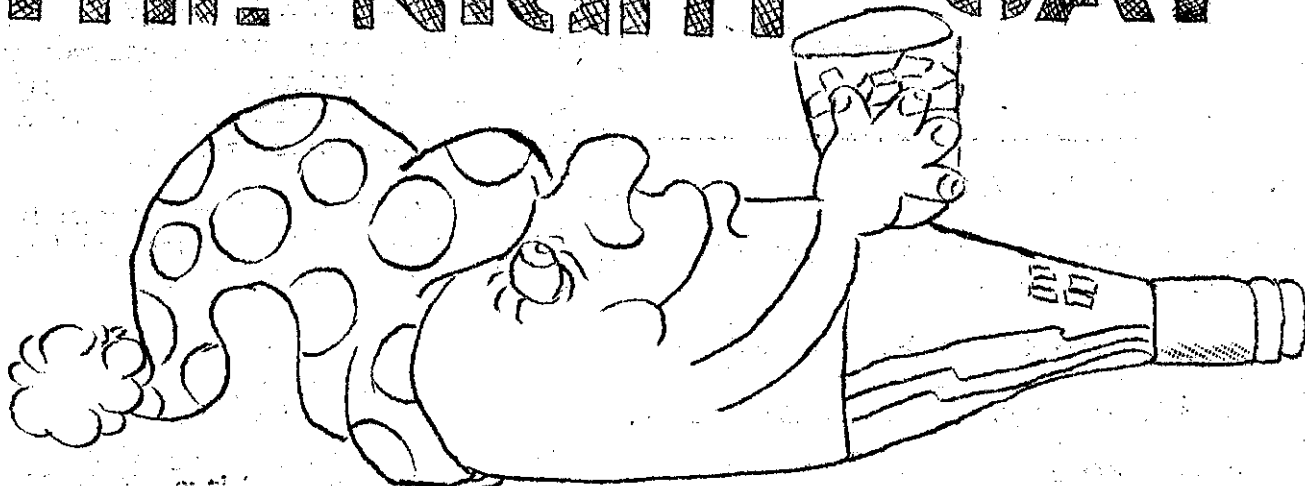


THE NIGHT CAP



Published monthly by the San Antonio Central Service Office of Alcoholics Anonymous in the interest of greater unity of members in local and Southwest Texas groups.

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VOLUME THREE

AUGUST 1978

NUMBER FIFTY

AA DANGER SIGNALS - - - - - OR - - - - - TWELVE STEPS TO A SLIP!

1. Start missing meetings for any reason, real or imaginary.
2. Become critical of the methods used by other members who may not agree with you in everything.
3. Nurse the idea that someday, somehow, you can drink socially again and become a "controlled" drinker.
4. Let the other members do the 12 Step work in your group. You are too busy, and you've been told that this is a "selfish program" anyhow.
5. Become conscious of your AA seniority and view every new member with a skeptical and jaundiced eye.
6. Become so pleased with your own views of the program that you consider yourself to be an "elder statesman."
7. Start a small clique within your own group, composed only of a few members who see eye-to-eye with you.
8. Tell the new member in confidence that you yourself do not take certain of the Twelve Steps seriously.
9. Let your mind dwell more and more on how much you are helping others, rather than on how much the AA program is helping you.
10. If an unfortunate member has a slip, drop him at once, announce his slip whenever possible, and analyze his non-readiness for the program.
11. Cultivate the habit of borrowing money or mooching favors from other members, and then stay away from the meetings to avoid embarrassment.
12. Look upon the 24-hour plan as a vital thing for new members, but not for yourself. You have outgrown the need for that long ago.

(Excerpted from the April/May issue of THE NIGHT CAP)

STAT'S: 6/19/78 - 7/13/78

AA 93; Alanon 27; Information 58;
PIC 2; Students 5

PIC: 6/16/78 - 7/15/78

John H. made four presentations to CARP during June and July.

