



The Nightcap

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VOL. 15

JUNE 1985

NO. 6

SASH HOMECOMING

The State Hospital Group's Seventh Annual Homecoming will be Monday, June 17.

7 p.m. -- Fellowship, food, coffee

7:30 p.m. -- Speaker: Charlie A., Corpus Christi

8-10 p.m. -- Dance -- SASH Band,

ARC ANNUAL MEETING & BARBECUE

The big event will not be on the Fourth of July this year, but instead will be on Sunday, June 23.

2 p.m. -- Meeting

3:30 p.m. -- Barbecue

Speaker to be announced; the ARC is south of South Loop 410 on Southton Road.

1986 STATE CONVENTION CONTEST

It's not too soon to start thinking about the State AA Convention which will be held at the downtown Marriott in San Antonio in late June of 1986. In particular, we need to start thinking about a theme for the convention.

Chairman Sunny M. has asked that you mail your ideas for a state convention theme to the Central Service Office, 103 Renner, 78201.

Sunny has announced that the person with the winning theme will be awarded a free ticket to all convention activities: registration, banquet and dance.

DOWNTOWN GROUP SUNDAY BREAKFAST

The Downtown Group is now serving breakfast at 9:30 a.m. Sundays prior to the 10:30 a.m. speaker's/discussion meeting.

NEW LIFE GROUP'S 3RD ANNIVERSARY

Sunday, June 23, at St. Patrick's Catholic Church on Willow Street.

6 p.m. -- AA speaker Jim D.; Al-Anon speaker Roberta D.

7 p.m. -- Supper.

8 p.m. -10 p.m. -- Dance.

SPANISH ASSEMBLY MEETING, DANCE

The 11th Asemblea Estatal Hispana de Texas invites you to a meeting with refreshments, followed by live musical entertainment and a dance, at 7 p.m. Saturday, June 15.

The festivities will be at Christ the King Catholic Church Cafeteria, 2610 Perez. A donation of \$2 will be requested at the door; the event is a fundraiser for the statewide Spanish assembly which will be held July 19-21 at the Bazan Library.

AA meeting chairperson on June 15 will be Fernando G.; speaker will be Ray A.

STATE CONVENTION IS JUNE 6-9

The state AA convention will begin Thursday, June 6 at the Wyndham Southpark Hotel in Austin, 4140 Governor's Row (135 at Ben White Boulevard.)

The entire hotel has been booked solid for several weeks, but if you want to check for cancellations you can call 1-800-822-4200 or 1-512-448-2222. Identify AA convention.

Registration fee is \$20 (includes dance. Here's the speaker lineup:

THURSDAY NIGHT, JUNE 6: Dottie S., North Hollywood, Calif.

FRIDAY, JUNE 7: Curtis M., General Service Office, New York, NY; Craig S., Akron, Ohio; Barbara C., Richmond, Va.; Ed C., Washington, DC; and Scotty A., Midland.

SATURDAY, JUNE 8: Doris N., Amarillo; June G. (Young People), Venice, Calif.; Jana P. (Alateen), Oklahoma City, Okla.; Jack C., (Al-Anon), Richmond, Va.; and Cajun Joe R., Golden Meadows, La.

SUNDAY, JUNE 9: Ernie M., Oshawa, Ontario.

SOUTHWEST LOOP GROUP PICNIC

7 p.m. Saturday, June 8 at Lackland AFB swimming pool area next to golf course; meeting at 8:15 p.m.

MINUTES - CENTRAL SERVICE OFFICE COMMITTEE MEETING (GSR MEETING)
(Sunday, May 19, 1985, at Club 12)

Donna T., Alamo Heights GSR, Chairman, opened the meeting and introduced one new member, Steve S., Alternate GSR for Colonies Group.

Administrative Board Reports: Sunny M. is the new finance chairperson. A written report was submitted. Hospitals and Institutions: Sylvia O. reported that Park North Hospital is holding its own Friday night meeting and no longer requires meetings to be brought in. She also reported that meetings will no longer be taken to the Veterans Hospital because of no requirement to attend and low attendance. Penal Report: Don S., Chairman, reported volunteers are still needed. Carolyn P., Assistant Chairperson, was absent, being involved with a trip to a State Penal Institution. The visits are going well and are very much appreciated. Public Information: No report. Editorial: Janis H., no report. Mailing: Al M. asked again that all GSRs remind people to report any change of address to the CSO as returned Nightcaps are costing CSO 30¢ a copy.

Old Business: More than \$1,000 was made on the 40th Anniversary Celebration. Danna and the anniversary committee were commended. Jim reported the owner of the CSO building is doing extensive remodeling. The current lease expires August, 1986, and a new location is being sought.

New Business: David Y. was elected chairman for the 41st Anniversary Celebration; location for the 41st celebration will be decided later. Jim reported the possibility of a three day weekend convention to be held in San Antonio during 1986. More on that later. Volunteer telephone answering was discussed. It was brought up that the same people seem to volunteer and that the 12-step list needs to be updated. It was voted to have the CSO call members on the current list to verify. GSRs for individual groups will attempt to get more 12-step volunteers. The possibility of a list of 60 people for phone duty on a regular basis (one person every 60 days) was suggested. Volunteer phone duty will remain as is until the update on the 12-step list is completed.

Ray reported the Medical-Professional Group will host a convention April, 1986.

By majority vote, the June CSO meeting was changed to June 23rd because of Father's Day.

