THE NIGHTCAP



Volume 33 Issue 10

October 2000

CSO Notes

- In an ongoing effort to keep groups informed the following changes have and are taking place at your Central Service Office
- We have stopped charging sales tax.
- We now have an e-mail address for any correspondence you may want to send such as Nightcap birthdays, articles, comments, orders for literature etc.... CSOSA @ STIC.NET We are now a part of a bigger community.
- More will be revealed
- Your Manager Bill T

Do We Ever Truly Recover ?

There is one fact about alcoholism that should be faced with candor....

Is full recovery possible? This question was put to me recently after I had referred to myself as a recovered alcoholic. After some fast inventory I was forced to admit that although I had recovered sufficiently to live that one day without alcohol, I would never recover completely. This is due to one simple fact: I will never be able to take even one drink with safety the rest of my days.

This discovery did not mean however, that I would have to discontinue calling myself a recovered alcoholic, for I have indeed recovered— for today. But for sobriety past, present, and future the word has to be “recovering”. Even though I choose to stay sober one day at a time, I still regard sobriety as a continuous process, which will last until I decide to take a drink. A delightful discovery I made in AA is that alcoholism is a sickness, so that I could think in terms of having something to recover *from*.

With this knowledge I can do something definite and positive about hastening my recovery. The only other possibility would be to regard alcoholism as a moral problem, but what can you do about sin except confess and hope to be forgiven? Beyond that it seems to me there is nothing to do, nowhere to go. Our critics say we are kidding ourselves with our disease idea. Could be. But we continue to recover in AA..

Recently at a meeting a member with a long period of sobriety admitted to having had a slip. He had been away from meetings for about five years. His thinking got stinking which seems to illustrate the unlimited risk of missing meetings, even after many years of sobriety.

Fortunately for us, this member was quite open and honest about his slip and fortunately for him he did not offer any excuses. He had not consider the act as throwing away many years of sobriety, nor had he bothered to consider the consequences. He simply took a drink

Much as we felt compassion for this man I have to admit that his being there helped me. It is always the same regardless of how many years we have tucked away. The confusion, the suffering, the remorse. If it happened to him, it can happen to me. He had not “fully recovered” after seventeen years; what makes me think I have only after four? There is always hope but never a guarantee. Going back to the thought of never being able to take a drink safely, I hope that this not, or will not be, a matter of concern to any reader. When we become sober in AA we get to know a great many things about ourselves and this is one of them. If we forget it or question it, we are apt to get drunk.

Therefore, I would say it is a healthy thing to remember. But this need not be saddening or depressing —merely factual. It is a truth about ourselves that should be faced with candor. Drinking becomes less and less important as recovery takes place, and if we substitute worth while things in our lives, it is not difficult to accept the fact that drinking is out.

According to the Fifth chapter, we claim spiritual progress, not spiritual perfection. In my book, it is on this spiritual progress that we hang our hats, and as long as we can claim it, we are recovering.

J. S. C. New Hartford, NY

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CSO BOARD OF TRUSTEES

Virginia B
Madonna M
Louis R
Bill H
Kim C
Randy S
Andy L

IT IS NOT EASY

To Apologize
To begin over
To be unselfish
To take advice
To face a sneer
To be charitable
To keep on trying
To be considerate
To avoid mistakes
To endure success
To profit by mistakes
To forgive and forget
To think than act
To keep out of the rut
To make the best of little
To subdue an unruly temper
To maintain a high standard
To shoulder a deserved blame
To recognize the silver lining
But it always pays

G---O--S--S--I--P

How'd it start? Well, I know where and when it started it started during a conference I attended at Chautauqua Lake, NY several years ago last August. I know also what triggered it. During the previous year the Chautauqua Institute raised our rental rates to levels comparable to that charged other groups (as A.A.'s who practice the tradition of self support, we would of course not have it any other way). The rest is conjecture. Perhaps someone said "They're making it very expensive to meet here", and perhaps that became "they're making it prohibitively expensive to meet here", At any rate the rumor became "they're trying to get rid of us". That's the way I heard it and, I confess, passed it on. The rumor so pervaded the conference that our Conference Chairman found it necessary to address the assembly to tell us that this was absolutely not true.

Our co-founder Dr Bob, said in his last address to the fellowship, "...guard that erring member the tongue. and if we must use it, use it with kindness and consideration and tolerance." Gossip has been a continuing problem in A.A. throughout its history. Several volumes of this publication (51 years ago) have had several topical articles.

Friends have suggested this topic several times, but I wasn't that interested, then, after my involvement in some gossip, plus reading it in our archives, I am. This is timely because "Gossip as a topic, relates well to both Step 10 and Tradition 10. I can't improve on the early articles so here they are as originally written

Bill T.

