



The Nightcap

PUBLISHED MONTHLY BY CENTRAL SERVICE OFFICE

AA IN SOUTHWEST TEXAS

103 RENNER, SAN ANTONIO, TX 78201 PHONE NUMBER 512-733-7562

VOL 10

JULY 1982

NUMBER 7

WRITE IS RIGHT!

It seems to me I can do my 4th Step Inventory in my head. I have a very good memory. Why do I have to write it all down? Besides, somebody might get hold of it and I sure don't want that. They might blackmail me.

Well, I talked to my sponsor about this and he said if I wanted to have the promises fulfilled in my life, I would need to work the 12 Steps painstakingly. He said that means doing it like the book says.

So I checked it out and here's what I found:

- Page 64 - "In dealing with resentments we set them on paper. We listed people, institutions or principles with whom we were angry."
- Page 65 - "On our grudge list, we set opposite each name our injuries."
- Page 66 - "We returned back to the list, for it held the key to the future."
- Page 67 - "When we saw our faults, we listed them. We placed them before us in black and white."
- Page 68 - "We reviewed our fears thoroughly. We put them on paper..."
- Page 75 - "When we decide who is to hear our story, we waste no time. We have a written inventory and we are prepared for a long talk."

All right, all right--I get the message. I surrender! I give up. As soon as I can find a pencil, I'll start writing it down. But I want you to know I do have a very good memory...

SACSO

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a good AA

A good AA is not measured by the height of his body, but by the depth of his soul; not by the height he reaches for learning, but the depth to which he stoops for serving; no only grateful for what he may get, but for what he can give. He is one who always makes happy the sad things, and strives not for cleverness, but for wisdom. He would rather be right than popular. He would rather be called foolish by men, than selfish by God. His battlefields are the homes of the hopeless, jails, hospitals and prisons where those abandoned by others turn to him in hope. How well he knows that it is not the strength of his will but the gentleness of his touch which soothes the most desperate of sick men, the alcoholic.

So let each of us keep bright the flame of compassion which must burn brightly and steadily in the sanctuary of every true AA heart. For it is true that if ever our lamp of charity burns dim, the lamp of another may go out entirely! The highest dignity and the greatest nobility on earth, for us to earn, is the simple but exalted title of "a good AA."

W.S.

1982 WESTERN DIRECTORY

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The 1982 Western Directory has been received by all GSR's of record. The record dosen't look too good. The groups in the San Antonio area are reproduced below. Boerne, Helotes, Lytle and Universal City can be found under the city heading.

According to the AA Service Manual, p 36 & 37, it is the current GSR responsibility to notify the GENERAL SERVICE OFFICE in New York of any group changes. The GENERAL SERVICE OFFICE wants to deal directly with each individual group. When advising GSO of changes, please include old & new information and use your group service number.

The CENTRAL SERVICE OFFICE also wants all changes but once reported to the CSO, that is where the information stops. We do not forward changes to the AREA or to the GENERAL SERVICE OFFICE.

The 1st column of figures opposite your group is the estimated membership, the 2nd column is the amount your group contributed to the GENERAL SERVICE OFFICE in 1981.