District Reports: 1A, Charlie K., present but no report; Rich R., presented report; 1C, Fred D. reported the first area group meeting was May 19. Five groups represented; 1D, Fred D., absent. 1E, Jim B reported that distribution of A.A. literature to doctor offices was going well; 1F, Lalo A. held first district group meeting May 8, with five groups represented. Wesley Group will hold its 27th anniversary celebration May 23, a Mexican dinner followed by a speakers meeting. Kingsboro Group voted to have the second Wednesday of each month Open Podium.

Hospital and Institution Meetings - June:

The Haven: Lytle and Sante Fe Groups
Thursday Detox: Callahan Group
The ARC: Colonies North Group
State Hospital: Goliad Group
House of Yuki: Dakota Group

Monday Detox: Wesley Group
Saturday Detox: Lamda Group
Salvation Army: Freedom Group
Casa Del Sol: Unidad Group

Telephone Answering Services - June:

June 3 - 10th: Stahl Road Group
June 17 - 24: Valley Hi Group

June 10 - 17: Northeast Group
June 24 - July 1: Marymont Group

Respectfully submitted:

Carolyn B., Acting Secretary

A.A. Back Home

The ancient Greek's word for God, Theos, expanded to the phrase "en Theos," meaning God within, is the root word for our word enthusiasm. My Big Book reminds me that I find the great reality deep within, in the final analysis that is the only place it can be found. My Big Book also tells me that the more I come to rely on this vital 6th sense, the more I'll be able to match calamity with serenity, and intuitively know how to handle situations that would have baffled me before. Enthusiasm, then, for sobriety, life, growth and expression of the God within me is what keeps me involved in A.A. after almost 12 years, and is what keeps me going when my life becomes painful and unmanageable. As Viktor Frankl says, "If man has a why for living, he can put up with almost any how."

Enthusiasm was the theme of the group in which I sobered up. The Young People's Group, that met each Sunday night at 8:00 on the second floor of the old York Street Club in Denver, Colorado, believed in enthusiasm. My Higher Power had gone before me and prepared a group of people who helped me conceive of and experience the only thing that could have pulled me toward sobriety to a life worth living. When I came in, I not only did not want to live drunk anymore, I simply did not want to live. I had no foundation to my life, and living had no meaning for me. At first I approached sobriety the same way I had approached life before -- act appropriately, learn the buzz words, give it lip service, but don't believe a word of it -- it's all a game anyway.

One night, after a meeting, Don P. pulled me aside and asked me how I was doing. I said I was doing fine, not drinking, going to lots of meetings, reading the books, and talking with people. He said, "No, I want to know how you are doing." I replied that I was learning a lot, but didn't believe anyone actually did the things in the steps. Don replied "Yes Jean, we actually do them."

(Don later became a minister and a circuit speaker in A.A. and his articles regularly appear in the Grapevine.)

The group went out for ice cream after almost every meeting, gathered in each other's homes for impromptu parties, baby-sat each other's children, pooled their money and went to conferences, exchanged books and ideas and A.A. tapes -- all the while sharing their search for a Higher Power, practicing honesty with themselves and each other, 12 stepping, growing. Curiously, there was very little gossip in the group as we kept constantly before ourselves the seriousness of this disease and the quality goals for sobriety set out for us in the Big Book. Individually and as a group, we strove for quality sobriety, spiritual growth, and the *Joi de vive* of enthusiastic living.

One day when I had been sober about two years one of the girls in the group came to me and said a bunch of people from that group had decided to write a book and asked if I would please contribute. I ran off with a traveling salesman that summer and never got around to turning in my contribution -- but that's another story. Anyway, they published the book and it is now known as *Day By Day*.

The group, as far as I know, is still in existence.

But, I'm sure a part of my heart will always be on the second floor of 1311 York Street with the Young People's Group. The groups' love and legacy lives on in the books, the scarred wood of the podium and in the lives of those of us who were given the guidance and courage to take off our masks, endure the confrontations and the pain of too much tenderness, and allow one of the greatest groups to ever come together to love me into life and sobriety.

Jean S.
Singles in Sobriety

1985 WESTERN DIRECTORY

Reproduced below are actual pages from the 1985 WESTERN DIRECTORY. The directory is compiled from information furnished the General Service Office by District Committee Members at the request of the group's General Service Representative (GSR). The DCM should also notify the GSO to delete groups that are no longer active. See page 35 of "THE A.A. SERVICE MANUAL, 1983-84 EDITION".

Is your group listed? Is the information accurate? If not, maybe you should get acquainted with your DCM. Contributions indicate the amount your group sent in to the General Service Office (AA World Services) in 1984.