From our November 1955 issue

Gossip is one of the cardinal Sins. It is not a single act, like murder that stops one's life and falls back to punish the offender. It is the breath of the Devil, soiling every ear it touches. It is the most deadly of poisons. It blights many lives, it smites the innocent and the guilty.

An old Italian legend tells the following:

In the old days, a peasant confessed to a priest that he had slandered an innocent man. The priest said to him, for your penance do this now: "Take a bag of chicken down. Go to every yard in town and drop one bit of down in each garden. Do not miss one yard. When you have finished return to me."

The sinner believed his punishment was light. With his bag of down he made the circuit of the village and carefully dropped one soft feather into each garden. Then he returned to the priest, saying: "I have done my penance." "No, my son replied the abbe. You will not have done your penance until you take this bag, go again on your rounds, collect every feather you have dropped, and bring it here to me". The gossip protested that it would be impossible, he could not find the bits of down in a lifetime, many of them had blown far away. "So it is with gossip" replied the priest. "It is easily dropped. But never again, no matter how hard you try can you gather back the words you have so thoughtlessly scattered." "Create in me a clean heart, O lord"

From our March 1956 issue

The average person's conception of the four major attributes of A.A. - Love, Honesty; Unselfishness and Purity is rather limited; and the necessity of checking one self constantly is apparent particularly when self-satisfaction appears. Gossip, be it just ordinary apparently harmless gossip, or vindictive and malicious, has been a habit which seems inborn in everyone. This sounds like a strong statement, but the writer believes an honest self analysis will be alarmingly accusative.

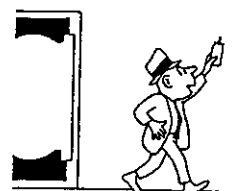
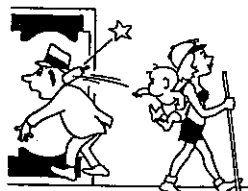
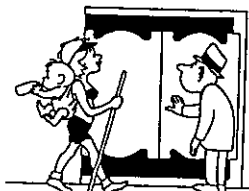
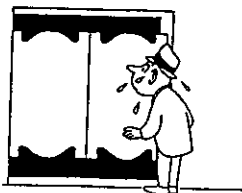
There is a peculiar perversity of the human heart which sometimes makes us wish that the very worst is true. We hear the slander of a careless tongue, the gossip of an idle mind, and seize upon the cruel revelation with relish and delight. We believe the worst because we hope the worst is true. We are prone to question the motives of those that are doing good and impute selfish motives to their zeal. Love, or charity, as we should practice it in our new found life discourages and certainly does not peddle hurtful rumors emanating from idle tongues. True love for the person whose name is being bandied about regardless of person should stop those rumors in their tracks. We should train ourselves and it means real discipline to find an excuse the "neighbor", be ready to defend him, speak well of him, and put the best possible construction on his motives.

Even though our faith and loyalty is besieged again and again and even though the worst is true, if we will follow the true conception of AA basic principles we should still do the neighbor in helping him overcome his difficulty with the spirit of brotherly love ever-present.

Certainly there shouldn't be any delight in the quiet whispers which are aimed like poisoned darts at their good names.

So stop those rumors as they come. Practice true charity and love by refusing to believe the gossip that comes to your ears! Think of the opportunity we have to truly help our "neighbor" by refusing to be a medium to spread gossip, and instead being a medium to kill it at it's source.

VICTOR E.



OCTOBER 2000

THE IF YOU HAVE TIME ON YOUR HANDS, HERE'S SOMETHING TO DO CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 SAMSO STEERING COMMITTEE CLUB 12 4PM MARYMONT PICNIC NOON MCALLISTER PARK	2 7:30 PM Grapevine committee meeting Jim's 410 & Blanco	3	4 7:00 PM CFC Meeting Club 12	5	6	7
8 Distrito Hispano 26 MEETS 1917 Castroville Rd	9	10 Group 12 Group conscience 5:30	11 7 PM PI/CPC Mtg Club 12	12 5:45 PM CSO Board meeting	13	14 10 AM H&I Committee meeting Club 12
15 SAMSO Meeting 6:30 District 19-16-1A Meeting 5:30 Goliad Anniversary/Picnic 7 PM COR meeting 5:30	16	17	18	19	20 NightCap Deadline	21
22 Distrito Hispano 26 MEETS 1917 Castroville Rd	23	24	25	26 Fort Sam Birthday Night Potluck 7PM Goliad, Devine, North San Pedro Stahl Road	27 SWTA Voting Conference Temple TX Birthday Night Group 12 SW Loop Colonies North, Rush hour/Marymont/EI Libre Grande /Pearsall	28 Club 12 Dance 8PM-Midnite SWTA Voting Conference Temple TX
29 SWTA Voting Conference Temple TX/ New life birthday night	30 Alamo Hts Birthday night 8PM	31 Birthday Night Valley-Hi Windcrest Santa Fe New acceptance Life support				

