



# THE NIGHTCAP

## A.A. IN SOUTHWEST TEXAS

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### "GO ANOTHER MILE"

The only certain means of success is to render more and better service than is expected of you, no matter what your task may be. This is a habit followed by all successful people since the beginning of time. Therefore, the surest way to doom yourself to mediocrity is to perform only the work for which you are paid.

Think not that you are being cheated if you deliver more than the silver you receive. For there is a pendulum to all life and the sweat you deliver, if not rewarded today, will swing back tomorrow tenfold. The mediocre never goes another mile, for why should he cheat himself, he thinks. But you are not mediocre. To go another mile is a privilege you must appropriate by your own initiative. You cannot, you must not avoid it. Neglect it, do only as little as the others, and the responsibility for your failure is yours alone.

You can no more render service without receiving just compensation than you can withhold the rendering of it without suffering the loss of reward. Cause and effect, means and ends, seed and fruit, these can not be separated. The effect already blooms in the cause, the end pre-exists in the means, and the fruit is always in the seed. GO ANOTHER MILE!

Concern yourself not, should you serve an ungrateful master. Serve him more. And worry not, should your reward not come too soon. For the longer payment is withheld, the better for you....and compound interest is this law's greatest benefit. You can not command success, you can only deserve it....and now you know the great secret necessary in order to merit its rare reward. GO ANOTHER MILE! DO ALL THINGS WITH LOVE....LOVE FOR YOURSELF, LOVE FOR ALL OTHERS!

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"Anything scarce is valuable: Praise, for example! "

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"Those who bring sunshine to the lives of others can not keep it from themselves."

An Alanon tells how she worked her husbands program:

1. Informed him that he was powerless over alcohol and his life had been unmanageable without me.
2. Came to believe that I could restore him to sanity.
3. Made the decision for him to turn his will and his life over to my care because I understood him.
4. Made a searching and fearless moral inventory of him.
5. Told him the exact nature of his wrongs.
6. Was entirely ready to remove his defects of character.
7. Expected him to be humble when I removed his defects of character.
8. Made a list of all persons he had harmed and told him to make amends to them all.
9. Expected him to make amends to me first.
10. Continued to take his inventory and when he was wrong promptly told him about it.
11. Suggested he improve his communication with me so as to know my will and carry it out.
12. Having had a spiritual awakening as a result of the make over, I persisted with my message and practiced these principles in all his affairs.

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Here are some more slipper slogans you might use.  
I sometimes wonder if I'm really an alcoholic.  
I'm no good at 12-step calls so I don't go.  
I'm not that important.  
Me? I'm working all the steps right now.  
I just can't see any spiritual progress in my life.  
I use the group as my sponsor, That's all I need.

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And the Nightcap is indebted to GL for the following:  
I'm trying to live down all the livin' up I used to do.  
Let go and get going.  
Live and let live: Don't throw away the stereo just because you don't like the record it's playing.  
Fake it till you make it.  
I have 100% of my life left to stay sober, just like everybody else.  
Expect a miracle today. Expect to stay sober.  
We are saved to serve and we are fully equipped to do it.  
I didn't have a full deck when I came in and I've been losing cards ever since.  
I don't have to be a superstar; I just have to be ready for any role God has for me.  
If I want God to sterr my car, I have to keep the motor tuned up and the tank full of gas.  
My destination is always the same. I just have to keep following the road map - the Big Book.

ENJOY THIS DAY TODAY

Remember the child who says, "when I am a big boy." But what is that? For the big boy says, "when I grow up." And then grown up he says, "when I am wed." But to be wed, what is that, after all? The thought then changes to "when I retire." And then, retirement comes, and he looks back over the landscape traversed; a cold wind sweeps over it and somehow he has missed it all and it is gone. ENJOY THIS DAY, TODAY . . . . AND TOMORROW, TOMORROW.

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Are you going to a meeting tonight? Nothing could please John Barleycorn better than if you stay home. The disease persuades one man that he has a headache and keeps him from a meeting, and gets another to visit some old friends. The disease persuades a good many men and women to think they aren't feeling well enough to go out, although they will be at their business tomorrow even if they feel worse than they do tonight. The disease uses every weakness to help provide empty seats at the meetings. It's either raining or too cold, too damp or too hot to venture out.

I'm going to a meeting tonight to cheat my disease out of an empty seat. If everybody goes, it will be a great meeting, with no empty seats.