TEXAS		Member-ship	Contri-bution	TEXAS		Member-ship	Contri-bution				
SAN ANTONIO — CENTRAL SERVICE OFFICE (D-44-14665)(68-00) — (512-733-7562)103 RENNER DR., 78201				172.00	LOBUD BIG BOOK STUDY GROUP (D-44-01125)(68-01) — (FRI) — FRED DE LA C. (512-680-0899), 5430 CLOVER, 78228 (PETE C. 512-735-1929)				20	7.63	
INTERGRUPAL HISPANA (D-44-00634)(68-00) — P.O. BOX 3246, 78211					MONDAY NITE MENS GROUP (D-44-01080)(68-01) — (MON) — M.G. J. (512-681-9562), 2619 WOODLINE, 78251 (JIM W. 512-696-3423)				12	50.00	
ABUNDANCE HAPPY HOUR GROUP (D-44-01170)(68-00) — (MON,TUES,WED,THUR,FRI,SAT) — PETE C. (512-735-1929), 107 ONE OAK DRIVE, 78228				25	48.89	MORNING AFTER GP (D-44-01107)(68-01) — (MON,THUR,SAT) — SHIRLEY M. (512-647-1655), 5335 N.W. LOOP 410# 1605, 78229				9	100.50
ALAMO GROUP (D-44-00716)(68-01) — (MON) — LAURIE S. (512-824-1852), 7918 JONES MALTSBERGER, #B15, 78216 (RUTH T. 657-4293)				12	55.00	NEW LIFE GROUP (D-44-00819)(68-01) — (TUES) — JOE J. (512-224-5240), 2211 WEST DURANGO, 78207 (CONNIE W. 512-737-3670)				10	10.00
ALAMO HEIGHTS GROUP (D-44-14687)(68-01) — (MON) — DONNA M. T. (512-377-1905), 8200 YORK, 78216				20	273.00	NORTHEAST GROUP (D-44-14907)(68-01) — (SAT) — MARGRET C. (512-656-5022), 7619 OLD SPANISH TRAIL, 78233				30	
AUDUBON GROUP (D-44-14698)(68-01) — (SUN,SAT) — RANDY C. (512-828-1236), 3223 HOWARD, 78212				10		NORTHWEST GROUP (D-44-00042)(68-01) — (MON) — CHRISTINE J. (512-681-7666), 8814 MERRYWOOD, 78250				15	60.00
BIG BOOK GP (D-44-00928)(68-01) — (THUR) — BILL R. (512-824-2445), 307 GENESO RD, 78209 (HENRIETTA DE H. 927-1892)					35.00	NORTHWOOD GROUP (D-44-14929)(68-01) — (WED) — JOHN C. (512-824-5452), 338 CORONA, 78209				22	
BROADWAY GROUP (D-44-14720)(68-01) — (SAT) — JAY M. (512-828-4186), 139 NEW HAVEN, 78209 (MARG B. 512-673-0316)				24	80.00	PARK NORTH GROUP (D-44-00109)(68-01) — (WED,FRI) — CHARLIE C. (512-349-7260), 6903 BORDER BROOK, #1202, 78238				6	120.00
CALLAGHAN ROAD GROUP (D-44-00235)(68-01) — (TUES) — DAVE S. (052-341-5912), 202 ENGLEWOOD, 78213				15	85.00	RELIANCE GROUP (D-44-00014)(68-01) — (SUN) — SHEILA T. (512-822-9269), 2442 BLOSSOM, 78217				7	
COLONIES NORTH GROUP (D-44-00404)(68-01) — (MON,WED,FRI) — DEWEY S. (512-496-7403), 6307 SILVER FOX, 78247				25	315.00	SAHARA GROUP (D-44-00173)(68-01) — (TUES,FRI) — MARY LOU C. (512-223-2063), 330 NIKA, 78208				15	
DOWNTOWN LUNCHEON GROUP (D-44-14731)(68-01) — (TUES,THUR,FRI) — HENRIETTA DE H. (512-927-1892), 738 WEST PYRON, 78221				24		SANTE FE BI-LINGUAL GROUP (D-44-15006)(68-01) — (TUES) — ROMY R. (512-924-1543), 1502 WEST MAYFIELD, 78211				10	
EISENHOWER STEP GROUP (D-44-00415)(68-01) — (THUR) — TOMMY H. (512-656-0389), 230 GOOD HUE, 78218 (ELDIE E. 512-655-8533)				10	15.00	SASH GROUP (D-44-14984)(68-01) — (MON) — CLARA P. (512-333-2041), 4622 CLARK AVE, APT 240, 78223 (BILL F. 512-534-3574)				5	
FORT SAM HOUSTON GROUP (D-44-12102)(68-01) — (MON,THUR) — BILL V. (512-653-3071), 8002 HICKORY FOREST, 78212				20	200.00	SOUTHWEST LOOP GROUP (D-44-00294)(68-01) — (FRI) — BEVERLY A. (512-673-3309), 270 MEADOW GLADE, 78227				9	95.00
FREEDOM GROUP (D-44-01123)(68-01) — (MON,FRI) — KEVIN M. (512-494-4632), 13018 HEIMER RD., #408, 78216				11	75.00	STEPPING STONES GROUP (D-44-15028)(68-01) — (THUR) — WILLANN H. (512-826-8494), 1807 LASOMBRA, APT C, 78209 (L. R. C. 512-736-0094)				20	30.00
FRONTIER GROUP (D-44-14764)(68-01) — (SAT) — NICK N. (5692 NEW SULPHUR SPRINGS RT 1, 78220				50		SUMMIT STEP STUDY GROUP (D-44-00448)(68-01) — (TUES,THUR) — KARLA S. (512-673-0918), 5511 ASPEN VALLEY, 78242				10	
GABBY WOMENS GP (D-44-01095)(68-01) — (MON) — 5719 MO BUD, 78238				25		SUNSET GROUP (D-44-15035)(68-01) — (FRI) — GEORGE L. JR (512-826-1315), 327 RIDGEMONT, 78209				15	
GENERIC GROUP (D-44-01197)(68-01) — (SUN) — CHARLIE K. (512-533-2449), 1515 MISSION RD #95, 78210				25		TEJAS GROUP (D-44-00330)(68-01) — (TUES,THUR) — DURWOOD C. (512-438-7186), ROUTE 2, BOX 2387, BULVERDE, 78163				25	240.00
