



# The Nightcap

THE NIGHTCAP IS PUBLISHED MONTHLY AT THE CENTRAL SERVICE OFFICE  
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VOL. 18

JANUARY 1988

NO. 1

## Convention Clipboard

JAN 1-3: 14th Annual Jamboree of the Lower Rio Grande Valley; Holiday Inn Beach Resort, South Padre Island. Room reservations: 512-761-5401. Call 512-428-5960 for more information.

JAN 8-10: 26th Annual Southeast Texas Conference, Galveston. Register with Conference Treasurer, Box 2443, Galveston, TX 77550; call 409-744-1500 for room.

JAN 8-10: Tyler's 41st AA Anniversary at Harvey Hall, 411 W. Front St (Hwy 31), Tyler, TX; Convention Motel--La Quinta Inn, 1601 WSW Loop 323, Tyler.

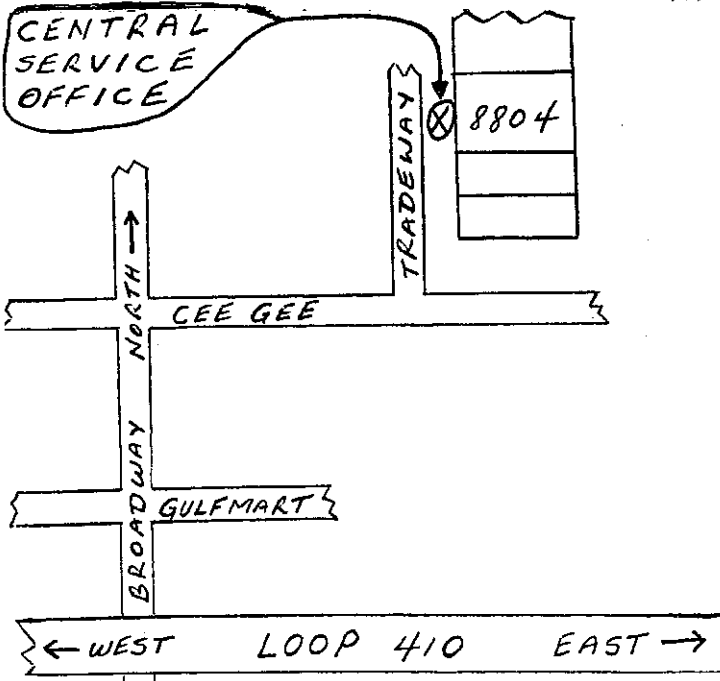
FEB 12-14: 6th Annual District 9 AA Convention; write Chairman, Box 55269, Little Rock, AR 72205.

FEB 18-21: 24th Annual National Women's Conference, Dallas, TX. For information, write NAAWC, Box 516123, Dallas, TX 75251-6123.

(For more information on the above, please call your Central Service Office.)

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Since we have had a number of inquiries for directions to the new location of the CSO...



## HIGHLAND AA GROUP ANNIVERSARY

The members of the Highland Group of Alcoholics Anonymous invite you to attend the Thirty-Seventy Anniversary of the founding of the group, to be held at the Aldersgate Methodist Church on Wednesday, January 20, 1988, at 502 Kayton Avenue and South Palmetto Street (between Rigby and Highland Blvd.).

The meeting chairman will be Morgan G. The AA speaker is Jack H., from Houston; the Al-Anon speaker is Adrian Z., from San Antonio.

There will be lots of refreshments, fine fellowship and fun--so put this on your calendar!

(See page 2 for historical information on the Highland AA Group.)

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## DANCE AT THE ARC

An AA dance will be held at the ARC on January 2, 1988, from 9:30 p.m. to 12 a.m. It will begin immediately following the Frontier Group's meeting.

Come and listen to the various sounds of Roger the DJ! \$1.00 donation per person is requested, but not required.

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## NEW YEAR'S RESOLUTIONS

- 1. I will put principles above personalities even if it is more fun to nit-pick long-winded speakers!
- 2. I will not judge others unless it's obvious they are guilty!
- 3. I will not blame myself, even if I am guilty!

H A P P Y N E W Y E A R !