SAN ANTONIO - CENTRAL SERVICE OFFICE (D-44-14605)(68-00) - (512-226-2523)103 RENNOR DR., 78201 (MARY LOU [REDACTED])					
INTERGRUPAL HISPANA (D-44-00634)(68-00) - P.O. BOX 3246, 78211					
24 SERVICE GROUP (D-44-15083)(68-00) - (MON, TUES, WED, FRI, SAT) - CLARKE C. [REDACTED] (512-340-7432), 3222 N.W. LOOP 410, #8, 78213	20	9.60			
ALAMO HEIGHTS GROUP (D-44-14687)(68-00) - (MON) - BUD S. [REDACTED] (512-654-1929), 2210 WOODMAN, 78209 (JERRY M. [REDACTED] 822-7070)	20	112.50			
AUDUBEN GROUP (D-44-14698)(68-00) - (SAT) - GAYLE M. [REDACTED] (512-534-7634), 419 WHITING, 78210 (A. R. [REDACTED] 512-656-2852)	10				
BROADWAY GROUP (D-44-14720)(68-00) - (SAT) - JAY M. [REDACTED] (512-822-3198), 139 NEW HAVEN, 78209 (MARG B. [REDACTED] 512-673-0316)	24	151.00			
CALLAGHAN ROAD GROUP (D-44-00235)(68-00) - (TUES) - SUNNY M. [REDACTED] (512-344-7302), 5604 VANCE JACKSON, 78230	15	140.00			
COKER GROUP (D-44-00484)(68-00) - (WED) - DAVE S. [REDACTED] (512-824-4638), 163 WAXWOOD LANE, 78216	10	84.00			
COLONIES NORTH GROUP (D-44-00404)(68-00) - (MON, WED, FRI) - MICHAEL C. [REDACTED] 4306 H DEAN PANNILL DRIVE, W., 78229	25	125.00			
DOWNTOWN GROUP (D-44-14731)(68-01) - (SUN, MON, TUES, WED, FRI) - LES P. [REDACTED] (512-690-8170), 4801 GOLDFIELD #187, 78218	24				
EISENHOWER STEP GROUP (D-44-00415)(68-00) - (THUR) - JOHN R. J. [REDACTED] (512-653-3199), 9534 NEW WORLD, 78239 (ELDIE E. [REDACTED] 512-655-8533)	10	20.00			
FORT SAM HOUSTON GROUP (D-44-12102)(68-00) - (MON, THUR) - PETE P. [REDACTED] (512-654-3545), 6828 OLDHAM, 78239	20	200.00			
FRONTIER GROUP (D-44-14764)(68-01) - (TUES, SAT) - WINNIE C. [REDACTED] (512-337-1783), 4622 CLARK AVENUE, 78223 (J. B. [REDACTED] 734-0562)	50	20.00			
GOLIAD GROUP (D-44-14775)(68-00) - (SUN, THUR) - BILL F. [REDACTED] (512-534-3574), 240 YELLOWSTONE, 78210 (CHARLIE K. [REDACTED] 512-532-0371)	35	165.00			
GROUP TWELVE (D-44-15072)(68-00) - (SUN, SAT) - ANN M. J. [REDACTED] (512-344-8563), 10311 OASIS DRIVE #4G, 78216 (CLUB 12 344-8981)	400	250.00			
GRUPO CASA DEL SOL (D-44-14781)(68-01) - (FRI) - JOE G. [REDACTED] (512-224-5345), 923 BURLISON, 78202	8	76.00			
GRUPO EL LIBRO GRANDE (D-44-00668)(68-00) - P.O. BOX 3246, SAN ANTONIO, 7821					
GRUPO UNIDAD (D-44-00041)(68-00) - (SUN, MON, SAT) - LALO A. [REDACTED] (512-532-4950), 454 AVANT, 78210 (JUAN R. [REDACTED] 732-7445)	10	10.00			
HAVEN GROUP (D-44-14841)(68-00) - (SUN, TUES, FRI) - BECKY E. [REDACTED] (512-733-7562), 539 MC CARTY, #605, 78216 (CUSTODIAN 512-734-8604)	20	30.00			
HIGHLAND GROUP (D-44-14863)(68-01) - (WED) - CHARLES R. [REDACTED] (512-226-1179), 1618 E CROCKET, 78202 (S. O. [REDACTED] 512-532-3067)	20	100.00			
KINGSBORO GROUP (D-44-00218)(68-01) - (WED) - GUSTAVO V. [REDACTED] (512-674-8874), 1211 STAR HAVEN, 78227	10	27.00			
LAMBDA GROUP (D-44-00187)(68-00) - (TUES, FRI) - JOHN S. [REDACTED] (512-532-2556), 6218 S. NEW BRAUNFELS #8-D, 78223	10				
LAUREL HEIGHTS GROUP (D-44-14885)(68-00) - (SUN) - GARY K. [REDACTED] (512-622-9339), RT 9, BOX 267 B, 78227	12	220.00			
MARYMONT GROUP (D-44-14891)(68-00) - (TUES) - JEANNE W. [REDACTED] (512-821-5941), 8501 SAGEBRUSH #3, 78217 (WILBER W. [REDACTED] 512-828-1759)	15				
NORTH SAN PEDRO GROUP (D-44-14913)(68-00) - (THUR) - JOHN A. [REDACTED] (512-828-4183), 331 ROCKHILL, 78209	25				