THE NIGHTCAP IS ABOUT, BY, AND FOR MEMBERS OF THE AA FELLOWSHIP. OPINIONS EXPRESSED HEREIN ARE NOT TO BE ATTRIBUTED TO ALCOHOLICS ANONYMOUS AS A WHOLE, NOR DOES PUBLICATION OF ANY ARTICLE IMPLY ANY ENDORSEMENT BY EITHER AA OR THE NIGHTCAP. (Exceptions: Quotations from AA books, pamphlets, and the 12 Steps and/or 12 Traditions are reprinted with permission of AA World Services, Inc.; the AA Preamble, slogans, etc., are reprinted with permission of The Grapevine, Inc.)

Twelve Ways To Tell The Difference Between Your Sponsor And Your Therapist.

- 1 Your sponsor isn't all that interested in the "reasons" you drank.
- 2 Your therapist thinks your root problem is your lack of self-esteem, negative self-image, and your poor self-concept. Your sponsor thinks your problem is self.
- 3 Your therapist wants you to pamper your "inner child." Your sponsor thinks it ought to be spanked.
- 4 Your sponsor thinks your inventory should be about you, not your parents.
- 5 Speaking of your parents, your sponsor tells you not to confront them, but to make amends to them.
- 6 The only time your sponsor uses the word "closure" is before the word "mouth."
- 7 Your sponsor thinks "boundaries" are things you need to take down not build up.
- 8 Your therapist wants you to love yourself first; your sponsor wants you to love others first.
- 9 Your therapist prescribes caretaking and medication. Your sponsor prescribes prayer making and meditation.
- 10 Your sponsor thinks "anger management skills" are numbered 1 thru 12.
- 11 Now that you haven't had a drink in six months, your therapist thinks you should make a list of your goals and objectives for the next five years, starting with finishing up that college degree. Your sponsor thinks you should start today by cleaning the coffeepots and helping him carry a heavy box of literature to the jail.
- 12 Your sponsor won't lose his license to practice if he talks about God.



"His name's Bradshaw. He says he understands I came from a single parent den with inadequate role models. He senses that my dysfunctional behavior is shame based and codependent and he urges me to let my inner cub heal I say we eat him."

**SAN ANTONIO METROPOLITAN SERVICE ORGANIZATION
MINUTES OF THE SEPTEMBER 17, 2000 MEETING**

In Attendance:

District 16 DCM – Barbi H. (Treasurer)

District 19 DCM – Bill T. (Chair)

Archives Chair – Tom H.

Corrections Chair – Liddy G.

Cooperation with the Professional Community / Public Information Chair – Glenn C.

Central Service Office Liaison to SAMSO – Randy S.

District 17 DCM – Steve J. (Secretary)

District 2G DCM – Alberto A.

Grapevine Chair – Martha H.

Hospitals / Institutions Chair – Bob T.

Absent:

District 1A DCM – Lynne G.

District 1F DCM – Frank E.

SAMSO to Central Service Office Liaison – Judy F.

District 1E DCM – Len A.

District 18 DCM – Gil C.

Meeting called to order by **Bill T.** at 6:30 PM with Moment of Silence and Serenity Prayer.

Bob T. - Read the Traditions. New GSRs: **Skeeter** – Road of Happy Destiny, **Henry M.** La Quinta Tradicion; New DCMs: None

Announcements: **Azalea** – The Marymont Group will be having its 25TH Anniversary Picnic on Sunday, Oct. 1ST at McAllister Park – Pavilion 3. The event starts at 12:00 noon with a speaker at 3:00 PM. **Jim** – The SW Loop Group will be celebrating their 22ND Anniversary on Saturday, Sept. 23RD. Food will be provided and some of the founding members will be speaking.

Presentations: None.

Central Service Office Liaison to SAMSO – Randy S. – Stated that both Group contributions and Nightcap subscriptions are up. The Board is working with the CPAs on some new business practices. As of Monday, Sept. 20TH, Individuals and Groups will not be charged Sales Tax on any Literature. The CSO office does have a new e-mail address: csosa@stic.net. The CSO will be having an Open House on Sept. 30TH, volunteers are still needed - call **Bill T.** at CSO if interested.

SAMSO Liaison to Central Service Office – Judy F. – (Absent – No Report)

Chairman's Report – Bill T. – No Report.

Secretary's Report – Steve J. – Asked for a motion to approve the minutes as printed in the *Nightcap*. **Mike C.** made the motion; seconded by **Lee**. All approved.

