

# The Nightcap

THE NIGHTCAP IS PUBLISHED MONTHLY BY THE CENTRAL SERVICE OFFICE  
8804 TRADEWAY, SAN ANTONIO, TEXAS 78217

**HELP LINE - (210) 828-6235 ANSWERED 24 HOURS SPANISH HELP LINE - see Page 3**

BUSINESS LINE: (210) 821-6325 OFFICE HOURS: MON—9AM-7PM; TUE thru FRI—9AM-5PM  
FAX AND TDD: (210) 822-4491 E-MAIL: CSOSA@STIC.NET WEBSITE: www.aasanantonio.org

VOLUME 38

August 2007

NO. 08

## UPCOMING EVENTS

### Home of the 2010 International A.A. Convention 2007

**Aug 4-6:** Bryan/College Station, TX  
21st Aggeland Conv, Ramada Inn  
Aggeland, 979-693-9891.

**Aug 6-10:** Mt Crested Butte, CO  
24th Crested Butte Mtn Conf.  
www.cbconference.org

**Aug 10-11:** Brady, TX  
60th Anniversary of Brady AA. Many  
activities. For more info phone group at  
325-597-3725.

**Aug 17-19:** Victoria, TX  
SWTA 68 PI/CPC Conference, 205  
Longfellow, Victoria, TX 77904.

**Aug 17-19:** Concan, TX  
TXYPAA. For a registration form see  
www.aasanantonio.org, AA Events.

**Aug 24-26:** Kerrville, TX  
32nd Hill Country Roundup. For info e-mail  
hcrchairman@hctc.net.

**Aug 30-Sept 2:** Los Angeles, CA  
49th ICYPAA. For a registration form  
www.49thcypaa.org.

**Aug 31-Sept 2:** San Antonio, TX  
San Antonio GLBT Roundup, PO Box  
12017, San Antonio, TX 78212-2017.

**Sept 15:** San Antonio, TX  
A Day In Recovery. For further info phone  
Char 210-821-6325 or Virginia 210-455-  
3633.

**Oct 12-14:** Bastrop, TX  
23rd Fellowship in the Pines, 2799  
Hwy 21 E, Paige, TX 78659.

**Oct 26-28:** Dallas TX  
27th Texas State Conf of Young  
People in AA (TXSCYPAA)  
www.txscypaa.org

## Group Surveys

Group surveys have been tallied.  
Please stop by CSO to pick up a  
copy of the results for your group.  
Thank you to all who participated.  
We appreciate the guidance and  
direction.

## SAN ANTONIO ROUNDUP 2007

*"Acceptance is the Key"*



August 31<sup>st</sup>—September 2<sup>nd</sup>  
Labor Day Weekend

Conference registration is \$35.00  
Saturday Fiesta Buffet is \$25.00

**Oak Hills Medical Center Hotel**  
**7401 Wurzbach Road**  
**San Antonio, TX 78229**  
**210-614-9900 or 800-468-3507**

*Hotel deadline for reservations is Aug 1.*

For more info

www.sanantonioroundup.com

✓It is with great pleasure and  
gratitude that CSO reports a  
grand total of \$34,137.06 profit  
from the Weekend in SA Conf.  
This helps tremendously toward  
the support of CSO, as well as  
relieving some of the financial  
burden from our groups. Amazing  
job committee members!

## A DAY IN RECOVERY

w/Polly P of Birch Bay, WA

*"Emotional Sobriety"*

**Saturday, September 15**

Norris Conference Center  
4522 Fredericksburg Road  
San Antonio, TX 78201

*(At the Crossroads Mall, enter the under-  
ground parking off Fredericksburg Road, and  
go in the door on the lower level.)*

Pre-registration is \$12.00 and can be  
mailed to: A Day in Recovery, PO  
Box 17932, San Antonio, TX 78217.

For hotel or other info call Virginia @  
210-455-3633 or Char @ 210-821-6325.

