The Nightcap

THE NIGHTCAP IS PUBLISHED MONTHLY BY THE CENTRAL SERVICE OFFICE 8804 TRADEWAY, SAN ANTONIO, TEXAS 78217

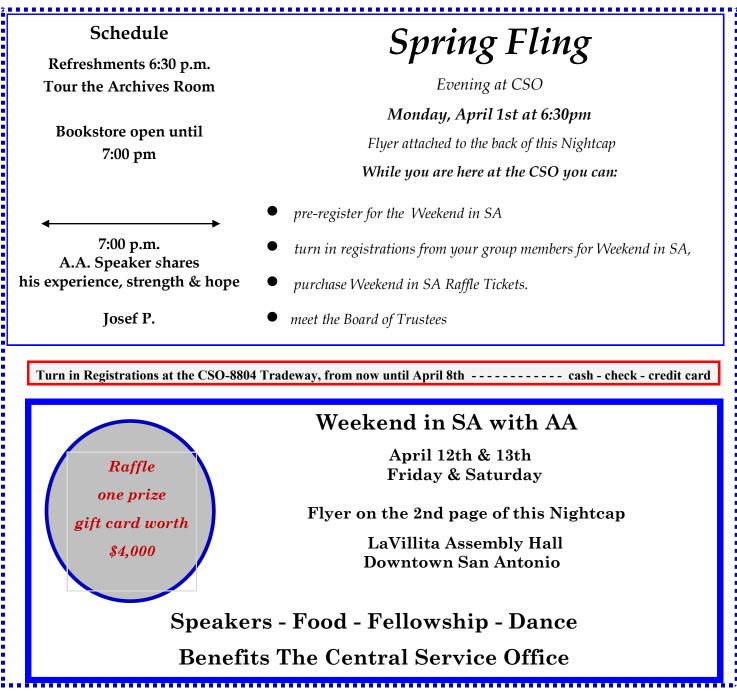
HELP LINE - (210) 828-6235 ANSWERED 24 HOURS SPANISH HELP LINE - (210) 409-8524 BUSINESS LINE: (210) 821-6325 OFFICE HOURS: MON—9AM-7PM; TUE thru FRI—9AM-5PM

FAX AND TDD: (210) 822-4491 E-MAIL: CSOSA@STIC.NET WEBSITE: www.aasanantonio.org



March 2013

For complete information on events around the country and Canada, please check out 'Events' at www.aasanantonio.org Drop by the office and pick up flyers for all of the following events listed in this newsletter



The Nightcap is about, by and for members of the AA fellowship. Opinions expressed herein are not to be attributed to Alcoholics Anonymous as a whole, nor does publication of any article imply any endorsement by either AA or the Nightcap (Exceptions: Quotations from AA books, pamphlets, and the 12 Steps and/or 12 Traditions are reprinted with permission of AA World Services Inc. The AA Preamble, slogans, etc. are reprinted with permission of the Grapevine, Inc.)



One of the most common misconceptions of these gatherings is that they are A.A. Meetings. Conventions and conferences are special events which require a substantial amount of money. This Conterence is funded primarily through registration fees, plus contributions from individual A.A. members and A.A. Groups. The majority of these contributions are in the form of faced, drints and scholarship money. No baskets are passed. Attendance is voluntary and as responsible A.A. Members, "we pay our own way".

