

NIGHT CAP

Published monthly by the San Antonio Central Service Office of Alcoholics Anonymous in the interest of greater unity of members in local and South-west-Texas-Area groups.

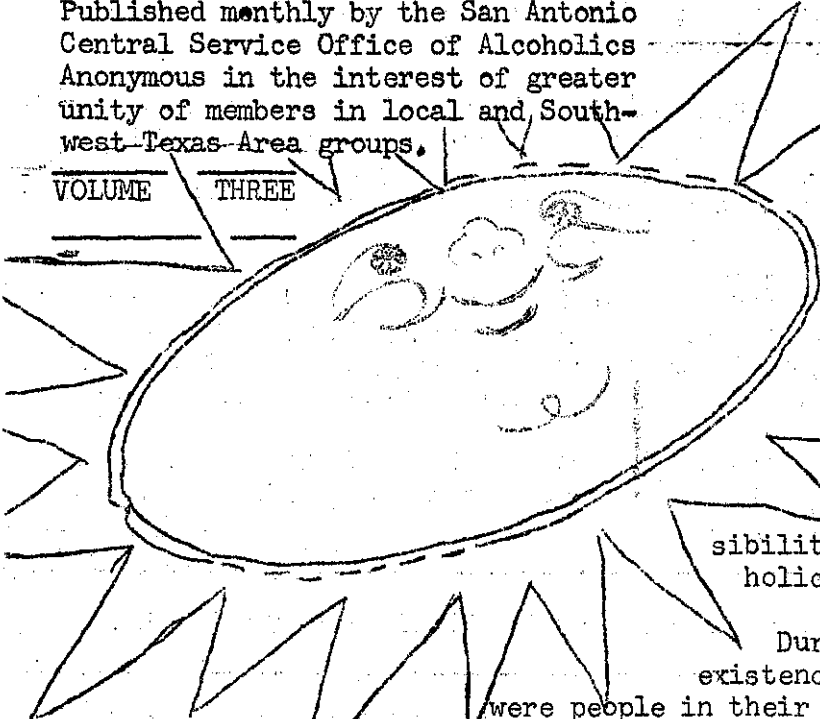
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" THE NIGHT CAP "
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San Antonio, Texas 78205 226-2523

VOLUME THREE

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NUMBER THIRTY SIX

Y. P. A. A.



A growing public awareness of the disease alcoholism, concentrated education about problem drinking and publicity about youthful alcoholics are making the responsibility of Young People's Groups in Alcoholics Anonymous more evident daily.

During the first twenty years of AA's existence the major portion of its members were people in their middle years or older. In scattered groups young people came through the doors of AA and went out again believing that they would be ready for sobriety after another twenty years of devastating drinking.

Fortunately some of these young people stayed to become sober, happy members of the AA fellowship. As these first young people grew in their sobriety they realized that many of their peers were coming to AA and leaving again believing they could beat the odds with youth.

Soon, small knots of these youthful AAs banded together, and with support from old timers, formed the first YPGs in AA.

The purpose of YPGs hasn't changed since the first one started more than twenty years ago. These groups provide youthful newcomers to AA with a meeting where they can see and share the experience of sobriety with people of their own age.

By their existence alone, YPGs have shown that recovery from alcoholism is not for older people only. These groups grow rapidly as more and more young people get the AA message of sobriety and a better life.

YPGs try to make the newcomer understand that twenty-plus years of drinking coupled with loss of family, friends and finances are not necessary for one to be ready for sobriety.

YPGs bring the newcomer into the mainstream of AA recovery, service and unity through the twelve steps and twelve traditions and carrying the message for one to suffering alcoholic.

It is important to make clear that YPGs are in no way separate from AA as a whole. Members of YPGs are involved in and committed to Twelfth Step Work, Hospital and Institution work, Public Information, General Service and every other facet of AA.

Y.P.A.A. (Cont'd from Page One)

Newcomers are shown that the way to a lasting, comfortable sobriety is to use the AA program in their daily lives and to get involved in AA service.

In 1957 a gathering at Niagara Falls of young AAs from across the U.S. and Canada started what is now the annual International Conference of Young People in AA.

The Young People's Conference has been held since 1957 in various locations in the U.S. and Canada to give young AAs an opportunity to come together and share their experience and hope so that they can take strength back to their cities, towns, and groups; a strength that will make them better prepared to receive that young person who comes to AA looking for a better way to live.