## CLUB/GROUP 12 58<sup>th</sup> Anniversary Schedule

### FRIDAY: August 17

**6pm** Welcome and Dinner

*Lazagna dinner provided by Benny  
S/5:30 non-smokers mtg*

**8pm** Intro of Club 12 staff

AA Spk-Laila M, Addison TX

### SATURDAY: August 18

**9am** Welcome and Breakfast

*Taco breakfast provided by Brian  
G/MiCasa Grp*

**11am** Alanon Spk-Bo T, W.Blocton, Al

**12:30pm** Lunch

*Chicken Salad, fruit, chips & dip  
provided by Missy M/Monday 8:15  
Young People's Mtg*

**2pm** Karaoke Party

**5pm** Dinner

*BBQ dinner provided by Happy  
Jimmy/11am non-smokers mtg*

**7pm** Introduction of Club 12 BOD

AA Spk-Tim T, Westlake, OH

**9pm** Dance (Live Band)

*"The Burning Desires"*

### SUNDAY: August 19

**9am** Welcome and Breakfast

*Bagel & Muffin breakfast provided  
by Charles W/7am non-smokers  
Mtg*

**11am** AA Spk-Jeanie G, Culver City, CA

**Noon** Sobriety Countdown

Lord's Prayer and Closing

THE NIGHTCAP IS ABOUT, BY AND FOR MEMBERS OF  
THE AA FELLOWSHIP. OPINIONS EXPRESSED HEREIN  
ARE NOT TO BE ATTRIBUTED TO ALCOHOLICS  
ANONYMOUS AS A WHOLE, NOR DOES PUBLICATION  
OF ANY ARTICLE IMPLY ANY ENDORSEMENT BY  
EITHER AA OR THE NIGHTCAP. (Exceptions:  
Quotations from AA books, pamphlets, and the 12 Steps  
and/or 12 Traditions are reprinted with permission of AA  
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reprinted with permission of The Grapevine, Inc.)

## Young and Responsible...is it Possible???

I rushed in the door of St. David's Episcopal Church, knowing full well I was twenty minutes late to chair the AA meeting on Wednesday July 8, 1992. This wasn't just any meeting, this was our very first gathering of the Foxey Ladies AA group...and I was late for the special occasion...very late! How I was chosen to chair the very first meeting, I do not know. I had 18 months of sobriety and was 18 1/2 years old. (I stress the "1/2" because I needed as many years on me as I could get at that time!) A few of the women from the Foxhall group in San Antonio, Texas, decided we had had it with the men and decided to start a women's AA group where we would be studying the twelve steps and twelve traditions from the 12x12. We had planned and organized our format, found a location for the meeting and named ourselves the Foxey Ladies. I had prepared to chair this meeting on the first step, since that is the first chapter of the twelve and twelve, and was quite nervous about it, yet I was honored that the other members would allow me to be the first chairwoman.

Needless to say, when I ran through the door at 7:20 p.m. that Wednesday evening with my other girlfriend, the meeting had already commenced, and it was being chaired by none other than my sponsor. This was one of those times when I thought I was going to pee my pants when I saw the look on her face, as she looked me up and down in silence, then continued to speak about step one to the rest of the group. No one said one word to me, as I quietly took my seat, still wearing my bathing suit, tank top and shorts from my adventurous trip to Schlitterbahn that day with my girlfriend. I thought I could make it to Alamo Heights from New Braunfels in 45 minutes, except I did not factor in the rush hour traffic on I-35 at 6:15 in the evening. Let me remind you...I was 18....and a half!!! Let me also remind you of my 18 months of sobriety. These were also the days when only medical professionals and business men had cell phones, so I had no way of calling anyone. I remember this because during the first two years of my sobriety, my step dad used to carry around a cell phone bigger than my purse and heavier than my first born child...this is how long ago this was:)

Now, I need to point out the type of sponsorship I had, my home group I was involved in and the principles involved. You may think that this was not such a big deal, that the meeting was chaired by SOMEONE, and that it could all be done without me and that I am not so important. Perhaps the last part of that sentence is true; however, that is not my point. My sponsor had taught me that I was to show up for my sobriety and to show respect for it. When I was to chair a meeting, I was to dress tastefully and attractive, because I was the first person people saw when they walked into a meeting of Alcoholics Anonymous. I was to be a good example, to be responsible for my duties, to show up on time and to do my jobs well, because I was being of service to others and that Alcoholics Anonymous was the most important thing in my life because it saved my life...and I better damn well act like it.

If I was asked to chair a meeting, speak at an AA function, take a meeting to detox, do public information at schools, go into the prisons, or if I was asked to be a sponsor, my answer was always supposed to be "yes", unless I was sick or out of town or at work. I had absolutely no excuse not to be of service when asked. At first this "suggestion" made me a tad resentful, but I soon became excited about being of service to AA and felt like I was a part of something so very special, that I had a family, a God of my understanding, that I belonged and that I was loved.

