

The Nightcap

**THE NIGHTCAP IS PUBLISHED MONTHLY BY THE CENTRAL SERVICE OFFICE
8804 TRADEWAY, SAN ANTONIO, TEXAS 78217, PHONE 210-828-6235
OFFICE HOURS: 9AM TO 5PM MON-FRI 24 HR ANSWERING SERVICE**

VOLUME 26

NOV 1996

NO 11

EXCITING EVENTS!!!

Nov 15-17: Southwest Texas Area Conference. "Participating in our Heritage." OMNI Hotel formerly the Wyndham. 4140 Governor's Row, Austin, TX. Reservations: 1-800-433-2241. For registration forms or agendas, please come by CSO.

Nov 30: Annual Day of Gratitude. Hosted by the Serenity Group in Temple. Begins at noon. Speakers, Food and Dance. Call J.R. 817-773-7554.

Nov 15-17: Woman's Journey. A weekend at the Mo Ranch. Speakers, Theme & Topics. Cost \$105. Preregistration required. For more info contact: Barbara at 210-490-2903.

Nov 29, 30-Dec 1: The 7th Annual Gratitude Roundup in Diamondhead, MS. For room reservations call: 601-865-0156.

HERE IN SAN ANTONIO!!!!

Nov 29-Dec 1: Pockets of Enthusiasm. Marathon Meetings, Two Person Scramble-Par Three, Hospitality Room and Dance at Seven Oaks Hotel, 1400 Austin Hwy., San Antonio, TX. For reservations call: 1800-346-5855. Preregistration forms available at CSO.

LAST MINUTE ANNOUNCEMENTS

Entire Abstinence AA Group II.

It's a new group. Meets Every Thursday at the Greater Corinth Baptist Church at 500 S. New Braunfels. Parking in the rear. Everyone Welcome, Open Discussion Meetings at 8 pm.

A message from the Lambda Group!

The Lambda Group voted to move Lambda Group Meetings from the front building of the Gay and Lesbian Community Center to the back annex building as of Oct. 27th. This move will allow the group to have a meeting room set up for Lambda Meetings only. The group will no longer be sharing space with other groups meeting at the center and will have a more private room in which to meet. Additional parking is now available directly in front on this back building and is accessible from St. Mary's St. The new meeting room has allowed meetings to be expanded to every night of the week. For more info, pick up a flier at CSO or call 732-4300.

The Nightcap is about, by, and for members of the A.A. fellowship. Opinions herein expressed are not to be attributed to Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by either A.A. or the Nightcap. (Exceptions: Quotations from A.A. books, pamphlets and the 12 Steps and/or 12 Traditions are reprinted with the permission of A.A. World Services, Inc.; the A.A. Preamble, slogans, etc. are reprinted with the permission of The Grapevine, Inc.)

MINUTES OF THE COR MEETING
October 20, 1996

The meeting was called to order at 5:30 pm by Dave with the Serenity Prayer. Shawn read the Twelve Traditions; Ron read the COR guidelines.

There were no new CORs.

The check-in sheet was passed around.

There was no interdistrict report.

There were no minutes from the previous meeting.

Dave reviewed the financial report. CSO is still in the black.

Fred called for phone duty volunteers:

- Nov. 4-10: Freedom
- Nov. 11-17: Colonies North
- Nov. 18-24: Marymont
- Nov. 25-Dec. 1 Group 12

Fred reviewed the Pamphlet "44 Questions" for the CORs.

Old Business: None

New Business: Mike A. will serve as the Chairman of the Nominating Committee.

The meeting was adjourned at 5:55 pm with the Lord's Prayer.

Submitted by: Dave C.

In Memoriam...Becky W. died at home on October 5, 1996. She attended meetings at the Marymont Group. She will be missed by her friends.

CSO now has the GRAPEVINE WALL CALENDARS & POCKET PLANNERS for 1996!!! The calendars are in beautiful color for only \$6.00. The pocket planners are \$4.00

CSO will be closed Thursday, November 28, 1996 in observance of the Thanksgiving Holiday.