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A woman and her teenage daughter were watching a typical romantic movie of the Thirties on TV. After it had ended with the usual clinch and fadeout, as most movies of those days did, the daughter turned to her mother and said, "Gee, Mom, your movies ended where ours begin."

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"TACT IS THE ART OF MAKING A POINT WITHOUT MAKING AN ENEMY."

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"I MUST DO SOMETHING" will always solve more problems than "SOME THING MUST BE DONE".

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Nightcap is pleased to announce the formation of a new group. It is the Monday Night Men's Group. This group will meet in the Executive Center, Bldg. "C", 4203 Gardendale (Wurzbach & Gardendale). First meeting will be on Oct. 27th 6:00 P.M. For further information call 690-9191 - talk to Lynn, Jack, Tom or Chuck.

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Also, a new Spanish Group has been started. ESPERANZA GROUP women's discussion group which meets every Sunday afternoon from 4 to 5 P.M. at the Christ the King Catholic Church, 2610 Perea St.

ADULT CHILDREN OF ALCOHOLICS GROUP meets at St. Thomas More Catholic Church, 4411 Moana, Tuesday 8 to 9:30 P.M. and Friday 10.00 A.M. at Club 12 - A'anon Room, 102 Thames. Dr.

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"YOU CANNOT PUSH ANYONE UP THE LADDER UNLESS HE IS WILLING TO CLIMB HIMSELF."

GOOD THINGS COME IN TWELVES - "The Twelve Promises."

1. We are going to know a new freedom and a new happiness.
2. We will not regret the past nor wish to shut the door on it.
3. We will comprehend the word SERENITY.
4. And we will know peace.
5. No matter how far down the scale we have gone we will see how our experience can benefit others.
6. That feeling of uselessness and self-pity will disappear.
7. We will lose interest in selfish things and gain interest in our fellows.
8. Self-seeking will slip away.
9. Our whole attitude and outlook on life will change.
10. Fear of people and economic insecurity will leave us.
11. We will intuitively know how to handle situations which used to baffle us.
12. We will suddenly realize that God is doing for us what we could not do for ourselves.

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Have you heard the tale of the drunkard who was talking with his wife about what she'd do if he were to pass away? "Would you remarry?" he asked.

Yep, she replied.

"And live here in our house?" he inquired.

"Yep."

"I bet you'd even let him use my golf clubs," he said bitterly.

"Nope," she stated. "He's left-handed."

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SOME DATES TO REMEMBER

July 23 - 26, 1981. 24th International Conference of Young People in Alcoholic Anonymous. Conference will be held at the Hyatt Regency, 1300 Nicolett Mall, Minneapolis, Minn. 55403. For information write to: P.O. Box 8655, Minneapolis, Minn. 55408.

January 2,3,4,1981. Lower Rio Grande Valley Jamboree. South Padre Hilton Resort Hotel, South Padre Island. For further information write to: "Jamboree Secretary, P.O. Box 3383, Brownsville, Tx. 78520.

January 16,17,18,1981. Second annual Young Peoples Round Up of Nevada, Showboat Hotel 200 E. Fremont St. Las Vegas, Nev. 89104.

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IN MEMORIAN: Carlos Wagner, Phoenix Arizona, October 21, 1980.  
Our deepest sympathy to our loving friend Margaret.

ANNUAL SASH XMAS PARTY - Dec. 22nd, 1980, 7:00 P.M., Auditorium State Hospital; Yes, it's getting close to that time again. As most of you know this party for the patients on the alcoholic ward has been happening for a long time. Without the AA Area support it would not be possible.

There will be a short AA meeting with guest speaker; Jim Hawk, plenty of good food, fellowship, fun and dancing. We found some time back that catering the food was the best solution and a great many people are involved in the arrangements. Last year we fed about 500 people and it was a great party. We ask your help to make this one even better.

Donations are needed and will be appreciated. A personal note of thanks will be sent . . . Donations may be mailed to SASH AA GROUP, c/o Libby Slaughter, 4743 Eldridge, San Antonio, Texas 78237.

We do not need gifts for the patients. The SASH volunteer Dept. takes care of that. We do welcome Big Books, and Twelve & Twelve's for our Ward AA Library.

There will be an administrative Board meeting of the Central Service Office on November 4th. CSOC and District 1 will meet on November 9th, 7:00 P.M at Club 12, ALL GSR's are urged to attend.