The 20th International Conference of Young People in AA will be held in the Shamrock Hilton Hotel, Houston, Texas, September 2nd-4th. Registration fee for AAs and Alanons is \$5.00; Alateen registration is \$1.00, and the banquet fee is \$8.00. Mail to: 20th I. C. Y. P. A. A., P. O. Box 55788, Houston, Texas 77055.

Hotel reservations should be made direct to the Shamrock Hilton. Room rates are: \$20.00 for singles, \$28.00 for double (twins), \$10.00 per person for triples, and \$9.00 per person for quads.

TO BE FREE TAKES ALL WE'VE GOT TO GIVE -- ITS REWARD GIVES ALL WE HOPE TO HAVE!

GETTING TO KNOW:DISTRICT 2SOUTHWEST TEXAS AREATown & Ranch Group

219 N. Main Lockhart
Mon. 8 p.m. Open
398 - 2318 398 - 2302

Feelfree Group

219 N. Main Lockhart
Wed. 8 p.m. Open
398 - 6235

Luling Group

Catholic Parish Hall Luling
Conner of Pecan & Travis
Box 807
Tues. 8 P.m. Open
875 -2845, 875 - 2806
488 - 2363

New Braunfels Group

273 S. Castell St., New Braunfels
Thurs. 8 p.m. Open
625 - 2127 629 - 2778

Bridge Group

307 E. Bridge St., New Braunfels
Mon. 8 p.m. Closed
625 - 7034, 625 - 6321

Grupo Montana (Bi-lingual)

732 E. Mountain St., Seguin
Thurs & Sat. 8:15 p.m. Open
379 - 4773 379 - 7968 379 - 1936
379 - 6917

Seguin Group

211 E. Nolte St., Andrews Parish Hall
Tues. 8 p.m. Open
379 - 2141 379- 2600

Canyon Lake Group

Rt. 4 Box 253 Canyon Lake, Texas
Corner of Westview & Crestview
Fri. 8 p.m. Closed (3rd Fri. Open)
Alanon every Fri.
899-2297, 899-2961

San Marcos Group

St. Mark's Episcopal Church
Corner of woods & IBJ
Sat. 8 p.m. Open
Wed. 8 p.m. Closed
Alanon Wed. 8 p.m.
392-5695, 392-6147, 392-3172

Grupo Victoria (bi-lingual)

273 S. Castell St., New Braunfels
Fri. 8:15 p.m. Open
625-0340

(CONTINUED ON PAGE THREE)

GETTING TO KNOW DISTRICT 2 (Cont'd from Page Two)

We would like to get to know you - all of you in the Southwest Area! Big job? You bet it is! So we'll do it "one step at a time" - just as we do everything else in AA.

From time to time we'll spotlight a particular district - print the district directory upon request, along with commentaries and news - perhaps we'll "promote" some exchanges and sharing between groups and districts "attract" some visitors who just might be in vicinity and just make it livelier all 'round!

Mail your up-dated District meeting Directory to: P.O. Box 6454, San Antonio, Texas, 78209, and news to "The Night Cap", 215 Abiss Ave., San Antonio, Texas, 78209 or to The Central Service Office.

- Raul M -

ALL IN THE FAMILY?"ALCOHOLISM IN MEN RUNS IN THE FAMILY, SAYS NEW REPORT"

Alcoholism among men is inherited, says a startling new medical study.

Researchers, headed by Dr. Donald W. Goodwin, Chief of Psychiatry at the University of Kansas Medical Center in Kansas City, Kan., interviewed the sons of alcoholic parents in Denmark.

Men used in the study all were brothers separated by adoption. In each case, one brother has been raised by his parent, the other by non-alcoholic foster parents.

'The alcoholism rate for both sets of men was 20 percent by the age of 30,' Dr. Goodwin told THE STAR.

'The national average for men in Denmark is only about three to five percent. The findings were startling. We never expected the figure to be so high. These men were no more vulnerable to depression or other personality disorders, just to alcoholism.

In all cases, one brother had been put out for adoption by the age of two weeks. Those raised by foster parents, could not at that age have been adversely socialized by the natural alcoholic parent.'

Dr. Goodwin said two other studies have confirmed his findings. Only one study has been done with women so it is too early for conclusive results about them.

'But evidence that alcoholism is heredity in men is building quickly,' Dr. Goodwin said."