NORTHEAST GROUP (D-44-14907)(68-00) - (SAT) - DENNIS D. [REDACTED] (512-322-3251), 7430 QUAIL RUN, 78209 (J. D. [REDACTED] 656-9014)	30	50.00			
NORTHWEST GROUP (D-44-00042)(68-00) - (MON) - GENE K. [REDACTED] (512-675-2534), 1234 GENERAL BRAGG, 78245	15	131.50			
NORTHWOOD GROUP (D-44-14929)(68-00) - (WED) - THOMAS A. F. [REDACTED] (661-5013), 6515 MISSON HILLS DRIVE, 78244	22	25.00			
OPEN DOOR GROUP (D-44-00072)(68-00) - (THUR) - VANGIE H. [REDACTED] (512-349-4785), 2447 LOCKHILL-SELMA #1102, 78230	6	25.00			
PARK NORTH GROUP (D-44-00109)(68-00) - (WED, FRI) - CHARLIE C. [REDACTED] (512-349-7260), 3222 N.W. LOOP 410, #62, 78213	6	60.00			
RELIANCE GROUP (D-44-00014)(68-00) - (SUN) - LEE K. [REDACTED] RT. 1 BOX 1295 A #32, WETMORE, 78163	5				
SAHARA GROUP (D-44-00173)(68-00) - (TUES, WED, FRI) - MARY LOU C. [REDACTED] (512-822-2843), 118 PERSHING, 78209	15	67.70			
SANTE FE BI-LINGUAL GROUP (D-44-15006)(68-01) - (TUES) - ROMY R. [REDACTED] (512-924-1543), 1502 WEST MAYFIELD, 78211	10	15.00			
SASH GROUP (D-44-14984)(68-01) - (MON) - LIBBY S. [REDACTED] (512-532-8811), 4743 ELDRIDGE, 78237 (BILL F. [REDACTED] 512-534-3574)					
SERENITY GROUP (D-44-15017)(68-00) - (FRI) - JERRY B. [REDACTED] (512-033-8944), 3847 MANCHESTER, 78223 (E. S. [REDACTED] 512-633-0201)	20	72.00			
SOUTHWEST LOOP GROUP (D-44-00294)(68-01) - (FRI) - D. G. [REDACTED] (512-674-5264), 400 TOMAR #4-C, 78227	9	60.00			
STEPPING STONES GROUP (D-44-15028)(68-01) - (THUR) - RICHARD P. [REDACTED] (512-824-8073), 314 ELEANOR, 78209 (L. R. C. [REDACTED] 512-736-0094)	20	70.00			
SUMMIT GROUP (D-44-00448)(68-00) - (FRI) - CLESS M. [REDACTED] (512-684-3789), 4927 ARBOR RIDGE, 78228	10	140.00			
SUNSET GROUP (D-44-15035)(68-00) - (FRI) - GWEN L. [REDACTED] (512-822-3444), 511 CORONA, 78209	15				
TEXAS GROUP (D-44-00330)(68-00) - (TUES, THUR) - DINAH B. [REDACTED] (512-696-2982), 4205 SPOTSWOOD TRAIL, 78320 (DUTCH D. [REDACTED] 342-2018)	25	200.00			
TRIANGLE GROUP (D-44-00507)(68-00) - (THUR) - TRAVIS H. [REDACTED] (512-679-7554), 12009 MANZANITA, 78228	8				
Y.A. HOSPITAL GROUP (D-44-00418)(68-00) - (SUN, THUR) - JOHN P. [REDACTED] (512-736-2110), 1640 W. WOODLAWN, 78201	8	30.00			
VALLEY HI GROUP (D-44-15105)(68-01) - (TUES) - AL D. [REDACTED] (512-349-0235), 303 NORTHTRAIL, 78216 (B. W. [REDACTED] 674-5956)	10	85.00			
VILLA ROSA GROUP (D-44-15094)(68-00) - (TUES) - ERNEST O. [REDACTED] (512-233-1257), 414 ORIENTAL, 78204	8				
WESLEY GROUP (D-44-15116)(68-01) - (THUR) - VICENTE H. [REDACTED] (512-734-5986), 1838 TEXAS AVE, 78228 (R. H. [REDACTED] 923-1920)	20	43.00			
WILFORD HALL GROUP (D-44-00478)(68-01) - (THUR) - MR. RICK S. [REDACTED] (512-623-5049), 6243 INDIAN VALLEY, 78242 (ALVINA K. [REDACTED] 512-673-0535)					
WINDCREST GROUP (D-44-15127)(68-00) - (TUES) - MILES W. [REDACTED] (512-654-6766), 8314 HASTINGS, 78209	20	130.00			
YOUNG PEOPLE GROUP (D-44-00228)(68-00) - (SUN, WED) - STEVE F. [REDACTED] (512-661-8885), 6702 LAKE GLEN, 78244 (MARGARET A. B. [REDACTED] 512-226-2926)	15	60.00			
CLUBS					
CLUB TWELVE (D-44-15148)(68-00) - (512-344-8981)102 THAMES DR., 78216					
SAHARA CLUB (D-44-15171)(68-00) - JOE W. [REDACTED] (732-2956), 2020 LEE HALL, 78201					

