



# The Nightcap

AA IN SOUTHWEST TEXAS

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## "NOTHING VENTURED, NOTHING GAINED"

When facing a new challenge, it's natural to fear making a mistake and appearing foolish. Remember the first time you tried to ride a bicycle? You trembled as you threw your leg over and placed your foot on the pedal. A couple of hesitations, a little wobbling, and you pushed the pedal down with do-or-die determination. And you fell. But you managed to make the wheels revolve three or four times before you lost your balance, and your friends were cheering you on, so you got back on the bike, not allowing yourself time to "chicken" out. After half a block of seesawing from one side of the street to the other, you fell again. But you'd had a taste of the exhilaration of success and nothing could stop you now. Nothing did. Another try or two and you had full control of the bicycle.

Every failure can be a learning experience if you accept it as such. If you hadn't tried, you wouldn't know what you know now. Don't call yourself a failure when you make a mistake. Just say, "Okay, so I failed this time. I'll make it yet!" The greatest failure is not making the attempt. You may not always succeed, but with unbridled enthusiasm, curiosity and determination, you will grow. The only thing we have to fear is fear itself. (DT)

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LAUGHTER is a task as well as a gift, and calls for training and cultivation. There are occasions when we must give the deepest sympathy to our fellows. But there are also times when we must know how to laugh and to help others to laugh. This is a large part of the secret of physical and mental health. As Laurence Sterne put it long ago: "Every time a man smiles, much more when he laughs, he adds something to the fragment of life. (JP)

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"THE LONGEST ODDS IN THE WORLD ARE THOSE AGAINST GETTING EVEN."

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"SMILE, it increases your face value."

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There will be a CSO Board Meeting on Tuesday June 9th 7:00 PM at the Central Service Office. There will be a CSOC meeting on Sunday June 14th at Club 12, 7:00 PM.

The lion sprang upon the bull and devoured him. After he had feasted, he felt so good that he roared and roared. The noise attracted hunters and they killed him.

The moral of the tale is that when you are full of bull, you should keep your mouth shut.

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#### LOOK AND YOU SHALL FIND

In a garden, I found contentment; in a seed, I found faith.  
In a flower, I found God; in a tree, I found patience.  
In a butterfly, I found beauty; in a friend, I found joy.  
In a smile, I found acceptance; in a touch, I found encouragement.  
In a child, I found trust; in a parent, I found generosity.  
In a storm, I found courage; in a rainbow, I found hope.  
In a sunset, I found serenity; in a mountain, I found immortality.  
In a book, I found truth; in a teacher, I found wisdom.  
In a prayer, I found peace; in a song, I found freedom.

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#### "HAVE A GOOD DAY"

Take time to laugh, It is the music of the soul  
Take time to think, It is the source of power  
Take time to play, It is the source of perpetual youth.  
Take time to pray, It is the greatest power on earth  
Take time to read, It is the fountain of wisdom  
Take time to love and be loved, It is a God-given privilege  
Take time to be friendly, It is the road to happiness  
Take time to give, It is too short a day to be selfish  
Take time to work, It is the price of success.

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ANN ARBOR, MICH. - Raising the legal drinking age in Michigan from 18 to 21 has resulted in a significant reduction in alcohol related automobile accidents among 18- to 20-year old drivers. There has also been a reduction in crashes among 16- and 17-year old drivers.

Michigan reduced the legal drinking age to 18 in 1972. In following years, several investigators, reported significant increases in alcohol-related crashes among young drivers; and in January 1979 the legal drinking age was raised to 21.

Among 18- to 20-year old people, "the frequency of police-reported 'had been drinking' crash involvement was 30.7% lower in 1979 than one would have expected had there been no change in the drinking age"

The frequency of late-night, single-car crashes by male drivers in the 18- to 20-year old age group was down by 17.7%.

Police reported that "had been drinking" crashes by 16- to 17-year-old drivers dropped by 7.4%.

