

# NIGHT CAP

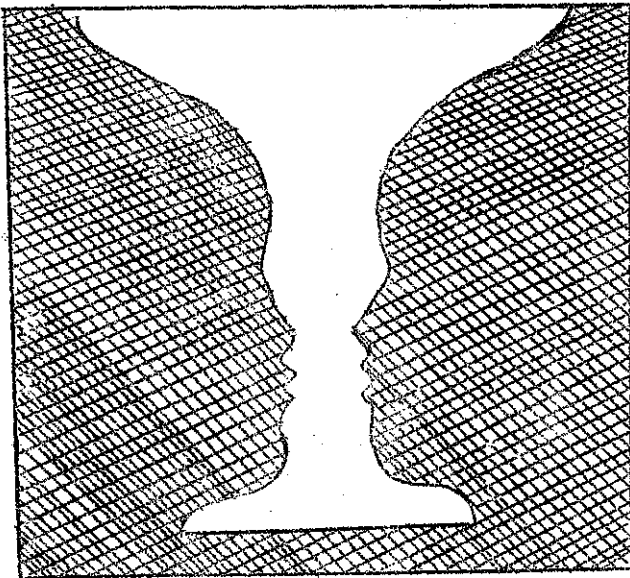
Published monthly by the San Antonio Central Service Office of Alcoholics Anonymous in the interest of greater unity of members in local and South-west Texas Area groups.

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VOLUME THREE

MARCH 1976

NUMBER TWENTY THREE



## THE COURAGE TO FACE REALITY

I think it was St. Thomas Aquinas who wrote that life must be lived, even by those who cannot find the courage to face it. Surely one of the most common reasons that people become alcoholics is that they cannot find the courage to face the realities of life. Yet these remain and after the longest bout of drinking, are still there to be confronted.

Our Twelve Steps are signposts, friendly guides, to those of us who wish to make our peace with life. We have not only to read them but to follow their direction.

The First Step brings us to grips with reality and ourselves; the Second and Third with ourselves; reality and God; the Eighth, Ninth and Twelfth with ourselves, reality and our neighbor.

None of the Twelve Steps is irrelevant to our problems; each of them has its place in the realignment of our lives.

These Twelve Steps are one whole. There may lie a danger in overlooking this aspect of the Steps. There would, for ourselves, be the danger in looking on the Twelfth Step purely as a direction to go out and help other alcoholics. The Twelfth Step is more than this; it is the linking up of all the other Eleven Steps. The last words of the Step are of vast importance... " We tried to practice these principles in all our affairs." Not merely the principle to help others but the principle of continuing to keep ourselves in touch with God as we know Him and the realities of life.

- Fred M.-

## TO SHARE WITH A FRIEND IS TO SEE TWICE THE BEAUTY

Former patients of the San Antonio State Hospital are urged to return to that facility for their Birthday celebrations. To share our joy with all the friends we have made through the Fellowship is wonderful, but to share it with those very new on the road to sobriety is to give the gift of hope and a wonderful way to express our own gratitude.

To arrange to celebrate your birthday at the hospital contact John A. (P.I.C.) 822-5334.

P.I.C. REPORT: For the Period of  
1/23/76 - 2/14/76

Longfellow Jr. School students heard Elizabeth K. and Bob R. on January 20th.

On January 23rd Elizabeth K. and John A. were the guests of South San Antonio High School.

Sunday, January 25th, the First Methodist Church in Seguin heard Katie J., Bill M., Judge A. and Pat S.

Radio Station KCOR aired a 30 minute program on the 28th of January. Participants were: Ignacia H., Candy R. and Juan R. ( A.A.'s ) Bertha S. and Maria R. (Alanon)

Station KEDA ran three five minute spot announcements on January 27th allowing Herb P., Rudolfo F. and Ignacia H. to tell briefly about their recoveries.

A bi-lingual address was presented to a sociology class at Our Lady of the Lake University on the 30th of January. Raul H. chaired the meeting and Juan R., Dave H., Ignacia H., Ben A., and Jose participated in this presentation to a most enthusiastic group of Seniors.

On February 11th students at St. Phillip's College heard John A.