Horace R. and Doris A. spoke to a sociology class at SAC; at a later date Fred T. and Kathy R. also spoke on the SAC campus.

If you would like to be a part of PIC's activity, call the Central Service Office or John H., 828-3742.

ANNIVERSARIES

UNITY GROUP: The Unity Group will celebrate their 6th Anniversary with an "Open Speakers' Meeting" followed by a festive party at 7:30 p.m., August 26. Machita H. will chair the meeting at which Herbert P. and Raul H. will be the featured speakers.

You won't want to miss this opportunity to share the Unity Group's warm hospitality!

The Group meets in the Unity Club, 3210 U. Commerce.

NORTH SAN PEDRO GROUP: The North San Pedro Group will celebrate its 3rd Anniversary on Thursday, August 17, at 8:15 p.m., with an "Open Speakers' Meeting" and gala party.

AA speakers for the evening will be the Rev. William D. K. and his wife, Betty, of Refugio. Bob B. will be the Alanon Speaker.

A cordial invitation is issued to all Area AA's and their families to join them for this happy evening!

The Group meets in the North San Pedro Presbyterian Church, 1605 Timber Oaks.

* * * * *

! NEW GROUPS NEEDED !

The Central Service Office has received several calls during the past couple of months from facilities wishing to have AA meetings on their premises.

If you would like to form a group in a new area please call the Central Service Office for more information.

* * * * *

! THANK !

To all GSR's and Group Secretaries who brought the financial needs of the Central Service Office to the attention of their groups, resulting in increased monthly contributions.

A central or intergroup office is unable to effectively serve its area without the support of all groups. With that support a central office is not only an integral part of the group structure, but an important first contact with the still active alcoholic and his or her family!

* * * * *

NO - BUT IF YOU HUN A FEW BARS I CAN
FAKE IT . . .

In the late 1950's a member of Alcoholics Anonymous, living at that time in Port Arthur, was desperately looking for a direct, but anonymous, method for communicating meeting dates to other members scattered in surrounding towns.

Her surprising, and charming, device: two notes--AA--written on a bar of music!

So intrigued were the recipients of these notices that they urged her to write to Bill W. suggesting that they be made an official emblem of Alcoholics Anonymous.

In September of 1959 Bill replied to her letter, saying that throughout the country there were several such emblems.

(continued on page 3)

NO - BUT IF YOU HUI. . . (cont.)

"Very often we are asked that AA Headquarters adopt one of these as a national or international symbol. But while many of these have gained a certain amount of popularity, none have taken on throughout the country. In the event that such a thing happens, it would be up to the General Service Conference to authorize something like this generally."

He further urged her to implement her idea to see if it caught on locally "and maybe, God willing, it will spread."

Not until this year was the creator able to translate her original concept into a design that a local jeweler could make up --but the result was well worth the wait!

For a limited time you may purchase the first issue of a Helen II, original. The design may be had as a tie tack (which may also be worn as a ladies lapel pin) or a charm to be worn on a chain or bracelet.

The musical logo is gold-plated on black enamel making a distinctive piece of jewelry, as well as serving as an immediate identification for fellow members.

Ask to see them when you stop by the Central Office. To order, call or write the Office. This lovely and unique memento is priced at just \$5.80.

* * * * *

CHANGING TIMES

The Women's Group which formerly met at 11 a.m., Saturday, at the 24 Hour Service Club, has changed their meeting time to 1:30 p.m., Saturday.

Another Women's Group has been formed by Group 12 and meets at 8:15 p.m. every Monday. Both groups hold "Closed Discussion Meetings."

A new bilingual group held its first meeting at Santa Fe Episcopal Mission, 1108 Brunswick, on July 4. The group will continue to hold meetings each Tuesday at 8:15 p.m.

The new AA meeting in Weslaco, which was first reported as the "First Group," is now named the "Turning Point Group." For more information contact: Nerle D., Rt. 2, Box 520-A, Weslaco, Texas 78596.

