



# The Nightcap

THE NIGHTCAP IS PUBLISHED MONTHLY AT THE CENTRAL SERVICE OFFICE  
103 RENNER, SAN ANTONIO, TX 78201 PHONE NUMBER 512-733-7562/6876  
OFFICE HOURS: 9:00 AM - 7:00 PM MON-FRI 24 HOUR ANSWERING SERVICE  
THUR 9:00 AM to 9:00 PM

VOL. 16

JANUARY 1986

NO. 1

## Convention Clipboard

- JAN 3-5: Lower Rio Grande Valley AA Jamboree, South Padre Island, Texas.
- JAN 10-12: 24th Annual Southeast Texas Area Conference, Beaumont, TX.
- JAN 17-19: 16th Midwinter Conference, Midland, Texas.
- JAN 17-19: First Area Delegate Reunion, Arlington, VA.
- FEB 13-16: 22nd National AA Women's Conference, Philadelphia, PA.
- FEB 14-16: 24th Jamboree in El Paso; Roadway Inn, El Paso, TX.
- FEB 14-16: 38th Quarterly Young People's Conference, Lake Whitney, TX.
- JUN 26-29: Texas State AA Convention, San Antonio, TX.

(For more information on the above, please contact the Central Service Office.)

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### NEW DIRECTORIES

The new San Antonio Meeting Directory has arrived at your Central Service Office.

Come in and pick up one free (and have a cup of coffee). If you need more than one for your group, they sell for 10¢ each.

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## THANKS

A BIG THANK YOU for helping make the SASH Christmas Party a huge success! There was a large attendance of AA members from all over the county. All the donations and the attendance were appreciated greatly!

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### P R I C E C U T

At the last Administrative Board meeting, it was decided that we would reduce the subscription price of the NIGHTCAP from \$12 per year to \$5 per year. Let's hope that we can keep it at this lower price from now on! Also, hope to see more of you sending in your subscription renewals.

Giving the NIGHTCAP to a new-comer, or to an old-timer as a birthday present, is an inexpensive and a very thoughtful way to let them know that you care.

This \$5 price is effective NOW!

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### FINANCE CHAIRMAN NEEDED!

A volunteer AA member is needed to help with the Central Service Office monthly financial statements and to help prepare tax forms.

If you have training or experience in accounting/bookkeeping, and if you have a little time to spare every month, this is your chance to be of service. We are computerized, so there is not much involved.

If you feel you are qualified and are available, please call CSO at 733-7562/733-6876.

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Happy Sober  
New Year  
Feliz Sobrio  
Año Nuevo



35TH ANNIVERSARY CELEBRATION

The members of the HIGHLAND GROUP of Alcoholics Anonymous invite you to the 35th Anniversary of the founding of their group to be held on WEDNESDAY, JANUARY 15TH, at 8:15 p.m.

The Highlands Group meets at 502 Kayton and Palmetto Streets at the Aldersgate Methodist Church.

Edwina B. is anniversary chairman and the speakers will be Arthur C. and Eileen G.

This Group always serves refreshments, but am sure there will be something special for this special event! Everyone is welcome!

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MEETING CHANGES

The Marymont Group has changed their meeting time from 8:15 p.m. to 8:00 p.m. The meetings are still held on Tuesdays and on Fridays.

The Boerne Wednesday Night Group has changed their meeting place from St. Helena's Church to St. Albert Hall in Boerne. Going into Boerne on Main Street, turn left on Highland Street (if going north). After you pass Water Street you will see a sign on the right-hand side. Alanon and Alateen also meets here.

\* \* \* \* \*

NEW MEETINGS--NEW GROUPS

A new meeting for the hearing impaired is held at the Winners' Club on Wednesdays at 7 p.m. For more information call Susan R. (Sorry, we were not furnished a phone number for Susan.)

Brookwood now has AA, Alanon, Alateen, and Alatot meetings on Thursdays at 7 p.m. They also have an open speaker meeting on Saturdays at 8:15 p.m.

New Group--has been organized in Bulverde. Group name is Bulverde AA Group and it meets on Wednesdays at 8:15 p.m. at the United Methodist Church in Bulverde, Texas.

New Group--The Hill Country Road Runner AA Group meets on Fridays at 8 p.m., in St. Helen's Church located at 6061 De Zavala. 2

LOOKING FOR A NEW HOME

The Dakota Group is looking for a new meeting place. They were meeting at the Renaissance House but it has been reported that they are now out of business.

