

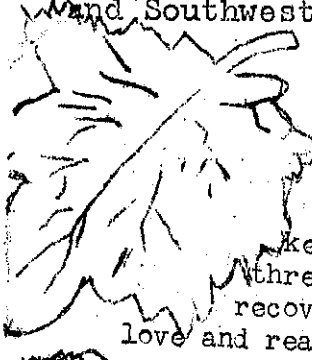
# NIGHT CAP

Published monthly by the San Antonio Central Service Office of Alcoholics Anonymous in the interest of greater unity in local and Southwest Texas Area groups.

Address all communications to:  
"THE NIGHT CAP"  
Lexington Building  
109 Lexington Ave., Suite 215  
San Antonio, Texas 78205, 226-2523  
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VOLUME THREE

WHAT IS INTERGROUP?  
HOW DOES IT HELP ME? WHY SHOULD I SUPPORT IT?



Intergroup is to AA what a filling station is to a car. It keeps things in good running order. It provides service to the three cornerstones of AA. Our unity is protected by Intergroup; our recovery is aided by referrals; and our service is provided with love and real care.

Intergroup is best described as the hub of the wheel that co-ordinates AA groups. There are between fifteen and twenty calls a day made to Intergroup for help. If a Twelve Step call is indicated, the caller is usually contacted within the hour.

Intergroup is a large information center where a unique kind of service is rendered. Referral to places of recovery is often necessary because the caller is in need of detoxification before the message of AA can be brought to him. As most of us know, a sick alcoholic may make one call to Intergroup which he finds in the phone book, but if he has to make several calls in order to find help chances are he won't. Intergroup keeps updated lists on detoxification centers, hospitals that have AA programs and half-way houses. It also has a list of agencies that can give help to the sick alcoholic and his family where it is impossible for AA to help because the alcoholic does not wish to stop drinking.

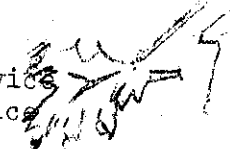
Information on meetings, changes in meetings and their location are available through Intergroup. A directory of city-area AA meetings is published by the Intergroup Office and made available to AA groups and AA members. "The Night Cap", an informative newsletter, is sent out monthly.

Intergroup places high priority on help for AA programs in hospitals, rehabilitation facilities and penal institutions. Public information is another concern of Intergroup. City and area AA groups co-ordinate special activities through Intergroup. The Intergroup Office works for the groups; its job is to give the groups the best possible service. Many of the calls at Intergroup are for information inside AA.

AA literature is available at the Intergroup Office. The World Directory is available here too. There is also help for visitors and for those about to leave on a trip. Sometimes AA members drop by Intergroup to visit and share, so it provides that priceless one to one contact that promotes healing - and that is so unique to AA.

This Intergroup Office was set up in 1949 to serve the Southwest Texas Area Conference, and although it is still an Area Intergroup, its service to groups located many miles away is naturally limited; however the Office

(CONTINUED ON PAGE TWO)



INTERGROUP (CONT'D FROM PAGE ONE)

is happy to serve any group in any way that it can. "The Night Cap" is sent to all groups in the Conference and through it the lines of communication within the Conference are maintained. All groups are urged to contribute articles to "The Night Cap" and to announce special meetings, workshops or conferences. "The Night Cap" will include flyers in its mailing. The Intergroup Office has a list of all groups in the Conference along with their GSR's and Committee people, so it is able to function as a directory: group to group- group to District - District to District. Often the Intergroup Office is asked how to set up a new group in another town, the caller is referred to the District Committee Person; or someone just out of the hospital wants to know what groups are available to him in his home town or the name of someone he can contact. Intergroup deals in information, communication, and that great love that one drunk has for another.

The Intergroup Office or Central Service Office is open 9 to 4 weekdays. When the office is closed, calls are taken by the answering service, and are referred to one of the AA Service Clubs. This twenty-four hour answering service assures help to all sick alcoholics who call.