Be the hand of A.A.
that reaches out...

Become a phone volunteer.

For more info call:
Lylas at 821-6325



GROUP NEWS and more....

Alano Dellview Group at 2922 Vance Jackson has **FOLDED**. They met on Tu., Thu. and Sat.

The **Bridging the Gap Convention** is having a **fund raiser**. There will be a **Chili Cook Off** at Club 12 on **Nov. 19**, from noon to 2 pm. There will be a contest for the best chili and each bowl will sell for \$1.00 each. For more info call: Teri at 738-8286.

CSO received a call from Charlie R. and a letter from the students at the **Brady-Green**. The letter contained comments from the medical students that benefit from the interviews with the AA volunteers. They said that it was realistic and very informative. They want to convey their **thanks to the volunteers** that participated.

^^

Club 12...Social Events!

- Nov 2 Dance/SS Express 8pm-Mid.
- Nov 9 Pancake Breakfast 9am-Noon
- Nov 16 Dance/SS Express 8pm-Mid.
- Nov 28 Thanksgiving Dinner
- Nov 30 Dance/SS Express 8pm-Mid.

^^

THANKS TO ALL THE VOLUNTEERS THAT GIVE THEIR TIME AT CSO!!

Your service is appreciated by many alcoholics who aren't here, "yet"

The 12 Steps of Insanity

- 1 We admitted we were powerless over nothing.
- 2 We could manage our lives perfectly and we could manage those of anyone else that would allow it.
- 3 Came to believe that there was no power greater than ourselves, and the rest of the world was insane.
- 4 Made a decision to have our loved ones and friends turn their wills and their lives over to our care.
- 5 Made a searching and fearless moral inventory of everyone we knew.
- 6 Admitted to the whole world at large the exact nature of their wrongs.
- 7 Were entirely ready to make others straighten up and do right.
- 8 Demanded others to either "shape up or ship out."
- 9 Made a list of anyone who had ever harmed us and became willing to go to any lengths to get even with them all. Got direct revenge on such people whenever possible except when to do so would cost us our own lives or, at the very least, a jail sentence.
- 10 Continued to take inventory of others, and when they were wrong promptly and repeatedly told them about it.
- 11 Sought through nagging to improve our relations with others as we couldn't understand them all, asking only that they knuckle under and do things our way.
- 12 Having had a complete physical, emotional, and spiritual breakdown as a result of these steps, we tried to blame it on others and to get sympathy and pity in all our affairs.



Tradition 1

(Some thoughts on why we must not compromise it!)

Unity means that the members must take priority over the non-members!

The individual will not survive without the group! Unity is critical! Without it the fellowship dies. The traditions guarantee that unity. Group unity is based on the 3rd tradition. That tradition is what defines members from non-members.

I have gone through stages when I would be in a new place and choose to remain anonymous. It would soon bring to my consciousness the problem of being anonymous today. I have seen many closed meetings opened so that a non-member (no desire to stop drinking) could attend that night. There was no concern over a members anonymity who came to a closed meeting.

One great example of anonymous people in a closed meeting are high school teachers. A lot of them choose to go to a closed meeting to avoid their students who have been sent to the meetings but have no problem with alcohol. Rest assured the next school day the word will be spread about the alcoholic teacher. Unfortunately, some in the community still consider even a sober teacher a liability.

The members must take priority over non-members in every case. The unity applies to members only. We can not sacrifice a member for a non-member. Not even once. I have heard many people pronounce many times, *...shoot, I don't care about anonymity, I don't care who knows I am in the fellowship.* Well, anonymity is not just about your anonymity, it is just as much about the other fellows, and your job is to protect it.

It has been well established that to be a member you must have a desire to stop drinking. And there the unity begins!

"Corky" S. (Member)

What We Know

The essence of Alcoholics Anonymous is 'one drunk talking to another.' Sharing is communication between equals: it implies mutual respect. In the chapter *Working With Others* in the Big Book, we are advised, "Never talk down to an alcoholic from a moral or spiritual hilltop; simply layout the kit of spiritual tools...how they worked for you."