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NEW HOME FOR WOMEN

A new recovery home for women, "Casa Adelante," opened on December 16. It is located at 2415 W. Commerce. As soon as we have more information regarding this, we will publish it.

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Alcoholism Definition:

1. Compulsion
2. Lack of control
3. Continued use in face of adverse consequences

\* \* \* \* \*

Things I Don't Worry About Anymore:

Liquor I used to drink.  
 Liquor other people drink.  
 The price of rye, bourbon, gin, and beer.  
 The proposed tax increase on booze.  
 What time the bars close.  
 Where I got those names and addresses.  
 How I'm going to be able to stretch the swindle sheet.  
 Whether the story I told the boss and the wife checked out.  
 How much I can hold out of my check for the next one without the wife catching on.  
 Policemen.  
 Creditors.  
 What the neighbors say.  
 Christmas, New Years, the Fourth of July.  
 What happened to the money I made last year.

In fact, I don't have very darn much to worry about anymore!

Thanks to Don M.  
Schertz Group

\* \* \* \* \*

Humility is the willingness to be wrong, even if we are not!

# GSR Meeting Minutes

CENTRAL SERVICE OFFICE COMMITTEE MEETING

Club 12, December 15, 1985

The meeting was called to order by Dave S. at 7 p.m. on Sunday, December 15, at Club 12.

New GSR's were introduced as follows: Steve, Winners Night-Owl Group; Diane B., Barefoot NonSmokers Group; Gene D., Winners Monday Night Men's Group; Duane S., Valley Hi Group.

Red K. read the 12 Traditions, followed by the minutes from the last meeting, which were approved as read.

Administrative Board reports were conducted by Dave S. Financial: No report this month. Hospital & Institutions: To follow. Penal: Don S. reported that due to the increase in meetings per week at the jail (currently 18 meetings per week) he needs contributions for coffee and literature. Public Information: No report. Editorial: See "New Business." Mailing: Al M. present, no report.

Old Business: The by-laws were changed by the Administrative Board, as Board action is all that is required in order to change illegal by-laws, such as the executive secretary having a vote.

New Business: The CSO will close at 1 p.m. on December 24 and December 31, and all day December 25 and January 1.

Beginning on Thursdays, a noon AA meeting will be held at the CSO. The new room at CSO is available for holding small discussion meetings.

Dave S. went over changes THE NIGHTCAP is instituting. One major change is a reduction in subscription rates--it will now be only \$5 per year. AA members will also be encouraged to become supporting members of CSO by making donations over and above the \$5.

The CSO is looking for volunteers (60) who would be willing to take the phone duty one evening every other month. GSR's were asked to inform their respective groups of this possible approach to phone duty.

## DCM Reports

1A: Bob reported that an AA meeting for the hearing impaired has started at 7 p.m. on Wednesdays.

1B: Alberto M. was introduced as he will be the new DCM starting in January.

1C: Fred D. reported the district is formulating goals for 1986.

1D: Fred D. present, no report.

1E: Not present.

1F: Not present.

Announcements: The 24-Hour Club is now starting noon meetings 7 days a week. Charter Real has started an 8:15 p.m. Wednesday meeting.

## JANUARY AFTER-HOURS TELEPHONE ANSWERING SERVICE

Dec. 30-Jan. 05: Downtown Group

Jan. 06-12: Southside Group

Jan. 13-19: Barefoot NonSmokers Group

Jan. 20-26: Bluemel Oaks Group

Jan. 27-Feb. 02: Fort Sam Group

## HOSPITALS AND INSTITUTIONS JANUARY MEETINGS

Tuesday Shelter Group--District 1D

Brookwood--Windcrest Group

Casa del Sol--Winners Sunday 10 a.m. Group

The Haven--

House of Yuki--Goliad Group

The ARC--Freedom Group

Salvation Army--Abundance Happy Hr/Villa Rosa

The Horizon--Winners Monday Night Mens Group

(continued on next page)

Hospitals and Institutions January Meetings cont.