Margaret B., Downtown Group Secretary, writes: "Young People in AA meets every Sunday at Downtown. The time is a little different, we start at 8 p.m. and end at 9:30 p.m., and it is a closed discussion. The only requirement for membership is a desire to stop drinking. A very important point--people seem to have the idea that there is an age limit, and there is. You have to be under 105 years of age, with less than 50 years of sobriety!!! We're all in this together, and anyone is welcome. We celebrate our birthdays the last Sunday of every month and its not in a small way, lots of cake, hugging, and friends go along with it. If you want some strong AA then this is the group."

The Callaghan Road Group meets every Tuesday evening at 8:15 p.m., in St. Andrews Presbyterian Church, 8321 Callaghan Road. Join them for a lively discussion meeting.

\$\$\$ \$ DUCK-A-MONTH \$\$\$ \$ GETS YOU A SUBSCRIPTION TO THE NIGHT CAP \$\$\$ \$ \$

REGULAR MONTHLY EVENTS:

The Administrative Board of the Central Service Office will meet on Tuesday, 8th of August at 7 p.m., in the Central Service Office.

* * * * *

The CSOC and District 1 Meetings will be held at 7 p.m., Sunday, August 13, in Club 12.

* * * * *

The Goliad Group, 537 Avondale, will hold its monthly barbeque, Sunday, August 20, at 6 p.m., followed by an "Open Speakers' Meeting" at 7:30 p.m.

All other Sunday meetings are held at the regular time of 8:15 p.m.

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(continued on page 4)

REGULAR MONTHLY EVENTS (cont.)

Group 12 will hold its monthly dinner and games night on Saturday, August 26, 7 p.m.

* * * * *

The 24-Hour Service Group will hold its monthly dinner on Sunday, August 27, 4 p.m.

* * * * *

* * * MAY LIFE REVEAL ITS MYSTERIES-- A LITTLE AT A TIME * * * * *

HOSPITAL ZONE:

The Groups responsible for taking meetings to the Villa Rosa Group Tuesday night "Open Speakers' Meeting" during the month of August are:

August 1 and 15

August 8 and 22 and 29 Grupo Unidad

* * * * *

Groups responsible for taking meetings to The Sally Group Wednesday night "Open Speakers' Meeting" during the month of August are:

August 2 and 9 Santa Fe

August 16, 23, and 30 Group 12

* * * * *

The Park North Group holds an "Open Discussion Meeting" every Friday at 8 p.m., in the basement cafeteria of Park North General Hospital, 4330 Vance Jackson Road.

They have birthday parties, with all the trimmings, on the last Friday of each month.

Join them for a "Happy-Go-Friday"!

* * * * *

* * * * BE GOOD TO YOURSELF * * * * ATTEND AN AA MEETING TODAY----- YOU MIGHT LEARN SOMETHING NEW FROM A FELLOWER * * * * *

THE WHOLE THEORY OF THE UNIVERSE

COMES DOWN TO ONE

LIFE,

ONE

DAY

AT

A

TIME!

* * * * *

Each MEMBER has "12 STEPS" to work with. Each GROUP has "12 STEPS" too!

(THE 12 TRADITIONS)

It's EASY to remember the AA "12 Steps," but

(continued on page 5)

TRADITIONS (cont.)

I CANNOT REMEMBER THE TRADITIONS!

- | | |
|---------------------------------|--|
| ONE GOAL - To recover together | 1. Our common welfare must come first; <u>personal recovery</u> depends upon <u>AA unity.</u> |
| ONE GOD - A Power we choose | 2. For our group purpose there is but <u>one ultimate authority--</u> |
| ONE HOPE - To belong | 3. The <u>only</u> requirement for AA membership is a <u>desire---</u> |
| ONE GROUP - Free and strong | 4. Each group should be <u>autonomous-----</u> |
| ONE PURPOSE - To carry the news | 5. Each group has but one <u>primary purpose--to carry its message--</u> |
| NO Partnerships | 6. An AA group ought <u>never endorse --any outside enterprise--</u> |
| NO Outside Gifts | 7. Each AA group--fully self-supporting, <u>declining outside contributions.</u> |
| NO Titles or Degrees | 8. AA should remain <u>forever nonprofessional--</u> |
| NO Bosses | 9. AA ought <u>never be organized--</u> |
| NO Causes | 10. AA has <u>no opinion</u> on outside issues-- |
| NO Big Brass Bands, and | 11. -- <u>attraction</u> rather than <u>promotion--</u> |
| NO Names, if you please | 12. <u>Anonymity</u> is the spiritual foundation of all our traditions. <u>Principles</u> before <u>personalities.</u> |

