



The Nightcap

THE NIGHTCAP IS PUBLISHED MONTHLY AT THE CENTRAL SERVICE OFFICE
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THUR 9:00 AM to 9:00 PM

VOL. 16

MAY 1986

NO. 5



41st Annual Texas State Convention June 26 - 29, 1986

AA - Al-Anon - Alateen

Speakers include:

- | | |
|------------------------------|-------------------------------|
| Liz J. - San Diego, CA. | Dan B. - Amarillo, TX. |
| Joe Q. - Laguna Beach, CA. | Dr. Paul O. - Kirkland, WA. |
| Raymond O'K. - Miami, Fla. | Clint H. - Santa Ana, CA. |
| Maxine O. - Kirkland, WA. | Johnny A. - Laguna Beach, CA. |
| Johanna Z. - Costa Mesa, CA. | |

SPECIAL ALATEEN EVENTS, FUN & SPIRITUALITY

Roy Y. - Kerrville, TX. and Bob S. - Nocona, TX.: History of AA

MAKE RESERVATIONS DIRECTLY WITH: DOWNTOWN MARRIOTT
 (Mention AA Convention) 711 E. RIVERWALK 1-800-228-9290
 SAN ANTONIO, TX 78205 (512) 224-4555

ROOM RATES \$71.00 Double Occupancy - \$10.00 each additional person
 Please try to stay at the Convention Hotel and help us meet our commitment.

REGISTRATION FORM

NAME _____
 ADDRESS _____
 CITY _____ STATE _____ ZIP _____

*REGISTRATION \$15.00
 AL-ANON LUNCHEON 10.00
 BANQUET 15.00

TOTAL ENCLOSED \$ _____
 *Includes Dance

BADGE NAME _____

CHECK ONE: AA AL-ANON ALATEEN

PLEASE USE SEPARATE REGISTRATION BLANK FOR EACH PERSON.

MAKE CHECK PAYABLE TO:
 TEXAS STATE CONVENTION
 P. O. Box 290192
 San Antonio, TX 78280-1592

REGISTER EARLY!

We can't make it without you so you better come!

Convention Clipboard

FROM THE EDITOR'S DESK

MAY 2-4: Second Annual Heart of Texas AA Conference, Waco, TX (Waco Holiday Lodge).

MAY 9-11: 39th Quarterly Young People's Conference, Lake Whitney, TX.

MAY 16-18: 8th South Plains Conference, Levelland, TX.

MAY 16-18: Third Annual Texas Man-to-Man AA Conference, Lake Brownwood, TX.

MAY 23-25: Fifth Golden Pines Conference, Conroe, TX.

MAY 23-25: Seventh State Roundup of Young People, Victoria, TX.

MAY 23-26: Fourth Big D Roundup, Hilton Inn, Dallas, TX.

JUN 26-29: Forty-first Texas State AA Convention, San Antonio, TX.

JUL 25-27: Annual Hill Country AA Roundup, Kerrville, TX.

(For more detailed information on all of the above, please contact CSO.)

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NEW GROUPS--NEW MEETINGS--NEW CLUB

New Meeting for the Longhorn Group in Pleasanton, Texas, on Thursdays at 8 p.m.

New Club for AA meetings in Kerrville. It is the Rose Club, Inc., 111 Memorial Blvd, Kerrville, TX 78028. Located in the Index Enterprises Bldg. Telephone (512) 896-3281. Open 24 hours.

New Meetings at the Goliad Club on Tuesdays at 6:15 p.m., AA, Alateen, and Alatot. Louise C. is the sponsor of the latter two.

New Format--The Laurel Heights Group that meets at 5 p.m. on Sundays, now divides into smokers and nonsmokers groups. The entire group meets together for the first 5 minutes and last 5 minutes of the meeting.

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Boasting Sam, one of the worst braggarts who ever bent a bar rail, was loudly lamenting that his doctor had ordered him to give up half of his sex life.

"Which half are you going to give up?" asked a weary listener. "Talking about it or thinking about it?"

"If God had meant for us to talk more than listen, we would have two mouths and one ear!"

Is my face red! To all GSR's and the CSO Administrative Board--please accept my apologies for putting the wrong meeting dates on April's calendar!

I now have a note taped to my typewriter table that tells me: ... GSR meetings are held on the THIRD Sunday of the month and the CSO Administrative Board meetings are held on the Tuesday preceding the third Sunday!

Dee S.

