

41st Annual

Texas State Convention

June 26 - 29, 1986

AA - Al-Anon - Alateen

Speakers include:

Liz J. - San Diego, CA.
Joe Q. - Laguna Beach, CA.
Raymond O'K. - Miami, Fla.
Maxine O. - Kirkland, WA.

Dan B. - Amarillo, TX.
Dr. Paul O. - Kirkland, WA.
Clint H. - Santa Ana, CA.
Johnny A. - Laguna Beach, CA.
Johanna Z. - Costa Mesa, CA.

SPECIAL ALATEEN EVENTS, FUN & SPIRITUALITY

Roy Y. - Kerrville, TX. and Bob S. - Nocona, TX.: History of AA

MAKE RESERVATIONS DIRECTLY WITH:
(Mention AA Convention)

DOWNTOWN MARRIOTT
711 E. RIVERWALK
SAN ANTONIO, TX 78205
1-800-228-9290
(512) 224-4555

ROOM RATES \$71.00 Double Occupancy - \$10.00 each additional person
Please try to stay at the Convention Hotel, and help us meet our commitment

REGISTRATION FORM

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____

*REGISTRATION \$15.00
AL-ANON LUNCHEON 10.00
BANQUET 15.00
TOTAL ENCLOSED \$ _____
*Includes Dance

BADGE NAME _____
CHECK ONE: AA AL-ANON ALATEEN
PLEASE USE SEPARATE REGISTRATION BLANK FOR EACH PERSON.

MAKE CHECK PAYABLE TO:
TEXAS STATE CONVENTION
P. O. Box 290192
San Antonio, TX 78280-1592

REGISTER EARLY!

We can't make it without you so you better come!

About Alcoholism

THE ITEM PUBLISHED BELOW MAY BE CONTRARY TO AA PHILOSOPHY. PUBLICATION HERE DOES NOT MEAN THAT THE NIGHTCAP NOR AA ENDORSES OR APPROVES--IT IS HERE SOLELY FOR YOUR INFORMATION.

Lithium reduces relapse risk among alcoholics

LITHIUM WAS SHOWN to significantly reduce the risk of relapse among a group of alcoholic patients involved in a research program at Rush-Presbyterian—St. Luke's Medical Center in Chicago.

The research, reported upon recently at the International Congress on Alcoholism and Drug Abuse Dependence, in Calgary, Alberta, examined the efficacy of lithium, a drug normally used to control manic depression, in a double-blind, controlled study involving 104 alcoholics treated at two Chicago medical centers.

The report, prepared by a research team led by Jan Fawcett, M.D., and David C. Clark, Ph.D.,

of the Department of Psychiatry, revealed that 63% of patients successfully maintained on the therapeutic doses of lithium remained abstinent at a 12-month follow-up evaluation, and 42% of the controls who complied with placebo medication remained abstinent at 12-month follow-up.

Among those placed on the lithium regimen, but who failed to properly comply with it, only 6% remained abstinent at 12-month follow-up, and only 8% of patients who were non-compliant with their placebo regimen remained abstinent at 12-month follow-up.

In addition, said the Chicago researchers, 31% of those who complied with a regimen that resulted in low lithium blood lev-

els remained abstinent at 12-month follow-up.

The threshold level for therapeutic effectiveness of lithium was set at 0.4 mEq/L. Those who maintained a serum level equal to or greater than this threshold for at least four of the first six months of treatment were assigned to the high blood level/therapeutic dose group.

Those who demonstrated at least 15 days of compliance to the prescribed regimen for each of four months during the first six-month follow-up were put in the compliant group. Those who failed to maintain this level were put in the non-compliant group.

The average length of stay of

all patients in treatment was three weeks, and follow-up interviews and blood assays were done at least monthly for 12 months.

Of the 104 patients in the trials, eight dropped out (three for medical side effects) and 30 relapsed in the first month. Of those who relapsed and began drinking in the first month, only 5% (1) were in the high/therapeutic dose group, 12% (2) were in the low dose group, 25% (10) were in the placebo compliant group, 56% (9) were in the lithium non-compliant group, and 62% (8) were in the placebo non-compliant group.