# The NIGHT CAP

SAN ANTONIO AREA A A NEWS

VOLUME ONE

February 5, 1951

NUMBER FIVE

## HIGHLAND PARK GROUP FORMS

Adding to the growing list of neighborhood groups, members of A. A. in that vicinity gathered in the home of Paul B. on Wednesday, January 17th, to form the Highland Park Group. A nucleus of both old and new A. A.s who will be group members, as well as a number of enthusiastic well-wishers from all over town, were present to get the organization off to a good start.

The group will meet in the homes of members each Wednesday night until a central meeting place can be obtained.

"Shorty" T. was selected as secretary, and Paul B. will be Central Committee representative.

In our mind's eye, we can envision a day when these neighborhood groups will dot the whole city, a day when the new member, no matter how timid or skeptical or ill, can be steered to a meeting near his home where he can become acquainted with A. A. Then, as he gains knowledge of his problem and himself, he can venture forth to select a club or another group as he chooses.

We wonder how many of our ilk whom we were never successful in getting across town to a meeting might have been saved from further difficulty if there had been available a neighborhood group, where they could sit down quietly with a group of fellow-alcoholics to consider their problem.

Our neighborhood groups are concrete evidence of a maturing A.A. in San Antonio. May they continue to increase!

## GROUP 12 HAS FELLOWSHIP MEETING

A jam-packed Club 12 on Friday, January 26th, was the result of invitations extended by Group 12 to their City-Wide Fellowship Meeting.

The meeting was Cliff H.'s idea and it was a complete success as members from every group in town who attended have been attesting ever since.

Five minute speakers from all groups participated to complete a well-rounded program.

We need more occasions of this kind.

Thanks to Cliff and Group 12 for giving us an opportunity to get together as a united San Antonio A. A.

\*\*\*\*\*

I expect to pass through life but once.  
--If therefore, there be any kindness I can show, or any good thing I can do to any fellow-being, let me do it now, and not defer or neglect it, as I shall not pass this way again.  
-Penn.

## ORLO Q. VISITS NEW YORK OFFICE

Col. Orlo Q. has just returned from New York and reports a pleasant visit in the A. A. Central Office there.

He brings the heartening news that those who view the whole picture feel that our local A. A. is progressing nicely and is doing a good job.

Ruth B., National Secretary, assured him that she will be here to participate in our Regional Conference to be held here on October 12 - 14. A cherished "maybe" is the hope that Bill W. will also be able to be with us.

Orlo also visited a Washington, D.C. Club, where he made a talk.

NEW GROUPS+MEETINGS+CHANGES

PI NEWS

There is a new AA Group in Marion, Texas. It meets at St. John's Lutheran Church on FM 465 South. Meetings are held on Mondays at 8 p.m. and they are Open-Discussion. No name for this group has been reported.

The Bulverde Group has two new meetings. Monday at 8:15 there is a Closed-Discussion meeting. On Saturday at 10 a.m. there is a women's Open-Discussion meeting. Bulverde AA is really growing!!

The Ranger Creek has changed its name to the New Beginning Group. It has also moved and now meets at St. Alberts Hall, 216 W. Highland, Boerne. The meeting is still held at 11 a.m. on Monday.

AA AA AA AA AA AA AA AA AA AA AA AA

For future changes for the San Antonio Meeting Directory, please use the form shown below and mail to the Central Office.

The San Antonio Lighthouse for the Blind was appreciative of the message that Alcoholics Anonymous carried to their clients on December 9th by Kim and Ben and Tom.

About 30 clients and staff attended and also participated.

AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA AA

Plan ahead, yes--But work your plan ONE DAY AT A TIME!