On February 13th Channel KWEX aired a program featuring Rudolfo and Christina F. ( A.A. and Alanon ) and Alesandro R. This Channel also plans a panel discussion with several members in the future to be incorporated in the program "In San Antonio " featuring Martha Gutierrez.

Radio Station KEDA featured a thirty minute program with Dr. Jorge Valles author of ALCOHOLISMO (Alcoholism) and EL ALCOHOLICO Y SU FAMILIA ( The Alcoholic and His Family). The doctor was also interviewed on a one hour program Sunday the 15th of February on station KUKA.

Dr. Valles also addressed the Spanish speaking Community at the Unity Group on Saturday the 14th and was the featured speaker at a special meeting held at Christ the King Church on the 15th of February.

## GROUP NEWS

### Coastal Bend Jamboree

The 21st Coastal Bend Jamboree will be held at the Hilton Inn in Corpus Christi March 12th - 14th. This is a convention for the whole family - A.A.'s , Alanaona and Alateens with all finding meetings to fill their special needs, as well as family meetings to enjoy.

The registration fee, including the Banquet is \$10 and may be mailed to the Jamboree Committee, P.O.Box 3201, Corpus Christi, Texas 78404. No registration fee is required for Alateens. Room reservation may be made by telephoning the Hilton directly:  
# 1-800-492-6993.

### State Hospital Meeting

Members attending the Monday night meeting at the State Hospital who arrive after 7 p.m. will not require passes to enter the grounds.

### Community Meeting

The Community meeting at the Main Post Office will be held in room 641, March 18th at 8:00 p.m. A free film on Alcoholism will be shown. Chairwoman will be Fran T., and speakers will be Emily W. and Irma K. (A.A. ) and Buddy W. (Alanon )

Grupo Unidad : Monthly games; the 2nd Saturday of each month immediately following the 7:00 p.m. meeting.

Santa Fe Group : Discussion meeting every Tuesday and Friday at 8:15 p.m. Topics selected to help members gain a better understanding of A.A.

Ft. Sam Group \* 4th Anniversary

The Ft. Sam Group will celebrate its 4th Anniversary Monday, March 29th at Main Chapel ( basement ) Ft. Sam Houston. It will be an open speakers meeting at 8:15 p.m. Refreshments and A.A. Fellowship will follow the meeting. Mark this date on your calendar!

Spanish Speaking Workshop : Held the last Sunday of the month at the Unity Club 3210 W. Commerce. The purpose of this workshop is to provide better understanding of the Traditions of Alcoholics Anonymous and promote greater unity among the Spanish Speaking groups.

St. Agnes Group Anniversary :

The St. Agnes Group will celebrate their 4th Anniversary on March 10th at St. Agnes Church, 804 Ruiz St. with a meeting at 8:00 p.m., and dinner immediately following. Everyone is invited to this festive evening.

The Haven - Anniversary Party

The Haven will celebrate its 4th Anniversary on March 21st, 1976 with a meeting at 3 p.m., followed by a buffet-style dinner. The guest speaker will be Eve S. Corpus Christi; former Southwest Texas Area Conference Chairperson. Good Fellowship! Good food! a good A.A. message are all promised.

V.A. Hospital Group Anniversary

The Audie Murphy Hospital A.A. Group will celebrate its 1st Anniversary on March 18th, 1976 in the beautiful second floor Recreation Room at 7400 Merton Minter Dr. A meeting, with Bill J. as speaker, Chairwoman: Edna McG., will be held at 8:15 p.m. followed by fellowship and tasty refreshments.

Direction markers will be posted at strategic points from the front Information Desk to the Recreation Room. You can't miss it ! So just follow the signs and join us in this happy occasion of our 1st year celebration. YOU, YOUR FAMILIES AND FRIENDS ARE INVITED !

1st National Convention of Alcoholics Anonymous of 1976 for the Republic of Mexico

An abundance of meetings, workshops, fellowship and entertainment is planned for the 1st National Convention for the Republic of Mexico to be held in Mexico City April 18th-11th in the Congress of Unity of the Medical Center of the Mexican Institute of Social Security. For registration and further information contact :

COMITE ORGANIZADOR  
Gabriel Leyva 26  
Despacho 305  
Apartado Postal 2970  
Mexico 1, D.F.

