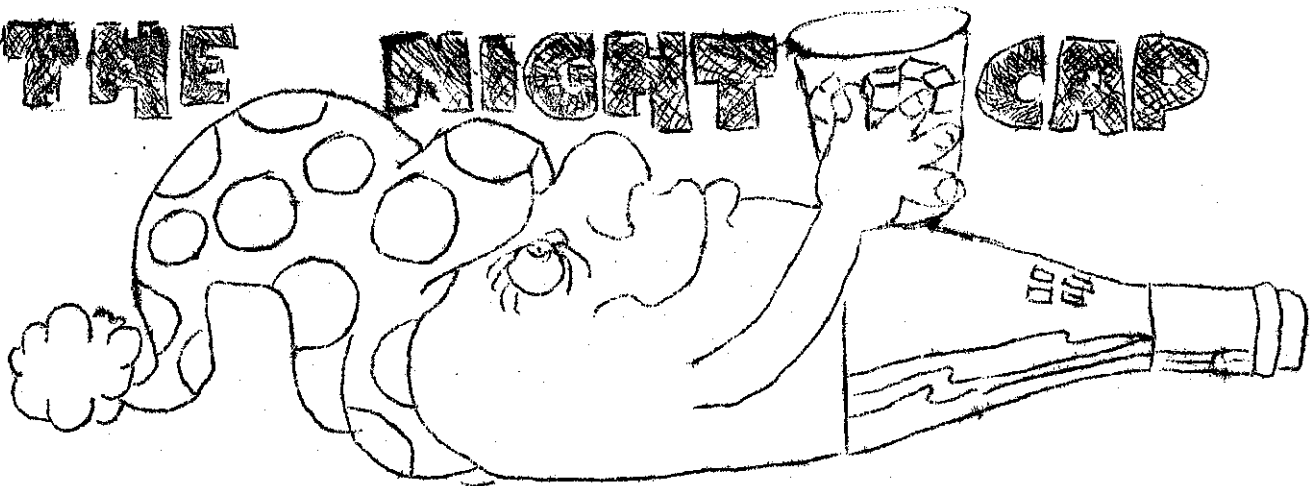


THE NIGHT CAP



Published monthly by the San Antonio Central Service Office of Alcoholics Anonymous in the interest of greater unity of members in local and Southwest Texas Area groups.

Address all communications to:
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VOLUME THREE

NOVEMBER 1977

NUMBER THIRTY NINE

GRATITUDE

November is Gratitude Month in AA - but since I have been willing to let God and the principles in the 12 Steps help me to "not take the first drink of alcohol" today ... every day is "Gratitude Day"; Easter, Christmas, Thanksgiving and New Years Day to me!

And what are the principles as AA regards them? At a meeting the other night the following principles were shared and I'd like to share them now with you.

- | | |
|------------------------------|----------------------------------|
| Step 1. Humility and Honesty | Step 7. Humility |
| Step 2. Hope and Faith | Step 8. Brotherly Love |
| Step 3. Faith and Trust | Step 9. Perseverance |
| Step 4. Courage | Step 10. Honesty and Willingness |
| Step 5. Action | Step 11. Awareness |
| Step 6. Willingness | Step 12. Service |

"Having had a spiritual awakening as the result of these steps, we tried to carry the message to alcoholics and practice these principles in all our affairs." Wow! That is a tall order; isn't it?

- Jeanne W. -

+++++ THANKSGIVING: A TIME OF HARVEST FOR THE HEART +++++

60/30/10

38-28-38! These are considered desirable figures for a Miss America. But we are not going to talk about Miss Americas. We just wanted to get your attention. We want to talk about AA finances.

(Continued on Page Two)

60/30/10/ (Cont'd from Page One)

The General Service Conference suggests that groups continue to make contributions on the 60-30-10 plan. What happens is after all group needs are met - rent, coffee, literature, plus maintaining a prudent surplus, the balance should be distributed 60% to the Central Service Office, 30% to the General Service Office, and 10% to the delegates' fund; with consent of the group conscience.

There is nothing new about this idea. I was just wondering if the groups think about this when making their contributions. Please do!