(But I might be able to remember a simple poem.)

- | |
|-------------|
| 1 GOAL |
| 1 GOD |
| 1 HOPE |
| 1 GROUP |
| 1 PURPOSE |
| NO PARTNERS |
| NO GIFTS |
| NO TITLES |
| NO BOSSES |
| NO CAUSES |
| NO BANDS |
| NO NAMES |

- One Goal - to recover together,
 One God - A Power we choose,
 One Hope - To belong,
 One Group - Free and strong,
 One Purpose - To carry the news.

- No Partnerships,
 No Outside Gifts,
 No Titles or Degrees;
 No Bosses,
 No Causes,
 No Big Brass Bands, and
 No Names, if you please.

FINANCIAL CENTER
SAN ANTONIO
CENTRAL SERVICE OFFICE
RECEIVED JULY 16, 1978

<u>GROUP</u>	<u>JULY</u>	<u>TO DATE</u>	<u>GROUP</u>	<u>JULY</u>	<u>TO DATE</u>
Alamo Heights	15.00	105.00	Open Door	0	125.00
Audubon	0	70.00	Park North	15.00	110.00
Broadway	0	120.00	Reality	0	30.00
Downtown	50.00	110.00	Reliance	0	60.00
First Step	0	0	SASH	0	30.00
Ft. Sam Houston	20.00	160.00	Santa Fe	0	30.00
Frontier	0	70.00	Sahara	0	10.00
Goliad	0	50.00	Serenity	10.00	70.00
Group I2	75.00	400.00	Sharing	0	0
Grupo Del Sol	10.00	20.00	Spiritual Life	0	0
Grupo Esperanza	0	0	Stepping Stones	90.00	165.00
Grupo Unidad	10.00	90.00	Sunset	15.00	145.00
Highlands	20.00	140.00	The Haven	0	55.00
Hope	0	14.00	Triangle	0	0
Kelly AFB	35.00	70.00	24 Hour	0	70.00
Kingsboro	0	0	Universal	0	25.00
Laurel Heights	30.00	105.00	Valley Hi	15.00	45.00
Marymont	0	50.00	Villa Rosa	25.00	175.00
Northeast	0	60.00	Wesley	15.00	30.00
N. San Pedro	10.00	80.00	Windcrest	75.00	105.00
Northwest	20.00	140.00	Young People	0	0
Northwood	0	180.00	St. Agnes	10.00	10.00

AREA

Bandera	0	0	Women's Serenity	30.00	60.00
Bridge(N.B.)	10.00	70.00	Lytle	0	8.00
Canyon Lake	0	0	New Braunfels	0	10.00
Floresville	5.00	30.00	Pearsall	15.00	70.00
Hill Country Group	0	20.00	Pleasanton	0	30.00
Kerrville	0	72.00	Seguin	0	0

Memorial Donations

Preston S.
Signa P.

Individual Contributions

Southwest Texas Area
Garnett I.

BUCK A MONTH CONTRIBUTION FORM
DETACH AND MAIL

Central Service Office _ 109 Lexington Ave., Suite #215, San Antonio, Texas 78205
Please enter my contribution to the BUCK *A* MONTH for _____ months. Donation is enclosed on the basis of \$1.00 per month.

NAME _____ STREET _____
CITY _____ STATE _____ ZIP _____