



The Nightcap

AA IN SOUTHWEST TEXAS

VOLUME 9

FEBRUARY 1981

NUMBER 2

"IN MEMORIAN"

This issue of the "Nightcap" is dedicated to the man who has been instrumental in printing and mailing of this publication which reaches out to AA's in Southwest Texas - My friend and yours Bob Swain.

Bob touched the lives of many of us with his exemplary practice of the "Twelve & Twelve". He truly "Practiced these Principles in all His affairs". Twenty-five years of his life were devoted to this program we have grown to love. The desire to help others was a great motivator in his life, and was responsible for his many successes. He was my sponsor and I shall be eternally in his debt for what he gave me.

Bob recognized only the good in his fellowman - never his shortcomings or character defects. Not merely by words did he guide us, but most of all by his example. Harshness was never his, nor criticism. Bob was always close to his Higher Power so surely there was instant recognition when he came face to face with his Loving God.

We would do well to emulate this man and put our trust in the God of our understanding.

So we say farewell to this dear friend, knowing that he no longer suffers. He has left a great legacy in the many he sponsored and will be long remembered for the serenity and peace of mind he nurtured, cared for, and installed in many of us.

Bob, we loved you - we will miss you.

REMEMBER :

The trouble we Encounter Today, May well be our Blessings tomorrow. And Growth comes from our troubles, Not the things that go well.

True happiness is people united in love and service to others.

We must share our gift of sobriety in order to keep it!

We are not promised an easy life; but sufficient strength for the day.

UNNECESSARY QUESTION

"Son", said a Texan to his offspring, "I just heard you ask that man what state he is from. Now, my boy, I want you to always remember this: If a man comes from Texas, he'll tell you; and if he isn't from Texas, there's no need to embarrass him."

No Use

Mother: "When that naughty boy threw rocks at you, why didn't you come and tell me instead of throwing stones back at him?"

Practical-minded youngster: "What good would that do? You couldn't hit the side of a barn!"

JUST FOR TODAY

Just for today I will try to live through this day only and not set far-reaching goals to try to overcome all my problems at once.

I know I can do something for 12 hours that would appall me if I felt that I had to keep it for a lifetime.

Just for today I will try to be happy, Abraham Lincoln said, "most folks are about as happy as they make up their minds to be." He was right.

I will not dwell on thoughts that depress me. I will chase them out of my mind and replace them with happy thought.

Just for today I will adjust myself to what is. I will face reality.

Just for today I will do a good deed for somebody without letting him know it. (If he or she finds out I did it, it won't count.)

Just for today I will be totally honest. If someone asks me something I don't know, I will not try to bluff; I'll simply say, "I don't know.")

Just for today I will make a conscious effort to be agreeable. I will look as well as I can, dress becomingly, talk softly, act courteously and not interrupt when someone else is talking.

Just for today I'll not try to improve anybody except myself.

Just for today I will have a program. I may not follow it exactly, but I will have it thereby saving myself from two pests—hurry and indecision.

Just for today I will have a quiet half-hour to relax alone. During this time I will reflect on my behavior and will try to get a better perspective on my life.

Just for today I will be unafraid. I will gather the courage to do what is right and take the responsibility for my own actions.

I will expect nothing from the world, but I will realize that as I give to the world, the world will give it to me. (DA)

THINGS WORTH REMEMBERING

The Value of time;
The Success of Perseverance.
The pleasure of working.
The dignity of Simplicity.
The Worth of Character.
The Improvement of Talent.

The influence of Example
The Obligation of duty.
The wisdom of Economy.
The Virtue of Patience.
The Joy of Originating.
The Power of Kindness.

POSITIVELY NEGATIVE

- We drank for happiness and became unhappy.
- We drank for joy and became miserable.
- We drank for sociability and became argumentative.
- We drank for Sophistication and became obnoxious.
- We drank for friendship and made enemies.
- We drank for sleep and awakened without rest.
- We drank for strength and felt weak.
- We drank "medicinally" and acquired health problems.
- We drank for relaxation and got the shakes.
- We drank for bravery and became afraid.
- We drank for confidence and became doubtful.
- We drank to make conversation easier and slurred out speech.
- We drank to feel heavenly and ended up feeling like hell.
- We drank to forget and were forever haunted.
- We drank for freedom and became slaves.
- We drank to erase problems and saw them multiply.
- We drank to cope with life and invited death.