SCHEDULEDEVENTS SCHEDULEDEVENTS LA VILLITA ASSEMBLY HALL FRIDAY APRIL 12, 2013 4:00 PM Registration Opens 5:30 PM Mari G. (AAHspanic) San Antonio, TX 8:00 PM Georgia B. (A) La Crescenta, CA SATURDAY APRIL 13, 2013 7:00 AM Registration Opens 10:00 AM Paul McG. (AA) La Crescenta, CA 3:00 PM OLD-TIMER PANEL 7:00 PM Doug R. (A) Luiunga, CA 8:30 PM Doug R. (A) Tujunga, CA 8:30 PM Doug R. (AA) Tujunga, CA 9:00 FM Doug R. (AA) Tujunga, C	"A New and wonderful World"
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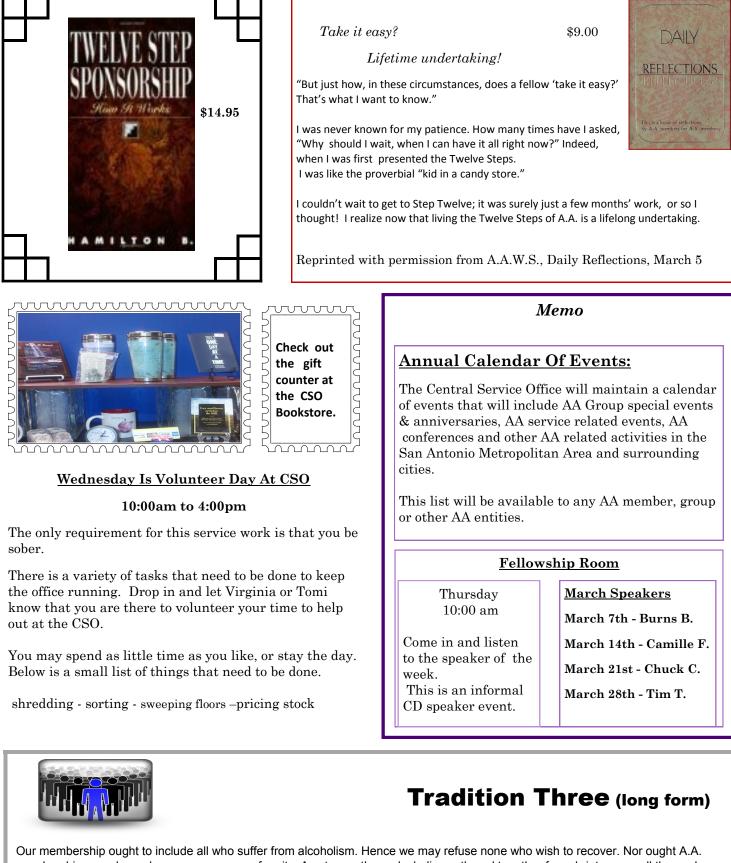
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Chairman, Weekend In S.A. 8919 Wickfield St. San Antonio, Texas 78217-4141



Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation.

age 189?

Did you know that the long form of the Traditions is in your Twelve & Twelve on page 189?

Archives Room Progress Report In Pictures



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Interview With the Author of "Doctor, Alcoholic, Addict"

First in a series of articles on authors of Big Book stories

Dr. Paul's story, "Doctor, Alcoholic, Addict" is published in the Third Edition of the Big Book; his remarks on acceptance, which appear on pages 449 and 450, have been helpful to many AA members over the years. This interview was conducted by telephone to Dr. Paul's home in California.

In the Fourth Edition of the Big Book, "Acceptance Was The Answer" on page 407.

Continued from the February issue of the Nightcap

Do you have, or did you have, a sponsor?

Early on I was talking to a friend of mine, Jack N., who was sober a couple of months longer than I was. Jack and his wife and Max and I used to go to AA speaker meetings together. I was telling him how my home group was nagging at me because I didn't have a sponsor, and on the spur of the moment I said, "Why don't you be my sponsor?" and on the spur of the moment he said to me, "I'll be your sponsor if you'll be my sponsor." And I said, "I don't know if they'll allow that." But we decided to try it and it worked out. He calls me 'cause I'm his sponsor and I call him 'cause he's my sponsor so I guess we call each other twice as often. We're still sponsoring each other. That's been going on for twenty-seven years. He moved to L. A. but we stay in touch, mostly by phone.

Is there a tool or a slogan or a Step that is particularly useful to you right now?

Pretty much every morning, before I get out of bed, I say the Serenity Prayer, the Third Step Prayer, and the Seventh Step Prayer. Then Max and I repeat those prayers along with other prayers and meditations at break-fast. And I say those three prayers repeatedly throughout the day.

I grew up thinking that *I* had to perfect my personality, then I got into AA, and AA said, no, that isn't the way we do it: only God can remove our defects. I was amazed to find that I couldn't be a better person simply by trying harder!