In summarizing their findings, the researchers noted that

therapeutic serum levels of lithium were associated with better outcome ... "that subjects who took lithium were significantly less likely to relapse to drinking during the first month than placebo compliant subjects."

Furthermore, there was no evidence that depressed alcoholics showed any better response than non-depressed alcoholics, or that lithium had any significant impact on the mood, social adjustment or functional level of alcoholics.

"We conclude," said the researchers, "that lithium may exert a direct attenuating action on the drinking behavior of alcoholic patients, and that affective disturbance does not mediate that impact."

Activities

CONTRIBUTING ACCORDING TO TRADITIONS

LAS VEGAS NIGHT at Club 12 on Saturday, March 15, beginning at 7 p.m. and ending at 11 p.m. Come for an evening of FUN, FOOD, and FRIVOLITY! Play Keno, Blackjack, Craps (with funny money) and win great prizes.

For more information, contact Melissa.

* * * * *

DANCE TO THE MUSIC OF THE 50's & 60's with the "Music Professor" at the Winners' Club on Friday, March 14, beginning at 8 p.m. till 12 midnight.

Ron R. is the "Professor" and his music collection includes more than 4,000 songs by artists ranging from Nat "King" Cole to Hank Snow to the Rolling Stones!

Advance tickets are \$3 per person; at the door they are \$3.50 per person.

Come on out for an evening of fun!

AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA

CLUB 12 ANNOUNCES

Oscar W. of Kirby, will speak at our 11:00 a.m., Sunday, March 16 meeting to celebrate his 46th AA Birthday.

On Sunday, March 2, at 11:00 a.m., speakers will be Gene S. and Helen T.

AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA

In Memoriam

Travis H., longtime member of the Highlands Group, passed away on February 11, 1986. Travis had almost 26 years of sobriety and will be greatly missed.

TO THE FAMILIES AND FRIENDS, WE EXTEND SINCERE SYMPATHY AND OUR PRAYERS THAT THEIR BEREAVEMENT MAY BE TEMPERED BY REFLECTIVE THOUGHT UPON THE HAPPINESS SHARED.

AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA

Two men who haven't met for years recognize one another at the funeral of a friend. "Tell me," asks one, "what did George die of?" "To be blunt, he died of alcoholism." "Did he try AA?" "AA? No! He was never that bad."

To support A.A.'s CONTRIBUTING ACCORDING TO TRADITIONS

essential services, the General Service Conference recommends that groups follow the "60-30-10" plan. It works like this:

First, take care of basic group expenses (rent, refreshments and A.A. literature).

Divide remaining funds as follows:

Date _____
 TOTAL AMOUNT TO BE CONTRIBUTED \$ _____
 60% TO CENTRAL SERVICE OFFICE \$ _____
 30% TO GENERAL SERVICE OFFICE \$ _____
 10% TO SW TX AREA COMMITTEE \$ _____

IN ACCORDANCE WITH THE SEVENTH TRADITION . . . A.A. accepts no outside contributions at any level. Likewise, IN ACCORDANCE WITH THE SIXTH TRADITION, A.A. makes no contributions to any outside organization or cause, no matter how worthy.

(Keep this slip for your records)

60% to your Intergroup or Central Office.

Check payable to: Central Service Office
 Mail to: Central Service Office
 103 RENNER DRIVE
 SAN ANTONIO, TX 78201

SAN ANTONIO CENTRAL SERVICE OFFICE

GROUP _____ DATE _____

SENT BY _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TEL. OF SENDER _____ AMOUNT _____

30% to your General Service Office.

Check payable to: General Fund
 Mail to: General Service Office
 Box 459
 Grand Central Sta.
 New York, N. Y. 10163

GENERAL SERVICE OFFICE

GROUP _____ DATE _____

SENT BY _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

GROUP SERVICE NO. _____ AMOUNT _____

10% to your Area Committee.

Make checks payable to: SW TX AREA FUND
 Mail to: SW TX AREA FUND
 HCR Box 290A
 ROCKPORT, TX 78382

SOUTHWEST TEXAS AREA COMMITTEE

GROUP _____ DATE _____

SENT BY _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____ AMOUNT _____

AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA

S P O N S O R S

Almost every member is sponsored by someone who knows the ropes. The sponsor takes the new member to meeting after meeting after meeting after meeting. "Ninety meetings in 90 days" sets a humorously impossible standard for any new member. It may be a joke, but it does reflect two facts of life: (1) that the early exposure to AA should be intense and repetitive and (2) that the first 90 days are critical. Coming dry through the first 90 days in most groups calls for a small celebration.