GENTLEMAN'S ATTITUDE ADJUST. GP (D-44-01165)(68-00) — (SUN) — JIM M. (512-496-2820), 13118 BLANCHE COKER, 78216 (VERN M. 512-828-4350)				25		TURNING POINT GROUP (D-44-00982)(68-01) — (WED) — IRMA K. (512-732-7767), 622 W LULLWOOD DR, 78212 (BOBBY G. 512-492-3790)				20	6.08
GOLIAD GROUP (D-44-14775)(68-01) — (SUN,THUR) — RED K. (512-661-9482), 4522 SISK, 78220 (CHARLIE K. 512-532-0371)				35	30.00	TWENTY FOUR HOUR GP (D-44-15083)(68-01) — (SUN,SAT) — JACK B. (512-342-2422), 201 ZORNIA, 78213				20	
GROUP TWELVE (D-44-15072)(68-01) — (SUN,SAT) — MIKE C. (512-822-4449), 139 STRPPSHIRE, 78217 (CLUB 12 344-8981)				400		V.A. HOSPITAL GROUP (D-44-00418)(68-01) — (SUN,THUR) — JOHN P. (512-684-5041), 7411 DEEP SPRING, 78238				8	
GRUPO EL LIBRO GRANDE (D-44-00668)(68-01) — JOSE T. P.O. BOX 3246, 78211				12		VALLEY HI GROUP (D-44-15105)(68-01) — (TUES) — ROBERT B. (512-681-8396), 8555 TIMBER BRIAR, 78250				40	175.00
GRUPO UNIDAD (D-44-00041)(68-01) — (MON, TUES, THUR, FRI, SAT) — RICHARD R. (512-435-7004), 5139 WITT, 78228 (JUAN R. 732-7445)				10	20.00	VILLA ROSA GROUP (D-44-15094)(68-01) — (TUES) — PETE C. (512-735-1929), 107 ONE OAK DRIVE, 78228				8	
HANGER 9 CHAPTER GROUP (D-44-01180)(68-00) — (TUES) — WILLIAM P. (512-337-8645), 6840 PECAN VALLEY, #2708, 78223				8		WESLEY GROUP (D-44-15116)(68-01) — (THUR) — LODI M. (512-661-3928), 5738 JONES FALL DR, 78244 (R. H. 923-1920)				20	47.00
HAVEN GROUP (D-44-14841)(68-01) — (SUN, TUES, SAT) — JEANNE L. B. (512-922-9791), 640 BARRETT PL., 78225 (CUSTODIAN 512-734-8604)				20		WILFORD HALL GROUP (D-44-00478)(68-01) — (THUR) — JIM A. (512-674-0575), 715 MEADOW SIDE, 78227 (KEITH D. 512-658-3393)				35	90.00
HIGHLAND GROUP (D-44-14863)(68-01) — (WED) — MILES G. (512-922-6533), 259 E. HUTCHINS, 78221 (S. O. 512-532-3067)				20	100.00	WINDCREST GROUP (D-44-15127)(68-01) — (TUES) — ROSEMARY B. (9827 ASTRONAUT, 78217				20	51.00
KINGSBORG GROUP (D-44-00218)(68-01) — (WED) — JOSE G. (512-435-3832), 3214 W COMMERCE, 78207				10	25.00	YOUNG PEOPLE GROUP (D-44-00228)(68-01) — (SUN, WED) — STEVE R. (512-227-9693), 133 1/2 WICKES, 78210 (MARGARET A. B. 512-226-2926)				15	
LAMBDA GROUP (D-44-00187)(68-01) — (THUR, FRI, SAT) — LOU ANN S. (319 MEADOWOOD, 78216				10	210.00	CLUBS					
LAUREL HEIGHTS GROUP (D-44-14885)(68-01) — (SUN) — ALBERTO M. (512-222-1897), 335 MADISON #2, 78204				12	380.00	CLUB TWELVE (D-44-15149)(68-00) — (512-344-8981)102 THAMES DR., 78216					
MARYMONT GROUP (D-44-14891)(68-01) — (TUES) — ROBERT T. (512-654-7539), 20023 OAK CAVE, 78216 (WILBER W. 512-828-1759)				15	105.00	SAHARA CLUB (D-44-15171)(68-00) — JOE W. (732-2956), 2020 LEE HALL 78201					
MEDICAL PROFESSIONS GROUP (D-44-01193)(68-00) — (WED) — RAY A. (MD 512-494-0038), 300 LIMESTONE CREEK ROAD, 78232 (G.L. B. M.D. 512-344-1702)				20							
BOERNE — BOERNE GROUP (D-44-10639)(68-01) — (SUN) — MIKE S. (512-249-8049), P.O. BOX 255, 78006				8	28.92	PLEASANTON — PLEASANTON GROUP (D-44-14423)(68-13) — (TUES, SAT) — PAT W. (P.O. BOX 9, CHARLOTTE, 78011				25	
SUNDAY NITE GROUP (D-44-00997)(68-00) — (SUN) — BILL R. (249-3071), 216 N. PLANT, 78006 (BOB K. 535-4260)					83.92	POTEET — POTEET GROUP (D-44-00554)(68-13) — (FRI) — FRANK L. S. (512-742-3002), STAR RT, BOX 161-B, 78065					
WEDNESDAY NITE STEP GP (D-44-00988)(68-01) — (WED) — ROBERT K. (205 GLENTOWER, SAN ANTONIA, 78213				15	124.18	SCHERTZ — SCHERTZ GROUP (D-44-00509)(68-01) — (TUES, WED, THUR, FRI) — HARRY R. (512-654-4405), 1421B RIDGEDALE STREET, SAN ANTONIO, 78233				10	20.00
LORESVILLE — FLORESVILLE GROUP (D-44-12078)(68-13) — (WED) — BOOTSIE J. (512-780-3793), P.O. BOX 14, PENNA MARIA, 78144 (JOHN G. 779-2901)				15		UNIVERSAL CITY — UNIVERSAL CITY GROUP (D-44-15765)(68-01) — (MON, THUR) — ALLAN M. (512-656-7759), 12408 OLD SPANISH TRAIL, SAN ANTONIO, 78233 (DR. JOHN L. P. 512-654-9484)				15	105.00
LYTLE — LYTLE GROUP (D-44-13851)(68-01) — (MON, WED) — JIM D. (512-772-3400), P.O. BOX 1014, 78052				12	15.00	UNIVERSAL CITY SUN GROUP (D-44-00696)(68-01) — (SUN) — KNUT H. H. (512-657-7879), 7534 OLD SPANISH TRAIL, SAN ANTONIO, 78233 (AL M. 512-656-7759)				6	9.00