- Frost U. -

PIC 9/15/77 - 10/15/77

HOSPITAL COMMITTEE REPORT

Sean O'M. filled a 30 minute interview on Radio KITE, September 25th.

On September 23rd John H. spoke to the President's Club of the San Antonio Housing Authority.

A request from Alamo Heights High School was filled on October 6th by Tommie D. and John H., and Nancy W. was the guest of San Antonio College on October 11th.

Its "back to school" and this always means a surge of calls to the Public Information Chairman for speakers able to share their experiences with others interested in the disease of alcoholism, its prevention - and recovery from its ravages.

There is no need for an accomplished Public speaker - you need only be sincere in your desire to help others by "carrying the message" of your own recovery. If you feel you'd like to be a part of the Public Information Program contact John H. or call the Central Service Office.

- John H., Public Information Chairman-

Where to start ??? ... that's the big question! Would you be most interested in GENERAL information on just what IS a "Hospital Committee" in AA? Or, is that something you already know from reading the very good AA pamphlet, "AA in Hospitals", available in the literature rack in your home group? Would you prefer a profile of the various institutions in the area which are dependent on your generosity to bring the AA message to them each week . . . or would a rousing, heart-warming plea for speaker-volunteers be more worthwhile?

This month, lets focus on the basics: just what does the Hospital Committee do in the San Antonio area. In future months, H. P. willing, we'll report in depth on the various institutions where the AA message is carried. We will include a brief history of the institution and the AA group there, staff contacts and philosophy regarding AA at their institutions, meeting nights and times, and the group's most pressing needs for support.

Your Hospital is one of the standing committees of the Central Service Administrative Board. For 1977, the co-chairman of the committee are Alex A. and Liz S.

(Continued on Page Three)

WE GIVE THANKS FOR THE BLESSINGS
+ + + + OF EACH DAY + + + +

HOSPITAL COMMITTEE REPORT (Cont'd from Page Two)

These two people receive requests (usually through Beth J. of the Central Service Office) from the hospitals or other institutions who wish to establish AA meetings for their patients/clients on their premises. Ideally, a "willing civilian AA nucleus" is found - either from previous patients/clients of that institution who have found the AA way of life, or other interested AA's who have a yen for carrying the message in this manner. As you might guess, we don't always achieve this ideal. When a "civilian nucleus" cannot readily be found, the co-chairman call on the established area groups for assistance, in one of two ways.

The first method involves scheduling willing "regular" groups to bring meetings to the institution - either on a weekly or monthly schedule. AA meetings are brought to Villa Rosa and the Audie Murphy V.A. Hospital through your group's generosity in responding to such a published schedule.

The second method is much like being the full-time program chairman for the group. One of the co-chairman simply makes arrangements, one meeting at a time, by calling individual AA's each week to speak or chair a meeting. The meetings at Salvation Army and the Residential Treatment Unit are handled on this basis.

When a "willing civilian AA nucleus" is found, the group usually becomes strong enough to become a "regular" AA group, no longer needing the help of a "Hospital Committee" to bring meetings. The majority of AA meetings which are held on the premises of a hospital or half-way house are Not under the auspices of the Hospital Committee. Rather, they are "regular" AA groups with a full complement of elected trusted servants, operating as any other AA group in the community. At present, only the four groups mentioned above still request the helping hand in carrying the message, in any way in which you would like to help. Some of the groups need a GSR, Secretary, and Program Chairman; speakers, discussion leaders, living examples in the group of the AA way of life, sponsors are all needed. Give us a call through the Central Service Office if you'd like to help.

- Liz S., Hospital Committee Co-Chairman-

+ + + + THANK THE LORD FOR THE BLESSINGS OF GOOD FRIENDS LIKE YOU + + + +

REGULAR MONTHLY EVENTS:

The Administrative Board of the Central Service Office will meet on Tuesday, November 8th at 7 p.m. in the Central Service Office. C.S. O. C. Chairman and Co-Chairman of standing committees, who automatically become members of the board will be nominated.

The C. S. O. C. and District 1 meetings will meet on Sunday, November 13th at 7 p.m. in Club 12, 102 Thames Blvd. Chairman and Co-Chairman and one other Board member will be elected.