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THE "B" ATTITUDES IN AA

To remain a "recovered alcoholic," I need to:

1. BE willing to listen.
2. BE open-minded.
3. BE rigorously honest.
4. BE fearless and thorough from the very start.
5. BE convinced that I am powerless over alcohol.
6. BE painstaking in working all the steps.
7. BE energetic in carrying the message.
8. BE faithful in prayer and meditation.
9. BE understanding of those who are still suffering.
10. BE available to do service work.
11. BE active in practicing the principles of AA.
12. BE happy, joyous, and free!

Anonymous

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A good listener is not only popular everywhere, but after a while he knows something!

GSR Meeting Minutes

CENTRAL SERVICE OFFICE COMMITTEE MEETING
CLUB 12, APRIL 20, 1986

The meeting was called to order at 7 p.m. by Donna T., Chairperson. Visitors were introduced. The GSR's who attended the mispublished meeting date of April 13, 1986, were commended for their serenity. The literature and materials were mentioned to the GSR's after the Twelve Traditions were read by Marvin S. The minutes were read and approved of the previous meeting.

Administrative Board reports were conducted by Dave S. who led off with the Financial Report: A profit this month reflects the 41st Anniversary. Also, Dave pointed out the new format for the financial report, which should make the breakdown of income and expenses clearer. Hospital and Institutions Report was conducted by Sylvia O. Don S. reported on the Penal Committee: A women's meeting is being taken to Gainesville this month. Four visitations to Huntsville have been completed by the men. Don also reported that "The Grapevine" is being well received at the county jail and that they are passed around and read until they fall apart. There were no reports from the Public Information, Editorial, and Mailing Committees.

Old Business: \$800 was cleared on the 41st Anniversary. Dave wants to thank everybody for a job well done. From all reports the anniversary was well accepted.

The GSR's voted for the Central Service Office to stay at the present location on Renner Street.

New Business: The State Convention will be held here in San Antonio, June 26-29 at the downtown Marriott Hotel.

Dave S. will have maps made of the DCM districts. Two GSR's will be elected to the Board at the next meeting. Nominations from the floor produced four able candidates: Bernard V., Red, Marvin S., and Miles.

A CSO liaison person is needed to coordinate efforts between the Southwest Region and our own CSO. Nominations were accepted from the floor to be voted on next month. Miles was the only nomination from the floor.

DCM Reports

- 1A--Not present
- 1B--Alberto M. reports that everything is okay.
- 1C--Not present
- 1D--In attendance, no report.
- 1E--Not present
- 1F--Not present

Announcements: Paula announced an AA and Al-Anon Women's Retreat is scheduled for May 16-18. Villa Rosa may have their 15th anniversary celebration in May.

MAY AFTER-HOURS TELEPHONE ANSWERING SERVICE

Apr 28-May 04:
May 12-18: Universal City Group

May 05-11: Barefoot Nonsmokers Group
May 19-25: Marymont Group

MAY HOSPITALS AND INSTITUTIONS MEETINGS

Monday Detox: Goliad Group

Salvation Army: Winner's Morning After Group

Thursday Detox: Abundance Happy Hour Group

is going to take it for the rest of the year.

ARC: Barefoot Nonsmokers Group

Brookwood: Laurel Heights Group

SASH: Marymont Group

House of Yuki:

SA Chest Hospital: Ft. Sam & Summit Step Study

Casa del Sol: District 1D Groups

The Haven:

Charter Real: Bluemel Oaks & Colonial Hills

Respectfully submitted, Dennie K.

Anniversary

DISTRICT 1-D MEETING

The Santa Fe Group's 17th Anniversary celebration has been changed to MAY 3rd.

This celebration was originally scheduled for April 26, but because of circumstances beyond control, had to be re-scheduled.

The celebration will be held at the HARLANDALE CENTER on Briar Street, 1 block west of Flores. Hours will be from 6 p.m. to 11 p.m. There will be a fajita dinner for \$2.50 per person, followed by a great speaker meeting--Luis A. from Corpus Christi and Yolanda F. from San Antonio. After the meeting, there will be a "Jukebox Dance."

Mark your calendar and come to the Harlandale Center on MAY 3rd for food, fellowship, and fun!

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DANCE TIME

Come meet the beat with your feet and mellow back to the Music of the 50's and 60's!

THE WINNERS' CLUB is the place; MAY 17th is the date! The dance will feature Ron R., the "Music Professor" from 9 p.m. to 12:30 a.m., Saturday, May 17th. Tickets are \$3.00 per person IN ADVANCE or \$3.50 at the door.