George O.

Anonymous

FROM THE EDITOR'S DESK

The following letter was received, and is apparently in response to the one published in our February issue:

"Serious clarification is imperative based on past month's articles regarding dually- or cross-addicted, chemically dependent, or nonalcoholic individuals' attendance of AA meetings.

"Confused, angry, frustrated, resentful, or fearful persons may relieve their anxieties by investing 15¢ to buy, read, and study pamphlet P-35 entitled "Problems Other Than Alcohol," written by our very wise co-founder of AA, Bill W.

"We in AA recognize the active morphine, heroine, cocaine, barbiturate, tranquilizer or other narcotic addicts are severely devastated and we sincerely empathize with you, but you are not alone! A 12-step recovery program is available to you--AA, NA, OA, EA, GA, etc.

"If you are also an alcoholic or have a desire to stop drinking, you may become an AA member. However, if you do not admit you are an alcoholic or do not want to stop drinking, you may still attend open AA meetings, but you could respect the alcoholic's concern and privacy by not attending closed AA meetings which are exclusively for alcoholics...

"I attend other 12-step recovery programs but I 'put on a different hat' and talk about my addiction that relates to that program. If I talk about alcoholism at an OA or EA meeting, those members would not identify with my drunk-a-log. Furthermore, I would not like a non-drug abuser to attend a closed NA meeting and doubt, seriously, if NA members would actually allow non-drug abusers to a closed NA meeting.

"John or Jane S., if you are a nonalcoholic or dually addicted and want to help nonalcoholic drug or substance abusers, what a tremendous opportunity to start a new program based on the 12 steps, traditions, concepts, and principles. What about dually addicted or drug abusers (DA) for a new program name? A resentment has started many new AA groups. This nonalcoholic controversy can result in a positive action! Leave the so-called "pure" alcoholics or dually-addicted alcoholics to deal with their alcoholism and do not stress drug abuse in AA meetings. Instead, be creative with an innovative approach and form a 'fellowship gathered to help' other drug, non-alcoholic, or substance abusers." Signed: 5
A concerned friend, Will B.

\$5 BARELY COVERS NIGHTCAP COSTS:
BE GENEROUS AND HELP CARRY THE MESSAGE

The new \$5 yearly subscription price for the NIGHTCAP barely covers costs of printing and mailing the newsletter. Please consider writing your NIGHTCAP check for more than \$5. Any amount over \$5 will help us carry the message to the alcoholic who still suffers, and will add you to our monthly list of "Supporting Members of Central Service Office."

THANKS!!!!

AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA

NEW GROUPS--NEW MEETINGS

Next-To-New meeting--Open women's AA meets on Tuesdays from 6:30 to 7:30 p.m. at the Coker United Methodist Church, 231 East North Loop Road (North of Loop 410 & West of 281). For more information, contact Pam at 692-7274.

Tejas Group meeting on Thursday at 8:15 p.m. AA and Al-Anon. Baby-sitting is available and the cost is split among the parents.

New Ladies Group meets at the Downtown Club on Sunday at 6 p.m.

Downtown Group has a new meeting on Saturday at 12 noon. This is an open meeting and free coffee at all meetings!

Downtown Group has a Friday night Candlelight meeting at 10 p.m. This is an open meeting.

* * * * *

Meeting Time Changed--The "Family Afterward" meeting at the Winners' Club has been changed from 3 p.m. to 7 p.m. on Sundays.

AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA

"ONE DAY AT A TIME"
CRUISE TO BERMUDA!!

An AA cruise to Bermuda, beginning at New York, will be from June 11 through 18, 1986!

For more information, contact Terry or Dorene at World Travel--409-542-0460 or 512-339-4021. Or, write to P. O. Box 736, Giddings, Texas 78942.

YOU WILL BE BACK IN TIME FOR THE AA STATE
CONVENTION!

March Birthdays

(These are the ones reported to CSO by various AA Groups-- if yours isn't here, and should be, complain to your Group Secretary!)