"The optimist proclaims that we live in the best of all possible worlds; the pessimist fears this is true." James Branch Cabell

"Nothing so needs reforming as other people's habits." Mark Twain

"Why wish for the privilege of living your past life again? You begin a new one every morning." Robert Quillen

**DIRECTORY CHANGES**

ADDITION \_\_\_\_\_ DELETION \_\_\_\_\_ CHANGE \_\_\_\_\_ DATE \_\_\_\_\_

GROUP NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE # \_\_\_\_\_

TYPE OF MEETING: OPEN DISC CLOSED DISC SPEAKER OTHER \_\_\_\_\_

DAY: MON TUES WED THUR FRI SAT SUN

TIME: \_\_\_\_\_

FACILITY GROUP MEETS IN \_\_\_\_\_

GSR: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

GSR'S PHONE # HOME \_\_\_\_\_ WORK \_\_\_\_\_

CALLED IN BY \_\_\_\_\_ PHONE # \_\_\_\_\_

REMARKS \_\_\_\_\_

INFORMATION RECORDED BY \_\_\_\_\_

HAS THE DCM BEEN NOTIFIED????????? YES \_\_\_\_\_ NO \_\_\_\_\_

# GSR Meeting Minutes

CENTRAL SERVICE OFFICE COMMITTEE MEETING

Club 12, December 20, 1987

The meeting was opened at 7 p.m. by Gary L., Chairman, with the Serenity Prayer. The sign-in book was passed around. Thirty-seven persons were present. CSO guidelines were read by Jon K. followed by the 12 Traditions read by Fred D. New GSRs were recognized and reminded to contact their DCM's; literature on the table was pointed out and recommended that everyone take some. All were reminded that only GSR's are asked to participate in this meeting. The November minutes were approved as published in the December NIGHTCAP. The meeting was turned over to Fred D., Admin Board Chairman, who asked for committee reports.

Finance Chairman, Wayne B., presented the financial statement explaining and reviewing the report. H&I Chairman, James H., asked for volunteers to take meetings to hospitals and institutions. He mentioned if a group is unable to take their meeting to the Hospital or Institution they volunteered for to contact CSO and they will pass the word to James. Fred mentioned that the 12-Step list is being updated; call CSO if you want your name put on or taken off the list. Mailing Chairman, Jack S., reported that 1076 December NIGHTCAPS were mailed in the US and 5 out of US. The January issue will go out on Christmas Eve. Penal Chairman, John R., reported that 6 trips were made and 7 units visited this month with 14 participants in his committee. He reported that the literature helped him to get into the units and start conversing with them. He announced that the 3rd Saturday in February at 6 p.m. a Barbeque will be held for the Penal Committee. CPC Chairman, Lila S., said she did not have a report but she is working on it. Dee S., Editorial Chairman, reported the NIGHTCAP will go to printer on the 21st. Jail Chairman, Tom B., says women are still needed to take meetings to the jail--he thanked Lynn D. for taking meetings; she is the only woman taking meetings to the jails now. Anyone interested, call Tom B. at 525-1932.

OLD BUSINESS: Gary reported that CSO called AAWS on reimbursement for penal trips--they are going to send a letter regarding same. He also reported that the bylaws committee will be asked to write up some new guidelines for CSOC. The speakers bureau will be handled by CSO since it will be easier.

NEW BUSINESS: After-hour phone duty for January was assigned (see list below). Fred announced that Gary L. has been selected as the new CSO Administrative Board Chairman; Gary announced that Charlie C. has been selected as the new CSOC (GSR) Chairman.

DCM REPORTS: 1-A--Absent, no report. 1-B--Katy reported she would like to meet with her GSRs after the meeting. 1-C--Larry W. reported he would like to meet with his GSRs after the meeting. 1-D--Fred D., present, no report. 1-E--Alternate Gary L, present, no report. 1-F--Absent.

ANNOUNCEMENTS: CSO will be closed on New Years Day. There will be a SOUTHWEST TEXAS AREA WORKSHOP on January 23 and 24, 1988, at Georgetown, Texas, at the Benchmark Inn. Rooms will cost \$35.00; meetings will start at 9 a.m. on Saturday and end at 12 noon on Sunday. Topics will be: WHAT IS A DCM, GSR, AREA OFFICER.