THE STARR (South Texas Area Round Robin) has been reformed and is now meeting at 8:15 p.m. immediately following the C.S.O.C. meeting in Club 12.

Hal F., Kerrville, will be STARR Chairman through "77.

Herb H., Dallas will be the speaker for the November meeting.

Don't forget! The STARR, November 13th, 8:15 P.m. at Club 12

(Continued on Page Four)

REGULAR MONTHLY EVENTS (Cont'd from Page Three):

The Goliad Group, 1004 Avondale, will hold its regular monthly barbeque Sunday, november 20th at 6 p.m. followed by an "Open Speakers Meeting" at 7:30 p.m. All other Sunday meetings are held at the usual time of 8:15 p.m.

* * * * *

Group 12 will hold its monthly dinner and games night on Saturday, November 26th at 7 p.m. in Club 12.

* * * * *

The Frontier Group will sponsor its regular monthly dance Saturday, November 26th following the "Open Speakers meeting", 8:15 p.m. at the Alcoholic Rehabilitation Center (ARC), Southton Road.

* * * * *

The 24 Hour Service Group, 1203 Fredricksburg, will hold its monthly dinner on Sunday, November 27th at 1 p.m.

Barbeque and all the trimmin's are the feature of this month's dinner - the price is only \$2.00 for adults and \$1.25 for children. "Come and see old friends- stay to make new ones."

IN MEMORIUM:

Bob Rutherford, Luling, Texas; September, 1977

Thurman F. Scott, Rockport, Texas; October, 1977

TO THE FAMILIES AND FRIENDS WE EXTEND SINCERE SYMPATHY AND OUR PRAYERS THAT THEIR BEREAVEMENT MAY BE TEMPERED BY REFLECTIVE THOUGHTS UPON THE HAPPINESS

+ + + + SHARED + + + +

The Night Cap has some welcome additions to its staff for the coming year.

Seeking the best coverage possible we have divided the city into areas which will be covered by editorial assistants who live and attend meetings in these districts. Quite simply, this means that even though you may have forgotten to "write up " that special news item for your group in time to mail it to the editor or the Central Office you may always just hand it to your friendly "neighborhood" reporter to be phoned in ... and- just possible - the sight of that familiar face may jog your memory about something you've been meaning to send, but just never got around to.

From time to time these members of your group may assign stories ... perhaps ask you to elaborate on something you've shared with them at a meeting. It all adds up to extra "ears", and we're grateful indeed to have them aboard.

Please say, "How'dja'do" to:

Bill F. (534 -3574), Frontier Group, who will cover Southside San Antonio.

Domingo A. (533 - 9745), El SOI Group who will help coordinate the news of Spanish Speaking Croups.

Bill F. (333 - 3736), Brees Group, and Jan G. (826 - 2956), Northeast Group who will serve the Northeast San Antonio Area.

R. L. D. (681 - 1668), Laurel Heights Croup, contact for news occuring in the Northwest quadrant of the city.

Bless 'em all!

* * * * *

STAT'S: 9/14/77 - 10/18/77

AA	118
Alanon	33
Information	40
Students	5
P.I.C.	6

AROUND THE AREA:

The northwest Group will celebrate their 8th Anniversary on Monday, November 7th at 8:15 p.m. in St. Andrew's Episcopal Church, 6110 NW Loop 410.

Fred H. will be the featured speaker, and the group invites you to join them for good food, fun and fellowship as they express their gratitude for 8 happy years.

* * * * *

Grupo Montana of Seguin will celebrate their 4th Anniversary of service on Thursday, November 3rd at Club El Jalisco (Old Hiway 90) from 7 -11 p.m.

"Big Mike" H. and Jim R. will be the evening's speakers, and the meeting will be followed by a Mexican supper and plenty of "live music" for a proper party atmosphere!

* * * * *

SOUTHWEST REGIONAL FORUM

The Seventh AA Regional Forum will be held at the Hilton Inn, Amarillo, Texas December 2n-4th.

The Regional Forum provides opportunity for service-minded members of AA to meet and share ideas with members of the local & staff of General Service Office.

Though the Forums in no sense affect the annual General Service Conference feelings and opinions are aired allowing the Board to "take the pulse" of "grass roots" thus providing better communication between the General Service Office & local Group members.

