



The Nightcap

THE NIGHTCAP IS PUBLISHED MONTHLY AT THE CENTRAL SERVICE OFFICE
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VOL 10

OCTOBER 1982

NO. 10

CSO DANCE!!

A HALLOWEEN DANCE WILL BE HELD AT HOLY SPIRIT CATHOLIC CHURCH, 758 RAMSEY AT BLANCO, SATURDAY NIGHT, OCTOBER 30, 1982. ACCORDING TO WEBSTER, "HALLOWEEN is now generally celebrated with fun-making and masquerading". MASQUERADING IS ENCOURAGED BUT NOT MANDATORY. DANCE TO BEGIN AT 8:30 PM AND WILL CONTINUE ON INTO THE NEXT DAY, THAT IS UNTIL 12:30 AM. A DONATION OF \$5.00 PER PERSON IS REQUESTED. SEE YOUR GSR FOR TICKETS. MUSIC BY THE EVER POPULAR MEDINA MUD BAND. WE WILL HAVE TO TAKE THEM LIVE BECAUSE NONE OF THEIR RECORDINGS ARE FOR SALE.

LOTS OF COFFEE, SOFT DRINKS AND REFRESHMENTS. AS USUAL, GUARDS WILL BE POSTED AT THE PUNCH BOWL SO NO ONE WILL WATER UP THE PUNCH... FOR FURTHER INFORMATION CALL SUNNY M. OR THE CENTRAL SERVICE OFFICE, 733-6876.

IF YOU OR YOUR GROUP CAN HELP WITH THE REFRESHMENTS, PLEASE CONTACT EITHER CAROLYN P. 492-5001 OR SUSIE F. 496-3211 (EVENINGS ONLY). YOUR GROUP MAY CHOOSE TO CONTRIBUTE CASH INSTEAD OF REFRESHMENTS. IF SO, MARK CHECK FOR HALLOWEEN DANCE AND SEND TO THE CENTRAL SERVICE OFFICE.

AA AA AA AA AA AA AA AA AA AA AA FELLOWSHIP AA AA AA AA AA AA AA AA AA AA AA AA

WHAT'S YOUR OPINION???

All right. So the program of Alcoholics Anonymous is "suggested" and the way I work the steps is entirely up to me. I can take them in numerical order or I can skip around. I can postpone working Step 4 or 5 until I feel I am "ready". I can put off making amends for years and keep feeling uncomfortable though dry.

As long as I'm not drinking, isn't it obvious I am making spiritual progress? Just staying dry has already given me a lot of serenity and peace of mind. Why do I need to take all the steps in numerical order? Sounds awfully rigid to me. I'm doing OK right now. Oh, I still have the same character defects, but I don't drink anymore.

WHAT'S YOUR OPINION? Should the steps be taken in numerical order the first time around or is that really necessary? Does it really matter in the long run? Send us your opinion. Please type or write legibly and mail to: Editor, NIGHT-CAP, 103 RENNER DR, SAN ANTONIO, TX 78201.

WE'D LIKE TO KNOW WHAT YOU THINK!

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I'ts too bad that the people who really know how to run the country are busy attending A. A. meetings.

CSOC (GSR) MEETING REPORT

Meeting was held at Club 12 on the 12th September with 44 people attending. This was a lot better attendance than the month before when only 23 were present. 30 groups were represented by GSR'S and we had 1 visiting GSR from Bandera Group. Those groups represented are indicated by an asterisk on the financial page. (The Editor apologizes for leaving the Serenity Group's GSR off last month)

Bill B. was elected to serve as a member of the Administrative Board of the Central Service Office due to Winnie C.'s resignation. The present board and term of office is as follows:

<u>BOARD MEMBERS</u>	<u>TERM</u>	<u>DCM'S</u>	<u>STANDING COMMITTEE</u>	<u>CHMN</u>
Linda G., Chairman	1981-82	Larazo L. 1-A	Finance	Sunny M.
Roger C., Alt Chmn, CSOC	1982-83	Cal W. 1-B	Institution	James T.
Vangie H.	1981-82	Marion H. 1-C	Editorial	Al D.
Red K.	1981-82	Wilson P. 1-D	Public Information	Jack L.
Ann W., Chmn, CSOC	1982-83	Larry Y. 1-E	Penal	John R.
Bill Fitz.	1981-82		Mailing	Al D.
Bill B.	1982-83			
Mary Lou L. Executive Secretary				

The DCM'S and STANDING COMMITTEE CHAIRMEN are non-voting members of the board.

Marion H. agreed to serve as DCM for 1-C due to the resignation of Roy M.

A Chairman for the State Convention to be held in San Antonio June 26-29, 1986 needs to be selected as soon as possible. Two names have been submitted so far, Lee F. and Sunny M. Any others?