Finally, it was my turn to speak in the meeting and I apologized profusely over and over again, blaming it on the traffic. Then I may have said some words of wisdom regarding the step, but I am not sure how wise they actually were. Of course no one said anything to me at all, and that was almost worse than if someone had confronted me or questioned me. Because you see, in my heart of hearts, I knew that I was focused on my own activities that day instead of the AA meeting. I wanted to go out with my friend and wear my bikini and get attention from men...I mean...boys (I almost forgot how young I was for a moment!) I did not want to leave early; I wanted to stay until the last possible minute, leaving no room for error. I did not even have time to change into my nice outfit so I could chair the meeting. I think I even left my book at home. I suffered my own consequences without anyone's help. I wanted people to respect me and to be accountable, and this incident certainly did not help me gain any of that. I found out that I wanted to be responsible...even if I was only 18 and in early sobriety. I found out the meaning of integrity and that I was going to have to take specific actions in order to possess that quality.

I am so very proud to say that our small women's AA group has just celebrated its 15 year anniversary. I was involved in the group for the first 5 years, then I moved out of state, but have since been back many times over the years. I always make a bold attempt to attend the anniversary meeting, and I try to make it on time. I am grateful that the other members show up to our meeting and make it a priority for themselves and for the other suffering alcoholics searching for a way out of misery and despair. Today I have 16 1/2 years of continuous sobriety, and I am 33 years old and hopefully more mature now! I still like to go to the pool, wear my bikini and to get attention from men sometimes (especially a certain man), but I make sure that I wear my watch, carry my cell phone just in case, and make it a priority to leave the premises at a decent hour, and get to my meetings on time. If I tell another AA member or a newcomer I am going to meet with them, I make sure I do it, even if I am tired or don't feel like it. I believe with all of my heart that the principles I was taught in the beginning of my sobriety, by my sponsor and my home groups, were the foundation of my AA program today. I still show up when asked, I am a good example to others, I work these steps, I regularly attend meetings of Alcoholics Anonymous, I ask for help, and most importantly I pray to and rely upon a Loving God. I owe my life to Alcoholics Anonymous because I truly believe I would not be alive today if it did not exist. So due to that fact, it is my duty as well as my pleasure, to be responsible to Alcoholics Anonymous, and to live a life of honesty and integrity. I am definitely not perfect; so I continue on my journey to become closer to God, and when I turn around and see the long road which I have traveled, it nearly takes my breath away. I owe my life, my heart and soul to AA, and I am so eternally grateful for my sobriety and my long awaited serenity.

*Julee C, Austin, Texas*

# Group Forum Page



**SPANISH HELP LINE**  
533-9770  
Mon-Fri 1pm-5pm

## NEW GROUPS/MEETINGS:

The **Freedom Group** has started a new Women's Meeting on Saturday mornings at 10:30am. They meet at 14700 North San Pedro, Rm #206-207, Abiding Presence Lutheran Church.

## GROUP CHANGES/CLOSINGS:

The **Entire Abstinence Group**, 1226 Highland, Greater Good News Missionary, has closed its Thursday Night Meeting. They still meet at 6pm every Monday.

The **Acceptance Group**, as of August 1, will have one location for their meetings, 13888 Dreamwood Drive, King of Kings Lutheran. There will be no babysitting. Their new schedule is as follows:

- Monday—7pm—Basics Meeting—Open
- Thursday—7L30pm—Open Discussion
- Friday—7pm—Big Book Study—Open
- Sunday—7:30pm—Open Discussion

**Group Twelve's** 4pm Monday Meeting for the deaf and hard of hearing has closed.

The **Sober in Southtown Group** that meets on Thursdays at 8pm has moved to 103 West Carolina, 78210, St Anthony Orthodox Church, corner of Presa and Carolina.

The Saturday, 7pm meeting of the **Schertz/Cibolo Group** was left out of the current directory by mistake. The group meets at 414 Bowie, Universal City, 78148. Also, the group no longer has candlelight meetings due to fire hazards. The meetings are still there, they just are not the candlelight.

**WINNER'S CLUB**  
*5723 Kenwick, 680-5496*  
The last Saturday of the month is a Pot Luck Dinner at 7:00pm, and Birthday Celebration @ 8:15pm.