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REMINDER

JULY has been established as a month for "sponsoring a newcomer with the GRAPE-VINE." If each GvR or his/her group sponsored a newcomer with a subscription, we would have 6500 newcomers reading the GRAPEVINE within a month or so. The far-reaching results of such an effort are impossible to comprehend, because the most important accomplishment of the GRAPEVINE is that it helps members stay sober!

GROUP ANNOUNCEMENTS

V. A. HOSPITAL GROUP will celebrate their 4th Anniversary on July 29th at 8:15 PM. Open speakers meeting. Refreshments will be served.

SAN ANTONIO STATE HOSPITAL GROUP (SASH) is sponsoring the FOURTH ANNUAL HOME-COMING, Monday July 19, 1982. Fellowship starts at 7:00 PM with a meeting at 7:30 and reception from 8:00 to 9:00. Everyone welcome!

PEARSALL GROUP will have a reorganization meeting Friday July 9, 1982 at 7:30 PM. Open speakers meeting at the Senior Citizens Center on West Trinity. Rev. Vogel is contact.

CRYSTAL CITY GROUP meets on Wednesday night at 8:00 PM in the Centro de Salud Clinic, 308 S. 3rd Ave. Need participation from groups in the surrounding area to bring meetings. Contact Ed H., 532-8811, ex 1741 (San Antonio State Hosp)

ADMINISTRATIVE BOARD of the Central Service Office will meet at the CSO on July 7, 1982 on Wednesday at 7:00 PM.

CENTRAL SERVICE OFFICE COMMITTEE (GSR) meeting will be held Sunday, July 11, 1982 at Club 12, 7:00 PM.

NON-SMOKING MEETING, Monday nights at 8:15, open discussion, St Luke's Episcopal Church, 11 St Lukes. (Did you see how this church is listed in the telephone directory on page 300?) Contact Pamela D. 341-9270.

FRONTIER GROUP'S annual July the 4th Anniversary celebration will be an all day affair filled with fun, food and fellowship; there will be dancing, ball games, other games. There will be a barbeque with all the trimmings start-3:00 PM. (All you can eat) The requested donation for the day-long affair is \$10 for adults and children under 12 are free. AA meeting starts at 6:00 PM with the principle speaker one of "oldtimers" in AA history. His name is Clarence S. and his story is in the Big Book under the title of "HOME BREWMEISTER". Not too many of the original "100" are still active in the program...this may be your one and only chance to meet and listen to a "pioneer".

YOUNG PEOPLE GROUP has changed the time of their meetings from 6:00 PM to 5:30 PM. Sundays at Villa de Tejas, 8301 Speedway.

4TH ANNUAL HILL COUNTRY ROUNDUP, Inn of the Hills, Kerrville, Tx., July 30 to Aug 1, 1982. Registration \$15.00 for AA'S & Al-Anons, \$1.00 for Alateens. Mail to P.O. Box 2153, Kerrville, Tx 78028.

GROUP 12-New meetings. Tuesdays and Fridays at 10:00 AM in TV Room. 12 and 12 study group.

VICTORIA AA GROUP will have their 4th of July picnic at the Sam Rayburn power plant in Nursery, Tx. 10:00 AM 'till? Barbeque and speakers...