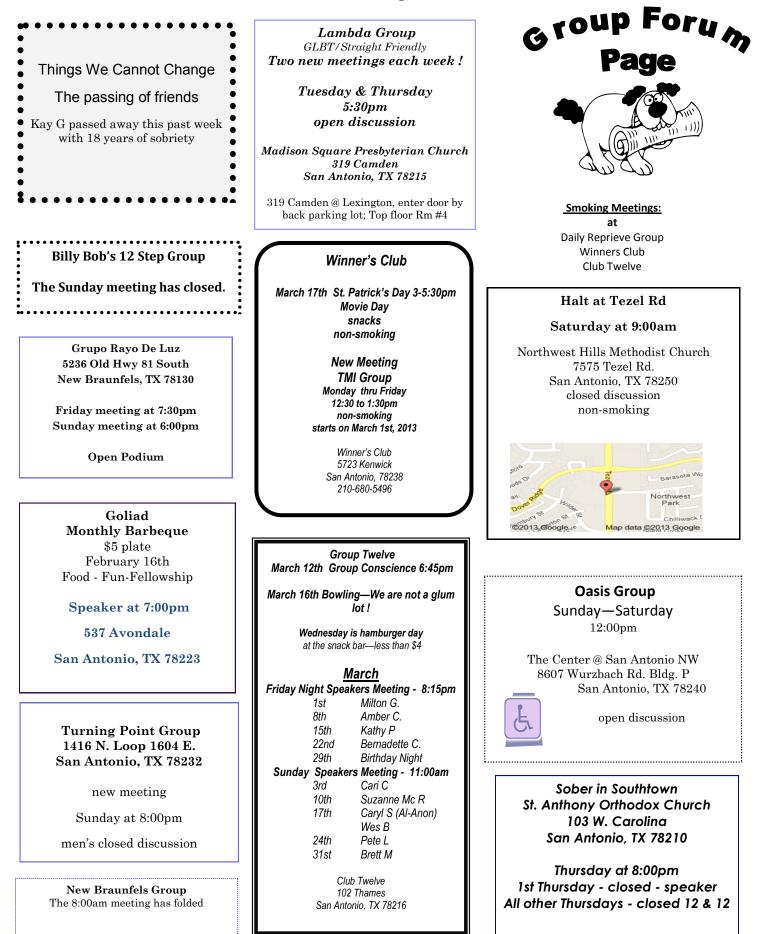
What I've done with a number of problems--like fear and depression and insomnia--is to treat them as defects of character, because they certainly affect my personality adversely. With depression, I've never taken any antidepressants. Instead, with any defect I want to get rid of, I become willing to have it removed, then I ask God to remove it, then I act like he has. Now, I know God has a loophole that says he'll remove it unless it's useful to you or to my fellows. So I tell him I'd like my defect removed completely, but he can sleep on it, and in the morning he can give me the amount he wants me to have, and I'll accept it as a gift from him. I'll take whatever he gives me. I've never done that when he hasn't removed a great deal of my defect, but I've never done it when he has permanently and totally removed any defect. But the result is that I no longer fight myself for having it.

That's a helpful way of seeing things. It makes defects into a gift.

That's right. And it's the Rule Sixty-two business [see *Twelve Steps and Twelve Traditions*, p. 149]. It's like Father Terry always says, "Be friendly with your defects." "In fact some poet said, "Hug your demon, otherwise it'll bite you in the ass." Poets can talk like that.

Has your sponsoring changed over the years?

Continued in the April Issue of the Nightcap



"Minds are like parachutes. They only function when they are open. "

Phone Volunteer Now Needed in the CSO office.

Monday afternoon 1-5pm

Call Virginia at 210-821-6325.

Sobriety requirement is 1 year.

Training is provided.

"This is Alcoholics Anonymous...May I help you?" Chairperson is Josef P. & the Co-Chair is Joseph E.

Helpline # 210-828-6235



There are currently a few openings

We are responsibile

447 Helpline Calls in the office during January

Special Needs

Service animals are to:

"are to be harnessed, leashed or otherwise tethered, be kept under control by their owners, be well-groomed with good hygiene, be housebroken, and poses no threat to the health and safety of others."

Service animals may be removed from facilities if:

"the animal is out of control and owner makes no attempt to control it, the owner can not specifically describe what tasks or jobs the animal is trained to do, or the animal poses a direct threat or harm to others."

Under Americans with Disabilities Act (ADA) you may ask:

If the animal is required for a disability and what tasks or work has the animal been trained to do specifically for the disabled individual.

You may NOT ask:

About the nature of the individuals disability (ies), or proof that the animal is a certified service animal. Source: United States Department of Justice, Americans With Disabilities Act of 1990.

Is your group aware of the service animal

facts? How is your group treating disabled



members?



Does the dog's size or breed matter? No! Service Manual Meeting

has moved

to a different

location

Now at the Goliad Meeting Place

537 Avondale, San Antonio, TX 78223



REFLECTING ACTIONS OF THE 011 GENERAL SERVICE CONFEREN March 11th

7:30—9:00 pm

Concept 3 - Presented by: Larry Y Panel 38 Delegate

Archives of San Antonio

Monthly Meeting

2nd Monday at 6:00pm Central Service Office Fellowship Room 8802 Tradeway You are invited to participate.