JUNE BIRTHDAYS

1 YEAR

Carol C.
 Sharon W.
 Martha R.
 Jon H.
 Jimmy S.
 Carol W.
 Elliott C.
 Robert F.
 Raul M.
 William W.
 Carmen C.
 Barbara B.
 Jimmy M.
 Bickley P.
 Arlene S.
 John M.
 Joe A.
 Snubie G.
 Pamela R.
 Bill C.
 Matt E.
 Bob S.
 Richard R.
 Leo M.
 Jim B.
 Sue M.
 Kay P.
 Mary S.
 Frank Z.

2 YEARS

William R.
 Mac McC Jr.
 David Y.
 Alice L.
 Tracy W.
 Ellie B.
 Carl K.
 Jim G.
 Tom P.

3 YEARS

Roman E.
 Virginia G.
 Richard P.
 James Mcl.
 H.C. (Dick) D.
 M.G. J.
 Edwin G.
 Cathy M.
 Ski Z.
 Ken P.
 Jack H.

4 YEARS

Arthur M.
 Ruth P.
 Maxine H.
 Roy C.
 Angel P.

5 YEARS

Jose G.
 John S.
 Dennis K.

6 YEARS

Ed R.

7 YEARS

Al M.
 John S.
 Arthur G.
 Dolores A.

8 YEARS

Ray M.
 Charlie C.
 Morris C.

9 YEARS

Gloria M.
 Ken D.

10 YEARS

Esther L.
 Lois E.
 Carolyn C.

14 YEARS

Joe A.
 Elaine B.

15 YEARS

Maye A.
 Frost

16 YEARS

Art R.

17 YEARS

Dean E.

18 YEARS

Geraldine R.
 Raul M.

19 YEARS

Jerri McC.

20 YEARS

Cotton D.

21 YEARS

Joan L.

22 YEARS

Alan T.
 Carl H.

27 YEARS

Jeanne W.
 Abel G.

28 YEARS

Betty B.

31 YEARS

Mayme Lou B.

32 YEARS

Gene D.

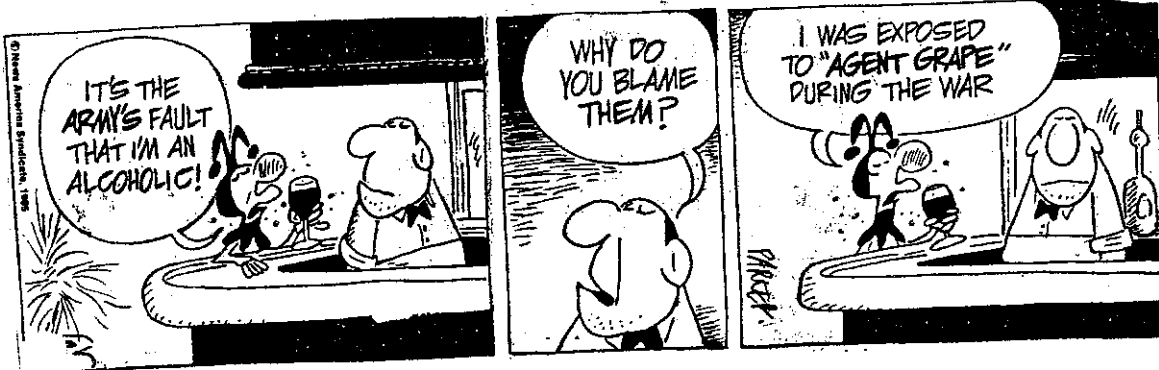
34 YEARS

Mike D.

39 YEARS

Cal F.

HAPPY BIRTHDAY TO ALL! GROUPS PLEASE
 REPORT JULY BIRTHDAYS TO CSO BY
 FRIDAY, JUNE 21.



JUNE 1985

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MAY 1985 M T W T F S 1 2 3 4 6 7 8 9 10 11 13 14 15 16 17 18 20 21 22 23 24 25 27 28 29 30 31	JULY 1985 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31					1 Starlite Group birthdays
2	3	4	5	6	7 Downtown Group potluck, birthdays	8 Unity Club -games_night_ -Southwest Loop picnic
STATE CONVENTION ENDS	10	11	12	13	14	15 Spanish Assembly meeting and dance
16 Goliah Group dinner	17 SASH Homecoming	18	19	20	21 <small>FLAG DAY</small>	22
STATE CONVENTION ENDS	23 ARC mtg. 24 GSR mtg. 4- New Life r. anniv. inner tub	25 Marymont, Valley-Hi, Windcrest birthdays	26 Park North, Northwood, 24-Hour Group birthdays	27 North San Pedro Group birthdays	28 Group 12, S.W. Loop, Freedom, Colonies birth- birthdays	29 Lambda potluck

The following article is reprinted from the May 20 TIME Magazine. Copyright 1985.