<p>VILLA ROSA MEETINGS</p> <p>JULY 6 - WINDCREST JULY 13 - GOLIAD</p> <p>JULY 20 - BROADWAY JULY 27 - VALLEY-HI</p> <p>AUG 6 - N. SAN PEDRO AUG 13 - WINDCREST</p> <p>AUG 20 - VALLEY-HI AUG 27 - N. SAN PEDRO</p>	<p>FRONTIER (ARC) MEETINGS</p> <p>JULY 3, 10 - SOUTHWEST LOOP GROUP</p> <p>JULY 17, 24, 31 - GROUP 12</p> <p>AUG 7, 14, 21, 28 LYTLE GROUP</p>
<p>DETOX MEETINGS</p> <p>JULY 1, 8, 15, 22, 29 Linda G. & Rudy Z.</p> <p>AUG 5, 12, 19, 26 Victoria M.</p>	<p>SALLY MEETINGS</p> <p>JULY 7, 14 UNITY GROUP</p> <p>JULY 21, 28 LYTLE GROUP</p> <p>AUG 4, 11, 18, 25 FRONTIER GROUP</p>

Contact for the ARC, Sally & Detox is Linda G., Phone 923-8738.

For the Villa Rosa meeting, the contact is Wallace R., Phone 822-3425.

LETTER TO THE EDITOR

I hear you guys have a desire to stop drinking. Well, let me point out that the Government tried that 50 years ago and it didn't work.

Besides, if we stopped drinking, it would cause terrible unemployment--not only in breweries and distilleries, but just think of the thousands of bartenders, waitresses, piano players, union organizers, paint & body mechanics, bill collectors and pickpockets out of a job.

And even worse, the hundreds of divorce lawyers going bankrupt. As you know, booze causes more family problems than anything else.

So, let's knock it off, buddy. This desire to stop drinking could shock our nation into a totally new way of life.

Who do you think you are? God? Even He wouldn't try anything like that! God knows we kill a lot of people on the highway, but how are we supposed to get home after a party. People who don't drink should stay off the roads!

I hope you will listen to reason and stop all that AA stuff.

We've got the Triple A, the USAA and the NCAAP. That is enough for me.

Sincerely,

Whiskey Willie-

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SHE: Oh, oh, the baby has swallowed the matches

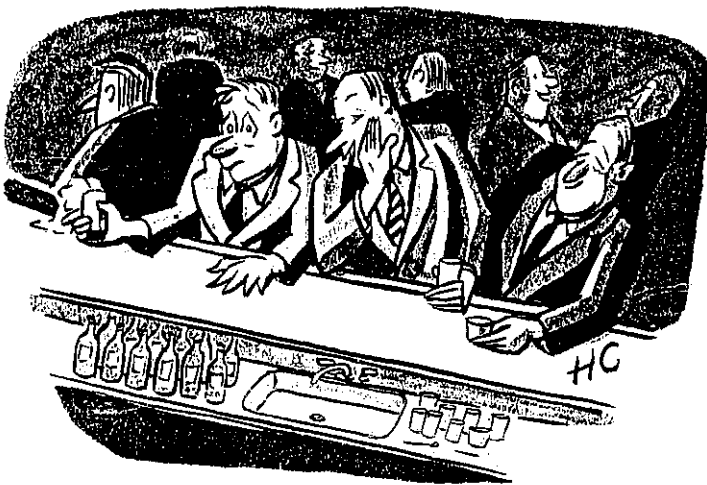
HE: Here, use my lighter!

And a newcomer at his first meeting:
"Where are all the drunks?"