## HOSPITALS & INSTITUTIONS--JANUARY 1988

ARC.....	Southside Group	Monday Detox.....	Park North
Afton Oaks.....	Survivors	SASH.....	UTSA Group
Salvation Army.....	New Acceptance	Parkside Lodge.....	Ft Sam Group
Charter Real.....	Villa Rosa	Humana Metro.....	Sunrise Mtg, Group 12
Ella Austin Com Ctr...	Northwest Group	Thursday Detox.....	Abundance Group
Casa del Sol.....	Group 12, 5:30 Nonsmokers	Our Lady of the Spirit...	Group 12, 5:30 Smoker
Good Samaritan Center..	Alamo Heights Group		

## AFTER-HOURS TELEPHONE DUTY--JANUARY 1988

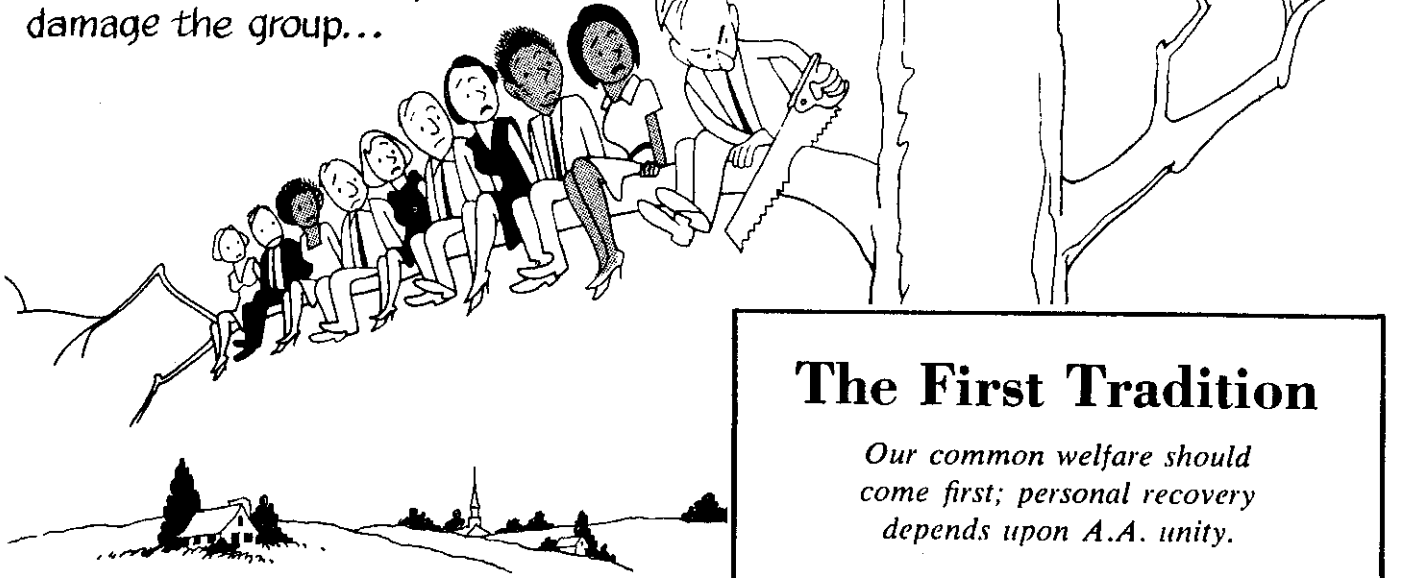
DEC 28-JAN 3: New Acceptance Group	JAN 4-10: Northwood Group
JAN 11-17: Nurses in Recovery Group	JAN 18-24: Reliance Group
JAN 25-31: Oblate Group	

There being no further business, the meeting was adjourned at 8 p.m. with the Lord's Prayer.

Respectfully submitted,

Dawn F., Secretary

Our individual sobriety depends on the group.  
The group depends on us. We soon learn  
that unless we curb our individual  
desires and ambitions, we can  
damage the group...



## The First Tradition

*Our common welfare should  
come first; personal recovery  
depends upon A.A. unity.*

Our brother the noisy drunk affords the simplest illustration of this Tradition. If he insists on disrupting the meeting, we “invite” him to leave, and we bring him back when he’s in better shape to hear the message. We are putting the “common welfare” first. But it is *his* welfare, too; if he’s ever going to get sober, the group must go on functioning, ready for him.

Yet he is only one rare aspect of the problem. When we do get sober in A.A., we shed a few small bits of the Big Ego: We admit, “I can’t handle alcohol, and I can’t stay away from it on my own.” Fine so far! Then we find there is plenty of that Ego still with us. It may lead us to take other members’ inventories and to gossip about their supposed shortcomings. It may lure us into hogging the floor at every discussion meeting.