Fifty Years, a Day at a Time

To the thousands of people whose lives the organization has saved, the 50th anniversary of Alcoholics Anonymous, which will take place on June 10, commemorates one of the banner days of history. Said a member in Washington last week: "The press covered the anniversary of V-E day very heavily. Well, to a lot of people, the founding of Alcoholics Anonymous is an equivalent milestone." Small wonder. The loosely knit group, which now comprises more than 1 million people, one-third of whom are women, has firmly established itself as the most effective way for alcoholics to stay sober—and alive. One study estimates that 34% of those who join beat the bottle.

A.A. was conceived in Akron, when Bill Wilson, a stockbroker suffering from an uncontrollable drinking problem, got in touch with Surgeon Robert Holbrook Smith, a total stranger and also an alcoholic. Wilson's desperate idea: apply the buddy system to the problem of quitting. Since then A.A. has grown steadily. Participation in the organization, which defines itself simply as "a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism," has doubled over the past ten years. Explains Cathleen Willis, director of Alcoholics Anonymous of Chicago: "Alcoholism is increasingly recognized as a disease. People are more aware of what's wrong. A lot of employers are not tolerating alcoholism in the workplace, and a lot more famous people are coming out of the closet—people you wouldn't normally identify as having a drinking problem."

Anyone with a desire to stop drinking can join A.A. (There is no absolute definition of an "alcoholic.") People in the organization make themselves available to counsel and sponsor prospective members. Alcoholics Anonymous is open to all ages, faiths (including atheists) and races. Says

one member of the New York City branch: "People think A.A. is some monolithic kind of thing. But there is an awful lot of shading. Some groups are very spiritual. Some are very social. For example, over on the East Side of Manhattan, meetings are packed with yuppies who talk like they have just swallowed their Apple computers, the jargon and technical talk is so thick. But our theater group has its own particular problems related to the stage industry. Regardless of the group, along with the differences there are the bonding similarities of the central problem: alcohol." Some assemblies are dominated by a single profession. In Washington, for example, one, made up almost entirely of IRS employees, calls itself the "1040s." Another, "911," consists of policemen. "Birds of a Feather" is a gathering of airline pilots.



Raised hands in Santa Monica, Calif., meeting acknowledge alcoholism

Typical meetings last for one hour. A volunteer usually acts as a moderator, speaking for half the time on "experience, strength and hope." Usually the talk explains what life was like for the person while he was drinking and how it has changed for the better. Later the moderator opens the floor. He or she might ask: "Did anybody want to drink today?" Members respond, frequently dealing with personal issues. The groups have no regimen per se, only the so-called twelve

steps that include such basic A.A. tenets as admitting one's powerlessness over alcohol and acknowledging the existence of a higher power than oneself.

Attendees are, of course, anonymous. They introduce themselves by first name only when they address the assembly and often follow their name with the almost liturgical, "I am an alcoholic." Anonymity protects them from the social stigma of the disease, but it also serves a subtler function. A.A. succeeds in part because it insists upon self-sacrifice. Members find themselves paying attention to other sufferers. Meetings stress togetherness and constantly reinforce the principle that self-pity and guilt over alcoholism are destructive. "It's a feeling that you've finally arrived and have found a home," says one A.A. member. "Mutual support is the whole thing."

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BIG BOOK QUIZ

(answers below)

1. What is our code?
2. What is our real purpose?
3. God wants us to _____
(Complete the sentence.)

1. Love and tolerance of others is our code. (Page 84)
2. Our real purpose is to fit ourselves to be of maximum service to God and the people about us. (Page 77)
3. God wants us to be happy, joyous, and free. (Page 133.)

During the past month, a new meeting has been started in the district. It is the Gratitude Group, meeting on Thursday night in the fellowship hall of St. Mark's United Methodist Church at 1902 Vance Jackson. The meetings are conducted in English, but if a Spanish-speaking meeting is needed, they will have one.

The group will hold elections to fill group offices as soon as enough interest is established, and at that time members will decide whether to be in 1B or in 1E, the new district for Spanish groups.

A meeting was held with the program director of the Park North Treatment Facility, the group secretary, and myself, and the problem that presented itself at the last CSOC meeting was resolved. All meetings held in treatment facilities in this district are conducted in accordance with the pamphlet "AA in Treatment Facilities."

Alberto M. of the Laurel Heights Group is chairman of this district's Cooperation with the Professional Community and is planning a public information type meeting for the medical profession in the community.

I attended a Cooperation with the Professional Community/ Public Information workshop last month in Refugio.

The new AA Western Directory for the U.S. has been published. A number of groups in San Antonio were left out because they were not properly registered with the District and Area. The three in this district that were left out have now been registered.

Yours in service,

Rich R.
District Committee
Member, 1B

(Editor's note: The groups in District 1B are the 24-Hour, Audubon, Bluemel Oaks, Boerne, Callaghan Road, Colonies North, Gentlemen's, DeZavala Big Book, Laurel Heights, Medical Professions, Oblate, Park North, Singles in Sobriety, Group 12, and West Ashby.)