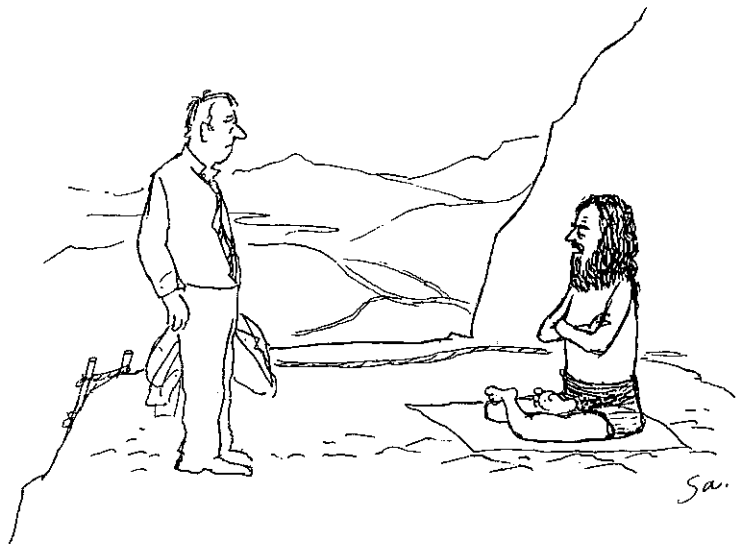
"Cheer up," the fellow advised his recently divorced friend, "there are plenty of other fish in the sea."

"Maybe so," replied his despondent friend, "but the last one took all my bait."

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"That was a cute chick you married last night."



"Don't drink and go to meetings."

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OUR AILING FRIENDS

Mary Lou L., our Central Service Office secretary. We expect her back soon. Leon W., Lee C., David C., Mary A., Mike D. and Jim B. are all less than 100% and are recovering at home. We wish them a speedy recovery! Give 'em a call and say hello.

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WHICH IS THE MOST IMPORTANT STEP??

Some folks would say the first step is the most important one in AA. Others think it's Step Three. Still others vote for Step Five. And how about Step Nine where we make amends?

Well, is there an answer? Is one step more important than all the rest? It's pretty well agreed that Step One is essential--I need to admit that I am powerless before I realize I need help. But...

Let's suppose I want to walk from my house three blocks down the street to the supermarket. Which step that I take on the way is the most important? Clearly I cannot take the second step until I take the first, and I cannot take the third until I take the second, and so on.

It seems simple enough. Every step is just as important as the one just before because my trip to the store will not be complete unless I take every single step along the way.

So, it looks like every step is just as important as the other.

Do you think that is also true of our 12 Steps of recovery?

I do.

SACSO

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PARADOXES

- a) We surrender in order to win! By admitting we are powerless, we can become willing to accept help in winning the war for freedom from slavery to alcohol.
- b) We give it away in order to keep it. Our fellowship is based on love and concern for others; love is not love until it is given away. The more we give the more we get.
- c) We become more dependant on a Higher Power so that we can be more independant in living. Turning our will and our lives over to the care of a manager who we trust, gives us freedom of mind to cope with reality.
- d) We say "Easy Does It", but we also say "Action is the Magic Word." This sounds contradictory, but this means that action must be taken in a calm, thoughtful, prayerful way, free of anxiety, and full of hope, and by staying sober one day at a time. We do not try to rush things, but we continue to take action by working the steps on a daily basis so that our Higher Power can restore us to sanity.
- e) We say AA is a selfish program but we survive by helping others to achieve sobriety. It is true we must be restored ourselves before we can help restore anyone else. We can carry the message only if we have the correct message to carry. Our own sobriety must come first so that we can be available to help others. A drowning man is best helped by someone on solid ground. Actually we have an attitude of "enlightened self-interest", according to Bill W. himself. Our reason for being "selfish" is a constructive one--to be winners so we can help the beginners.

Group contributions for the operation of the Central Service Office. Period covered: Jan 1, 1982 thru Jun 24, 1982.

