

THE NIGHT CAP

Published monthly by the San Antonio Central Service Office of Alcoholics Anonymous in the interest of greater unity of members in local and South-west Area groups.

Address all communications to :
"THE NIGHT CAP" Lexington Bldg.
109 Lexington Ave., Suite 215
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YOUNG PEOPLE SEEKING AA ON THE UPSWING

The number of young people seeking help from Alcoholics Anonymous has risen substantially in recent years, according to data from the latest membership survey of AA General Service Board. The percentage of persons 30 or younger identified as AA members in a survey of AA groups in the US and Canada rose from 7.6 percent in 1974 to 11.3 percent in 1977, according to Dr. John L. Norris, chairman emeritus of AA's General Service Board.

Survey results, based on replies from 15,163 alcoholics, also reflected a continuing increase in the number of female AA members. Of the young people surveyed, 37 percent were women. Eighteen percent of the respondents said they had been addicted to a drug besides alcohol. Twice as many women as men--28 percent versus 14 percent--and 43 percent of the young people admitted to such an addiction.

Statistics indicated that about half the persons who start coming to AA meetings drop out within 90 days. Of those who try the program for as long as 90 days, half will stay sober for the next year, Dr. Norris said. In view of these findings, it appears that AA must bend all its efforts toward the newcomer in the early days of his or her meeting attendance. Health professionals should realize that the alcoholic has not tried AA if he has attended only a few meetings.

The proportion of respondents crediting an AA member with bringing them to AA decreased from 46 percent in 1974 to 41 percent in 1977. But the number of those crediting referral from treatment for their AA involvement increased from 14 to 24 percent.

Other survey findings include: (1) An AA member with less than 1 year's sobriety has a 43 percent chance of remaining sober for the next year, compared to a 35 percent chance in 1974; (2) A member with from 1 to 5 years sobriety has an 80 percent chance of maintaining sobriety and AA activity for the next year, the same rate as in 1974; (3) A member with more than 5 years sobriety has a 90 percent chance of maintaining sobriety and AA activity for the next year, also the same as in 1974.

The General Service Board conducted its first membership survey in 1968 and repeats the survey at 3-year intervals. The 1977 questionnaire was distributed by AA's area delegates to 3 percent of the AA groups in the two countries. The procedure did not provide for a random sample and was biased toward members who attend meetings regularly. However, the results are believed to be representative of the entire AA population, Dr. Norris said.

Excerpted from NIAAA, January 1979

SPECIAL NOTICESSOUTHWEST TEXAS AREA CONFERENCE

The most important function of the Southwest Texas Area will take place at the West Durango Street Holiday Inn in San Antonio on October 12, 13, 14, 1979.

During that time, Southwest Texas AA's will gather for the biennial election of their new delegate to the General Service Conference and Area Officers, all of whom will serve the Area during 1980 and 1981. Also, they will dish-up 3 days of top-flite AA meetings featuring speakers who talk plain old-fashioned AA. Alanons and Alateens will be there too.

All District Committee Members and General Service Representatives need to be at the Conference and the Assembly to elect our Area servants for the coming 2 years. Of course, all Area AA's and their families are urged to attend--beginning on Thursday, October 11, with a Pre-Conference Speakers' meeting at 8:00 p.m., followed by another meeting where the Chairpersons of the Conference meetings will speak. These two meetings are especially arranged for those who prefer to arrive on Thursday. We also hope the in-town AA's and their families will attend.

Gene D.

TWO-MILLIONTH COPY OF THE BIG BOOK

The two-millionth copy of ALCOHOLICS ANONYMOUS, referred to as the Big Book by AA members throughout the world, was presented to HEW Secretary, Joseph A. Califano, Jr., on June 6, 1979. Lois Wilson, widow of William G. Wilson, AA's Co-Founder and author of the book, made the presentation at AA's World Service Office, 468 Park Ave South, New York. Dr. John L. Norris, Chairman Emeritus, AA General Service Board, presided at the ceremonies. Mrs. Wilson noted that it took 34 years for the First Million copies of ALCOHOLICS ANONYMOUS to be sold, but only 5 years more for sales to reach the Two-Million mark. The book given to Secretary Califano bears the inscription, "This two-millionth copy of the Big Book...is presented to the Honorable Joseph A. Califano, Jr., Secretary of Health, Education, and Welfare, in appreciation of the efforts of the United States Government in the field of alcoholism, June 6, 1979."