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On April 12th, AA in San Antonio will be 36 years old. We plan to celebrate this special occasion with a dinner and a meeting at a place to be selected. The tentative date for this celebration is April 11th. This is a very mementeous event and we want to demonstrate our love for AA and this beautiful way of life with a spectacular show. We will have good food, great fellowship and a fine and interesting speaker. The committee that is responsible for this program and dinner can use some help. Please convey your intentions by calling the Central Service Office at 226-2523, or see the Nighcap edicor.

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The Pleasanton Group will celebrate their 26th Anniversary on February 21st at 8:00 P.M. in the High School Cafeteria. Paul E. will be the featured speaker.

Free coffee and donuts and good old country style AA. You all come.

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In Memoriam:

- Yancy Barnhart of Pearsall, 12/26/80
- Pat Gannon, Dec. 1980
- Husband of Dina Del Missier, Aldo 12/20/80
- Bob Swain 1/17/81
- Walter Nowlin 1/17/81

Anonymous Donations were made to the Central Service Office in Memory of Bob Swain and Pat Gannon.

Also, an anonymous donation to the Central Service Office was made in the amount of \$100.00

These gifts are gratefully acknowledged by the CSO, and the friends and families of the deceased.

Also, CSO also acknowledges a memorial donation by Harold S. for Dec. O. and George K.

District 1 and San Antonio General Service Office will conduct a GSR work shop on February 28th, 1981, at the ARC on Southton Rd.

All Area DCN's and their GSR's are invited to attend as well as any interested AA member. Registration will be from 8:30 to 9:00 A.M. There will be sandwiches and other goodies available. the charge will be \$2.00 per person.

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There will be an administrative Board meeting at the Central Service Office at 7:00 P.M. on February 3rd.

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There will be a CSOC meeting on Sunday February 8th, at Club 12, 102 Thames, Meeting begins at 7:00 P.M. This meeting is a must for all GSR's. Please make note of this meeting and make every effort to attend. This is your only opportunity to learn what is happening in AA in San Antonio Area. You will be able to take the information back to your group and keep every one informed about AA in San Antonio.

The Pearsall Group has a new meeting place - the Gill Savings Association Building on Oak Street. They are now having Open Discussion meeting on Wednesday at 8:00 P.M. Please come !

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March 20 - 22, 1981, the 27th annual Coastal Bend Jamboree will be held in Corpus Christi, Texas at the La Quinta Royale. You are cordially invited. For further information contact the Coastal Bend Intergroup Association at : 1 - 512-883-5331 in Corpus Christi.

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Our SW Area Texas Committee Treasurer, Bob S. reminds us that many groups do not contribute to the area fund. These funds are needed to carry on the vital work of the area. It is suggested that Group funds be distributed on the 60-30-10 plan. 60% of the funds should go to your intergroup. 30% to the General Service Office and the remaining 10% to the SW Texas Area Committee. Mailing address: 330 S. Walnut., New Braunfels, Texas 78130

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Nightcap is indebted to the Coastal Bender for the following:

FAITH VERSUS FEAR

Faith shared is faith multiplied.

"I have been made more aware of fighting fears with faith these past few weeks, but I am so glad that my friends in AA shared their hope strength when mine was low, shared their love. We never have to be alone when we walk through the doors of AA! We have the people and our higher power! Double Winners."

Groups taking the meetings to the SALLY:

- For the month of February - the V. A. Hospital Group.
- For the month of March - the Audubon Group

Groups for ARC meetings:

- For the month of February - the 24 hr. Group
- For the month of March - the Lytle Group

Groups responsible for the Villa Rosa meetings:

- Feb. 3 the Haven Group
- 10 Laurel Heights Group
- 17 North San Pedro Group
- 24 Haven Group

- Mar. 3 Laurel Heights Group
- 10 Northwest Group
- 17 Young Peoples Group
- 24 Callaghan Group
- 31 Northwest Group

The meetings at the Villa Rosa are all Open Discussion meetings.

SAHARA Group has a new Address: They are now located at 118 Pershing. The telephone number is 822-2843. They will meet at the following times:

- Closed Discussion - Sunday 3:00 P.M.
- Open Speakers - Tuesday 8:15 P.M.
- Open Speakers - Fridays 8:15 P.M.