Alamo	\$ -0-	North San Pedro	\$140.00	Wilford Hall	\$50.00
Alamo Heights	211.00	Northeast	75.00	Windcrest	-0-
Audubon	20.00	Northwest	164.00	Young People	-0-
Boerne	25.00	Northwood	100.00		
Broadway	285.00	Open Door	85.00	(AREA)	
Callaghan	160.00	Phoenix	-0-		
Coker	-0-	Priest & Religious	-0-	Floresville	\$ 80.00
Colonies North	450.00	Park North	120.00	Kerrville	48.02
Downtown	-0-	Reliance	-0-	Uvalde	8.00
Eisenhauer	50.00	Sahara	-0-		
El Libro Grande	-0-	Santa Fe	10.00	SUMMARY OF CONTRIBUTIONS	
El Milagro Del Siglo	-0-	SASH	300.00	(May 25 - Jun 24, 1982)	
Fort Sam Houston	240.00	Schertz	-0-		
Frontier	30.00	Serenity	90.00	District 1	\$750.37
Goliad	95.00	Southwest Loop	110.00	Area	40.00
Group 12	500.00	Stepping Stones	50.00	Buck-A-Month	156.00
Grupo Del Sol	10.00	Summit	-0-	Individual	34.00
Grupo Unidad	50.00	Sunset	120.00	*Memorial	65.00
Haven	165.00	Tejas	300.00		\$1045.37
Helotes	10.00	Universal City	30.00		
Highland	120.00	Universal City, Sun	60.00	+++++	
Kingsboro	25.00	V.A. Hospital	-0-		
Lambda	20.00	Valley-Hi	150.00	District 1 Active Groups	55
Laurel Heights	125.00	Villa Rosa	90.00		
Lytle	13.80	Wesley	6.00	New Groups	0
Marymont	149.57	West Ashby	60.00	Discontinued Groups	0

* For Harold S.: Gwendolyn O., Hod C., W.S.S. For Paul C.: Hod C.
 For Regina B.: Delores S. For John M.: Hod C.

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WANTED: ARTICLES FOR THE NIGHTCAP!

Tired of reading this stuff? Send in your articles, stories, jokes and news and read your own stuff. Deadline is somewhere around the twentieth of the month. All we ask is that they are legible and printable (fit to print).

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PLEASE ENTER MY SUBSCRIPTION TO THE "NIGHTCAP"

RATE: BUCK-A-MONTH FOR _____ MONTHS DATE _____

NAME _____ MAIL TO:

STREET _____

CITY _____ STATE _____ ZIP _____

CENTRAL SERVICE OFFICE
 103 RENNER
 SAN ANTONIO, TX 78201

MAKE CHECKS PAYABLE TO: CENTRAL SERVICE OFFICE

HOW TO GET RID OF RESENTMENTS

"Is there any way to get rid of resentments?" I asked my sponsor, hoping he would give me an easier, softer way.

"Sure is," he replied, "but I don't know if you can accept it."

"Try me. What's the secret?" I challenged. "Nothing seems to work for me."

"OK," he continued, "this is not my idea but I have tried it and it works. And it's right out of the Big Book." He smiles at me knowingly.

"Funny, I don't recall reading it. Are you sure?" I tried to shake him. He stopped smiling and got very serious.

"Yes, I'm sure. Have I ever lied to you before? The secret for getting rid of resentments is in the story called "Freedom from Bondage" in the back of the Big Book. Toward the end of the story, I think it's on the next to the last page, the writer explains what her sponsor told her to do. Here. I'll read it to you: 'If you have a resentment you want to be free of, if you will pray for the person or thing you resent, you will be free. If you will ask in prayer for everything you want for yourself to be given to them, you will be free. Ask for their health, their prosperity, their happiness, and you will be free. Even when you don't really want it for them, and your prayers are only words and you don't mean it, go ahead and do it anyway. Do it every day for two weeks and you will find you have come to mean it and to want it for them, and you will realize that where you used to feel bitterness and resentment and hatred, you now feel compassionate understanding and love', OK?" He put the book down...and waited for my reaction.

I was not convinced. "Has this worked for you?" I probed.

"Better believe it, buddy. It works every time because I'm asking the Higher Power for the spiritual gift of love which I know is God's will for me. Not too long ago I was having trouble with a fellow employee and I tried this method of praying for her. Believe it or not, two weeks later she was promoted out of my office to a better job. She got some of the prosperity I had prayed for her to get. Through her prosperity, my resentment was taken away. The Higher Power works in strange ways."

I was impressed. "OK. Sounds good. I'll pick out my worst resentment and start tonight. Call you in two weeks.

SACSO

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"OTHER WOMAN OF THE YEAR"

For the Trivia Department: Who once said he'd nominate Liz Taylor for "Other Woman of the Year"? It was the caustic, piano-playing wit of his generation, Oscar Levant. He also said, of himself, "When I was young I looked like Al Capone. But I lacked his compassion. Apparently I enjoy self-chastisement." Oscar quit drinking, said drinking made him feel good.

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George Goebel was asked if he had ever been drunk. He said he had never been drunk but on occasions he had been over-served.