46 Years

Oscar W.*

29 Years

Curt L.

28 Years

Dave H.

27 Years

Bill J.

25 Years

Elves S.

20 Years

Ray B.

19 Years

Charles D. C.

17 Years

Jane M.

16 Years

Vern M.

Dick T.

15 Years

Ted H.

14 Years

Fred D.

John P.

12 Years

Kaye N.

11 Years

R. W. B.

Josie C.

10 Years

Dale B.

Jack H.

A. J. McK.

9 Years

Bill O.

Dave S.

Bob S.

8 Years

Lalo A.

Penny F.

7 Years

Ray A.

Richard D.

Albert G.

John P.

Sally S.

6 Years

Dinah B.

Bob B.

Abe P.

5 Years

Diana B.

Grace C.

Bick E.

Marge F.

Josh F.

Marilyn J.

E. B. M.

Laurie P.

Steve S.

Georgianna W.

4 Years

Carol M.

David M.

Jimmy P.

Jewell R.

Linda T.

3 Years

Robert B.

Jim J.

Suzanne S.

Walter S.

Clem S.

Jonelle S.

Gary W.

2 Years

Nancy B.

Mike B.

Moe B.

Mario C.

Kris DeJ.

Michael D.

Jim D.

Mary E.

Kathryn G.

Michael K.

Robert K.

Barb L.

Leslie M.

Jack O.

Joe T.

1 Year

Larry Ban D.

Debbie G.

Jack H.

Dee L.

Patrick M.

Steve M.

Nadine McC

Georgeanne McC.

Paul M.

Harris N.

Lance R.

Vivian R.

Irvin S.

Scott S.

Chris V.

Margaret W.



Happy Birthday

Feliz Cumpañanos

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Birthday Cards, Bronze Chips, Keychains, Big Books, and lots of other items are for sale at your Central Service Office for your favorite AA person's birthday!

PLEASE REMEMBER TO REPORT APRIL BIRTHDAYS TO CSO, FOR THE NIGHTCAP BEFORE MONDAY, MARCH 24! THANKS!

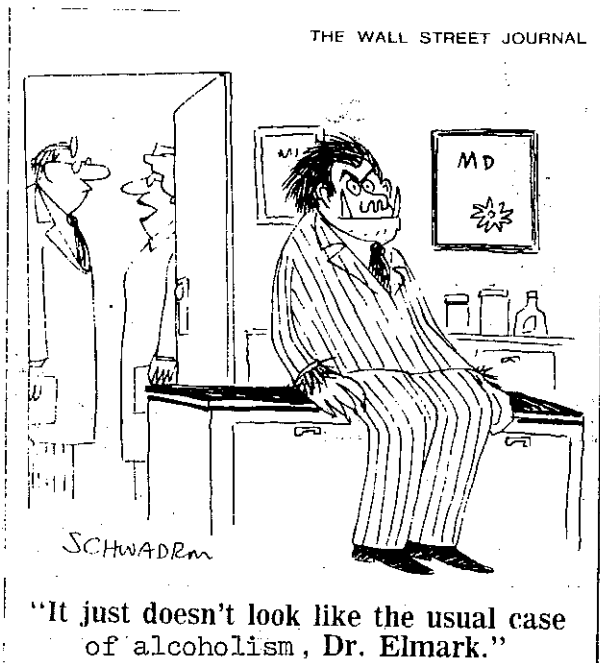
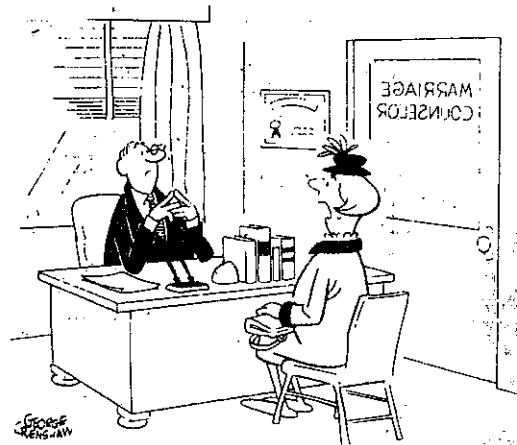
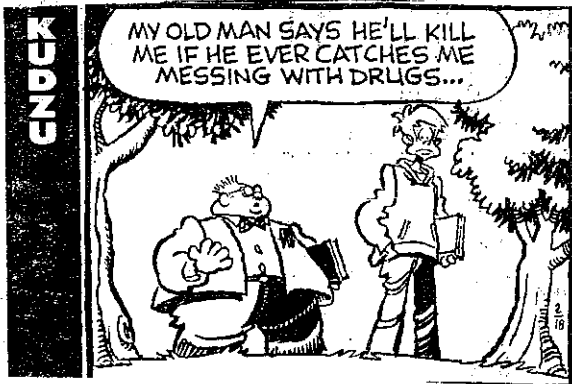
(Glad to see so many birthdays in MARCH--it must have something to do with Spring!)