SASH--Southside Group/Callaghan Group  
Thursday Night Detox--Abundance Happy Hour  
State Chest Hospital--Dakota Group

Monday Night Detox--Barefoot NonSmokers Group  
Saturday Night Detox--Stahl Road Group

Respectfully submitted,  
Denny K., Acting Secretary

AA AA

CONTRIBUTING ACCORDING TO TRADITIONS

THE LAS VEGAS CAPER

To support A.A.'s **CONTRIBUTING ACCORDING TO TRADITIONS**

essential services, the General Service Conference recommends that groups follow the "60-30-10" plan. It works like this:

First, take care of basic group expenses (rent, refreshments and A.A. literature)

Divide remaining funds as follows:

TOTAL AMOUNT TO BE CONTRIBUTED \$ \_\_\_\_\_  
60% TO CENTRAL SERVICE OFFICE \$ \_\_\_\_\_  
30% TO GENERAL SERVICE OFFICE \$ \_\_\_\_\_  
10% TO SW TX AREA COMMITTEE \$ \_\_\_\_\_

IN ACCORDANCE WITH THE SEVENTH TRADITION "A.A. accepts no outside contributions at any level. Likewise, IN ACCORDANCE WITH THE SIXTH TRADITION, A.A. makes no contributions to any outside organization or cause, no matter how worthy"

(Keep this slip for your records)

**60%**  
to your Intergroup or Central Office.

SAN ANTONIO CENTRAL SERVICE OFFICE

GROUP \_\_\_\_\_ DATE \_\_\_\_\_  
SENT BY \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
TEL OF SENDER \_\_\_\_\_ AMOUNT \_\_\_\_\_

**30%**  
to your General Service Office.

GENERAL SERVICE OFFICE

GROUP \_\_\_\_\_ DATE \_\_\_\_\_  
SENT BY \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
GROUP SERVICE NO \_\_\_\_\_ AMOUNT \_\_\_\_\_

**10%**  
to your Area Committee.

SOUTHWEST TEXAS AREA COMMITTEE

GROUP \_\_\_\_\_ DATE \_\_\_\_\_  
SENT BY \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
TELEPHONE \_\_\_\_\_ AMOUNT \_\_\_\_\_

Well, it was a wild mixture of spinning wheels and spirituality! Over 2500 AA members registered for the Roundup. Most of the San Antonio bunch were on flight 711 and when the wheels touched down, we all cheered. It seems we are not comfortable anymore being "high."

This annual roundup has some unusual features. It has a 24-hour marathon meeting that actually goes on night and day with a different subject each hour. Then there were panels of members from foreign countries telling about AA in their homeland. It was just fascinating!

Some of our group found there was a good payoff from the poker machines near the elevator. (At least two big hits, anyway.) Others got hot with the dice and the nickel machines and brought home some lunch money. How much is 2000 nickels???

The main speaker, Paul K., with over 40 years of sobriety, gave us an inside look at how AA worked in the good old days. His sponsor, for example, had him get down on his knees in front of the group to take his Third Step. This sponsor also read Paul's Fourth Step and made him do it over until it seemed right, spiritually speaking.

It was a great Roundup and we got the feeling that everyone there was a winner!

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# Special Activities

SUPERBOWL SUNDAY IS JANUARY 26! The Winners' Club is having a Super Bowl Party! A giant "Texas Size" Television Screen will be on hand to watch this famous football game, while munching and sipping whatever you bring in your covered dish! The fun starts around about 1 p.m. and lasts till (who knows when) ????????????

FROM THE EDITOR'S DESK

Thanks to Don M. for his letter of December 9, with his question, "at what stage of the program do we become 'recovered' alcoholics?"

After posing this question to several other members for their opinions and my own opinion, the following guidance is provided:

1. After completing the 12 Steps, and having had a spiritual awakening, is when we become "recovered."
2. Page xiii of the Big Book says, "To show other alcoholics precisely how we have recovered is the main purpose of this book."
3. When we have developed complete honesty with ourselves and others, then is when we are "recovered."

I never think of myself as being a "recovered" alcoholic--I think of myself as being an "arrested" alcoholic and I use this term when I introduce myself at a meeting. I am sure that the Big Book has all the answers for we alcoholics, Don.

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# In Memoriam

Eddie W. passed away on December 17, 1985. Eddie was a member of Group 12 and will be missed.

Earl B. passed away in December 1985. He was an active member of the Villa Rosa Group. Earl left us with 22 years of continuous sobriety and will be missed.