The Central Service Office needs your help and support. As the number of AA members and AA groups grow the amount of work to be done at the Central Service Office increases. We are a one gal office and many times there is more to do than time to do it in - or hands to do it with, so volunteers are needed to answer the phone, work with the literature, or update the files.

Your financial help is also needed. Intergroup has to be run on a business basis and as such has a very valid reason for stable funds each month. Group Contributions are the life blood, but they must be supplemented if the office is to be kept on a sound financial basis. What is very much needed is an individual contribution which is why "the Buck-a-month" contribution was initiated; at the time "the buck-a-month" started, there was no "Night Cap". Somewhere along the line "buck-a month" and "The Night Cap" became almost synonymous. In reality your "buck-a-month" goes to support your Intergroup Office. "The Night Cap" is a token of appreciation for the donation.

Each of us answer many calls for help in other areas of our lives. What could be more important than support to the main artery of our sober lives - the Intergroup.

(This Thanksgiving Season offers us all a time to pause, feel the gratitude for the blessings of our sober lives - consider all those still sick alcoholics who have not yet been reached by the hand of AA - THINK THANKS! - and out of that spirit of "Thanks" reach for YOUR "buck-a-month"! (ed.)

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\*\*\* HAPPINESS ADDS AND MULTIPLIES AS WE DIVIDE IT WITH OTHERS \*\*\*

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IN MEMORIAM:

Edward Joseph H., Oct., 1976

TO THE FAMILY AND FRIENDS WE EXTEND SINCERE SYMPATHY AND OUR PRAYERS THAT THEIR BEREAVMENT MAY BE TEMPERED BY REFLECTIVE THOUGHTS UPON THE HAPPINESS SHARED.

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## P. I. C.

With the beginning of the fall semester the PIC has been flooded with calls for speakers. In September and October the following schools were supplied:

Memorial High School and Edgewood Junior High. Samuel Clements High School and Alamo Heights High School (Health Classes). At Alamo Heights Junior High School three speakers were requested for five classes. Judson High School and Edgewood High School also were supplied with speakers.

The following members of AA were participants: Deane E., Joe G., Ignacia H., Dick Y., Vangie H., Nancy W., DuWayne F., and Ben A.

San Antonio College, Trinity University, and St. Gerard's Night School, will all have their requests for speakers filled within the next few weeks.

Radio: Pat B., Nancy W., Vangie H., and Ben A. were the guests of Stations KMAC (AM) and KISS (FM) for an hour's interview. Roy H., Salvador, Ignacia H., were heard on October 3rd in an hour interview on Station KUKA. On October 8th Dave H., Frank S., T. H., and Roy H. taped four 5 minute interviews to be aired over a two month period.

T.V.: On October 28th Juan R. was seen in a fifteen minute interview on Channel 41 (KWEX).

Public Information Meetings: The October Public Information Meeting will be held at 8 p.m., the 29th, at the Main Post Office Building in Room # 641. Speakers will be: Buddy B. (AA) and Caroline H. (Alanon). The film to be shown after the meeting will be "Out of the Shadows".

The November Public Information Meeting will be held on the 26th at St. Gregory's Church, 700 Dewhurst, at 8 p.m. The speakers will be Frank S. and Helen M. (AA), and Sue A. (Alanon)

The December Public Information Meeting will be held on the 26th at 3 p.m. in Christ The King Church, Guest speakers for that meeting will be Dr. Gene S. (AA) and A. R. C. (Alanon). Our Spanish speaking groups will furnish the fine food for the Fiesta to follow, and you may dance from 9 until midnight! This should banish that post-Christmas let-down for all the family!

If we have failed to mention any of you who have helped the P.I.C. in the past month please let us know, and we'll be glad to acknowledge you. If you feel you could help the P.I.C. in any of its services contact Ben A., or the Central Service Office - there is no scarcity of jobs here!