Treasurer's Report – Barbi H. – Barbi submitted the corrected report for July along with the report for August. Donations for August were \$259.60 with expenses of \$267.35 for a balance of \$4,128.19, of which \$1,350 is earmarked for Area Workshop attendance by the five Standing Committee Chairs, leaving an available balance of \$2,778.19. A \$91.53 adjusting entry for expenses was made to the August report to reconcile the report to the bank account. A motion was made by **Kathy O.** to accept the report as given. **Karen** seconded the motion. All approved.

Archives – Tom H. – Nothing to report. The Archives Committee holds its meetings on the 1ST Sunday of each month at St. David's Episcopal Church, 1300 Wiltshire, at 7:15 PM. Tom can be reached at 696-5228, or email at teh543@sprynet.com.

Correctional Facilities – Liddy G. – The Committee is trying to start a new meeting at the Bexar County Jail. The Committee was contacted by an individual from the Federal Three Rivers Correctional Facility on trying to start a meeting there. The Committee is excited about the possibility of taking a meeting to a Federal facility. The CFC Committee holds its meetings on the 1ST Wednesday of each month in the Alanon room at Club 12 at 102 Thames at 7:00 PM. Liddy can be reached at 495-1234, or email at rdgray@swbell.net.

Grapevine – Martha H. – The Committee is trying to get a recycling campaign going for old Grapevines. The idea would be to place recycling boxes at the Groups – with the contributions going to support the H&I and CFC Committees. The Committee is looking into getting a Web page for the SAMSO Grapevine and is talking to GSO about it. Martha mentioned that the Grapevine Committee is always looking for volunteers. The Grapevine Committee holds its meetings on the 1ST Monday of each month at Jim's at 410 and Blanco at 7:30 PM. Martha can be reached at 344-6588, or email at JHernden@aol.com.

Hospitals / Institutions – Bob T. – Mentioned that he is trying to gain information from various sources on the meetings that the Committee carries. The Committee did elect an Alternate Chair – **Adam V.** Bob mentioned that he needs to talk to SASH, and the Salvation Army to determine that status of their meetings. Bob read the list of service slots, not all of the slots were filled, so Bob will try to contact individual GSRs to see he can fill the slots. The Committee meeting time was changed from 2 PM to 10 AM. The Hospitals/Institutions Committee holds its meetings on the 2ND Saturday of each month at Club 12 at 10 PM. Bob can be reached at 647-3524, or e-mail at anotherdrunk@r67.net.

Cooperation with Professional Community / Public Information Chair – Glenn C. – The Committee has been real busy. Glenn mentioned that the contact the CFC received from the Three Rivers Correctional Facility was a spin-off from the contacts the CFC/PI Committee made at the recent Prison/Jail Administrators Conference. The Committee supported a Health Fair at the La Soya Intermediate School and he thanked the **Goliad** and **Lamda** Groups for their support of the event. The Committee will be attending the Annual Levi Strauss Health Fair on Oct. 14TH from 10 AM to 2 PM. Glenn mentioned that there will be many Spanish speaking individuals at this health fair, so he would like to coordinate the event with the Spanish Districts. The Committee would like to get more Television/Radio spots

provided. If anyone is interested in making contacts with local TV/Radio stations, please call Glenn. The CPC / PI Committee holds its meetings on the 2ND Wednesday of each month Club 12 at 102 Thames at 7:00 PM. Glenn can be reached at 342-2330, or email at GlennC3663@aol.com.

District 1A – Mike C. for Lynne G. – The District was planning a Workshop to be held on Oct. 14TH, but since that is also the date of the SWRAASA, has decided to re-schedule the Workshop for the first or second Saturday of November.

District 1E – Len A. – (Absent – No Report)

District 1F – Frank E. – (Absent – No Report)

District 2G – Alberto A. – District 2G is a new Spanish District that is forming and pending approval from the SWTA. The District has 4 Groups (Unity, Libro, 3 Legados, and La Quinta Tradicion) and 3 Committees (PI, H&I, and La Vina). The District will be attending the La Vina meeting at District 14 in Austin on Oct. 15TH.

District 16 – Barbi H. – All Groups are doing well. The District is holding off on any Workshop plans to see if they can support the SAMSO Workshop instead. The District is in the process of setting up a District Checking Account.

District 17 – Steve J. – The District is doing well. The GSRs are in the process of polling the membership for ideas on future Workshops. The Acceptance Group will be celebrating their 5TH anniversary on Sunday, Sept. 24TH at 6:00 PM – with AA, Alanon, and Alateen meetings.

District 18 – Gil C. – (Absent – No Report)

District 19 – Bill T. – The District voted to hold off on planning a District Workshop until after the SAMSO Workshop. The New Life Group has changed it's Birthday Night Meeting to an Open Meeting – last Sunday of each month. The Community Group will be celebrating it's 9TH anniversary on Sunday, Sept. 24TH, at 8:00 PM.