Bill W. had no success carrying the message the first six months of his sobriety. Dr. Silkworth advised him that his failure was probably because Bill had been "preaching" to prospects. Dr. Silkworth told him to emphasize the hopeless nature of the disease...pointing out that the realization of his own hopelessness had been the first step of recovery. The message there is that preaching doesn't work on us but honest sharing of personal experience can invite the miracle of recovery.

So we need to focus on the only truth we really know...*what happened to us!* When I hear such sharing at meetings, I can feel the presence of a Power greater than myself, and I feel hope.

But sometimes a member will forget how the message is carried and start preaching, "You should do this" and "you'd better do that." I shut down when I am no longer hearing those phrases, "This is what happened to me" and *This is how I felt.* The Power that was in the room has left; ego has "edged God out."

The worst experience for me is when I sense that God has left the room, and then realize that the person responsible is setting in my chair.

SCIF Newsletter
Sonoma County, AA

Gratitude Month

INTERDISTRICT MEETING MINUTES

OCTOBER 20, 1996

Meeting called to order at 6:32 by Frank H. Bill H., Chairman absent. Opened with the Serenity Prayer and Wayne B. read the Traditions. 37 present including 3 new GSR's. The minutes of the September meeting were approved as printed in the NIGHTCAP.

Treasury report by Terry H. No copies available. Call Terry if you want one 741-3303. CFC financial report has a negative balance of about \$61.00. Due to change of officers, the report may not be up to date. Will check it out and report in November.

DISTRICT REPORTS

District 1-A No report.

District 1-E No report.

District 1-F Workshop on miscellaneous topics at 10:00am on Nov 2 and discussion on Recovery, Unity & Service at 1:00pm. St Jude Tadeo Church, W Commerce & General McMullen. Translation equipment available.

District 18-Frank H. announced elections held on Friday. Wayne B. new DCM and Gill is treasurer.

District 19-Pockets of Enthusiasm announced.

District 17-Jim D. (490-1235) reported Pockets of Enthusiasm on Nov 29-31. Stated need for volunteers and pre-registrations. Bulverde Group 11th Anniversary Barbecue on Nov 13th at 6:30pm.

COMMITTEE REPORTS

H&L-Lynn R. reported all commitments filled. Will check with DAC to see if they still want the juvenile meeting.

Steering Committee recommended that chips not be brought to service commitments because it causes problems at some institutions.

CFC-Syd T. Absent-no report.

P/CFC-Chris M. reported her committee arranged for a speaker to appear on KSAT-TV for a public announcement. Speakers went to St Luke's Catholic School to talk to youth group and pass out literature. TV and radio Public Service announcements tapes are available. Two more service commitments this week (1) Health Fair for Marriott employees (2) Health Fair for Levi Strauss employees. Needs more youth speakers for schools.

ARCHIVES-Mary Lynn D.-Checking out a proposal that the SWTA Archives and CSO be moved downtown to a building that may be leased from the City of San Antonio for \$1 a year.

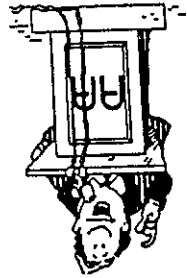
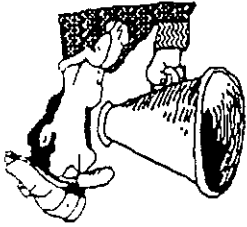
GRAPEVINE-Robin S. absent-no report

Old Business None
New Business SWTA Conference in Austin will be on Nov. 15-17. There will be seven speakers.
Meeting Adjourned at 7:30 with the Lord's Prayer.