The Committee is currently looking for a permanent Archivist. If you know of a person who would be interested contact the CSO office at 210-821-6325 and obtain Stacy S telephone number.

CSOR Meeting is the Third Monday of each month at 6:00 pm at CSO

Fellowship Room - 8802-8804 Tradeway, San Antonio, TX 78217

The Central Service Office Rep serves as a vital link in maintaining two-way communication between the group and CSO. The Central Service Office Rep takes the responsibility for keeping the group informed on CSO matters, and provides CSO with up-dated information of a group contact name and phone number.

CSOR and their alternate are encouraged to learn more about the operations of the Central Service Office.

CSOR Minutes

Meeting opened by Rebecca at 7:00 PM with the Serenity Prayer

Heather of Rule 62 Group read the short form of the 12 Traditions

Introduction of new CSO reps: Marcella from Cuarta De Dimension; Heather from Divine Rule 62 Group, and Jill from Community group.

Introduction of guests: none

Bill S gave several announcements about upcoming events.

Minutes of the previous meeting were approved: Sydney C motioned to approve, Charles B 2nd

Board Liaison Report: Joe L gave report. At January Board meeting the board went over the budget and assigned duties to board members:

Kristina J - Chairperson

Douglas Frey - Vice Chairperson

 $Joe \; L-CSOR \; Liaison$

Marlo M – Spanish Intergroup Liaison

 $Tami\;S-Archives$

David J - Financial Adviser

 $Travis \ D-Event \ Coordinator$

Projected projects include a Special Needs Workshop, Spring and Fall Workshops, Open House, Outreach to groups who have no CSO Rep, Booth at Family Fun Fair

The Board approved 2013 Budget

February the Board will be updating Policy and Procedure Manual

Committee Reports: None

Rebecca read Tomi's informative report to the CSORs. Of note AA in SA is April 12th and 13th at La Villita. The documentary "Bill W" was viewed January 14th by 72 AA members.

Old Business: None

New Business: Tashley volunteered to the Vice Chairperson if Rebecca is absent.

7th Tradition Basket was passed

Meeting was closed with the Lord's Prayer



SAN ANTONIO DISTRICTS

District 01A: DCM-Bobby M. Rocketn2.4th@gmail.com Monthly meeting is held at 8600 Wurzbach, #702, Creekview Office Complex, 2nd Sunday, 3:00 p.m.

District 16: DCM-Sonya B

sonyabaker45@yahoo.com Monthly meeting is held at 8802 Tradeway, 1st Sunday at 3 p.m. –Fellowship Room (next to CSO)

District 17: DCM-Dee D

dduffy422@gmail.com Monthly meeting is held at the Serendipity Group location, 10929 Nacogdoches, #5, the 3rd Saturday of each month at 9:00 a.m.

District 18: DCM- Michael D

Monthly meeting is held at the Goliad Group location. 537 Avondale, the last Saturday of the month.

SAN ANTONIO SPANISH DISTRICTS

District 01F: DCM– Juaquin Monthly meeting is held at 3814 S. Flores, #2, the 2nd Sunday, 11:00 a.m., en Española.

District 28: DCM-Julio R.

Monthly meetings are held at 935 New Laredo, #2 San Antonio, TX 78211, the 2nd and last Thursday, 7:00 p.m., en Española.

SURROUNDING DISTRICTS

District 01E: DCM-Steve G. gallegoschristina@att.net Rotating monthly meeting on the 3rd Saturday. Call for location.

District 02: DCM-Theron W. t@gvtc.com Monthly meeting is held at 2 p.m. the second Sunday of each month. 24 Hour Club location,1142 Eikel,New Braunfels, TX 78138

District 12: DCM-Jerry B. vanise@ktc.com Monthly meeting rotates on the 2nd Sunday each month, and is held at 2 p.m. Call for location and directions.

WHERE TO SEND DISTRICT CONTRIBUTIONS

District 01A Treasurer PO Box 29594 San Antonio, TX 78229

District 16 Contact DCM for address.

District 01E Contact DCM for address.