Old Business –

(AGENDA ITEM: SAMSO Workshop) **Bill T.** gave an update on the status of the Workshop. The Committee is now looking at the 2ND week in November and will be calling the event "Gratitude Fest". Several locations are being considered. All of the Standing Committees will have displays up and the Districts will pool their resources – more information next month. Anyone interested in volunteering or offering suggestions are encouraged to either contact their DCM or to attend the next Steering Committee Meeting on Oct. 1ST at 4 PM at Club 12.

New Business –

(AGENDA ITEM: Purchasing of SAMSO Service Page in the Nightcap) At the last Steering Committee Meeting, **Bill T.** proposed the idea of SAMSO purchasing a page in the Nightcap to use for Service Related articles. The cost will be \$25.00/month (one page – two sides). **Glenn C.** mentioned that the CSO Board had decided some time ago that SAMSO would have two pages (four sides) available free of charge and that the action should be in the minutes. 1 page is currently used for the minutes, but the other page is not being used and is available. After discussion, it was decided to table the item until next month. **Bill T.** will research the past CSO minutes.

Adjourned – 7:45 PM with the Lord's Prayer

Respectfully Submitted:

Steve J. – SAMSO Secretary

Printed as submitted

Dear Friends,

"In the late stages of our drinking, the will to resist has fled. Yet when we admit complete defeat and when we become entirely ready to try A.A. principles, our obsession leaves us and we enter a new dimension—freedom under God *as we understand Him.*" Bill W., 1966 letter

COR Meeting 9/17/2000 - Minutes

CALL TO ORDER: Virginia B. SERENITY PRAYER: Virginia B.

NEW CORs: None

MINUTES OF THE PREVIOUS MEETING: No quorum present to approve minutes.

FINANCIAL REPORT: Louie R. absent. Virginia said report was included with COR documents - no questions. Group donations and Grapevine subscriptions have increased. No quorum present to approve report.

PHONE COMMITTEE REPORT: Bill H. reported telephone duty is going very well. Only vacant slots are Sat., 1PM-10PM.

NOMINATING COMMITTEE: Virginia reported the Committee has five names-need six. The nominees visit the COR meeting in November and the vote is held in December.

OLD BUSINESS: None

NEW BUSINESS: CSO is no longer charging sales tax on any merchandise. CSO now has email and the address is:

csosa@stic.net. Mary S. reported on the CSO open house scheduled for Sat., 9/30 from 10AM-4PM. CORs have been asked to help in any way they can. Need finger foods and desserts, but nothing that has to be heated.

Basket passed and adjourned with Lord's Prayer.

Attendance: Board Members Virginia B., Madonna M., Randy, Andy L., Bill. H. CORs Sandy C. Freedom, Steve R.-Pleasanton, Mike S.-ValleyHi, VickieS. Colonies North, Lauren C. SA North.

Submitted by: Madonna Minarich Printed as submitted

NIGHTCAP SUBSCRIPTION FORM

NEW _____ RENEWAL _____ ADDRESS CHANGE _____ GIFT _____ AMOUNT PAID _____ DATE _____

SUBSCRIPTION COST \$3.00 for 1 YEAR \$ 6.00 for 2 YEARS \$9.00 for 3 YEARS OTHER

PLEASE PRINT:

HOME PHONE _____

NAME _____

RETURN TO:

ADDRESS _____

CENTRAL SERVICE OFFICE

CITY _____ STATE _____ ZIP _____

8804 TRADEWAY

E-Mail Address _____

SAN ANTONIO, TX 78217

CENTRAL SERVICE OFFICE OF SAN ANTONIO, TX
8804 TRADEWAY
SAN ANTONIO, TX 78217

(ADDRESS SERVICE REQUESTED)

NON-PROFIT ORG.
U.S. POSTAGE PAID
PERMIT NO. 2807
SAN ANTONIO, TX

Letter to Bill Wilson from Dr. Carl Jung

Dear Mr. Wilson

Your letter has been very welcome indeed.

I had no news from Roland H. anymore and often wondered what has been his fate. Our conversation which he has adequately reported to you had an aspect of which he did not know. The reason that I could not tell him everything was that those days I had to be exceedingly careful of what I said. I had found out that I was misunderstood in every possible way. Thus I was very careful when I talked to Roland H. But what I really thought about was the result of many experiences with men of his kind.

His craving for alcohol was the equivalent, on a low level, of the spiritual thirst of our being for wholeness, expressed in medieval language: the union with God.*

How could one formulate such an insight in a language that is not misunderstood in our days?