THE SERENITY PRAYER

- GOD . . . . . With the saying of this word I am admitting the existence of a Higher Power. A being far greater than I.
- GRANT . . . . . With the repeating of this second word I am admitting that this Higher Power is an authority who can bestow and give.
- ME . . . . . I am asking something for myself. The Bible states that if I ask it shall be given. It is not wrong to ask for betterment of myself. For with the improvement of my character people around me will be made happier.
- SERENITY , , , , . I am asking for calmness, composure and peace in my life which will enable me to think straight and govern myself properly.
- TO ACCEPT . . . . . I am resigning myself to conditions as they are right now.
- THE THINGS I CANNOT CHANGE . . . . . I am accepting my lot in life as it is. Until I have the courage to change any part of my life I don't like, I must accept it and not accept it grudgingly.
- COURAGE . . . . . I am asking for a quality of spirit to face conditions without flinching.
- TO CHANGE. . . . . I am asking for conditions to be different.
- THE THINGS I CAN . . . . . I am asking for help to make the right decisions. Everything is not perfect in my life. I must continue to face reality and constantly work toward continued growth and progress.
- WISDOM . . . . . I am asking for the ability to form sound judgments in any and all matters.
- TO KNOW . . . . . I want to be able to understand clearly truths of fact.
- THE DIFFERENCE. . . . . I want to see things differently in my life so there can be some distinction. I need to sense a definite value in love over selfishness.

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HELP ME, DEAR LORD, WHEN I WANT TO DO THE RIGHT THING BUT DON'T KNOW WHAT IT IS. AND HELP ME MOST, LORD, WHEN I KNOW PERFECTLY WELL WHAT I OUGHT TO DO, BUT CAN'T FIND THE WILL TO DO IT!

SASH A.A.GROUP WILL BE HOSTING THE 3RD ANNUAL HOMECOMING HONORING FORMER SASH ALCOHOLISM PATIENTS, JUNE 15TH, 1981 IN THE AUDITORIUM. Time: 7:30 PM Fellowship. 8:00 PM Meeting with guest speaker, Skeeter S. of Port LaVaca, Tex. 9:00 PM-Reception with punch coffee and cake.

Everyone welcome, we are counting on your support. NO COLLECTION.

LAMBDA Group is moving to 402 E Carson, (corner of Carson add No. Pine) Closed discussion meetings on Tuesday and Friday at 8:15 PM.

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On the last Saturday of each month, the ARC will have a dance from 9:15 PM to 12:00 Midnight. The first one will be held on May 30th. Please come and have a good time.

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Attn.: All DCM's, GSR'S and all AA members. Raul M., our SW Texas area delegate, will give a report on the Conference he attended in April in New York. We will learn what is happening at the General Service Office and around the world. Find out what new changes are taking place to deep our wonderful A.A. program working for each and everyone of us, and for the sick alcoholic still out there suffering. Many of them will come in and find this wonderful program and a chance for a second life. This event will take place on June 14th at 7:45 PM at Club 12. This will follow the regular CSOC meet.

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Roland R. donated the dinner tickets for the 36th anniversary of A.A. in San Antonio, held on April 13, 1981. Roland, we here at the Central Service Office say a big "thank you". Individual Contributions like yours help to keep the Central Office open and operating. Again, Roland, thank you very much. We love you in the fellowship.

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We were saddened by the news from Victoria that Eleanor Mitchell, beloved wife of Clyde, passed away April 26th. The last eighteen years of her life were devoted to our cause. We will miss her.

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If any of you beautiful A.A. members out there would like to make contributions, it would be greatly appreciated. Our Central Office operates on a shoestring and sometimes that string gets stretched and looks as if it might break. Where would we be without our Central Service Office here in the city of San Antonio? We receive so many information and referral phone calls, and of course there is available, a large supply of literature.

Inflation has touched each and everyone of us. It has also touched this Central Office of ours.

We can say -"Thank God for this wonderful A.A. program, and you wonderful A.A. people that today I have a wonderful way of life, and I have a few extra dollars once in a while. You see, today I don't have to spend these few dollars on booze, so I try to give a little back to this program, which gave me a second life. Oh, how sweet it is."

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The Pearsall Group now meets at the FRIO County Courthouse on Wednesday 8:15 PM for OPEN Discussion meeting.

SALLY, VILLA ROSA AND ARC MEETINGS:

SALLY: The Reliance Group will have the meetings during June.  
Cal W. will have the meetings during the month of July.

VILLA ROSA: June:  
2nd Group 12  
9th Sunset Group  
16th Sunset Group  
23rd Goliad Group  
30th Broadway Group.  
July:  
7th Windcrest Group  
14th Goliad Group  
21st Broadway Group  
28th Valley Hi Group

ARC: June:  
6th V A Hospital Group  
13th Young People  
20th Club 12  
27th V.A. Hospital Group  
July: The Tejas Group will have the meetings during  
the month of July.

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The Frontier Group will have a special AA meeting following the Election of Board Members of the ARC on June 14th. Following the election, which begins at 1:30 PM on Sunday, Mr. Elves Smith will speak. There will be a barbecue dinner following the AA Meeting. Adult donation will be \$2.50, Children \$1.50. If you plan to attend please call the ARC at 633-0201 and let them know. Your interest in the ARC will be rewarding.