NOTE: The Saturday Nite Live meeting will be held at 7 p.m. for this date only. The Night Owl meeting will be cancelled for this date only.

Put on your dancing shoes and come on out!

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AA & AL-ANON WOMEN'S RETREAT

This Women's Serenity Retreat will be held on May 16-18, 1986, at Saint Joseph's Retreat House, 127 Oblate Drive, San Antonio, Texas 78216, (512) 349-4173. Starts Friday, May 16 at 7 p.m. and ends Sunday, May 18 at 1 p.m. Registration fee is \$20 plus \$30 by May 7 or plus \$40 after May 7. Bring: Leisure clothing, Big Book, 12 & 12. Fr. Gerry F. and Bro. Danna G. are co-leaders of this retreat.

The District 1-D monthly meeting will be held on Sunday, May 18, 6:30 p.m., at Club 12. (One-half hour before the regularly scheduled GSR meeting.)

Following is the list of groups belonging to District 1-D:

| | |
|--------------------------|-----------------------|
| Downtown | GSR and Alternate GSR |
| New Life | GSR and Alternate GSR |
| Kirby-Converse | GSR and Alternate GSR |
| Universal City | GSR and Alternate GSR |
| Universal City Sunday | GSR and Alternate GSR |
| Schertz | GSR and Alternate GSR |
| Eisenhauer | GSR and Alternate GSR |
| Fort Sam Houst. | GSR and Alternate GSR |
| Northeast | GSR and Alternate GSR |

If the GSR or Alternate GSR is unable to attend this meeting, or if your group does not have a GSR, PLEASE have a representative of your group notify Fred D., 733-7562.

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ATTENTION ALL GSR'S

GSR's should encourage their group members to subscribe to THE NIGHTCAP. Also, GSR's should "pipe-along" information of interest found in THE NIGHTCAP, such as local upcoming events, volunteer help needed for different functions, etc., which would probably help to spark more interest in THE NIGHTCAP, the Central Service Office, and Alcoholics Anonymous in San Antonio in general!

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VOLUNTEERS WITH TYPING SKILLS NEEDED

The State Convention Registration Committee needs volunteers with typing skills.

If you qualify and want to work, please call Janis H., Registration Chairman, at 349-3174 or 733-6876.

AA Trivia

It had been one of those gut-wrenching, emotionally draining AA meetings at which a new man is present and all those attending give their sincerest, most heartfelt pitches to try to convince the new man to come back.

I was leaving the AA meeting with a friend who is a physician. He remarked that the meeting had been "like watching an operation."

"How so?" I asked. "All those people working together," he said, "working together to save the man's life."

J. H.

AA AA

PATIENCE

It has been said that patience is a Divine attribute. Sometimes we may feel that patience is a characteristic belonging only to certain persons. In truth, patience is a gift from God, a gift belonging to each of us. To realize that the patience we long for is within us is the first step. Then we must fulfill our responsibility in calling it forth.

Many times we can come to know of this patience by taking only a few moments for a quiet time of relaxing and becoming peaceful and serene. In this peaceful, relaxing moment we can take hold of this gift of patience and gently draw it open.

With this gift of patience comes a second responsibility, that of putting it to practical use. As each need for patience arises, we quietly realize our gift of patience and we feel patience filling our mind and body. We are understanding and thoughtful to all persons. We feel free in giving of ourselves to others.

Anonymous

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"Experience is the worst teacher: it gives the test before presenting the lesson."

"There is no failure except in no longer trying."

"An idealist is one who, noticing that a rose smells better than a cabbage, concludes that it will also make better soup."

"I never make the mistake of arguing with people for whose opinion I have no respect."

NAMES OF SOME AA GROUPS MEETING IN THE LOS ANGELES AREA:

| | |
|---------------|-------------------------|
| Can We Talk? | Promises, Promises |
| Cuckoo's Nest | High Sobriety |
| Anything Goes | Architects of Adversity |
| Page 570 | Under New Management |
| Real AA | Tell It Like It Is |
| Try God | Some Are Sicker |

Early Morning Meetings: Jumpstart
 Dawn Patrol
 Eye Opener
 The Early Show

Late Night Meetings: Last Call
 Midnight Madness
 The Late Show

Meetings Held at Swimming Pools:
 Poolside Participation
 Sink or Swim

Hiking AA Group: Higher Power Hikers

(Taken from the Los Angeles Area Central Office Newsletter)

* * * * *

A recent telephone caller to CSO wanted the address and phone number of a good "Social" detox center. She was referred to San Antonio State Hospital's Detox Ward.