*Oscar W. will speak at Club 12 on Sunday, March 16, at 11 a.m., to celebrate his 46th AA Birthday. Oscar has the longest period of continuous sobriety than any other member of Alcoholics Anonymous in the world!

MARCH 1986

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FEBRUARY 1986 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	APRIL 1986 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30					1 Starlite Birthdays.
2	3	4	5	6	7	8 Unity Club Games Night.
9	10	11 CSO Admin. Board Meeting 7 p.m.	12	13	14 Winners' Club Dance 8 to 12 p.m.	15 District 10 Break-fast. Club 12 Las Vegas Night 7 to 11 p.m.
16 MOTHERING SUNDAY (U.K.) GSR Meeting at Club 12, 7 p.m.	17	18	19	20	21	22
23 PALM SUNDAY 24-Hr Club Dinner.	24 DEADLINE DATE FOR APRIL NIGHTCAP!! Alamo Heights and Alamo Groups B.Days. EASTER MONDAY (Canada)	25 Marymont, Valley-Hi, Windcrest Grps Birthdays; Potluck at Marymont.	26 Park North, Northwood, 24-Hour Groups Birthdays.	27 North San Pedro Group Birthdays.	28 Downtown, Freedom, Southwest Loop, Colonies North, Brookhollow, & Group 12 Birthdays GOOD FRIDAY	29 Club 12 Games Night; Winners' Club Birthdays; Lambda Potluck.

Jokes * * Jokes * * Jokes



GROUP CONTRIBUTIONS RECEIVED JAN 28-FEB 24, 1986

<u>GROUP</u>	<u>DISTRICT 1A</u>	<u>MO</u>	<u>YTD</u>
W ABUNDANCE HAPPY HR			197.50
W FRI-SAT NIGHT OWLS			41.35
W GENERIC			34.00
W MOBUD BIG BOOK		12.06	21.31
W MOBUD ROUND TABLE			11.85
W MENS MONDAY NIGHT		27.00	27.00
W MORNING AFTER			89.00
W SAT NIGHT LIFE		41.74	41.74
W SIESTA LADIES		16.50	26.50
W TURNING POINT		35.66	35.66

DISTRICT 1B

AUDUBON		10.00	35.00
BANDERA			49.20
CALLAGHAN ROAD			60.00
COLONIAL HILLS		50.00	100.00
COLONIES NORTH			21.25
LAUREL HEIGHTS			73.00
PARK NORTH		100.00	100.00
TWELVE		120.00	240.00

DISTRICT 1C

ALAMO HEIGHTS		42.00	42.00
BROOKHOLLOW		36.00	72.00
FREEDOM			174.45
MARYMONT			60.00
NORTH SAN PEDRO			150.00
STAHL ROAD			45.00

DISTRICT 1D

DOWNTOWN		10.00	10.00
NEW BRAUNFELS		24.00	24.00
NEW LIFE		5.00	15.00
SCHERTZ		5.00	5.00
UNIVERSAL CITY		65.00	125.00
UNIVERSAL CITY, SUN			36.00

DISTRICT 1E

GOLIAD			97.66
HAVEN		100.00	100.00
HIGHLAND		20.00	40.00
LAMBDA		24.67	24.67
SASH			100.00
SERENITY			30.00
VALLEY-HI		131.25	191.25

DISTRICT 1F

GRUPO EL SOL			25.85
GRUPO UNIDAD			9.00
SANTA FE			20.00
TOTAL GROUP CONTRIBUTIONS		875.88	2601.24

MANY THANKS TO THOSE INDIVIDUAL SUPPORTING MEMBERS WHO DONATED DURING THE MONTH OF FEBRUARY:

AMELIA P.
WILLIAM & LOLEAT B.
JIM W.
KENNETH C.
GENE L.
MARIANNE M.
DANNA G.