**DANCE**  
Saturday, August 25th  
following  
Birthday Celebration

**RUSH HOUR  
SPEAKER MEETING**  
*The Center @ San Antonio  
8607 Wurzbach, Bldg P*  
1st and 3rd Saturday  
5:30pm  
**August Speakers:**  
8/04 Isak K-I  
8/18 Donna B

**CLUB/GROUP 12**  
*102 Thames/344-8981*  
**August Activities**

- 04 Cleanup/Pizza Party-1pm
- 14 Grp Conscience-6:45
- 17, 18, & 19 58th Anniversary  
SEE PAGE ONE FOR DETAILS
- 27 BOD Mtg-6:45pm
- 31 Birthday Night-7:30pm

**STEPPING STONES OF SOBRIETY**

This day of sobriety begins **September 29<sup>th</sup>**,  
at 8am and ends at 6pm

**Location:** Serendipity meeting house  
10929 Nacogdoches Road, Unit 5 (One block North of Lady bird Johnson Park, outside of Loop 410)

**Topics include:**  
4th Step Inventory—how to do one  
Traditions Ask it Basket panel  
Things my sponsor taught me  
Home Group and service in AA  
Group Break Out—Topic “there are things to do when in the Hallway” What?

**MORE TO BE REVEALED NEXT MONTH**

**June 2007  
CONTRIBUTIONS TO CSO**  
See insert for group contributions.

<b>Birthday:</b>	<b>Total Birthday</b>	<b>\$0</b>
<b>Individual:</b>	<i>Heidi C</i>	<i>\$50.00</i>
	<i>Cathy W</i>	<i>\$ 5.00</i>
	<i>David B</i>	<i>\$50.00</i>
	<i>Anonymous</i>	<i>\$ 5.00</i>
	<i>Office Kitty</i>	<i>\$32.00</i>
	<i>Board Mtg</i>	<i>\$15.00</i>
	<i>COR Mtg</i>	<i>\$ 6.00</i>
	<b>Total Individual</b>	<b>\$163.00</b>
<b>Moving Fund (Individual Income):</b>		<b>\$0</b>
<b>Memorial:</b>	<b>Total Memorial</b>	<b>\$0</b>

# District Meetings

**District 01A:** DCM-Jere J (372-9205)  
Monthly meeting is held at 8600 Wurzbach, #702, Creekview Office Complex, the 2nd Sunday, 4:00pm. There is a mini-workshop at 3pm.

**District 01E:** Contact: Donald V (830-569-2994). No district meeting information available at this time.

**District 01F:** DCM-Carlos F (223-6243)  
Monthly meeting is held at 3814 S. Flores, #2, the 2nd Sunday, 1:00pm, en espanol.

**District 16:** DCM-Kim C (885-1383)  
Monthly meeting is held at Club 12, the first Sunday at 3pm. Meeting in front room. **THE AUGUST 5th, 3pm MEETING WILL BE HELD AT 8600 WURZBACH, #702. THE DELEGATES REPORT WILL BE GIVEN AT 3:30pm.**

**District 17:** DCM-Doug F (646-7783)  
Monthly meeting is held at the Serendipity Group location, 10929 Nacogdoches, #5, the second Saturday of each month at 8:30am.

**District 18:** DCM-Joe L (421-8665) or tailgate5014@yahoo.com. District meets the 2nd Tuesday each month, 6:15pm. Meetings rotate location so please call for location info.

**District 19:** DCM-Karen I (602-0788)  
Monthly meeting is held at 8600 Wurzbach, #702, the first Sunday at 6:00pm.

**District 28:** DCM-Tony G (710-6243) Monthly meetings are held at 935 New Laredo Hwy, #2 San Antonio, TX 78211, the 2nd and last Sunday, 1-4pm, en espanol.

# SERVICE OPPORTUNITIES

**Central Office/Intergroup Reps:**

**Telephone After-Hours Service Committee:** Coordinator: Mike W (677-0259). Alternate Coordinator: Jimmy T (661-7918).

**Outreach Committee:** (Chair: - Vacant)

**CSO Archives Chair:** Paul B (826-2571) Work has begun on preserving the documents at CSO, removing staples, making copies, preserving paper. The committee also needs individuals interested in making displays, carpenters who can make enclosed book cases, those interested in bulletin board displays, etc. Please contact CSO or Paul at the above #.

**INTERDISTRICT/SAMSO:**

*The Interdistrict meetings are held the first Sunday of the month, 6:30pm, 8600 Wurzbach, #702. Members include DCMs, Committee Chairs, GSRs and all alternates.*

**Archives:** Chuck K (492-3129) or ckautz@satx.rr.com.

**CFC:** Tomi B-A (364-1108) (For 'Sponsor By Mail' - Correctional Facilities, PO Box 33866, San Antonio, TX 78265). Meets the last Sunday of each quarter (July, Oct, Jan, & April) at the Serendipity Group location. Sponsor by Mail contact: Elliot at 666-4126. Next meeting July 29th @ 5:30pm at the Serendipity Group location.