Respectfully submitted,
Noel McD, ID Secretary

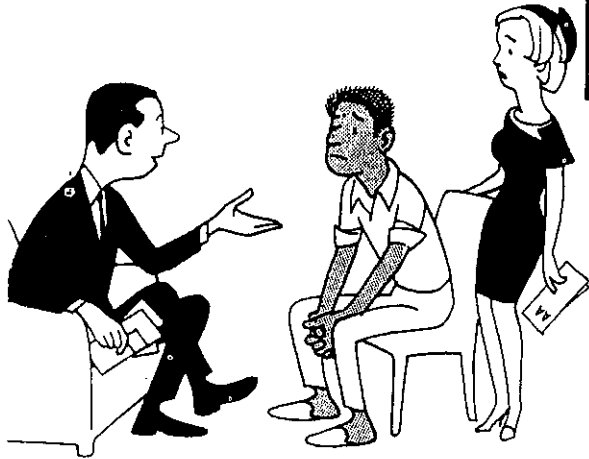
HOSPITAL & INSTITUTIONS SCHEDULE FOR NOVEMBER 1966

Mon	Patrician Movement	Truth Seekers	Goliad
Tue	Dwyer Ave	Community & Foxhall	Abundance Happy Hour
Wed	Baptist Hosp	SA Community Hosp	Baptist Hosp
	DAC (Men's)		
	DAC (Women's)		
Thu	VA Hospital	San Antonio North	Colonias North
	Laurel Ridge	SA Community Hosp	Rush Hour
Sat	Arc	Summit Turning Point	Pleasanton
Sun	Baptist Hosp		Entire Abstinence



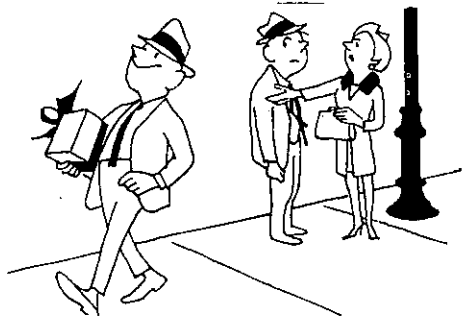
The Eleventh Tradition

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.

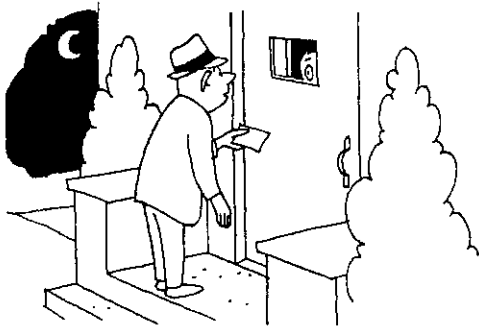


Ours is not a secret society...
we carry the message
anywhere we can—

But we must ever be aware
that self-appointed messiahs
speaking for A.A. through public
media can do us great damage!



Alcoholics who have recovered through our program are themselves the strongest attraction that A.A. has. When people are asked what led them to seek A.A. help, the answer given most often is: "An A.A. member." Their chances would have been slim if all of us had remained completely in hiding. But many of us have chosen to tell our friends, neighbors, employers, co-workers, doctors, or spiritual advisers that we are in A.A.—and when we do so, we are *not* breaking our anonymity in the meaning of this Tradition.



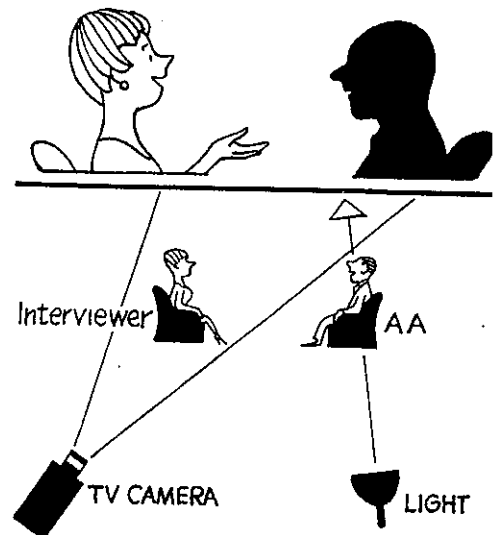
Suppose a sick alcoholic never has the good fortune to meet an A.A. How is such a person going to find us? The search will be difficult if the local group thinks *it* should be anonymous, too. The Tradition is talking about "*personal* anonymity," remember? Alcoholics will not be attracted to A.A. if they don't know that it exists or if they have distorted, unfavorable impressions of its members or its program.