AA AA AA AA AA AA AA AA AA AA AA AA

SUBSCRIBE TO THE NIGHTCAP

Cost is \$5 per year. Clip out the form, below, fill in the blanks and mail, along with your check made payable to:

Central Service Office
103 Renner
San Antonio, TX 78201

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

Come by your Central Service Office and browse in the well-stocked literature room. Remember that we also have a great selection of tapes that are available for check-out in our tape library!

CSO is open from 9 a.m. to 7 p.m. Monday, Tuesday, Wednesday, and Friday; open from 9 a.m. to 9 p.m. on Thursday.

If you have never visited us, you are in for a nice surprise--and, the coffee pot is always going!

AA AA AA AA AA AA AA AA AA AA AA AA

Bumper sticker seen in Austin:

"ALCOHOLICS DO IT IN GROUPS"

UNITED STATES POSTAL SERVICE

POSTAGE WILL BE PAID BY ADDRESSEE

TO: [Illegible]

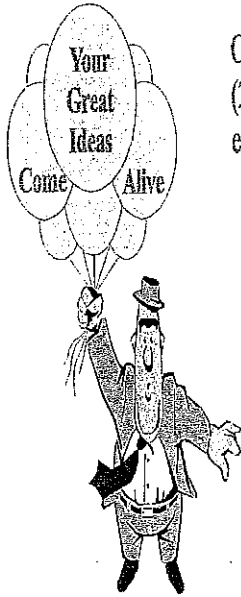
CENTRAL SERVICE OFFICE
103 RENNER DRIVE
SAN ANTONIO, TX 78201

ADDRESS CORRECTION REQUESTED

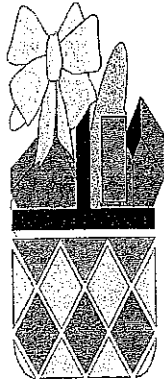
NON-PROFIT ORG.
U. S. POSTAGE
PAID
Permit No. 2807
San Antonio, Texas

JOIN BASKET MANIA

Would your Group like to participate at Saturday In SA With AA? Choose a basket theme and create your basket bring your basket. Bring no later than February 23rd or sooner if possible for pre-sales.



Call Tonya
(210) 838 1901
email tonya72206@yahoo.com



AA In SA Art Show

Sixth Annual AA in SA Art Show and Silent Auction

1. Artist to donate their original art in their chosen medium
2. Art will be placed at the LaVillita Assembly Hall where AA in SA is held
3. Entries can be delivered to: LaVillita Assembly Hall—Saturday, February 26. You will be able to bring them as early as 7:00am
4. To donate art, fill out form and send to Weekend in SA, Attn: Art Show Chairman, 8919 Wickfield, San Antonio, TX 78217-4141

Call Aubrey F @ 210 778-2952—email aubs717@aol.com

LAST NAME _____ FIRST _____
 ADDRESS _____
 CITY _____ STATE _____
 TITLE OF PIECE _____
 MEDIUM _____ DONATION VALUE _____

I, _____ donate in full the above listed artwork to be auctioned at AA in SA with all monies going to San Antonio Central Service Office.

The Amazing Paradoxes of A.A.

...reprinted from "The Professor and the Paradox", 2nd, Edition Big Book

We Suffer To Get Well: There is no way to escape the terrible suffering of remorse and regret and shame and embarrassment which starts us on the road to getting well from our affliction.

.....

We Surrender To Win: On the face of it, surrendering certainly does not seem like winning. But it is in A.A. Only after we have come to the end of our rope, hit a stone wall in some aspect of our lives beyond which we can go no further; only when we hit "bottom" in despair and surrender, can we accomplish sobriety which we could never accomplish before. We must, and we do, surrender in order to win.

.....