District 17 PO Box 33774 San Antonio, TX 78265 District 18 unknown

S.W.T.A. 68 Pre-General Service Conference & Assembly



Archives:

April 5-7, 2013

Hosted by District 1E

Meeting Hall Braden Keller Community Center 1410 Amelia St Castroville, TX 78009 830-931-9733

A meeting for all GSR's and DCM's

SAMSO

Monthly meeting *is held the 2nd Sunday of the month, 4:00p.m.* 8600 Wurzbach, #702. Members include DCMs, Alt. DCMs, Committee Chairs, GSRs and all alternates. All AA members are invited to attend. <u>http://www.samsoaa.com</u>

> Kathleen D. Winners Club 5723 Kenwick Next meeting: not announced.

Bi-Lingual: Tino E. tinoesparza@yahoo.com

CFC:	Amy K. killough.amy@gmail.com 8802 Tradeway– Fellowship Room
	PO Box 33866, San Antonio, TX 78265
Grapevine:	Dianniella S. dsisneros07@yahoo.com
	Monthly meeting is held at 8607 Wurzbach, Bldg.P,
•	The Center
-T.I.	1st. Sunday, 3:00 p.m.
PI/CPC:	Miguel P. mipamex@hotmail.com Monthly meetings at PDAP Bldg, behind House of Prayer, Lutheran Church, 10226 Ironside Dr. 1st Sunday at 4:30 p.m.
Treatment:	Tammy K. tammy.knutson@gmail.com Monthly meeting at 8802 Tradeway - Fellowship Room 1st. Sunday of each month, 5:00pm.
Newsletter:	Cathy W. cwhitlow@satx.rr.com
Treasurer:	Bill S. <u>samsotreasurer@gmail.com</u> SAMSO, PO Box 17953, San Antonio, TX 78217
Webmaster	Daniella dsisneros07@yahoo.com

March Birthdavs

Ray A

36 Years

Perry F

37 Years

Jack H

38Years

Gail Mo

43Years

Vernon M

Group Twelve	Group Two
<u>1 Year</u>	<u>8 Years</u> Howard N
Jerry C Ethan U	Linda B
Lee R	Jerri P
Lee K	Eddie V
2 Years	Davide H
Michael Mc	Mary Beth
Lacey H Tom O	9 Years
Robert H	Michael B
David R	Rodney P
Frank S	Kimberly C
Adoph G	Julie S
	Bonnie W
<u>3 Years</u>	Chuck L
Edward L Jeffrey Mc	10 Years
Scott S	Felix G
James I	Mary W
Laura D	William H
Jason Y	Bryant S
Christopher K	Karl A
Stephanie S	Robert P
4 Years	<u>11 Years</u>
Raul C	James B
Gerald L	Leslie G
Nick S	Don K
Linda GT Russell M	Raci M Jim W
Brian H	Patrick W
Armando A	Michael F
Gilberto O	
	12 Years
<u>5 Years</u>	Cathy S
Gilbert P	Chris J
Brian H	Mark R
Kandie F	Jessica T
Cliff Mc	
Justin P	<u>13 Years</u>
	Delani A
<u>6 Years</u>	Susan B
James D	Jim D
Michael P	Frederick L
Ken J	Maureen M
Bill M	Patrick O
Erik J	Diane T
Richard C	Jerry W
Albert D	Nick N
Marlo M	
Stacy Mc	14 Years
Joe R	Lila C
Jason M	Phil J
Analise P Jenny W	Stephanie Thomas K
Chuck H	Mary Alice
Tashley O	James R
•	
Michael R	Melody S
7 Years	Sheila S
Margaret J	Derri W
KayeLynne I	Richard W
Melanie G	

Melanie G Marlo M

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velve	Group Twelve	
	15 Years	
N	Jonathan E	
	John H	
	Patsy N Gina P	
	Hal G	
:h S		
	<u>16 Years</u> Dawn B	
в	Darrell B	
)	Steve B	
Q	Tracy L	
/	Mark R Rafael E	
	<u>17 Years</u> Ardyn C	
	John St	
1	<u>18 Years</u> Kaye G	
	Leigh P	
	Paul M	
	Michael P	
	Robert W	
	19 Years	
	Ricchard H	
	Michael K	
N	Tammy V Janie W	
F		
	20Years	
	Jim A	
	Carrie C	
	Charlotte M	
	Terris T	
	Wanda S	
	21 Years	
	Virgil E	
	Martha E	
	Cherie W	
: L	Silky C	
М		
	22 Years	
	Anita C	
	23 Years	
	Larry L	
	James G	
	Morris R	
	Fred R	
e L	Tammy T	
<	Joelle H	
ce N	Charlie R	
	Arthur D	
5		
	24 Years	
	Douglas J	
v		