"Just how and when we tell the truth-- or keep silent--can often reveal the difference between genuine integrity and none at all."

Bill W.

"A pessimist is an informed optimist."

May Birthdays

(These are the ones reported to CSO by various AA Groups-- if yours isn't here, and should be, complain to your Group Secretary!)

28 Years

Bob R.

26 Years

Jen Rose W.

21 Years

Tom B.

18 Years

John D.

Leo R.

Polly W.

16 Years

Lee Ray C.

Dutch D.

Les P.

15 Years

Juan R.

14 Years

William B.

13 Years

Ray E., Jr.

Roy H.

Grant S.

12 Years

Jean B.

11 Years

Helen A.

Maury H.

Theda S.

Dick T.

Evelyn W.

10 Years

Clara P.

9 Years

Steve C.

James W.

8 Years

Joyce H.

Bob J.

7 Years

Alberto M.

Kathy S.

6 Years

Jackie J.

Margaret M.

Steve R.

Scott R.

5 Years

William M., Jr.

John D.

4 Years

Arnie M.

Ken M.

Kin S.

Nard T., Jr.

Fran W.

3 Years

Patrick C.

Stephanie F.

Donald H.

Joan H.

Gabriel M.

Carol M.

Tommy W.

Roxy Y.

2 Years

Jack A.

Anna B.

Carol C.

Donna D.

Paula D.

David G.

Liz H.

Michael K.

Carol M.

Keith T.

Lylas W.

1 Year

Gerald B.

John C.

Kevin C.

Tom D.

Carlos F.

Kay G.

Bill H.

Sharon M.

Susie M.

Stephanie W.



Happy Birthday

Feliz Cumpleaños

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PLEASE REMEMBER TO REPORT JUNE
BIRTHDAYS TO CSO FOR THE NIGHTCAP
BEFORE FRIDAY, MAY 23! THANKS!

SPECIAL ANNOUNCEMENT

The Al-Anon Intergroup Information and Service Office has opened their doors at 101 Renner Street, San Antonio, Texas 78201. This is adjacent to the Central Service Office of Alcoholics Anonymous (in the same building). Their telephone number is: 732-8561 (Betty S. was on duty when the phone was connected). Their office hours will be: Mon, Tue, Wed, Fri--9 a.m. to 7 p.m.; Thur--9 a.m. to 9 p.m.

"We must all pitch in and do our part or we won't have a part to pitch in!"

MAY 1986

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---------------------------------------|---|---|
| APRIL 1986 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | JUNE 1986 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 | | | 1 | 2 | 3 Starlite Birthdays: Santa Fe Group 17th Anni. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 7 | MAY DAY | | | | | |
| 11 | 12 | 13 CSO Admin Board Meeting 7 p.m. | 14 | 15 | 16 | 17 District 1-C Breakfast Winners' Club Dance |
| MOTHERS DAY | | | | | | ARMED FORCES DAY |
| 18 GSR Meeting at Club 12, 7 p.m. | 19 | 20 | 21 | 22 North San Pedro Group Birthdays | 23 DEADLINE DATE FOR JUNE NIGHTCAP!! | 24 |
| 25 24-Hour Club Dinner | 26 Alamo Heights Group Birthdays | 27 Marymont, Valley-Hi, & Windcrest Groups Birthdays | 28 Park North, Northwood, 24-Hour Birthdays | 29 | 30 Downtown, Freedom, SW Loop, Colonies North, Brookhollow, Group 12 Birthdays Marymont Potluck. | 31 Club 12 Games, Winners Club Birthdays, Lambda Potluck |
| | | | | | | |

Jokes * * Jokes * * Jokes



"I have a desire that he stop drinking!"



"I have not forgotten our anniversary, Flo. I'm on the way home with a six-pack."