Oh well, it’s a selfish program, isn’t it? After all the miseries of active alcoholism, why shouldn’t we indulge ourselves a little? We all know one good reason why we shouldn’t: Self-indulgence of this kind is an immediate personal danger; it threatens the individual’s own sobriety. More than that, it threatens the very basis of our sobriety—the unity of the A.A. group. For a self-righteous gossip *can* damage the mutual trust that is vital to every group. And a compulsive talker *can* ruin the effectiveness of a discussion meeting—“I’ve stopped going to that group. Nobody but Joe can get a word in edgewise.”

When A.A. was very young, the first members clearly saw the preservation of its unity as a life-or-death matter for themselves and for the alcoholics still unrecovered. The First Tradition states this aim, and it is the common aim of all Twelve Traditions. When A.A. reached the age of 35, the aim was restated in the theme of the 1970 International Convention:

This we owe to A.A.’s future:

To place our common welfare first;  
To keep our Fellowship united.  
For on A.A. unity depend our lives,  
And the lives of those to come.

Each of the other eleven Traditions explains one specific way to protect the unity of the Fellowship and the A.A. group. Those early members quickly recognized power-drivers as potential group-wreckers. And they’re still around—the members who are always sure that they’re always right—the members who are happily ready to assume all the burdens of leadership and grimly unwilling to share them, let alone give them up. But a group does need officers. How can we cope with this dilemma? Tradition Two provides the answer. . . .

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**SUN MON TUE WED THU FRI SAT**

DECEMBER		FEBRUARY											
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	23	24	25	26	27	28
29	30	31											
<b>3</b>		<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b>		<b>9</b>	
<b>10</b>		<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>		<b>15</b>		<b>16</b>	
<b>17</b>		<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>		<b>23</b>	
<b>24</b>		<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>		<b>29</b>		<b>30</b>	
<b>31</b>													

Starlite Birthdays Dance at the ARC

CENTRAL SERVICE OFFICE WILL BE CLOSED FOR NEW YEAR'S!

Medina Valley Group Birthdays

Highland Group 27th Anniversary  
DEADLINE DATE FOR FEBRUARY NIGHTCAP

CSO Administrative Board Meeting 7 p.m.

Atamo Heights Group Birthdays

CSOC (GSR) Meeting at Club 12, 7 p.m.  
Goliad Group Dinner 6 p.m.

Games Night at Club 12

Birthdays At: Group 12, El Libro Grande, Southwest Loop, Downtown, Freedom, Colonies No. Schertz, Brookwood & Marymont; Potluck at Marymont & DOWNTOWN

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**January 1988**

HAVE A PROSPEROUS AND SOBER NEW YEAR!

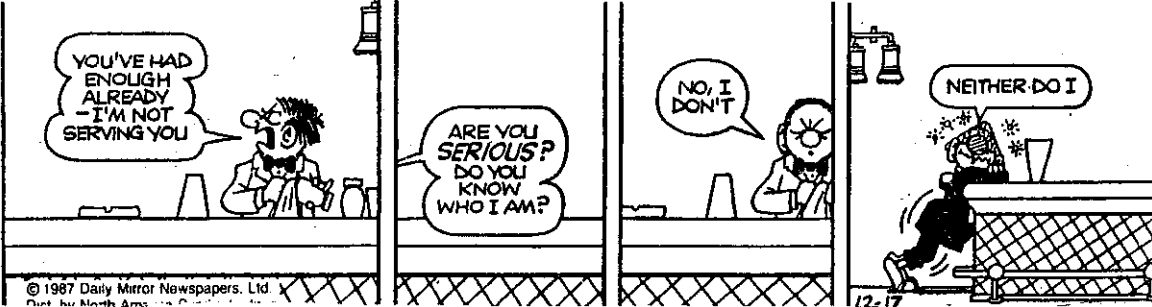
JOKE

JOKE

JOKE

JOKE

ANDY CAPP



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12/17

LE GESS POOLE



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DARLING



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EMUK/SHERING

WILLY 'N ETHEL



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JOE MARTIN 11-28



HANK M.