NEW GROUPS

Sally A.A. Group ( Salvation Army ) meets Thurs. evening at 7:30 p.m. 1324 S. Flores for an open discussion. This group wants and needs the support of area members.

Eastside A.A. Group :

The Group meeting at Antioch Baptist Church, 2156 Nolan Street has been recently reactivated. They meet every Thursday evening at 8:00 p.m. for an open Speaker's meeting, and you can best express your concern for this group by lending your presence.

King's Point Group :

A new group has been formed at Poteet, Texas. King's Point Group , 4443 - Palace, Poteet, Texas (11 miles off Highway 16 South, between Poteet and San Antonio) Open Step meetings are held Tuesday evening at 8:00 p.m. Martha A. has been elected G.S.R. and for further information you may contact her at P.O. Box 648, Somerset, Tx. 78069.

REGULAR MONTHLY EVENTS

Goliad Group - 1004 Avondale, Barbecue Sunday March 14th, 6:00 p.m. Open Speaker's meeting 7:30 p.m. Regular Sunday meetings, 8:15 p.m.

Club 12 - Dinner and games party, 7:00 p.m. Saturday, March 27th at 102 Thames Drive.

24 Hour Service Group - 1203 Fredericksburg Road, Dinner Sunday March 28th at 1:00 p.m. Adults \$1.75; Children \$1.50 Games party immediately following.

C.S.O.C. Meeting March 14th at 7:00 p.m. at Club 12.

The Castell Group - New Braunfels will chair the STARR (Intergroup) meeting March 14th, 8:15 p.m. at Club 12.

REFERRALS ; 1/15/76 - 2/15/76

A.A.	154
Alanon	15
P.I.C.	12
Students	12

IN MEMORIAM

Bill C. Corpus Christi, Texas died Jan. 24 Sympathy to his wife and family.

\* \* \* \* \*

Bill O. San Antonio, died Jan. 31. Bill requested that any memorial might be in the form of a donation to the Central Service Office.

\* \* \* \* \*

Jeff N., husband of Johnnie N. died Feb. 14. Our sympathy to Johnnie and her family.

BIRTHS

Stephen Scott L., January 13, 1976. Welcomed by his parents Scott and Sandy L. and his sister Nicole.

THE ONLY IDEAS THAT WILL WORK FOR US ARE THE ONES WE PUT TO WORK !

So many " Thank you's " to the wonderful " flower children " who worked so tirelessly on the Decorating Committee for the 12th National Women's Conference.

Not only for creating an atmosphere of real beauty at the Conference for all of our out-of-town guests, but for the gift of laughter and friendship which you shared with me, and so many others in the months before the Conference.

And an especially warm "Thank you" to Mary Frances Watson our 'adopted' A.A. who started us all out and joined so enthusiastically in our project.

It was a joyous experience working with all of you !

- Mary Lou C. -

Jeanne W. wishes to thank Charlene D., Myrl H., and Chris H. for being such charming hostesses in the C.S.O. during the Women's Conference.

USE WHAT TALENTS THE LORD GAVE YOU.  
THE WOODS WOULD HAVE LITTLE MUSIC IF ONLY THOSE BIRDS SANG THEIR SONG WHO SAND BEST.

NEWS OF THE SOUTHWEST TEXAS AREADistrict Committee Members 1976/77

District I - all from San Antonio

Frost U.  
Forrest A.  
Herbert P.  
Charlene D.

District II Orville L. - San Marcos  
District III LaRoye G. - Austin  
District IV Felix T. - Brownwood  
District V George W. - Killeen  
District VI  
District VII Clyde M. - Victoria  
District VIII Eve S. - Corpus Christi  
District IX Frank S. - Harlingen  
District X Henry K. - Mission  
District XI W.W. (Andy) A. - Del Rio  
District XII Ann S. - Kerrville  
District XIII Frank P. - Pleasanton

\*

The Central Service Office is registered as the C.S.O. of the whole Southwest Area. All G.S.R.'s of the area are automatically members of the Central Service Office Committee and all therefore entitled to attend the Board meetings. This is not an activity restricted to members of the San Antonio or District I Area.

\*

All G.S.R.'s are urged to fill out their Group Registration Cards. These cards should be collected by their District Committee Member who sends them to the Area Secretary Merle Daniel, P.O. Box 6454, San Antonio, Texas 78209. Due to the re-districting of the Area, we are late in getting these cards together. Our records must be updated, but more important all groups must be registered in the General Service Office of New York.