Desi G., GSR SW Loop Gp, brought up the question on 12 Step Calls after office hours. Quite a lengthy discussion followed which resulted in appointing a committee to look for better procedures. The committee will report at the next CSOC (GSR) meeting.

A sharp exchange of opinions about how business was discussed at the last Administrative Board meeting concerning a replacement for the NIGHTCAP editor ensued. If you want to know what went on, ask your GSR. (I am not going to get involved in selecting a replacement editor--ed)

The next CSOC (GSR) meeting will be held at Club 12 on Sunday, OCTOBER 17, 1982, at 7:00 PM. This is a change from the usual second Sunday because of the SW Texas Area Conference meeting at Victoria falling on the second Sunday. Please mark your calendar now. A nominating committee will be selected to submit names for elections of the four new members of the Administrative Board of the Central Service Office.

Jack L., Public Information, wants speakers to carry the message to educational facilities and other community groups. It seems like that more and more people in leadership positions are beginning to realize that excessive drinking mixed with anything is extremely dangerous. A. A. is getting lots of calls requesting speakers. Can you help? Call Jack thru the Central Service Office and become a participant!!! Jack won't send you out cold, training sessions will be held first and then he will send you out cold.

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THANK YOU - CLUB 12

The Central Service Office thanks Club 12 for relinquishing their planned Halloween Dance in favor of the CSO's dance. Also for the band which they had already booked. THANKS.

WHAT'S GOING ON

ALAMO HEIGHTS GROUP is celebrating their 26th Anniversary on October 18, 1982, 90 Brees Blvd., at 8:00 PM. American Red Cross Building.

LAMBDA GROUP has a new meeting place. 1312 Wyoming--just off the corner of East Pine & Wyoming. 3 blocks east of Commerce. Closed discussion, Tuesdays and Fridays at 8:15 PM.

HAVEN GROUP will have a Bar-B-Que the 4th Sunday of each month (Oct 24), \$3.00 donation requested. Serving will begin at 2:00 PM and end at 4:30 PM. Meeting to follow at 5:00 PM. 1640 W. Woodlawn.

GOLIAD GROUP will have a Bar-B-Que the 3rd Sunday of each month (Oct 17), cost \$3.00. Serving time-6:00 PM, meeting to follow at 7:30 PM. 537 Avondale.

32nd Annual SW TEXAS AREA CONFERENCE, Oct 8, 9, & 10, 1982. Victoria, Tx, Holiday Inn, 2705 Houston Highway, (512) 575-0251.

8th Annual Border Conference, Del Rio, Tx, Dec 3, 4, & 5, 1982. Registration Headquarters, Ramada Inn. Meetings in Wardlaw Agr. Complex. Box 1442, Del Rio, Tx 78840.

CENTRAL SERVICE OFFICE COMMITTEE (GSR) meeting will be held at Club 12, Sunday, October 17, 1982 at 7:00 PM. (Third Sunday instead of second)

The ADMINISTRATIVE BOARD of the Central Service Office will meet at the CSO, 103 Renner, on Wednesday, October 13, 1982 at 7:00 PM.

In case you didn't see the front page or the flyer... There will be a Central Service Office fund-raiser dance on the 30th of October at Holy Spirit Catholic Church starting at 8:30 PM. See front page--see flyer...

VILLA ROSA MEETINGS

OCT 5 - NORTHEAST OCT 12 - COLONIES NORTH
OCT 19 - MARYMONT OCT 26 - DOWNTOWN

NOV 2 - YOUNG PEOPLE NOV 9 - MARYMONT
NOV 16 - DOWNTOWN NOV 23 - SANTA FE
NOV 30 - ALAMO HEIGHTS

SALLY MEETINGS

OCT 6, 13, 20, 27 V. A. HOSPITAL

DETOX MEETINGS

OCT 7, 14, 21, 28 LAURIE S.

FRONTIER (ARC) MEETINGS

OCT 2, 9, 16, 23, 30 CHRIS G.

Change in A.A. Directory under AREA A.A.
HILL COUNTRY GROUP in Hunt, Tx
MONDAY 7:00 PM Open Discussion
TUESDAY Cancelled
THURSDAY 7:00 PM Open Discussion
FRIDAY Cancelled
SUNDAY 11:00 AM Open Speakers

IN MEMORIAM

Norma G. September 26, 1982

THE IMPERIOUS URGE...

Why does Bill W. call the sex drive the "imperious urge"? From his many writings we know he was very human and enjoyed or endured experiences quite similar to yours and mine.

He talks about the dominant drive for sexual fulfillment over and over in both the Big Book and in the Twelve and Twelve.

Why?