CATFISH



GROUP CONTRIBUTIONS RECEIVED MAR 26-APR 21, 1986

| <u>GROUP</u> | <u>DISTRICT 1A</u> | <u>MO</u> | <u>YTD</u> |
|----------------------|--------------------|-----------|------------|
| W Abundance Happy Hr | | 21.25 | 218.75 |
| W Fri-Sat Night Owls | | | 41.35 |
| W Generic | | | 34.00 |
| W Ladies Mon Night | | 36.00 | 36.00 |
| W Mobud Big Book | | 7.45 | 38.91 |
| W Mobud Round Table | | 7.25 | 34.73 |
| W Mens Mon Night | | | 27.00 |
| W Morning After | | 105.00 | 364.10 |
| Reality | | | 34.75 |
| W Sat Night Live | | | 80.42 |
| W Siesta Ladies | | 12.09 | 38.59 |
| W Summit | | 26.10 | 58.33 |
| W Turning Point | | | 35.66 |

| | <u>DISTRICT 1B</u> | | |
|----------------|--------------------|--------|--------|
| Audubon | | 35.00 | 70.00 |
| Bandera | | | 49.20 |
| Bluemel Oaks | | 42.00 | 42.00 |
| Callaghan Road | | 60.00 | 120.00 |
| Colonial Hills | | | 210.00 |
| Colonies North | | 141.00 | 162.25 |
| Laurel Heights | | | 180.00 |
| Louis Pasteur | | 57.00 | 57.00 |
| Medical Prof | | | 130.00 |
| Park North | | | 100.00 |
| Twelve | | 120.00 | 480.00 |
| Twenty Four Hr | | | 20.00 |

| | <u>DISTRICT 1C</u> | | |
|-----------------|--------------------|--------|--------|
| Alamo Heights | | 42.00 | 84.00 |
| Alpha House | | | 50.00 |
| Broadway | | 60.00 | 60.00 |
| Brookhollow | | | 72.00 |
| Freedom | | 300.00 | 474.45 |
| Marymont | | | 180.00 |
| North San Pedro | | | 150.00 |
| Northwood | | 60.00 | 60.00 |
| Stahl Road | | | 45.00 |
| Windcrest | | 10.00 | 10.00 |

| | <u>DISTRICT 1D</u> | | |
|---------------------|--------------------|--------|--------|
| Fort Sam Houston | | 100.00 | 300.00 |
| Downtown | | 20.00 | 30.00 |
| New Life | | | 25.00 |
| Northeast | | | 54.00 |
| Schertz | | 60.00 | 125.00 |
| Universal City | | | 130.00 |
| Universal City, Sun | | | 36.00 |

| | <u>DISTRICT 1E</u> | | |
|--------------|--------------------|--------|--------|
| Frontier | | 10.00 | 20.00 |
| Goliad | | 60.00 | 217.66 |
| The Haven | | | 100.00 |
| Highlands | | 21.40 | 81.40 |
| Lambda | | 26.82 | 51.49 |
| SASH | | | 100.00 |
| Serenity | | 30.00 | 60.00 |
| Valley-Hi | | 110.00 | 351.25 |
| Wilford Hall | | 60.00 | 70.00 |

W = Groups meeting at Winners Club

| <u>GROUP</u> | <u>DISTRICT 1F</u> | <u>MO</u> | <u>YTD</u> |
|---------------|--------------------|-------------------|-----------------|
| Grupo del Sol | | 20.50 | 53.35 |
| Grupo Unidad | | 5.00 | 14.00 |
| Kingsboro | | 20.50 | 20.50 |
| La Nueva Vida | | 4.00 | 4.00 |
| Santa Fe | | 16.00 | 36.00 |
| Wesley | | 10.00 | 10.00 |
| TOTALS | | <u>\$1,716.36</u> | <u>5,738.14</u> |

AREA CONTRIBUTIONS

| | | |
|---------------|--|----------------|
| New Braunfels | | 24.00 |
| Kingsland | | <u>55.00</u> |
| TOTAL | | <u>\$79.00</u> |

MANY THANKS TO THOSE INDIVIDUAL SUPPORTING MEMBERS WHO DONATED DURING THE ABOVE PERIOD:

John and Kris DeJ.
Virginia S.
Curt L.
Mr. & Mrs. Ellis W., Jr.
William F.
Madlyn H.
Tom R.
Mary L.
Norman and Claire C.
Helen T.
Vangie H.
Sunny M.
Jerry and Linda B.

MEMORIAL CONTRIBUTIONS

Robert F. for Gene D.
Anonymous for Gene D.
Maxwell P. for Hallie D.

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SUBSCRIBE TO THE NIGHTCAP

Cost is \$5 per year. Clip out the form below, fill in the blanks and mail, along with your check made payable to:
Central Service Office
103 Renner
San Antonio, TX 78201

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

(A subscription to THE NIGHTCAP makes a great gift to a newcomer!)

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