TO THE FAMILIES AND FRIENDS, WE EXTEND SINCERE SYMPATHY AND OUR PRAYERS THAT THEIR BEREAVEMENT MAY BE TEMPERED BY REFLECTIVE THOUGHT UPON THE HAPPINESS SHARED.

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A small-town manufacturer was pondering over a government questionnaire that asked, "How many employees do you have (broken down by sex)?" He finally answered, "None that I know of--our problem is alcohol."

WORDS FROM BILL W., AA'S COFOUNDER

Sobriety--freedom from alcohol--through the teaching and practise of the Twelve Steps, is the sole purpose of an AA group. Groups have repeatedly tried other activities, and they have always failed. It has also been learned that there is no possible way to make nonalcoholics into AA members. We have to confine our membership to alcoholics, and we have to confine our AA groups to a single purpose. If we don't stick to these principles, we shall almost surely collapse. And if we collapse, we cannot help anyone.

I see no way of making nonalcoholic addicts into AA members. Experience says loudly that we can admit no exceptions, even though drug users and alcoholics happen to be first cousins of a sort. If we persist in trying this, I'm afraid it will be hard on the drug user himself, as well as on AA. We must accept the fact that no nonalcoholic, whatever his affliction, can be converted into an alcoholic...and an AA member.

...taken from the DISTRICT IX NEWS.

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NO-BOOZE CRUISE TO COZUMEL AND THE BAHAMAS

If you've never been to Cozumel and the Bahamas sober, now is the time to go! This cruise leaves from Miami, Florida, on the 18th of January and is a 7-day trip.

For more information, call Tina at International Travel, 512-226-6690.

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DEADLINE DATE FOR FEBRUARY ISSUE

Thanks to those of you who observed our deadline date for this issue of THE NIGHTCAP.

THE DEADLINE FOR ARTICLES AND BIRTHDAYS TO BE PUBLISHED IN THE FEBRUARY 1986 ISSUE OF THE NIGHTCAP IS JANUARY 23, 1986.

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# January Birthdays

(These are the ones reported to CSO by various AA Groups--  
if yours isn't here, and should be, complain to your  
Group Secretary!)

## 38 Years

Forrest E.

## 30 Years

Merle D.

## 29 Years

John V.

## 27 Years

Dee S.

## 26 Years

Max B.  
Penny B.

## 25 Years

Dr. Gene S.

## 23 Years

Edwina B.  
Bob M.  
Robert (Bob) W.

## 22 Years

James A.  
Ed B.  
Gwen L.

## 21 Years

Alec G.

## 19 Years

Jim B.  
Terry S.

## 17 Years

Gene L.  
Larry T.

## 14 Years

John A.  
Benjamin A.

## 13 Years

Red H.

## 12 Years

Paul T.

## 11 Years

John H.  
Bert R.

## 10 Years

Howard E. McD.  
Helen T.

## 9 Years

Pete C.

## 8 Years

Derrick D.  
Tom M.  
Mary Jean S.  
Anne S.  
Doris W.

## 7 Years

Lee F.  
Shalon T.  
Robert T.

## 6 Years

Debbie P.  
Ann W.  
Sarah W.

## 5 Years

Martha C.  
Carolyn D.  
Robert H.  
Ivan M.

## 4 Years

Dennis N.

## 3 Years

Peggy C.  
Jesse G.  
Bob G.  
Katherine H.  
Ralph M.  
Henry M.  
Roland P.

## 2 Years

Liz G.  
John F.  
Tommy G.  
Donna H.  
Robert J.  
M. Gayle J.  
Morris R.  
Dale S.  
Cecile S.

## 1 Year

Aurey A.  
Bob B.  
Mary J. C.  
Slade D. C.  
Bob H., Jr.  
Pam K.  
Carol P.  
Tom R.  
Annabelle S.  
Michael J. S.  
Charles F. S.



Happy Birthday

Feliz Cumpleaños

Your Central Service Office  
sells all kinds of AA things  
to give as birthday gifts!

Birthday Cards and Chips,  
Keychains, Big Books, and  
lots of other items! Come  
by today and pick up an AA  
present for your favorite  
AA person!

We do not grow old--  
We become old by not  
growing!

Have a ball without  
alcohol!  
Pass it up, so you can  
PASS IT ON!

## C O N G R A T U L A T I O N S

## T O Y O U A L L !

(Isn't JANUARY a great month  
to celebrate an AA Birthday?)