Previous Forums have proved to be exciting and rewarding experiences for everyone involved - and this one should not be an exception.

General Service Office wishes to receive all registrations by November 15th -so all interested members should mail inquiries as soon as possible!

For information and registrations write: Regional Forum Secretary, Box 459, Grand Central Station, New York, N.Y. 10017, or ask your GSR for a registration/Reservation card.


If you do not intend to stay at the Hilton Inn please note that you are making your own arrangements, otherwise reservations will be forwarded by GSO.

The Border Conference (The Biggest "Little" Conference in Texas) will be held in Del Rio, Texas, December 9th - 11th.

"Come share with us in a weekend of fellowship, fun and festivities. 'FIESTA DE AMISTAO' ".

For more information write: Chairman, P.O. Box 1442, Del Rio, Texas 78840

Registration Headquarters: Holiday Inn. All meetings will be held at the Del Rio Junior High School Building (across the street from the Roswell Hotel.)

\$ \$ \$ BUCK - A - MONTH \$ \$ \$		
BE AN ELF		TO YOURSELF?
SUBSCRIBE		<u>TO THE NIGHT CAP.</u>

IN THANKS FOR THE FULLNESS OF DAYS SPENT TOGETHER, THE FRIENDS THAT WE PRAY WILL BE WITH US FOREVER: THE FEELINGS WE'VE SHARED, THE FOOD AND GOOD FUN, WITH FAITH THAT GOD'S BLESSINGS HAVE ONLY BEGUN

FINANCIAL CENTER
SAN ANTONIO
CENTRAL SERVICE OFFICE
RECEIVED OCTOBER 15, 1977

<u>GROUP</u>	<u>OCT.</u>	<u>TO DATE</u>	<u>GROUP</u>	<u>OCT.</u>	<u>TO DATE</u>
Alamo Heights	15.00	150.00	Open Door	20.00	40.00
Audubon	10.00	100.00	Park North	10.00	55.00
Brees	0	85.00	Reality	5.00	35.00
Broadway	10.00	100.00	Reliance	0	80.00
Downtown	0	60.00	Sally	0	0
First Step	0	0	SASH	5.00	35.00
Ft. Sam Houston	0	160.00	Santa Fe	0	10.00
Frontier	20.00	140.00	St. Agnes	0	0
Goliad	0	86.00	Serenity	10.00	90.00
Group 12	100.00	550.00	Sharing	0	70.00
Grupo Del Sol	0	0	Spiritual Life	0	0
Grupo Esperanza	3.00	21.00	Stepping Stones	75.00	225.00
Grupo Unidad	30.00	67.50	Sunset	15.00	150.00
Harmony & Harmonia	0	40.00	Trinity	0	10.00
Highlands	20.00	200.00	The Haven	0	40.00
Hope	0	0	24 Hour	0	70.00
Laurel Heights	15.00	135.00	Universal	0	30.00
Marymont	0	75.00	Valley Hi	0	120.00
Northeast	0	70.00	VA Hospital	0	70.00
N. San Pedro	10.00	70.00	Villa Rosa	50.00	250.00
Northwest	50.00	250.00	Wesley	0	30.00
Northwood	0	135.00	Windcrest	0	60.00
			Woodlawn Heights	0	0

AREA

Bandera	0	20.00	Kerrville	0	50.00
Boerne	0	0	*Men's Stag	0	10.00
Bridge (N.B.)	10.00	100.00	Women's Serenity	0	80.00
Canyon Lake	10.00	10.00	Luling	0	25.00
El Toro (Port Manfd)	0	8.00	New Braunfels	0	12.00
Floresville	10.00	50.00	Pearsall	25.00	35.00
*Grupo Victoria (NB)	0	15.00	Seguin	0	30.00
Hill Country Group	0	15.00			

* Disbanded Groups

BUCK-A-MONTH CONTRIBUTION FORM

DETACH AND MAIL

Central Service Office - 109 Lexington Ave., Suite 215, San Antonio, Texas 78205
Please enter my contribution to the BUCK-A-MONTH for _____ months. Donation is enclosed on the basis of \$1.00 per month.

NAME _____ STREET _____

CITY _____ STATE _____ ZIP _____