(Excerpted from the June 12th, 1977 edition of THE SAN ANTONIO STAR AND SUNDAY MAGAZINE)

IT ISN'T THE MOUNTAINS AHEAD THAT WEAR YOU OUT; IT'S THE GRAIN OF SAND IN YOUR SHOE.

IN MEMORIUM:

Hank E., Kerrville, June, 1977

Earl Prescott, San Antonio, July, 1977

Edna Coffin, Kerrville, July, 1977

TO THE FAMILIES AND FRIENDS WE EXTEND SINCERE SYMPATHY AND OUR PRAYERS THAT THEIR BEREAVEMENT MAY BE TEMPERED BY REFLECTIVE THOUGHTS UPON THE HAPPINESS SHARED.

* * * * *

The Central Service Office would like to thank all those who have made memorials. These gifts are deeply appreciated and will enable AA to further carry the message.

STAT'S: 6/15/77 - 7/15/77

AA	86
Alanon	16
Information	65
Student	4
PIC	1

REGULAR MONTHLY EVENTS:

There will be no meeting of the Administrative Board of the Central Service Office in August.

* * * * *

The C. S. O. C. will meet on Sunday, August 14th at 7 p.m. in Club 12, 102 Thames.

* * * * *

The Goliad Group, 1004 Avondale, will hold its regular monthly barbeque Sunday, August 21st at 6 p.m., followed by an "Open Speaker's Meeting" at 7:30 p.m. All other Sunday meetings are held at the usual time of 8:15 p.m.

* * * * *

Group 12 will hold its regular monthly dinner and games night on Saturday, August 27th at 7 p.m. in Club 12.

The 24 Hour Service Group, 1203 Fredricksburg will hold its monthly dinner on Sunday, August 28th at 1 p.m.

LOOK FOR WONDER AT THE HEART OF SIMPLE THINGS

AROUND THE AREA:

The Hill Country Group will sponsor a "Festival for Living" weekend on August 6th - 7th at La Hacienda, Hunt, Texas.

Vannoy S. (Alanon) of Lubbock will speak at Saturday evening's banquet, and Stan L. (AA) of Washington D. C. will be the speaker at the Texas style barbeque to be held on Sunday.

Live entertainment and dancing will follow the banquet, and there will be plenty of time for swimming, hiking, or just relaxing in the crisp hill country air.

A registration fee of \$28.50 includes the banquet, barbeque, breakfast and overnight lodging. For more information call: George K., 344-4007. Live a little!

LOCAL SCENE:

The San Pedro Group will celebrate their 2nd Anniversary on Thursday evening, August 18th at 8:15. Bob K. of La Mesa will be the featured speaker of the evening, and the meeting will be followed by a party featuring scrumptious food and plenty of good fellowship. Bring a friend - bring a smile - bring yourself - to share The San Pedro Group's Anniversary!

* * * * *

The Brees Group holds separate "Closed Discussion" AA and Alanon meetings on Thursday evenings at 8:15 p.m.

The group meets in the Alamo Heights Methodist Church, 5101 Broadway, and they'd love the pleasure of your company!

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(CONTINUED ON PAGE FIVE)

LOCAL SCENE (Cont'd, from Page Four)

The Reality Group meets in the Golia Group's meeting room at 1004 Avondale on Wednesday evenings at 8:15 p.m. The group holds "Open Discussion" meetings on all phases of the recovery of the alcoholic and enjoys a special brand of fellowship which they'd be delighted to share with you! Drop in!

* * * * *

Hey Alateens! There's a brand new meeting in town! Jane J. and Julia R. are the sponsors of the Monday Night Alateen Group meeting at 8:15 p.m. in Club 12. For more information give Jane a call at: 824-9237 and then jog right over.

* * * * *

Huh? Whadda y'mean does The Haven have meetings? S - u - r - e - The Havens' got meeting s! An "Open Discussion" meeting is held at 8:15 p.m. Tuesday, an "Open Speaker's " meeting at 10:15 p.m. Friday - and to wrap up the week right you can attend the 5 p.m. meeting on Sunday afternoon.

* * * * *

The Frontier Group holds both a Speaker's meeting and a Discussion meeting at 8:15 on Tuesday evening at the A.R.C., Southton Road. Having trouble deciding which sort of meeting you need? Flip a coin at the door - either way you're the winner!

* * * * *

The Park North Group meets at 8:00 p.m. in the basement cafeteria of Park North Hospital, 4330 Vance Jackson. Make it a real "Thank God It's Friday evening and join 'em!