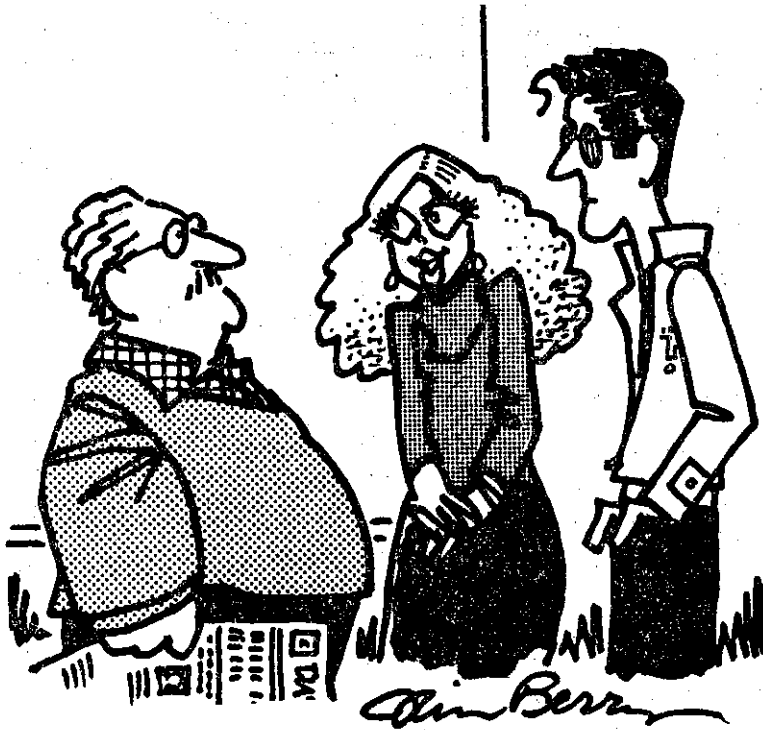
PLEASE REMEMBER TO REPORT FEBRUARY  
BIRTHDAYS TO THE NIGHTCAP BY THURSDAY,  
JANUARY 23, 1986--Many Thanks!

# JANUARY 1986

SOUTHWORTH COMPANY  
Note-a-Date® Calendar  
No. 301 Series

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>DECEMBER, 1985</p> <p>S M T W T F S</p> <p>1 2 3 4 5 6 7</p> <p>8 9 10 11 12 13 14</p> <p>15 16 17 18 19 20 21</p> <p>22 23 24 25 26 27 28</p> <p>29 30 31</p>	<p>FEBRUARY, 1986</p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28</p>		<p>1</p> <p>Bluemel Oaks Covered Dish--7 p.m.; speakers at 8:15.</p> <p>NEW YEAR'S DAY</p>	<p>2</p>	<p>3</p> <p>Downtown Grp Potluck &amp; Birthdays.</p>	<p>4</p> <p>Starlite Birthdays</p>
<p>5</p>	<p>6</p>	<p>7</p> <p>CSO Admin. Board meeting 7 p.m.</p>	<p>8</p> <p>Highland Grp 35th Anniversary.</p>	<p>9</p>	<p>10</p>	<p>11</p> <p>Unity Club Games Night.</p>
<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17</p>	<p>18</p> <p>District 10 Brea fast.</p>
<p>19</p> <p>GSR Meeting, Club 12, 7 p.m.</p>	<p>20</p> <p>MARTIN LUTHER KING'S BIRTHDAY (Observed)</p>	<p>21</p>	<p>22</p>	<p>23</p> <p>DEADLINE DATE FOR FEBRUARY NIGHTCAP.</p>	<p>24</p> <p>Southwest Loop Grp. Birthdays.</p>	<p>25</p> <p>Club 12 Games Night. Winners Club Birthdays; Lambda Potluck.</p>
<p>26</p> <p>Winners Club Super Bowl Party. 24-Hr Club Dinner.</p>	<p>27</p> <p>Alamo Grp and Alamogordo Heights Group Birthdays.</p>	<p>28</p> <p>Marymont, Valley-Hi, Windcrest Grps Birthdays; Potluck at Marymont.</p>	<p>29</p> <p>Park North, Northwood, 24-Hour Grps Birthdays.</p>	<p>30</p> <p>North San Pedro Group Birthdays.</p>	<p>31</p> <p>Freedom, Colonies North Group Birthdays; Group 12 Birthdays. Downtown Group Birthdays</p>	