Giving the general public an accurate picture of A.A. is the chief job of our public information committees. In addition, they often carry the message to certain groups—from police officers to personnel directors—whose work includes contact with active alcoholics.

How to Be Anonymous on Television

Information about A.A. is being offered to the public through all the communications media, in print and over the air. On radio, it's easy to guard members' anonymity, of course. But TV (not in wide use when the Traditions were written) is another matter. According to a Conference opinion, members are breaking their anonymity when they are identified on TV as A.A.'s and their faces are shown—whether or not their names are given. And yet this medium, with its vast audiences, cannot be ignored.

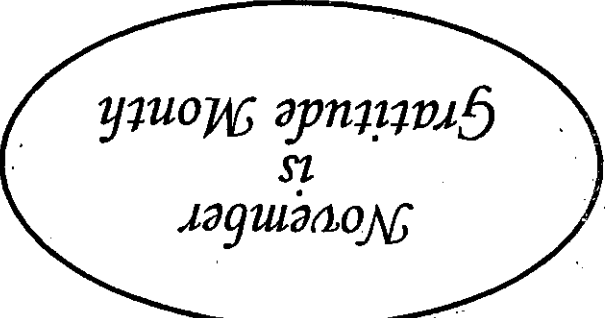
Different techniques have been employed to preserve anonymity on TV: masks; screens; back-lighting that shows A.A.'s only as silhouettes; camera angles showing them only from the back. The "shadow" method diagrammed here is simple, relaxed—and appropriate. For we are not selling personalities—we are explaining A.A. Personal anonymity breaks in the public media not only may discourage timid prospects; they may threaten the anonymity-breaker's own sobriety, by violating the spirit of the A.A. program and Traditions. . . .