"FOR ALL OF YOU THAT DIDN'T DRINK THIS NEW YEAR'S --- A REMINDER OF WHAT YOU'RE MISSING!"

CONTRIBUTIONS RECEIVED IN NOVEMBER 1987

<u>GROUP</u>	<u>DISTRICT 1-A</u>	<u>MO</u>	<u>YTD</u>
Abundance			508.70
Bandera			75.37
Mobud Big Book			23.56
Mobud Roundtable			111.28
Morning After	48.32		238.32
Night Owls			71.08
Northwest	30.00		90.00
Reality			2.00
Sat Night Live			157.94
Siesta Ladies			22.00
Summit Step Study			24.47
Turning Point			150.04
Villa Rosa	100.00		300.00
Young People's			48.23
<u>DISTRICT 1-B</u>			
Bluemel Oaks			129.00
Boerne			96.99
Callaghan Road	42.00		152.00
Colonial Hills			16.36
Colonies North			78.20
Creekview Young People			16.00
Dietz-Eikhorn			120.00
Family Afterwards			60.60
Lambda	100.00		260.00
Laurel Heights	45.00		574.50
Medical Professional			155.40
Oak Hills	408.91		1,212.91
Oblate			200.00
Park North			265.00
Ranger Creek	60.00		90.00
Rush Hour	76.08		76.08
Signed Speakers	5.00		5.00
Twelve	360.00		1,440.00
<u>DISTRICT 1-C</u>			
Alamo Heights	36.00		396.00
Alpha House			75.00
Broadway			220.00
Brookhollow			163.00
Brookwood			90.00
Bulverde			30.00
Coker Woman's			100.00
Easy Does It			74.50
Freedom	150.00		1,258.94
Marymont	60.00		600.00
North San Pedro	150.00		225.00
Northwood	60.00		270.00
Reliance			125.00
Stahl Road			121.00
St. Paul's			38.00
Sunset			134.00
Tejas			50.00
Windcrest			70.00

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BECAUSE of your contributions, we are still able to send your NIGHTCAP FREE! Send us your name and address to subscribe. HAPPY NEW YEAR TO ALL!

<u>GROUP</u>	<u>DISTRICT 1-D</u>	<u>MO</u>	<u>YTD</u>
Downtown			40.00
Eisenhauer			54.00
Ft Sam Houston			720.00
New Life			50.00
Northeast			277.00
Palisades			30.00
Schertz		60.00	480.00
Universal City		55.00	415.00
<u>DISTRICT 1-E</u>			
Fresh Start		20.00	117.31
Frontier		4.20	181.51
Goliad		60.00	840.00
Highland		25.00	275.00
Kelly Special			45.00
Medina Valley			54.80
New Acceptance		25.00	125.00
SASH			150.00
Serenity			121.36
Southside		10.00	70.00
Southwest Loop		36.00	284.00
Valley Hi		30.00	300.00
Wilford Hall			180.00
<u>DISTRICT 1-F</u>			
Grupo del Sol		5.00	10.00
Grupo Unidad		6.00	58.76
Kingsboro			42.20
Santa Fe			70.00
Wesley			10.00
TOTALS		2,067.57	15,812.41

<u>AREA CONTRIBUTIONS</u>			
Hondo			125.00
Marble Falls			60.00
Kingsland			60.00
TOTALS			245.00

<u>INDIVIDUAL</u>			
Anonymous			
Ellis W., Jr.			
TOTAL			530.99

<u>NOVEMBER BIRTHDAY CONTRIBUTIONS</u>			
Marguerite O. (3 Years)			3.00
Dorothy T. (11 Years)			11.00
Domingo A. (14 Years)			5.00
T. H. (14 Years)			14.00
K. O. P. (21 Years)			21.00
Amelia P. (23 Years)			23.00
TOTAL			77.00

<u>PENAL CONTRIBUTIONS</u>			
Fresh Start			40.58
Universal City			5.00
Group Twelve			100.00
Southside			25.50
TOTAL			171.08

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For your information: Phone calls to CSO have gone up by 400 percent since 1974!!

CENTRAL SERVICE OFFICE  
8804 TRADEWAY  
SAN ANTONIO, TX 78217

(Address Correction Requested)

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