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YOUNG PEOPLES GROUP. Please note the new time and place, Sunday meeting now held at Villa de Tejas, 8301 Speedway. The time is 6:00 PM to 7:30 PM instead of 8:00 to 9:30 PM. For further information call Mary at 695 -8967.

Young Peoples Wednesday meeting will be held at St Andrew's Presbyterian Church, 8231 Callaghan Rd. This meeting will be at 8:15 PM instead of 8:00 PM. Contact Mary at 695 7278. You may also call John at 680 1045, or Jeannie & Susie at 349 7278, Dusty at 733 5784 or Bryan at 349 2231.

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The HAVEN Group will have their regular monthly Barbecue on June 14th. These are held on the second Sunday of each month. Serving time will be from 2:30 to 4:30 PM. The donation is \$3.00. The regular meeting will begin at 5:00 PM. Everyone is invited to come and enjoy the good food and the fine meeting. Other meetings of the Haven Group: Tuesdays at 8:15 PM -Open Discussion. Saturday, 8:15 PM, Open Speakers meeting.

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The Goliad Group holds a regular monthly barbecue on the 3rd Sunday of each month at 6:00 PM. Come join in the fun and enjoy the good barbecue.

CENTRAL SERVICE OFFICE-SAN ANTONIO, TX  
RECEIVED AS OF MAY 26, 1981

<u>GROUP</u>	<u>MAY</u>	<u>TO DATE</u>	<u>GROUP</u>	<u>MAY</u>	<u>TO DATE</u>
Alamo Heights	\$30.00	\$75.00	Northwood	\$ -0-	\$200.00
Audubon	-0-	-0-	Open Door	20.00	60.00
Broadway	-0-	65.00	Park North	50.00	150.00
Callaghan	-0-	100.00	Randolph	-0-	-0-
Coker	-0-	48.00	Reliance	-0-	-0-
Colonies North	100.00	200.00	Sahara	-0-	-0-
Downtown	-0-	-0-	Sally	-0-	-0-
Eisenhower Step	-0-	30.00	Santa Fe	10.00	10.00
Esperanza	-0-	-0-	SASH	-0-	30.00
First Step	-0-	-0-	Schertz	-0-	60.00
Ft Sam Houston	40.00	200.00	Serenity	15.00	75.00
Frontier	-0-	20.00	Southwest Loop	-0-	50.00
Goliad	20.00	100.00	Spiritual Awakening	-0-	-0-
Group Twelve	100.00	500.00	Spiritual Life	-0-	-0-
Grupo Del Sol	-0-	8.00	Stepping Stones	-0-	75.00
Grupo Unidad	7.00	14.00	Summit	-0-	120.00
Haven	-0-	100.00	Sunset	15.00	75.00
Helotes	7.00	7.00	Tejas	-0-	310.00
Highlands	20.00	100.00	Triangle	-0-	-0-
Kingsboro	-0-	10.00	24 Hour	-0-	-0-
Lambda	5.00	25.00	Universal City	120.00	120.00
Laurel Heights	20.00	65.00	VA Hospital	-0-	10.00
Lytle	-0-	18.00	Valley-Hi	40.00	140.00
Marymont	-0-	25.00	Villa Rosa	52.00	100.00
Metropolitan	-0-	-0-	Wesley	8.00	16.00
Northeast	-0-	90.00	Wilford Hall	-0-	-0-
North San Pedro	-0-	80.00	Windcrest	-0-	100.00
Northwest	5.00	68.00	Young Peoples	-0-	60.00

56 Active Groups in District 1

20 Groups Contributed in May

SUMMARY OF CONTRIBUTIONS

District 1 Groups	\$ 684.00
Area Groups	70.00
Buck-A-Month	78.00
Individual	26.00
Memorial	20.00
	<u>\$ 878.00</u>

AREA

Floresville	-0-	30.00	Starlight Village	-0-	15.00
Bandera	60.00	60.00	Canyon Lake	10.00	10.00

BUCK-A-MONTH CONTRIBUTION FORM

DATE \_\_\_\_\_

CENTRAL SERVICE OFFICE - 109 LEXINGTON AVE - SUITE 215 - SAN ANTONIO, TEXAS 78205  
Please enter my subscription to Buck-A-Month for \_\_\_\_\_ months.

NAME \_\_\_\_\_ STREET \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_