- Ben A. -

STAT's: October, 1976

\*\*\*\*\* AA - 75 \* ALANON - 42 \* STUFENTS - 5 \* P.I.C. - 9 \*\*\*\*\*

GENIUS IS THE ABILITY TO AVOID WORK BY DOING IT RIGHT THE FIRST TIME.

CONFERENCEBUSINESS MEETING

The business meeting of the Southwest Texas Area Conference was held at the Inn of the Hills, Kerrville, Texas, Sunday, October 10th, 1976 at 8 a.m. Approximately 60 persons were in attendance.

Raul M., Area Chairman opened the meeting with a message of greeting, followed by a report on the many and various activities in the Area.

The Area secretary, Merle D. reported that there were now 190 AA groups in the Area located in 88 towns. A marked increase of activity in the groups is developing - including the formation of public information committees, hospital, institutional and penal committees.

During the Delegate's session, Gene D., Delegate to the General Service Conference, N.Y., reported on the general condition of the Area.

There followed reports from the 15 Districts in the Conference Area. These reports were presented by 12 Committee Members present - as well as alternates and GSRs from the various districts.

The business of redistricting the Conference Area from 8 to 15 Districts was presented, approved and then ratified by a unanimous vote.

Brownsville offered a bid for hosting the 1977 Conference, was approved and accepted.

A Sharing Session, chaired by the Alternate Delegate, Skeeter S. was the final activity on the agenda.

- Margaret H. -  
Alternate Area Chairwoman

TO AA WITH LOVE

It wasn't simple chance that brought me here  
   Or workings of a dumb and mindless fate  
 That brought me further down from year to year,  
   To find a way before it was too late.  
 I called for help and then I saw your hand  
   Held out in fellowship and loving care;  
 A power that I didn't understand  
   Had guided me and told me you'd be there.  
 There wasn't any way that I could earn  
   This second chance at life, and loving too,  
 So gratitude - and willingness to learn  
   Just how to use this gift - will have to do.  
 This second chance is only mine for sharing,  
   And love and joy and strength and hope and caring.

- Bob J. -  
(Santa Fe, N.M.)

FRIENDSHIP - THE LOVING ACCEPTANCE OF ANOTHER'S UNIQUENESS.

BORDER CONFERENCE - FIESTA DE  
AMISTED

Make reservations now for the Border Conference to be held December 3rd - 5th in the Roswell Hotel, Del Rio, Texas.

The registration fee of \$10.00 includes all meetings as well as the Saturday evening dance, Andy A., Conference Chairman has planned a superb roster of speakers from Texas and Oklahoma, and there will be plenty of opportunities to "mix and mingle" - and just enjoy the lively Latin livin'!

Make registration checks payable to:  
BORDER CONFERENCE, P.O. Box 1442  
Del Rio, Texas 78840

Room Reservations may be made direct by calling:  
Roswell Hotel 512/775-2445  
Holiday Inn 800/453 - 5555  
Ramada Inn 800/338 - 3838

NORTHWEST GROUP'S 7th ANNIVERSARY

The Northwest Group will celebrate it's 7th Anniversary on Monday, November 1st at St. Andrew's Episcopal Church, 6110 N.W. Loop 410, 8:15 p.m.

Bill M. our popular friend from Minneapolis, Minn., who will be "wintering" in San Antonio, will be the guest speaker. Let's all join the Northwest Group for a "have-a-happy" evening!

MEETING CHANGES:

The Floresville Group has moved the location of it's meetings to the old county jail, in the middle of town, effective October 27th. The time remains 8:15 p.m.

LET NO FLOWER GO UNSEEN

NEW MEETINGS:

The group meeting at the "HOW" Rehabilitation Center, 815 East Grayson Street has added a "participation" meeting on Wednesday evenings to it's schedule. The group also holds an Open 1st Step discussion on Saturdays at 8:15 p.m.

The participation of local AAs is needed by this new group to help it "lift off" - let's lend a hand!