* * * * *

Wanted! The December, 1976 issue of "The Night Cap". If anyone has one please mail it to the editor, or the Central Service office. Thanks!/Just skip this - I have one--Your typist C.B./

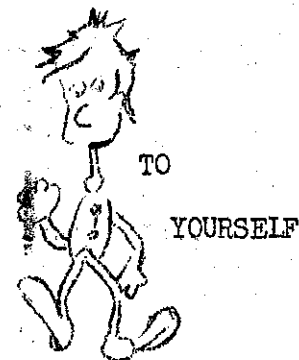
LIFE IS EASIER THAN YOU THINK --ALL YOU HAVE TO DO IS ACCEPT THE IMPOSSIBLE. DO WITHOUT THE INDISPENSABLE AND BEAR THE INTOLERABLE. (AND BE ABLE TO SMILE!)

\$\$\$ BUCK - A - MONTH \$\$\$

BE

AN

ELF



\$\$\$ BUCK - A - MONTH \$\$\$

" TEENAGE ALCOHOLISM

*There are nearly a million and a half pre-teen and teenagers in this country with serious alcohol-abuse problems. The national Institute on Alcohol Abuse and Alcoholism says that "it is not uncommon now to see severe alcoholism problems in children 9, 10, 11, and 12 years old."

*From 1969 to 1972 there was a 259 per cent increase in male juvenile arrests, and a doubling of arrests among females for public intoxication.

*Fifty percent of the people killed on the highway in alcohol-related accidents are teenagers.

*Teenage drunk driving arrests have tripled in the past 15 years."

(Excerpted from the article "Teenage Alcoholism" appearing in the April 14th issue of "Circus" Magazine)

Ailing:

Doris L. is in room 43 B, Beach Pavillion, Ft. Sam Houston. Bet she'd appreciate a basket of sunshine in the form of cards and notes from all her AA friends.

FINANCIAL CENTER
 SAN ANTONIO
 CENTRAL SERVICE OFFICE
 RECEIVED JULY 16, 1977

<u>GROUP</u>	<u>JULY</u>	<u>TO DATE</u>	<u>GROUP</u>	<u>JULY</u>	<u>TO DATE</u>
Alamo Heights	15.00	105.00	Northwood	90.00	135.00
Audubon	0	50.00	Park North	5.00	30.00
Brees	10.00	70.00	Reality	5.00	20.00
Broadway	10.00	70.00	Reliance	30.00	70.00
Downtown	0	10.00	Sally	0	0
First Step	0	0	SASH	0	20.00
Ft. Sam Houston	20.00	120.00	Santa Fe	0	0
Frontier	20.00	120.00	St. Agnes	0	0
Goliad	25.00	66.00	Serenity	10.00	60.00
Group 12	100.00	400.00	Sharing	0	0
Grupo Del Sol	0	0	Stepping Stones	0	75.00
Grupo Esperanza	0	15.00	Sunset	15.00	105.00
Grupo Unidad	0	37.50	Trinity	0	10.00
Harmony & Harmonia	0	25.00	The Haven	0	40.00
Highlands	20.00	140.00	24 Hour	10.00	70.00
Hope	0	0	Universal City	0	10.00
Laurel Heights	15.00	90.00	Valley Hi	45.00	105.00
Marymount	0	50.00	VA Hospital	0	60.00
Northeast	0	70.00	Villa Rosa	0	150.00
N. San Pedro	20.00	60.00	Wesley	15.00	30.00
Northwest	25.00	150.00	Windcrest	0	60.00
			Woodlawn Heights	0	0

AREA

Boerne	0	0	Kerrville	10.00	30.00
Bridge (N. Braunfels)	0	50.00	Men's Stag	0	10.00
El Toro (Port Mansf'ld)	0	8.00	Women's Serenity	0	50.00
Floresville	5.00	35.00	Luling	2.00	21.00
Hill Country Group	0	15.00	New Braunfels	12.00	12.00
			Seguin	0	30.00

BUCK-A-MONTH CONTRIBUTION FORM

DETACH AND MAIL

Central Service Office - 109 Lexington Ave., Suite 215, San Antonio, Texas 78205
 Please enter my contribution to the BUCK-A-MONTH for _____ months.
 Donation is enclosed on the basis of \$1.00 per month.

NAME _____ STREET _____
 CITY _____ STATE _____ ZIP _____