The only right and legitimate way to such an experience is that it happens to you in reality and it can only happen to you when you walk on a path which leads you to higher understanding. You might be led to that goal by an act of grace or through a personal and honest contact with friends, or through a higher education of the mind beyond the confines of mere rationalism. I see from your letter that Roland H. has chosen the second way, which was, under the circumstances, obviously the best one.

I am strongly convinced that the evil principle prevailing in this world leads the unrecognized spiritual need into perdition, if it is not counteracted either by real religious insight or by the protective wall of human community. An ordinary man, not protected by an action from above and isolated in society, cannot resist the power of evil, which is called very aptly the Devil. But the use of such words arouses so many mistakes that one can only keep aloof from them as much as possible.

These are the reasons why I could not give a full and sufficient explanation to Roland H., but I am risking it with you because I conclude from your very decent and honest letter that you have acquired a point of view above the misleading platitudes one usually hears about alcoholism.

You see, "alcohol" in Latin is "spiritus" and you use the same word for the highest religious experience as well as for the most depraving poison. The helpful formula therefore is: spiritus contra spiritum.

Thanking you again for your kind letter

I remain

Yours sincerely

C. G. Jung

BIRTHDAYS

1 YR

Randy P
 Danny R
 Jesus M
 Sam M
 Steve K
 John J
 Jack H
 Jay G
 David G
 Charles D
 Amie C
 Melissa
 Brain B
 Claire A
 Paul B
 John B

2 YRS

Alfred M
 Ronnie A
 Ralph F
 Floyd L
 Gayle B
 Steely B

3 YRS

Rick P
 Amy P
 Steven M
 Delfina H

4 YRS

Jimmy T
 John M
 Dianne S
 Michele D
 Terri S
 Abel V
 Kiki B
 Joesph W
 Thomas H
 Dianne S
 Bob T