In order to better understand, I looked up "imperious" and found it means "overbearing, arrogant, domineering, dictatorial, urgent and masterful". What chance do I have of controlling such an overpowering natural instinct? It's a toss-up between slim and none.

I seem to be powerless, not only over alcohol, but also over this imperious urge.

After joining A. A., I found it easy to give up adultery which had always been rather repugnant to me anyway. But the old "macho" urge was still burning fiercely in me, spiritual progress or not. For a bachelor, this dilemma is devastating. Total abstinence or occasional indulgence--that is the question. Abstinence is agony--relief brings guilt and remorse.

Is marriage the only answer in our society?

Is there any other answer compatible with serenity and peace of mind?

Here's what the Big Book says: (p 68-70)

"Now about sex. Many of us needed an overhauling there...We do not want to be the arbiter of anyone's sex conduct...We'd hardly be human if we didn't (have sex problems). What can we do about them? We reviewed our own conduct over the years past. Where had we been selfish, dishonest or inconsiderate? Whom had we hurt? Did we arouse jealousy, suspicion or bitterness?...We got this all down on paper and looked at it...We subjected each relationship to this test--was it selfish or not? We treat sex just like any other problem. In meditation we ask God what we should do...The right answer will come, if we (really) want it...If our conduct continues to harm others, we are quite sure to drink...These are facts out of our experience.

"...If sex is very troublesome, we throw ourselves the harder into helping others...This takes us out of ourselves. It quiets the imperious urge, when to yield would mean heartache."

Well, again it looks like the answer to my dilemma is ACTION. At least, that's what the Book says. When all else fails, read the instructions...I need to energetically and enthusiastically keep on working with others--every day, if possible. That's how our fellowship got started--carrying the message to the still suffering alcoholic--and that's how it will keep on going.

There is an invisible hand at work for me and in me that will give me great serenity IF I WORK THE STEPS PAINSTAKINGLY. If sex problems are spoiling my serenity, working the steps will restore it because that's one of the promises.

SACSO

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OCTOBER BIRTHDAYS

<u>DAY</u>	<u>NAME</u>	<u>YEARS</u>	<u>GROUP</u>	<u>DAY</u>	<u>NAME</u>	<u>YEARS</u>	<u>GROUP</u>
1	TOM G.	5	WINDCREST	8	MARY S.	3	WINDCREST
1	CHARLES S.	30	WINDCREST	10	ROGER C.	2	LYTLE
5	JAMES F.	1	LYTLE	21	JEAN E.	9	COKER
6	MIKE A.	1	WINDCREST	24	FRANK V.	8	LYTLE
6	JIM A.	1	WILFORD HALL				

SURRENDER

Surrender is an important word in the "A. A. Vocabulary". It is necessary for many of the steps, especially the first one. We had to surrender a lot of pride and misconceptions about ourselves before we could honestly admit to the world that we couldn't drink alcohol.

It is also a frequent reaction amongst alcoholics that once that painful and memorable first surrendering takes place, we go on to other challenges and other steps. This act of surrendering begins to play second fiddle while we're busy working other parts of our program.

About the time our consideration of step three became serious and, for many of us, some reluctance restricted our progress, we became aware that something was missing from our tool kit. The more difficulty we experienced with that step, and the related sixth and seventh steps, the more we searched for the roadblock.

For some of us the "rediscovery" of surrendering cleared the way for us to better understand step three. It became apparent, to some of us, that we were going to have to surrender some more of our old habits if we were going to get closer to the Higher Power that held the key to our happy sobriety. And, as we progressed further in the program, surrendering became a useful habit to restrict ego, make difficult adjustments and reach new understanding.

The word surrender was, and still is, a very negative word in the vocabulary of non-alcoholics. It is a curious and wonderful thing that a negative word leads to so many positive rewards for us alcoholics.

Lee F.

OUR FRIEND DAVID

He was a wonderful guy, our friend Dave C. His warm, open manner and a delightful sense of humor brought him many friends. He was a strong, positive influence in our fellowship.

Originally Dave was from Tulsa but was transplanted to Texas many years ago. Their loss was our gain.

He had completed almost thirteen years of sobriety and was active in the fellowship until the end of his life on August 24, 1982.

We shall miss David's amusing stories and his happy, warm smile but most of all we just miss our good friend, David.

We, of the fellowship, extend our condolences to the family.

HALLOWEEN DANCE

Live Music
Fun



Refreshments
Fellowship

Where: Holy Spirit Catholic Church
758 Ramsey @ Blanco

When: Saturday, October 30, 1982
8:30 p.m. - 12:30 a.m.

Cost: \$5.00 Per Person
costumes optional

Armed Security Guard

CSO in San Antonio