SERENITY GROUP REORGANIZES

The Serenity Group is now meeting again at 8:15 p.m. Fridays at the State Chest Hospital. It is again a non-smoking meeting.

Jim B, District 1E DCM, said the hospital administration is glad to have an AA group at the hospital. AA members' support is needed.

* * * * *
ALBERT EINSTEIN SAID:

"I never worry about the future. It will be here soon enough."

Saturday night, June 8: Dance, live music.

Saturday, June 30: Street dance in the parking lot.

Group 12 Sunday speakers for June:
(Sonny H., chairman for the month)

- June 2: Sonny H., Keith
- June 9: Regina S., Ray M.
- June 16: Speaker TBA, Bo B. chairman
- June 23: Speaker TBA, Kathy G., chm
- June 30: Marty M.

Non-Smokers Happy Hour Meeting

The 5:30 p.m. Non-Smokers Happy Hour Meeting is on again at Club 12, and will be held Monday through Friday in the TV room.

This meeting is in addition to the regular Happy Hour meeting, which is held at 5:30 p.m. seven days a week.

Setting It Straight

The folks at Club 12 have asked us to clarify the fact that they are not reducing the total amount per month which they are contributing from Group 12 to AA service.

It's just that their monthly contribution will now be broken down into the 60/30/10 plan: 60 percent of \$200 to Central Service Office; 30 percent to General Service Office in New York; and 10 percent to the Southwest Texas area.

* * * * *

CONVENTION CLIPBOARD

June 6-9: State AA Convention, Wyndham Hotel, Austin.

July 4-7: International Convention, Montreal.

July 26-28: Hill Country Roundup, Inn of the Hills, Kerrville, Texas.

August 6-10: Crested Butte Mountain Conference, Crested Butte, Colorado.

October 4-6: Southwest Texas Area Conference, El Tropicano Hotel, San Antonio.

December 6-8: Southwest Regional Forum, Dallas, Texas.

June 26-29, 1986: State AA Convention, Marriott Downtown, San Antonio.

* * * * *

Tact is the art of making a point without making an enemy.

About Alcoholism

ALCOHOLISM Disease Concept Rooted in Early 1800's

When did alcoholism first begin to become accepted as a "respectable disease" by the medical community? Was it in 1971 when the NIAAA was created? Or was it in 1960, following the publication of E. M. Jellinek's influential book, *The Disease Concept of Alcoholism*?

A common notion is that the disease concept of alcoholism was "discovered" jointly by the Yale Center for Alcohol Studies and Alcoholics Anonymous in the late 30's and early 40's, and this discovery led directly to the increasing awareness that medical treatment for the alcoholic was appropriate.

However, historical research on physician attitudes toward alcoholism discloses that physician indifference or hostility to the plight of the inebriate have been grossly exaggerated, according to historian Sarah E. Williams, who teaches at the Harvard School in Boston. Williams notes that 19th century physicians, following the lead of Dr. Benjamin Rush (the American Hippocrates), saw "only too clearly the ravages of excessive drinking in their patients."

As a result, physicians often took leadership roles in temperance organizations and worked to provide medical treatment for the acute and chronic effects of intemperance throughout the 19th century. But, says Williams, ambivalence remained: "Intemperance, thanks to the newly blossoming temperance movement, was of tremendous medical interest, yet it was not fully respectable because it was 'vice' and not a 'disease.'"

There were exceptions. Delerium tremens became increasingly popular in the 1820's, although, says Williams, DTs was hardly mentioned before then and received its modern name only in

Items published in this section may be contrary to A.A. philosophy. Publication here does not mean that The Nightcap or A.A. endorses or approves -- they are offered solely for your information.

1813. In contrast to intemperance, DTs was a "respectable disease" and physicians paid much more attention to the symptomatic treatment of the DTs than to the rehabilitation of the chronic inebriate.

Nevertheless, there was a marked change apparent in the physicians' attitudes toward alcohol problems as the 19th century progressed. Williams' research uncovered 16 medical theses written in 1826 on delerium tremens and intemperance. The medical societies of New York and Massachusetts awarded prizes to essays and discussions on intemperance. And by the late 1820's, says Williams, medical journals published with increasing frequency a wide variety of articles on intemperance.

In his 1784 tract on the effects of ardent spirits, Benjamin Rush suggested asylums for the care of drunks, and this notion was picked up in the middle of the 19th century, when physicians and temperance leaders succeeded in establishing hospitals and inebriate asylums for intemperates.

By the time of the Civil War Williams says drunkenness "was receiving considerable attention in the medical texts," reflecting a clear change in physician attitudes. The outlandish belief that "intemperance was a disease needing specialized treatment had gain considerable support." Williams adds, "and a beginning had been made in founding institutions for the care of chronic inebriates."

Far from alcoholism being a modern discovery Williams' research shows that from 1790 - 1860 physicians were beginning to develop a conception of alcoholism that has a distinctly modern ring: "General acceptance was

To My Friends in A.A.

OBITUARY

I am deeply grateful to all of you for the book "Pass It On" and for the many signatures included in it. I shall treasure it as long as I live!

As I look back on my life no chapter in it brings more joy and gratitude than my work in A.A. I have learned so much from all of you about how to face life and to overcome its difficulties.

May God continue to bless you as you follow Bill's advice: "Pass it on."

Ever Your Friend,
Everett H. Jones

Editors note: Bishop Jones helped to found A.A. in San Antonio.

Prayer Under Pressure
(from page 250 in "As Bill Sees It")

"Whenever I find myself under acute tensions, I lengthen my daily walks and slowly repeat the Serenity Prayer in rhythm with my steps and breathing.