\* \* \* ATTENTION \* \* \* \*

There will be NO ADMINISTRATIVE BOARD MEETING IN NOVEMBER - but, the C.S.O.C. will hold a very important meeting at Club 12, 102 Thames, on November 14th at 7 p.m. The presence of all GSRs or their Alternates is required for this meeting in order that we may have a quorum to express our "group conscience" concerning the proposed structural clarifications for the Central Service Office Committee.

The STARR (intergroup) meeting will follow the CSOC meeting at 8:15 p.m.

The Goliad Group will hold their monthly barbeque on November 21st at 6 p.m. ( 1004 Avondale ) followed by an Open Speaker's Meeting at 7:30 p.m. All other Sunday meetings are held at the usual time of 8:15 p.m.

HEY THERE!

Please - all group secretaries, Club secretaries, party chairman - get the news of YOUR Holiday festivities to THE NIGHT CAP editor as soon as possible! We'd like to publish all the plans for a safe, sober and serene ( - ? -, oh well.... ) Holiday Season. Mail all material to:

Mary Lou Chilcott, 215 Abiso Ave.,  
San Antonio, Texas 78209

FINANCIAL CORNER

CENTRAL SERVICE OFFICE

GROUP	OCT.	TO DATE	GROUP	OCT.	TO DATE
Alamo Heights	\$15.00	\$150.00	Northeast	-0-	\$ 90.00
Audubon	-0-	90.00	Northwest	\$25.00	250.00
Bethany (Killeen)	-0-	3.00	Northwood	-0-	135.00
Boerne	-0-	15.00	Portland	-0-	-0-
Brees	10.00	115.00	Reality	10.00	100.00
Bridge(N Brnfels)	-0-		Reliance	10.00	50.00
Broadway	10.00	90.00	San Pedro	10.00	80.00
Court House (Ernsvle)	-0-	11.00	San Marcus	-0-	10.00
Downtown	-0-	60.00	SASH	-0-	110.00
Feel Free (Lockhart)	-0-	-0-	Sante Fe	-0-	75.00
Floresville	5.00	5.00	St. Agnes	-0-	5.00
Ft. Sam Houston	-0-	270.00	Seguin	4.00	49.00
Frontier	-0-	180.00	Serenity	10.00	100.00
Goliad	-0-	90.00	Sharing	-0-	-0-
Group 12	50.00	400.00	STARR	12.25	208.60
Guidance	-0-	70.00	Stepping Stones	-0-	180.00
Grupo Esperanza	-0-	6.00	Sunset	-0-	120.00
Happy Hour	-0-	-0-	The Haven	30.00	55.00
Harmony	12.00	12.00	Trinty	-0-	40.00
Highlands	20.00	200.00	Twenty Four Hour	10.00	110.00
Hill Country	-0-	20.00	Grupo Unidad	30.00	60.00
Hope	-0-	10.00	Universal City	-0-	40.00
Kerrville	-0-	50.00			
Women's Serenity (Kerrville)	-0-	36.00	Unity Group	-0-	40.00
Killeen	-0-	3.00	(Monterrey, Mexico)		
Laurel Heights	15.00	115.00	Valley Hi	15.00	135.00
Lytle	-0-	10.00	V.A. Hospital	-0-	95.00
Luling	12.00	62.00	Villa Rosa	25.00	250.00
Mary Mont	20.00	80.00	Wesley	-0-	10.00
Grupo Montana	-0-	16.00	Windcrest	30.00	180.00
Seguin			Woodlawn Heights	25.00	55.00
New Braunfels	-0-	-0-			
NAS Hospital	-0-	15.00			
Corpus Christi					

BUCK-a-MONTH CONTRIBUTION FORM

Central Service Office - 109 Lexington Ave., Suite 215 - San Antonio, Tx. 78205

Please enter my contribution to the BUCK-a-MONTH for \_\_\_\_\_ months.

Donation is enclosed on the basis of \$1.00 per month.

NAME \_\_\_\_\_ STREET \_\_\_\_\_  
 CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP NO. \_\_\_\_\_