First published in April 1939, ALCOHOLICS ANONYMOUS explains the AA view of alcoholism as a threefold illness: mental, physical, and spiritual. It also presents 44 case histories of once hopeless alcoholics who recovered in AA. As Dr. Norris explained, AA is not allied with any political movement or other organization in the alcoholism field. Like the illness of alcoholism itself, the Fellowship knows no boundaries of party, race, creed, age, or social status.

Excerpted from News Release
General Service Board of AA, Inc.

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Thoughts on Success: Success is getting what you want; happiness is wanting what you get.

The dictionary is the only place where success comes before work.

MEETINGS

KERRVILLE: The Brown Bag Group meets on Fridays from 11:42 a.m. to 1:18 p.m. at 720 Tivy Street, Kerrville. Sounds like a good way to eat your lunch! Call 512-896-5772 for more information.

BREAKFAST MEETING: A new meeting will be held on Sunday, July 21, 1979, at 9:30 a.m. at the El Tropicano Hotel, Lexington Avenue, San Antonio. There will be a breakfast-buffet from 8:30 to 9:30 for \$5.25 per person. All collection monies will go to the Central Service Office Fund. At this first meeting, there will be a special guest speaker from Houston.

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AROUND THE AREA

FRONTIER GROUP will have a BARBEQUE at 2 p.m. on JULY 4. ALL YOU CAN EAT FOR \$3.00. THERE WILL BE AN OPEN SPEAKERS' MEETING AFTERWARDS WITH DAVID A. FROM DALLAS.

STILL NEEDING YOUR SUPPORT are the Haven Group and the Open Door Group. Try to make at least one of their meetings during the month of JULY.

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CONVENTIONS/CONFERENCES

C H A N G E----THE TEXAS STATE AA CONVENTION HAS MOVED FROM THE SHERATON-FORT WORTH HOTEL TO THE KAHLER GREEN OAKS INN, 6901 West Freeway (PO Box 12277), Fort Worth, TX 76116, Telephone: 817-738-7311. Time, dates, speakers remain the same.

ARKANSAS STATE AA CONVENTION--August 2-5, Arlington Hotel, Hot Springs, Ark. For room reservations write to Arlington Hotel, Hot Springs, Arkansas.

LONE STAR ROUNDUP--August 17, 18, 19, 1979, North Park Inn, Dallas, TX. Make room reservations directly to North Park Inn, PO Box 31448, Dallas, TX 75231 or telephone 214-363-2431. Registration and Dance \$5.00. Speakers from Texas, Minnesota, Illinois, South Carolina. To register, write to Lone Star Roundup, PO Box 5112, Richardson, Texas 75080.

ARIZONA STATE AA CONVENTION--October 26, 27, 28, 1979. Ramada Inn, Tucson, 404 North Freeway. For information write to: 29th Arizona State Convention, Tucson Intergroup Association, 840 South Campbell Avenue, Tucson, Arizona 85719, or telephone 602-624-4183.

ANNUAL HAWAII AA CONFERENCE--November 1, 2, 3, 4, 1979 in Waikiki at the Ilikai Hotel. Write to Hawaii Conference, 1561 B. Iiokulua Dr., Kailua, Hawaii 96734 or telephone Barbara H., 808-261-7097. \$40 conference fee includes all meetings, reception, entertainment, dinner and dance, and brunch on Sunday.

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WHEN YOU ALLOW YOURSELF TO BE UPSET OVER ONE THING, YOU SUCCEED ONLY IN OPENING THE DOOR FOR THE COMING OF HUNDREDS OF OTHER UPSETTING THINGS. AM I ALLOWING MYSELF TO BE UPSET OVER LITTLE THINGS?