5 YRS

Donald M

Audrey Z

6 YRS

Barbara H
 Trey S
 Keith W
 Michael H
 Glenn F

7 YRS

Jimmy E
 Shelia A
 Valerie C

8 YRS

Kristen P
 Cecil C
 Ruben S
 Cas
 Brian W

9 YRS

Carole J

10 YRS

Cheryl H
 Cookie P

11 YRS

Sam K
 Norm L

12 YRS

Terry H

13 YRS

Gene W
 Fred S

14 YRS

Terry H
 Dick D
 Randy S

16 YRS

Alan A

18 YRS

Paul B

19 YRS

Bill H
 Mona M
 Maxine E



20 YRS

Anne G

23YRS

June V
 Carl C

25YRS

J. B B
 Bill F

26YRS

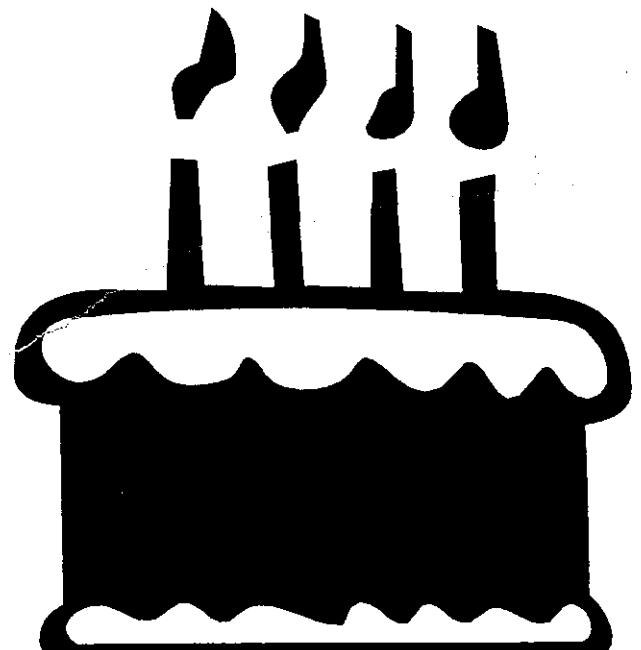
Chuck S

29 YRS

Richard P
 Irma K

34 YRS

Thalia C
 Everett C



Profit & Loss Statement	AUG'00
4005 Sales	\$6,842.35
4006 Cost of Sales	4,283.93
Gross Profit	\$2,378.42
Contributions:	
4010 Nightcap Contributions	\$72.00
4020 COR Meeting Contributions	9.75
4030 Group Contributions	1,794.45
4040 Memorial Contributions	100.00
4050 Individual Contributions	25.00
4060 Birthdays	\$31.00
Total Contributions	\$2,032.20
Other Income:	
4110 Interest Income	\$54.54
4120 Office Kitty/Misc	64.29
4130 AA in SA Net Income	0.00
Total Other Income	\$118.83
Total Income	\$4,529.45
Wage Related Expenses:	
5010 Salaries	\$2,440.00
5020 Payroll Tax	186.66
5030 Contract Labor-Clerical	0.00
5050 Employee Training	0.00
5060 Miscellaneous	0.00
Total wage related expenses	\$2,626.66
Occupancy Expenses:	
5110 Rent	\$855.00
5120 Utilities	355.07
5130 Telephone	288.60
5135 Answering Service	22.50
5140 Repairs & Maintenance	120.67
5150 Insurance	0.00
Total Occupancy Expense	\$1,641.84
Other Expenses:	
5210 Office Supplies, Clerical	\$287.88
5211 Office Supplies, Non-Clerical	0.00
5215 Postage	0.00
5216 Freight	203.17
5225 Equipment Lease & Main	152.00
5270 SWB Yellow Pages	45.00
5310 Nightcap Print. & Post.	0.00
5415 Accounting Service	150.00
5425 Credit card expense	31.30
5450 Inventory Adjustment	\$1,298.88
Total Other Expenses	\$2,166.23
Total Expenses	\$6,434.73
Net Loss	\$1,905.28

BLEATING OR BLEEDING

There is an old German proverb: "The bleating sheep gives little wool!"

What an indictment! Especially when we reflect and consider that a minority of any group's membership, whether in AA or not in AA are the devoted leaders who bleed silently for what they believe in and for the endeavor put forth with no expectation of personal reward or return.

It has been our privilege to Twelfth Step numerous areas of service to mankind and to other organizations, and we have observed a similar unproportionate ratio between "bleaters" and "bleeders."

Long ago we were told the price of leadership is the hurts and blood letting inflicted, more often than not, by the bleaters.

If this is not so, why is it so comparatively few are willing and do assume the mantle of responsibility for needed and devoted leadership.

Leadership need not be of the kind that is always in front of the pack (and many times these are the bleaters and do-littlers), for over the years we have observed the strongest leaders have been those who have not fronted a cause or issue, but have been in the wings, so to speak, ready, willing and able.

There is a LACK in all of society today, and it is a factor in AA as well, when we consider the letters in the word and what some of them stand for.

L is for LAXITY — oftentimes practiced in taking the easy way out. Or taking the old AA axlom of "Easy Does It" too literally.

A is for APATHY — an often incurable disease resulting from laxity going untreated. This state not infrequently occurs when we become too comfortable in our sobriety and become willing "to let the other fellow take over 'cause I served my time."

C for COMPLACENCY — another form of laxity — more succinctly described as laziness. Complacency sets in when we fail to look for opportunities to serve, thus denying that we are responsible.

K is for KINSHIP — for we are all in this together, and if the fellowship is to survive there has to be a unity of spirit, a unity of action, a unity of responsibility, a unity of purpose and the facing up to opportunities to SERVE with love, understanding and compassion, so that we may be privileged to practice these principles in all of our affairs.

Like old soldiers — bleeders (leaders) don't die, they just fade away, but bleaters go on forever.

What'll it be bleeders or bleaters (with little wool)?

Central Bulletin
July 1976

Gratitude in action	Aug'00	YTD
Acceptance		\$ 20.00
Alamo Hts		\$ 282.00
Broadway		\$ 1,000.00
Community		\$ 11.00
Colonias North	\$ 240.79	\$ 240.79
County Line		\$ 22.50
Depot Grp (Port Lavaca)		\$ 210.00
Family		\$ 90.00
Fort Sam Houston	\$ 69.90	\$ 150.90
Free at Last	\$ 10.00	\$ 60.00
Generico		\$ 100.00
Grupo El Libro Grande	\$ 10.00	\$ 40.00
Grupo Esperanza	\$ 10.00	\$ 65.00
Grupo Unidad	\$ 10.00	\$ 50.00
Grupo y Paz	\$ 10.00	\$ 70.00
Halt Group	\$ 51.00	\$ 100.00
Highland		\$ 227.50
Hondo	\$ 61.09	\$ 208.28
Keep It Simple Group		\$ 24.00
Kelley Special		\$ 18.77
Laurel Hts Group	\$ 65.00	\$ 65.00
Marymont	\$ 25.00	\$ 56.25
New Braunfels (Area)		\$ 163.61
New Life		\$ 25.00
NorthEast Group	\$ 100.00	\$ 100.00
Nueva Vida		\$ 223.24
North San Pedro Group	\$ 75.00	\$ 235.00
Oak Hills Group	\$ 204.42	\$ 1,643.26
Oblate Group	\$ 40.00	\$ 40.00
Pearaill		\$ 20.00
Pleasanton		\$ 30.00
Poteet (Strawberry)		\$ 20.00
Rush Hour Group	\$ 219.47	\$ 1,403.78
SA North Womens		\$ 85.27
Schertz-Cibola	\$ 200.00	\$ 242.51
Serendipity Group		\$ 950.00
Southwest loop Group	\$ 12.80	\$ 51.35
Speakeasy		\$ 40.00
Spirit of Hope		\$ 50.00
Stahl Rd Grp		\$ 90.00
Sunrise		\$ 100.00
Travis Park		\$ 80.00
Twelve	\$ 360.00	\$ 2,880.00
Universal City		\$ 240.00
Valley HI		\$ 200.00
Windcrest		\$ 115.00
Womens Big Book		\$ 103.96
Woodlake	\$ 20.00	\$ 120.00
AREA		
Black Sheep Grp (Boerne)		\$ 31.94
Boerne Noon		\$ 300.00
Bulverde		\$ 100.00
Total	\$ 1,794.47	\$ 12,793.91
Memorials	\$ 100.00	David Kehul
Birthdays	\$ 20.00	Bobbie G
	\$ 11.00	Madonna M