We Die To Live: When we work at our Twelve Steps, the old life of guzzling and fuzzy thinking, and all that goes with it gradually dies, and we acquire a different and better way of life. As our shortcomings are removed, one life of us dies, and another life of us lives. We in A.A. die to live.

.....

We Give Away To Keep: That seems absurd and untrue. How can you keep anything if you give it away? But in order to keep whatever it is we get in A.A., we must go about giving it away to others, for no fees or rewards of any kind. When we cannot afford to give away what we have received so freely in A.A., we had better get ready for our next "drunk". It will happen every time. We've got to continue to give it away in order to keep it."



CENTRAL SERVICE OFFICE REPRESENTATIVES

Approved Minutes

For

Monday, December 20, 2010 at 6:00 PM

OPENING: All participants signed in and Sydney C. led the group in the Serenity Prayer. The 7th Tradition was read by Alice.

INTRODUCTIONS: New CSO Reps – Mark from Group 12 and Joe from Castle Hills. Each CSO Rep shared their name, group being represented.

APPROVAL OF MINUTES: Nelson made the motion that minutes from previous meeting be accepted. Clement seconded the motion. Passed unanimously.

ANNOUNCEMENTS: Bret and Brandon from the hospitality committee announced the coming Weekend in SA fundraiser at La Villita. Need donations of money, food, manpower. There will be an art auction, free food and all proceeds support CSO.

NEW BUSINESS: None.

OUTREACH: None.

FINANCIAL AND CSO BOARD LIAISON REPORT: AA in SA \$15 for preregistration. Income down due to group contributions down, but still acceptable. Postage was up this month. Online pay is activated. Char and Virginia went to Haven for Hope for a tour. New copiers are being looked at for lease. Inventory will be done two times a year, one in January in which the office will close, and one done during open hours. State convention will be held in the Crown Plaza and the CSO office has been requested to do a sales table, this will be held June 24-26.

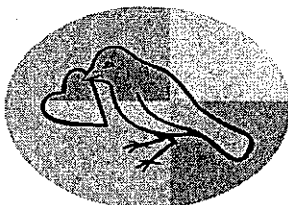
TELEPHONE SERVICE REPORT: Need an alternate for Monday 10p-9a. Due to travel there will need to be coverage January 22 to March for the Wednesday 10p -9a shift.

ARCHIVES COMMITTEE REPORT: None

OLD BUSINESS: Security system has been installed and is operational.

7TH STEP TRADITION: The 7th Tradition basket was passed.

CLOSING: Sydney lead the group in the closing prayer and the meeting was adjourned.



**December 2010
CONTRIBUTIONS TO CSO**

See insert for group contributions.

THANK YOU

Birthday:	Anita A	\$10.00
	Ron L	<u>\$31.00</u>
	Total Birthday	\$41.00
Individual:	Office Kitty	\$ 12.50
	CSO Rep Mtg	\$ 16.00
	7th Tradition	
	TX State Conv	\$ 9.00
	Pat B	\$300.00
	Board Mtg	<u>\$ 13.75</u>
	Total Individual	\$351.25
Memorial:	Anonymous	
	For Bonnie F	<u>\$35.00</u>
	Total Memorial	\$35.00

Group Conscience Meetings

Acceptance	Last Sunday	6:00pm
Colonies North...	1st Monday.....	7:00pm
Goliad...	2nd Sunday.....	11:15am
Group 12...	1st Tuesday.....	6:45pm
Free at Last	As Needed	
Freedom...	3rd Monday.....	7:15pm
Grupo Paz y Sobriedad	3rd Wednesday...	TBA
Highland...	As Needed	
Keep It Simple	Last weekday each month	
Lackland Pyramid...	As Needed	
New Downtown...	1st Saturday...	1:30pm
Rush Hour...	1st Wednesday...	6:45pm
Sane and Sober...	As Needed	
Schertz/Cibolo...	Last Saturday...	1:15pm
Seeds of Grace	As Needed	
Serendipity...	Last Monday...	6:30pm
Stay in the Solution	Last Saturday	1:10pm
Universal City...	2nd Monday	8:00pm
Walzem Road...	As Needed	
Woman's Big Book...	1st Wednesday.	8:00pm
Young and Done...	1st Thursday....	9:30pm
Young and Golden Yrs...	As Needed	