"If I feel that my pain has in part been occasioned by others, I try to repeat, "God grant me the serenity to love their best and never fear their worst." This benign healing process of repetition, sometimes necessary to persist for days, has seldom failed to restore me to at least a workable emotional balance and perspective."

(About Alcoholism, continued)

given, at least among physicians inclined to temperance, to the idea that drinking was a vicious habit, but intemperance was a medical condition that needed treatment."

(The U.S. Journal of Drug and Alcohol Dependence, Vol. 8, No. 3 (March 1984))

We were saddened to learn this week of the death of one of AA's most valuable members, Someone Else. Someone's passing has created a vacancy that will be difficult to fill. Else had been with us for many years. Else did far more than the normal person's share of work. Whenever leadership was mentioned this wonderful person was looked to for inspiration as well as results. "Someone Else can work with that group." Whenever there was a job to do, a committee to chair, one name was on everyone's list: "Let Someone Else do it."

Someone Else was a wonderful person -- sometimes appearing super human, but a person can only do so much. Were the truth known, everyone expected too much from Someone Else. Now Someone Else is gone! We wonder what we are going to do. Someone Else left a wonderful example to follow, but who is going to follow it? Who is going to do the things Someone Else did?

When you have a chance to participate, remember we can't depend on Someone Else anymore!



GROUP CONTRIBUTIONS RECEIVED
APR 27 - MAY 27, 1985

<u>GROUP</u>	<u>DISTRICT 1-A</u>	<u>MAY</u>	<u>YTD</u>	<u>GROUP</u>	<u>DISTRICT 1-D</u>	<u>MAY</u>	<u>YTD</u>
NORTHWEST		\$	\$60.00	ALAMO		\$	\$150.00
V.A. HOSPITAL				DOWNTOWN		10.00	50.00
VILLA ROSA	100.00		197.00	EISENHAUER			30.00
W ABUNDANCE HAPPY HR			220.88	FORT SAM HOUSTON		50.00	100.00
W FRI-SAT NIGHT OWLS	10.50		22.00	KIRBY-CONVERSE			
W GENERIC				NEW LIFE		5.00	5.00
W HALF-YEAR BUNCH			9.00	*NORTHEAST		18.00	108.00
W MOBUD BIG BOOK	10.00		85.27	SCHERTZ			90.00
*W MONDAY NIGHT MEN'S	32.70		32.70	STEPPING STONES			
W MONDAY NIGHT WOMEN'S			4.30	*UNIVERSAL CITY		60.00	120.00
W MORNING AFTER	60.91		285.71	UNIVERSAL CITY, SUN			15.00
W SIESTA-LADIES			30.45	<u>DISTRICT 1-E</u>			
W SUMMIT	61.25		114.70	CASTROVILLE			
W SUNDAY DISCUSSION				DAKOTA			
W MOBUD ROUNDTABLE			5.75	FLORESVILLE			25.00
W TURNING POINT	31.57		69.82	FRONTIER			
W WEEKEND WINNERS				GOLIAD			100.00
W YOUNG PEOPLE				*HAVEN		100.00	200.00
<u>DISTRICT 1-B</u>				*HIGHLAND		20.00	100.00
AUDUBON	25.00		50.00	KELLY'S BOOZE BUSTERS			
BLUEMEL OAKS	11.18		66.93	*LAMBDA (GAY)		30.00	150.00
BOERNE			47.00	*LYTLE			40.00
*CALLAGHAN ROAD			100.00	PLEASANTON			
*COLONIES NORTH			50.00	SASH			100.00
MEN'S ATTITUDE ADJ.				SOUTHWEST LOOP		5.00	15.00
DE ZAVALA BIG BOOK				*VALLEY-HI			46.00
LAUREL HEIGHTS	40.00		180.00	WILFORD HALL		20.00	80.00
*MEDICAL PROFESSIONS	100.00		170.00	<u>DISTRICT 1-F</u>			
*OBLATE			140.00	EL LIBRO GRANDE			
PARK NORTH			150.00	GRUPO EL SOL		5.00	5.00
SINGLES IN SOBRIETY				GRUPO UNIDAD		5.00	32.00
TWELVE	120.00		920.00	KINGSBORO		10.00	20.00
WEST ASHBY			195.00	*SANTA FE			8.00
<u>DISTRICT 1-C</u>				*WESLEY			9.00
*ALAMO HEIGHTS	84.00		294.00	<u>AREA</u>			
ALPHA HOUSE			75.00	CALDWELL TRI-CITY			5.00
*BROADWAY			111.00				
COKER	76.20		76.20				
FREEDOM	75.00		350.00				
*MARYMONT			160.00				
*NORTH SAN PEDRO			75.00				
NORTHWOOD			150.00				
RELIANCE							
SAHARA							
*STAHL ROAD							
ST PAULS							
SUNSET							
TEJAS			180.00				
WINDCREST							
*CSO COMMITTEE MEMBERS ATTENDING CSOC MEETING MAY 15, 1985 W = GROUPS MEETING IN WINNERS CLUB							

SUMMARY OF CONTRIBUTIONS

DISTRICT 1	\$1176.31
BUCK-A-MONTH	178.00
AREA	-0-
INDIVIDUAL CONTRIBUTIONS	20.00
MEMORIAL CONTRIBUTIONS	-0-
	<u>\$1374.31</u>

DISTRICT 1 ACTIVE GROUPS	82
NEW GROUPS REPORTED	0
DISCONTINUED GROUPS	0

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