HOSPITAL ZONE

VA HOSPITAL GROUP holds Beginners' Discussion meetings every Thursday at 8:15 p.m., Room E-136, Audie Murphy Hospital.

PARK NORTH HOSPITAL GROUPS hold open discussion meetings every Wednesday and Friday at 8:00 p.m. in the basement cafeteria of Park North General Hospital (behind Handy Dan), 4330 Vance Jackson.

SAN ANTONIO STATE HOSPITAL holds open speakers' meetings Mondays at 8:15 p.m. in the auditorium.

SALVATION ARMY GROUP (SALLY) holds its Wednesday meeting at 8:15 p.m., 1324 S. Flores VOLUNTEERS TO LEAD THE MEETINGS AND/OR SPEAKERS ARE NEEDED!

GRUPO DEL SOL (Bi-Lingual), 321 Frio City Road, holds a Friday open speakers' meeting at 8:15 p.m. VOLUNTEERS ALSO NEEDED TO BRING MEETINGS.

VILLA ROSA GROUP holds its open speakers' meeting on Tuesdays at 8:15 p.m. Groups responsible for furnishing speakers for the month of JULY are as follows:

Goliad Group	July 3, 17
Broadway Group	July 10, 24
Windcrest Group	July 31

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DATES TO REMEMBER

THE GSR AND GSOC MEETINGS will be held on Sunday, July 8, at 7 p.m. at Club 12. Skeeter S., GSO Delegate, SW Texas Area Conference, will give his GSO Conference Report. All AA members are invited to attend to hear conclusions reached at the last General Service Conference held in New York in April.

24-HOUR GROUP, 1203 Fredericksburg Road, holds its regular monthly dinner on Sunday July 29, at 1 p.m.

THE FRONTIER GROUP has discontinued their dance following the Open Speakers' Meeting on the last Saturday of the month.

GROUP 12 will hold its monthly dinner and games at 7 p.m. on Saturday, July 29, 102 Thames, San Antonio.

GOLIAD GROUP, 537 Avondale, holds its monthly dinner on Sunday, July 15, at 6 p.m. and meeting at 7:30 p.m. All other Sunday meetings start at 8:15 p.m.

THE ADMINISTRATIVE BOARD OF THE CENTRAL SERVICE OFFICE will hold a regularly scheduled meeting on Tuesday, July 3, at 7 p.m., at 109 Lexington Avenue, Suite 215.

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Most of the shadows of this life are caused by standing in one's own sunshine.

Ralph Waldo Emerson

<u>FIG:</u>	5-20-79	6-20-79	<u>STATS:</u>	5-20-79	6-20-79
John H. and Tommie D. gave two presentations--John to the staff and Tommie to the children of the St. Peter's and St. Joseph's Homes for Children.			AA		292
			Alanon		49
			Information		200
			Students		2
			PI		<u>1</u>
Carl G. and Burney F. spoke at John Jay High.			Total Inquiries		544

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NEWS FROM FAR AWAY PLACES (and elsewhere)

Louisiana, Missouri--July 4, 1878: The circus brought good business to the town and the mayor. The following cases were disposed of:

- Fancy drunk: fined \$10.00 and costs. Sent to the rock pile.
- Drunk and disorderly: fined \$50.00 and costs, which have not yet been paid. Is in the calaboose, and will likely go to the rock pile.
- Plain drunk: fined \$3.00 and costs. Sent to rock pile, but the costs and fine were soon paid. Was released.

Excerpted from Jim Gierke; Louisiana, MO Press-Journal (Grapevine, July 1979)

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LETTER TO THE EDITOR

Received at CSO: Dear Sir: Enclosed is the contribution from the Randolph Fellowship Group. As a new group, we appreciated your mention of us in the NIGHT CAP and your continued support by way of literature orders, 12th Step call referrals, and all the rest.