Public Information Statistics:

Nov. 20	Patrician Movement	Margaret O
	Kerper House	Ed B
21	Brooks AFB	Bill S
21	San Antonio College	Allen P.
24	Sam Houston High	Joan B.
26	Bexar County Adult Probation	Bill S.
27	The Goliad Group AA	Jerry Bostic
Dec. 2	Roosevelt High	John H. & Helen B.
3	Central Catholic High	Tony N.
4	Churchill High	John De A & Kenneth D.
10	Bexar Co. Adult Probation	Allen P., Hank Carroll, Ann
11	Patrician Movement	Bill S. Murphy
17	Alamo Heights High School	Willie Hardeman
Jan. 17	Samuel Clemmons High	Jerry Stanton

The above members are to be praised and encouraged for their good work in carrying the message. This is rewarding work as all of the above will testify. If you are interested in this type of work please contact the Editor of the Nightcap.

NEW GROUP: Helotes AA/Alanon Joint Discussion meeting, each Thursday at 7:45 P.M. Meeting Place: Helotes Community PARC Bldg. at the VIA Park and Ride Location adjacent to the Methodist Church on Bandera Rd just beyond Helotes Plaza. We are most grateful to the Helotes Community for providing this fine facility. For further infoamtion call: 695-8094 or 684-7077.

CENTRAL SERVICE OFFICE-SAN ANTONIO, TX
RECEIVED JANUARY 23, 1981

<u>GROUP</u>	<u>JANUARY</u>	<u>TO DATE</u>	<u>GROUP</u>	<u>JANUARY</u>	<u>TO DATE</u>
Alamo Heights	\$ -0-	\$ -0-	Open Door	-0-	-0-
Audubon	-0-	-0-	Park North	50.00	50.00
Broadway	20.00	20.00	Randolph Fellowship	-0-	-0-
Callaghan	25.00	25.00	Reality	-0-	-0-
Coker	-0-	-0-	Reliance	-0-	-0-
Colonies North	-0-	-0-	Sahara	-0-	-0-
Downtown	-0-	-0-	Sally Group	-0-	-0-
Eisenhower Step	-0-	-0-	Santa Fe	-0-	-0-
Esperanza	-0-	-0-	SASH	30.00	30.00
First Step	-0-	-0-	Schertz	-0-	-0-
Ft Sam Houston	40.00	40.00	Serenity	15.00	15.00
Frontier	-0-	-0-	Southwest Loop	-0-	-0-
Goliad	20.00	20.00	Spiritual Life	-0-	-0-
Group Twelve	100.00	100.00	Stepping Stones	-0-	-0-
Grupo Del Sol	-0-	-0-	Summit	120.00	120.00
Grupo Unidad	-0-	-0-	Sunset	-0-	-0-
Haven	40.00	40.00	Tejas	150.00	150.00
Highlands	20.00	20.00	Triangle	-0-	-0-
Kingsboro	5.00	5.00	Twenty-Four Hour	-0-	-0-
Lambda	5.00	5.00	Universal City	-0-	-0-
Laurel Heights	15.00	15.00	VA Hospital	-0-	-0-
Marymont	-0-	-0-	Valley-Hi	40.00	40.00
Mens Group	-0-	-0-	Villa Rosa	-0-	-0-
Northeast	45.00	45.00	Wesley	-0-	-0-
North San Pedro	20.00	20.00	Wilford Hall	-0-	-0-
Northwest	-0-	-0-	Windcrest	50.00	50.00
Northwood	-0-	-0-	Young Peoples	-0-	-0-

19 GROUPS - \$ 810.00
Buck a Month 516.00

AREA

Floresville Group	15.00	15.00	Starlight Village	15.00	15.00
14 Individual Contributions	\$347.00		2 Anonymous Memorial Contributions		
				for Pat G	
				for Bob S	
			Horace G _____	for Steve S	
			Harold S _____	for Doc O &	
				for George K	

BUCK A MONTH CONTRIBUTION FORM

DATE _____

Central Service Office - 109 Lexington Ave. - Suite 215 - San Antonio, Texas 78205
Please enter my subscription to Buck A Month for _____ months.

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CITY _____ STATE _____ ZIP _____