November 1996

NIGHTCAP

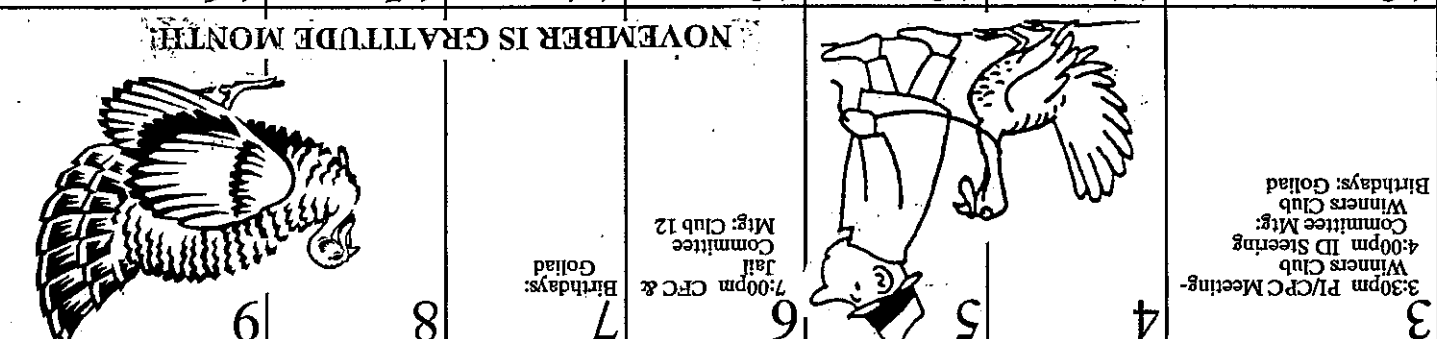
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>3:30pm P/CPC Meeting-Winners Club 4:00pm ID Steering Committee Mtg Winners Club Birthdays: Gollad</p>	<p>3 Birthdays: Gollad</p>	<p>4 Birthdays: Gollad</p>	<p>5 Birthdays: Gollad</p>	<p>6 Birthdays: Gollad</p>	<p>7 Birthdays: Gollad</p>	<p>8 Birthdays: Gollad</p>
<p>9 Birthdays: Gollad</p>	<p>10 Birthdays: Gollad</p>	<p>11 Veterans Day</p>	<p>12 6:00pm CSO Board Meeting 7:30pm District 18 Meeting St Matthews Episcopal Church 810 Kirby Hawk</p>	<p>13 NIGHTCAP DEADLINE</p>	<p>14 7:00pm Grapevine Mtg: Club 12 Birthdays: Gollad</p>	<p>15 7:00pm Dist 19 Meeting St David's Episcopal Church</p>
<p>17 5:00pm District 1A & 16 Mtg 5:00pm District 17 Meeting at Jim's 410 & Bandera 5:30pm COR Meeting 6:30pm Interdistrict Mtg: St Andrew's Episcopal Church Birth & BPO: Gollad SWTA Fall Conference</p>	<p>18</p>	<p>19</p>	<p>20</p>	<p>21 Birthdays: Gollad, Devine Loop</p>	<p>22 Birthdays: SW Loop</p>	<p>23</p>
<p>24 Birthdays: Gollad</p>	<p>25 6:00pm Archives Meeting--Jim's at Blanco & Loop 410 Birthdays: Alamo Heights, Northwest, Freedom</p>	<p>26 Birthdays: Windercrest, Valley-Hi, Santa Fe, New Acceptance (1895) Bill W. born</p>	<p>27 Birthdays: Oblate, Northwood, Foxy Ladies, Lytle Potluck: Lytle</p>	<p>28 Birthdays: Stahl Rd, Ft Sam, N San Pedro, Gollad</p>	<p>29 Birthdays: El Libro Grande, Marymont, Colonies North, Schertz-Cibolo Potluck: Marymont</p>	<p>30 Birthdays: Winners, Frontier, Serendipity, Broadway, SA North, Grupo Unidada, Lambda</p>



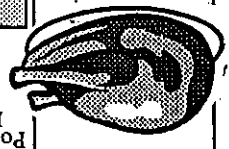
The probability of life originating from an accident is comparable to the probability of the unabridged dictionary resulting from an explosion in a print shop.
Edwin C. in GV Feb 64