Sincerely, Joan G., Group Secretary

(Editor's Note: CSO Staff sincerely appreciated your note. We all like to have a pat on the back occasionally.)

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After 20 + years of continued sobriety in the beautiful program of AA, I must say this is my life--not only a way of life--but truly my life. I drank for 20 years and thought I would be "well" after the same length of time in sobriety. I find now that I never want to be too "well" for I may begin to feel that I don't need AA anymore. If I live long enough, to have 30, 40, 50, or even 60 years of sobriety, I could never give back to AA what I have taken from it. I owe everything that I have, physically, mentally, and spiritually, to this wonderful program and to all of you who have shared your experiences, strengths, and hopes with me through these years.

Dee S., Editor

DO YOURSELF A FAVOR! GIVE A SPECIAL CONTRIBUTION TO YOUR CENTRAL SERVICE OFFICE-- EITHER IN A CASH DONATION OR HOW ABOUT SOME OF YOUR OWN FEELINGS TO BE PUBLISHED IN THE NIGHT CAP? ALL DONATIONS, WHETHER WRITTEN OR CASH, WILL BE APPRECIATED.

CENTRAL SERVICE OFFICE - SAN ANTONIO
RECEIVED JUNE 18, 1979

<u>GROUP</u>	<u>JUNE</u>	<u>TO DATE</u>	<u>GROUP</u>	<u>JUNE</u>	<u>TO DATE</u>
Alamo Heights	30.00	60.00	Park North (W)	10.00	35.00
Audubon	10.00	40.00	Park North (F)	20.00	120.00
Broadway	60.00	155.00	Randolph Fellowship	10.00	10.00
Callaghan	150.00	200.00	Reality	0	0
Downtown	50.00	180.00	Reliance	0	6.00
Fellowship	0	0	Sahara	0	0
First Step	0	0	SASH	10.00	35.00
Ft. Sam Houston	25.00	125.00	Santa Fe	0	0
Frontier	0	30.00	Serenity	15.00	90.00
Goliad	75.00	120.00	Sharing	0	75.00
Group 12	75.00	450.00	Southwest Loop	0	30.00
Grupo Del Sol	0	32.40	Spiritual Life	0	0
Grupo Unidad	10.00	50.00	Stepping Stones	60.00	230.00
Highlands	20.00	120.00	Sunrise	5.00	5.00
Hope	0	0	Sunset	15.00	90.00
Kingsboro	0	15.00	The Haven	50.00	90.00
Laurel Heights	15.00	105.00	Triangle	0	0
Marymont	30.00	55.00	24 Hour	0	60.00
Northeast	20.00	70.00	Universal City	0	125.00
N. San Pedro	20.00	240.00	VA Hospital	0	60.00
Northwest	40.00	120.00	Valley Hi	15.00	90.00
Northwood	0	100.00	Villa Rosa	25.00	150.00
Open Door	0	105.00	Wesley	0	6.00
			Windcrest	15.00	90.00
			Young People	35.00	75.00

28 Groups \$915.00
Buck-A-Month 162.25

AREA

Bandera	0	0	Lytle	0	0
Bridge (N.B.)	0	30.00	New Braunfels	0	0
Canyon Lake	0	40.00	Pearsall	0	25.00
Floresville	0	30.00	Pleasanton	0	0
Fredericksburg	0	12.00	Seguin	0	0
Hill Country Grp.	0	0	Women's Serenity (Kerrville)	0	20.00
Kerrville	0	0			

MEMORIAL CONTRIBUTIONS
Pete H. for Mr. Ramirez

INDIVIDUAL CONTRIBUTIONS
Garnett I. \$50.00

BUCK-A-MONTH CONTRIBUTION FORM

Central Service Office - 109 Lexington Ave., Suite 215, San Antonio, Tx. 78205
Please enter my contribution to the BUCK-A-MONTH for _____ months.
Donation is enclosed on the basis of \$1.00 per month.

NAME _____ STREET _____
CITY _____ STATE _____ ZIP _____