The Southwest Texas Area Pre-Conference Workshop will take place the 10th - 11th of April, 1976 at the Ramada Inn (San Pedro and Loop 410) San Antonio. All G.S.R.'s, Group Secretaries and officers as well as all District Committee members are urged to attend. All A.A. members are invited.

\*

The District Committee Members Workshop ordinarily held during the month of February is scheduled for Sunday 11th of April following the Pre-Conference Workshop.

\*

The Southwest Texas Area Fund needs Group Contributions for the Delegate's expenses and the other Area expenses. The Policy in this Area has been to contribute from twelve to fifty dollars per group depending on the size and possibilities of each group. Please send your Group Contribution as soon as possible. Checks should be made payable to: Southwest Texas Area Fund and sent to Merle Daniel.

- Raul M. -  
Chairman

WHEN YOU'RE LONELY I WISH YOU LOVE.  
WHEN YOU'RE DOWN I WISH YOU JOY.  
WHEN YOU'RE TROUBLED I WISH YOU PEACE.

WHEN THINGS ARE COMPLICATED I WISH YOU SIMPLE BEAUTY.

WHEN THINGS ARE CHAOTIC I WISH YOU INNER SILENCE.

WHEN THINGS LOOK EMPTY I WISH YOU HOPE.

+++++  
 FINANCIAL CORNER  
 CENTRAL SERVICE OFFICE

<u>GROUP</u>	<u>February</u>	<u>1976</u>	<u>GROUP</u>	<u>February</u>	<u>1976</u>
Alamo Heights	\$ 15.00	\$ 30.00	Northeast	\$ 10.00	\$ 10.00
Audubon	10.00	20.00	Northwest	-0-	25.00
Bethany (Killeen)	-0-	3.00	Northwood	45.00	45.00
Boerne	-0-	-0-	Pilgrim	-0-	-0-
Brees	10.00	20.00	Portland	-0-	-0-
Bridge (New Braunfels)	10.00	20.00	Pride	-0-	-0-
Broadway	10.00	20.00	Reality	10.00	20.00
Cal-Allen(Corpus C.)	-0-	-0-	Reliance	10.00	10.00
Casa del Sol	-0-	-0-	Robstown	-0-	-0-
Court House (Brnsvle)	11.00	11.00	San Pedro	-0-	10.00
Downtown	-0-	25.00	SASH	-0-	-0-
El Carmen	-0-	-0-	Santa Fe	-0-	-0-
Floresville	-0-	-0-	St. Agnes	-0-	-0-
Ft. Sam Houston	20.00	40.00	Seguin	5.00	10.00
Frontier	20.00	40.00	Serenity	10.00	20.00
Goliad	15.00	15.00	Sharing	-0-	-0-
Group 12	50.00	50.00	STARR(Intergroup)	27.67	42.11
Guidance	-0-	-0-	Stepping Stones	25.00	25.00
Happy Hour	-0-	-0-	Sunset	15.00	15.00
Harmony	-0-	-0-	The Haven	5.00	10.00
Highlands	20.00	40.00	Traditions	-0-	-0-
Hill Country	20.00	20.00	Trinity	-0-	10.00
Hope	-0-	-0-	Twenty-Four Hour	15.00	25.00
Kerrville	-0-	-0-	Grupo Unidad	-0-	-0-
Women's Serenity	6.00	12.00	Unity(Monterrey)	-0-	-0-
Killeen	-0-	3.00	Universal City	-0-	-0-
Laurel Heights	10.00	20.00	Valley High	30.00	30.00
Lytle	-0-	-0-	VA Hospital	5.00	15.00
Luling	-0-	-0-	Villa Rosa	25.00	50.00
Marymont	20.00	20.00	Wesley	10.00	10.00
Grupo Montana(Seguin )	-0-	16.00	Windcrest	30.00	90.00
New Braunfels	-0-	-0-	Woodlawn Heights	-0-	-0-

HELP CARRY THE MESSAGE with your BUCK-O-THE-MONTH contributions. See your secretary or mail your contributions directly to the Central Service Office. DON'T DELAY! YOUR HELP IS NEEDED NOW!!!