1 8:00pm Starlite Birthdays

NOVEMBER IS GRATITUDE MONTH



Pockets of Enthusiasm



GROUP CONTRIBUTIONS

GROUP	SEP	YTD	GROUP	SEP	YTD
A Monday Affair			Lytle		
A Solution		90.90	Main Street		
Acceptance		97.36	Marymont		292.50
Alamo Heights		119.00	Medical Professions		68.30
Alano Dellview			Medina Valley Step Savers		
Alpha Camden			Men's Big Book		5.00
Alpha House		25.00	New Acceptance		
Big Book Study			New Hope		
Blue Door		30.00	New Life	20.00	65.00
Boerne, Sun Night			Nooners		41.00
Boy's Night Out			North San Pedro	20.00	180.00
Broadway		200.00	Northeast		100.00
Bulverde			Northwest		
Callaghan Road			Northwood		60.00
Charlotte Group			Oak Hills		1480.00
c Colonies North		203.60	Oblate		300.00
Community		13.92	Pearsall		
Day Reporting Center			Pleasanton	15.00	25.00
c Devine		79.11	Poteet-Strawberry		
Doors of Hope			Randolph		
Downtown Brown Baggers		167.00	Rush Hour	489.60	1400.48
Easy Does It			SAC		
Entire Abstinence			Samaritan		
Floresville			San Antonio North	67.12	222.24
c Fort Sam Houston	65.00	249.00	Saturday Night Live		49.50
Foxy Ladies		60.00	Sanity & Serenity		
c Foxhall		64.00	Schertz-Cibolo		385.00
Freedom	200.00	500.00	c Serendipity		418.67
Freedom From Bondage			Sobriety		
Friends of Dr Bob			c Southwest Loop	11.21	55.29
Frontier		18.00	Spirit Trail		91.86
Generic Thursday		147.79	Stahl Road		155.00
Gollad		20.00	Sunrise	50.00	400.00
Grupo 3 Legados			Survivors		
Grupo El Libro Grande		40.00	TGIF Staying in Solution		
Grupo Mensaje			Tolerance		
Grupo Internacional			Travis Park	32.00	182.00
Grupo Libertad			c Truth Seekers		150.00
Grupo Nueva Esperanza			c Twelve	720.00	3960.00
Grupo Nueva Sendero			Universal City		240.00
Grupo Ocho de Febrero			Universal City, Sun		
Grupo Santa Fe		70.00	c Valley-Hi	20.00	170.00
Grupo Una Luz en mi Camino			W-Abundance Happy Hr	30.00	85.00
Grupo Unidad	20.00	85.00	W-Calm Before the Storm		
Halt on Tezel Road		160.00	W-First One Today		
Highland		205.00	W-Fresh Start (Newcomers)		
Hondo		35.00	W-Hearing Impaired		
Jews in Recovery			c W-Morning After		60.00
Keep It Simple		233.00	W-Night Owls		
Kelly Special		260.00	c W-Summit Turning Point		35.00
La Vernia		100.00	W-Women of the Spirit		
Lambda		100.00	We Are Not Saints		
Last Call			Wellness		
Laurel Heights		190.00	Wesley		
Legal Professions	50.00	100.00	c Windercrest		162.00
Lincoln Heights			Woodlake	17.00	17.00
Live Oak		40.00	Young & Golden Years		
Longhorn					
			AREA		
			New Braunfels		33.74
			Canyon Lake	150.00	150.00
			TOTAL	1976.93	14742.26

INCOME STATEMENT	
SEPTEMBER 1996	
4005 Sales	5212.75
4006 Cost of Sales	-3258.70
Gross Profit	1954.05
Contributions:	
4010 Nightcap Contributions	24.00
4020 COR Meeting Contributions	20.50
4030 Group Contributions	1976.93
4040 Memorial Contributions	0.00
4050 Individual Contributions	72.22
Total Contributions	2093.65
Other Income:	
4110 Interest Income	210.96
4120 Office Kitty	27.99
4310 AA in SA Net Income	0.00
4320 Sales Tax Discounts	5.44
Total Income	4292.09
Wage Related Expenses:	
5010 Salaries	2922.37
5020 Payroll Tax	223.24
5030 Contract Labor-Clerical	0.00
5035 Contract Labor, Janitorial	50.00
5040 Mileage Reimbursement	50.00
5050 Employee Training	35.00
5060 Miscellaneous	3.00
Total wage related expenses	3283.61
Occupancy Expenses:	
5110 Rent	615.50
5120 Utilities	168.23
5130 Telephone	108.74
5135 Answering Service	149.50
5140 Repairs & Maintenance	30.00
5150 Insurance	0.00
Total Occupancy Expense	1071.97
Other expenses:	
5210 Office Supplies	148.07
5215 Postage	23.30
5220 Janitorial Supplies	16.93
5225 Equip Maint & Lease	0.00
5270 Advertising	86.00
5310 Nightcap printing & postage	218.50
5410 Legal & Professional	0.00
5415 Accounting Services	600.00
5420 Bad Debts	0.00
Total expenses	5448.38
Net income (loss)	(\$1,156.29)

BIRTHDAYS	
ALICE L.	\$18.00
JIM W.	14.00
PAUL C.	31.00
TOTAL	\$63.00
INDIVIDUAL	
GREG	\$9.22

c Attended Sep '96 COR Meeting
g Attended Sep '96 Interdistrict Meeting
(Interdistrict sign-in sheet not available)

**November is GRATITUDE month.
This could be a hint.**

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