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THE FOLLOWING GROUPS WILL BE RESPONSIBLE FOR THE Villa Rosa meetings:

November:	4	Marymont	December:	2	Twenty-four Hr.
	11	Downtown		9	Santa Fe
	18	Santa Fe		16	Alamo Heights
	25	Alamo Heights		23	Twenty-four Hr.
				30	Group 12

THE FOLLOWING GROUPS WILL BE RESPONSIBLE FOR THE Sally Meetings:

November:	5	Young People	December:	3	The Haven
	12	Young People		10	Spiritual Life
	19	Downtown		24	Christmas Hokiday
	26	Open Door		31	New Years Eve Holid

CSC Statistics - September 16th to October 14th.

AA	213	Students	11
Information	167	Public Information	4
Alanon	45		

The following are hard working, dedicated AA's who carry the message to their fellow man:

September	17	Bexar County Adult Probation	Bill S.
	18	Patrician Movement	Bill B.
	23	Optomist Club	Bill S.
	25	Sul Ross Middle School	Joe G. & Bill S.
October	1	Adult Probation	Bill S.
	2	Sidney Lanier High School faculty	Tommy N. & Art F.
	2	Patrician Movement	Bill S.
	9	Patrician Movement	Bill B.
	10	Nursing Symposium	Sean M. & Bill S.
	15	Optomist & Bexas Co. Probation	Bill S. & Dolores A. & Jerry Mc.

CENTRAL SERVICE OFFICE SAN ANTONIO  
RECEIVED OCTOBER 14, 1980

<u>GROUP</u>	<u>OCTOBER</u>	<u>TO DATE</u>	<u>GROUP</u>	<u>OCTOBER</u>	<u>TO DATE</u>
Alamo Heights	\$ 30.00	\$165.00	Open Door	0	23.00
Audubon	0	0	Park North	0	375.00
Broadway	45.00	330.00	Randolph Fellowship	0	10.00
Callaghan	0	225.00	Reality	0	30.00
Coker Group	0	0	Reliance	0	52.27
Colonies North	100.00	425.00	Sahara	0	0
Downtown	0	0	SASH	0	45.00
Eisenhauer Step	0	15.00	Santa Fe	15.00	15.00
First Step	0	30.00	Schertz Group	0	0
Fort Sam Houston	0	245.00	Serenity	15.00	150.00
Frontier	0	30.00	Southwest Loop	0	80.84
Goliad	0	135.00	Spiritual Life	0	0
Group 12	100.00	1,100.00	Stepping Stones	0	230.00
Grupo Del Sol	0	10.00	Sunset	0	150.00
Highlands	20.00	220.00	Tejas	0	365.00
Kingsboro	5.00	20.00	The Haven	25.00	105.00
Lambda	5.00	50.00	Triangle	0	0
Laurel Heights	15.00	160.00	24 Hour	0	0
Mary Mont	40.00	170.00	Universal City	0	60.00
Northeast	0	120.00	VA Hospital	0	65.00
North San Pedro	0	180.00	Valley High	0	160.00
Northwest	45.00	267.80	Wesley	0	12.00
Northwood	0	300.00	Wilford Hall	5.00	20.00
			Villa Rosa	0	250.00
15 GROUPS	\$ 484.50		Windcrest	0	135.00
Buck A Month		79.00	Young People	0	95.00

AREA

Brazos Valley	19.50	47.01	720 Group Kerrville	0	45.00
Bridge (N.B.)	0	0	Lytle	0	0
Caldwell Group	0	15.00	New Braunfels	0	0
Cameron Group	0	8.00	New Braunfels Home Group	0	5.00
Canyon Lake	0	20.00	Pearsall	0	60.00
Floresville	0	60.00	Pleasanton	0	0
Fredericksburg	0	0	Rockdale	0	8.00
Hill Country	0	0	Seguin	0	0
Kerrville	0	0	Sliding Door Corpus	0	0
Kerrville Big Book	0	25.00	Women's Serenity Kerrville	0	0

INDIVIDUAL CONTRIBUTIONS - One - Anonymous

BUCK A MONTH CONTRIBUTION FORM

Central Service Office - 109 Lexington Ave. - Suite 215 - San Antonio, Texas 78205  
Please enter my subscription to BUCK A MONTH for \_\_\_\_\_ months.

NAME \_\_\_\_\_ STREET \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_