Group Twelve	Turning Point	Years
25 Years	Dan K	4
Alfred R	Dan R	24
Kevin R	Danny D	2
Barbara D		
Helen JU	Schertz-Cibolo	Years
	Paul K	7
26 Years	Sharon S	6
Herb C	Hector H	1
Michael K	Stefanie F	2
Ben C	Pat G	10
Martin P	Liz F	5
	Maria in D	12
27. V	Virginia P	12
27 Years	Jennifer R	1
John D	Elida d	3
Nan E	Sylvia M	19
Chuck J	Traci O	7
Philip A	Bruno V	5
	Jessica L	4
28 Years	Becca C	6
Joe H	Conrad M	3
Kathryn L	Dave F	4
	Janet C	4
29 Years	Star C	2
Mario C		
Tama B	Serendipity	Years
	Hal B	45
30 Years	Paul M	18
Linda K	Nancy A	10
Suzanne Mc	Joseph G	5
Suzanne Mic	Bonnie K	4
21 Vears	Randy W	4
<u>31 Years</u> John B	Daniel G	3
E.B. M	Debbie O	2
E.D. IVI		2
Linda T		
32 Years		
Dianna B		
Mike N		
Henry T		
Leo L		
34 Years		



GROUP BIRTHDAY CELEBRATIONS

These groups celebrate their members sobriety birthdays on the following days:

First Saturday New Braunfels Group

Last Sunday: Free at Last (cake & Coffee)

Last Monday: Alamo Heights Freedom. Young and Golden Years (O-Speaker)

First Tuesday: New Downtown (O-Speaker) 7:30-9pm

Last Tuesday: Valley Hi Santa Fe New Acceptance, Life Support La Vernia

Last Wednesday :

Oblate Woman's Big Book Northwood, Stay in the Solution

Last Thursday: Goliad

North San Pedro Stahl Rd, Acceptance Universal City,

Last Friday:

Pearsall (Come As You Are) **Colonies North** El Libro Grande, Rush Hour, Group 12 Marymont

Memo to the Fellowship

Beginning in the April issue, the Nightcap will not be printing individual sobriety birthdays, due to the lack of interest from the Groups in San Antonio.

This page will convert to a calendar of events, A list of speaker meetings with the speaker name listed. To submit your speaker meeting and who your speaker will be, contact the CSO office at csosa@stic.net

Group Contributions to CSO 2012

<u>Where does the money go?</u>

Funds received at the Central Service Office go to support the Central Service Office of San Antonio activities; according to the purposes as outlined in the Bylaws and as directed by the Board of Trustees.



Group Contributions: January 2013 Total \$ 5,135.18

Group	Amount
Acceptance Group	12.00
Amistad Group	250.00
Boerne Hwy Group	30.00
Boerne Noon Group	250.00
Broad Highway Group	50.00
Callaghan Road Group	100.00
Colonies North Group	300.00
Cuarta De Dimension	25.00
District12	75.00
First Things First Group	1,300.00
Ft.Sam Houston	75.00
GoliadGroup	50.00
GroupTwelve	360.00
Grupo Paz Y Sobriedad	10.00
Grupo Primer Vez	41.86
Lambda Group	500.00
Laurel Heights Group	50.00
Love & Laughter Ladies Group	60.00
River Group	25.00
Rule62-DevineGroup	12.00
Rush Hour Group	180.00
Schertz/CiboloGroup	300.00
Serenity Group-DelRio	50.00
Spring Branch Group	399.00
Starlight Group	50.00
Stay in the Solution Group	306.36
Survivors Group	200.00
Women's Solution-NB	13.96
Young and Done	60.00
Total	\$ 5,135.18

Contributions to Central Service Office During the month of January

Birthday Contributions	\$ 366.00
Fellowship Room Contributions	109.07
Individual Contributions	29.06
Total Contributions	\$ 504.13

free for your group treasurer

Ask for item #FV-19 & F-3



Schedule Refreshments 6:30 p.m. Tour the Archives Room Bookstore open until

7:00 pm

A.A. Speaker shares

7:00 p.m.

His experience, strength & hope...

Josef P.

Spring Fling

Eveníng at

cso

Join us for our Central Service Office Spring gathering!

April 1st 6:30pm

8804 Tradeway, San Antonio, TX 78217

Fellowship Room