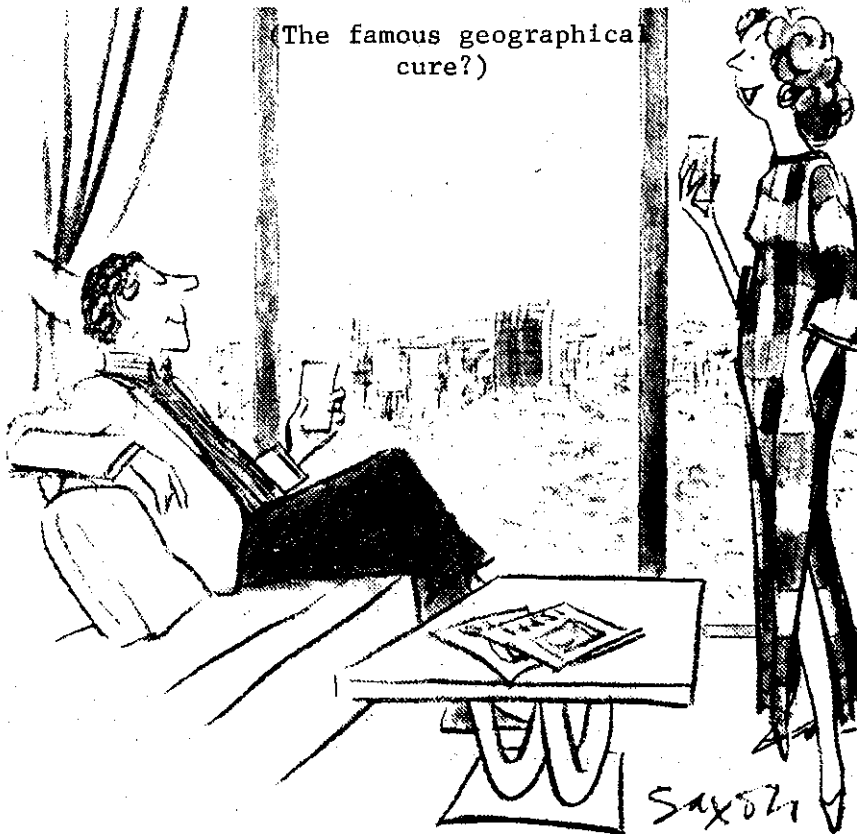
# Jokes \* \* Jokes \* \* Jokes



'You two really ought to hit it off. You're both such insecure, screwed-up people!'

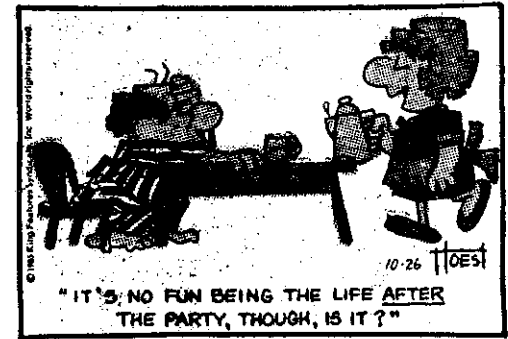


"So far I haven't had a nice day, but then I haven't been to a meeting yet."

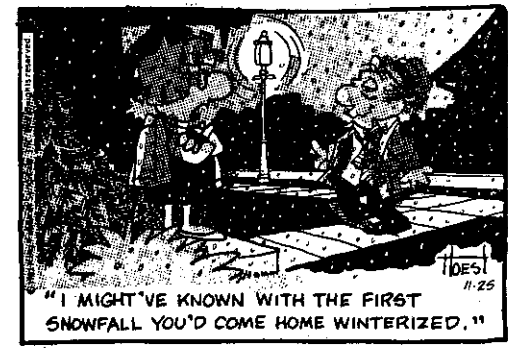


(The famous geographical cure?)

"You know, George, moving here has really improved my intellectual capacity. I can finally hear myself think!"



"IT'S NO FUN BEING THE LIFE AFTER THE PARTY, THOUGH, IS IT?"



"I MIGHT'VE KNOWN WITH THE FIRST SNOWFALL YOU'D COME HOME WINTERIZED."



CENTRAL SERVICE OFFICE  
103 RENNER DRIVE  
SAN ANTONIO, TX 78201

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