A TENTH STEP PRAYER

I pray I may continue...

To grow in understanding and effectiveness;
To take daily spot check inventories of myself;
To correct mistakes when I make them;
To take responsibility for my actions;
To be ever aware of my negative and self-defeating attitudes and behaviors;
To keep my willingness in check;
To always remember I need Your help;
To keep love and tolerance of others as my code;
And to continue in daily prayer how I can best serve You, my Higher Power.

Move Ahead

"Our chief responsibility to the newcomer is an adequate presentation of the program. If he does nothing or argues, we do nothing but maintain our own sobriety. If he starts to move ahead, even a little, with an open mind, we then break our necks to help in every way we can."

- As Bill Sees It,
page 105
reprinted with permission



Group Forum

GROUP UPDATES

Free At Last Group Sun - 5 PM Last Sunday is Potluck dinner

New Group Above and Beyond Thursdays 6pm/ O/Disc/N/S 414 South Main Avenue Contact: Trish D 521-3954

Meeting for Distrito Hispano 2G will be at 1917 Castroville Rd. (210) 435-2947 second and last Sunday of the month at noon

Fort Sam Potluck Birthday Night 26 Oct 7PM

New Group: Winners Circle Retama Park Race Track Tuesday 7PM POC: Nedsa B 380-4782

New Group: Wings of Eagles Harvest Fellowship Church Room 201 O/Disc N/S 7-8:30 PM Mondays

New Group: Turning Point Group Tues 8PM St Thomas Episcopal Church 1604 & 281 C/Disc

New Group: Blanco United Methodist Church social hall. Tuesday and Fridays 7PM

New Group: La Quinta Tradicion Mon & Fri 8-930 PM Mon & Wed 11:30am-12:30PM

Devine 4PM Sat meeting Has folded

New Meeting: Guadalupe River Grp Thurs/8PM/O/Disc St Francis by the Lake Episcopal Church FM 306

WORKSHOPS

How to hold an AA meeting Part 2 Workshop District 1A Is being rescheduled to November Date : TBD Panel members: Yolanda F (SWTA Delegate) Rita L (SWTA Alt Delegate) Larry Y (Past SWTA Delegate) and Mike C

Lessons Learned from My Dog

Never pass up the opportunity to go for a joyride. When loved ones come home, always run to greet them.

When it's in your best interest, practice obedience. Let others know when they've invaded your territory.

Take frequent naps and stretch well before rising. Run, romp and play daily.

Eat with gusto and enthusiasm. Stop when you've had enough.

Never pretend you're something you're not. If what you want lies buried, dig until you find it.

When someone is having a bad day, be silent, sit close by and nuzzle them gently.

Thrive on attention and let people touch you. Avoid biting when a simple growl will do.

When you're happy, dance around and wag your entire body.

No matter how often you're scolded, don't buy into the guilt thing and pout ... run right back and make friends.

Be loyal.

Delight in the simple joy of a long walk.

UPCOMING EVENTS

Marymont 25th Anniversary /Picnic 1 Oct Mcallister Park, Pavillion 3 Noon-Speaker Madonna M at 3 PM Fun Food Fellowship

Goliad 36th Anniversary 15 October, 2000 1-7 PM Fun Food Fellowship

Group 12 Group Conscience 5:30 October 10

Group 12 Birthday Night Oct 27 7:30 PM

Club 12 dance 8P-12A Oct 28

Southwest Texas Area Voting Conference October 27,28, 29 Temple Texas 1-800-749-0318 for Reservations Cutoff 13 Oct. Speakers include Sandy C Little River, TX Searcy Dallas, TX Doris C Austin, TX

SWRAASA 2000 Sponsored by Area 57 October 13-14-15 Oklahoma City Oklahoma Reservations at Clarion 1-405-942-8511

ROSE IS ROSE