**Grapevine:** Mary S (690-7550). Committee meets quarterly on Thursdays at 6:30pm. Next meeting July 29th @ 6:30pm at the Colonies North Group location.

**PI/CPC:** Vicki S (219-9981) or vsparks2@satx.rr.com. Next meeting, August 5 at 4:30pm at the Colonies North Group location.

**Treatment:** Co-Chairs: Cynthia V (422-7248) & Trudi C (999-5665).

**Bi-Lingual:** Al A (268-7393)

**Newsletter:** Robin S (584-4119) robinjosha@yahoo.com

## DISTRICT EVENTS:

**01A:** 8600 Wurzbach, #702, August 12th, is hosting a workshop about the Treatment Facilities Committee with Harry H, Area CFC Chair, presiding. The workshop will be at 3pm, and there will be refreshments and a door prize.

## SAMSO EVENTS:

**PI/CPC:** Always in need of volunteers for Health Fairs, speaking at community events, etc. Call CSO at 821-6325 to volunteer. Your information will be confidentially put into the PI/CPC contact list and passed on to the PI/CPC chair, Vicki S. Next meeting August 5, 4:30pm at the Colonies North Group location

**CFC:** Correctional Facilities Committee (See report on page 5).

**Treatment:** Just getting started with Bridging the Gap list. Bridging the Gap (or "temporary contact") programs help newcomers make the transition from treatment centers to AA meetings. Bridging the Gap differs from temporary sponsorship by simply facilitating the introduction of new members to meetings in the outside world. If you are interested in signing up to be a temporary contact, please phone CSO at 821-6325, and your information will be confidentially put into the Bridging the Gap contact list and passed on to the Treatment Facilities Chairs, Cynthia and Trudi.

**SAMSO Newsletter:** First newsletter will be out soon.

## TREATMENT FACILITIES COORDINATORS

**Co-Chairs:**  
Cynthia V 422-7248 & Trudi C 999-5665

<b>TUESDAY</b> Laurel Ridge-Cyndi 422-7248 17720 Corporate Woods Dr 7:00pm	17720 Corporate Woods Dr 7:00pm
<b>WEDNESDAY</b> Mission Vista-Danny 625-2755 or Brad 364-0554 14747 Jones Maltsberger 7:00pm	Mission Vista-Joni 831-4606 14747 Jones Maltsberger 7:30pm
University Hospital Project Hope-6:00pm 4502 Medical Drive, Fl #9 Charles W. 884-3440	Transplant Hospital 8026 Floyd Curl—8:00pm Jim L 695-5117
Transplant Hospital 8026 Floyd Curl—8:00pm Floyd L—872-0664	Audie Murphy VA Hospital Banton D 882-7321 Villa Serena-4455 Horizon Hill 7:00pm
	<b>SATURDAY</b> ARC—Ed B 849-2425 10290 Southton Road 8:15pm

*We continue to seek members of the Fellowship that wish to Carry the Message. Please share our phone #s and email addresses with any member who needs to discuss service work through the Treatment Facilities Committee.*

**THURSDAY**  
Laurel Ridge-Cyndi 422-7248

## COR Minutes for June 18, 2007

Meeting opened with a moment of silence followed by the Serenity Prayer at 6:00 pm.

Bill S. led the meeting.

Casey read the 12 Traditions.

There were 16 in attendance.

**New CORs:** Heidi representing Goliad and Nancy from the Wednesday Women's Mtg

**Announcements:**

Nightcap submissions need to be in by the 10<sup>th</sup> in order to be included in the next month's issue.

HCYPAA; Houston, TX June 22-24

Young & Done Anniversary June 28<sup>th</sup>

ARC Picnic June 30<sup>th</sup>

Goliad Sobrietyfest June 30<sup>th</sup>. Burning Desires playing from 8:30-11:30 pm.

Area 68 Summer Workshop July 13<sup>th</sup>-15<sup>th</sup>; Laredo, TX

ICYPAA Los Angeles, CA August 30<sup>th</sup>- September 2<sup>nd</sup>.

**Approve May minutes:** Motion to approve was seconded.

**Financial Report:** N/A

**CSO Board Liaison Report:** 39 postcards were mailed to CORs. The office will be closed July 4<sup>th</sup> for the holiday and July 20<sup>th</sup> for inventory. Group surveys were reviewed and discussed.

**Telephone Service Report:** Mike reported that all shifts are covered. Great job Mike!

**Outreach Committee Report:** N/A

**Old Business:** none

**New Business:** Casey was elected new Group Chairman and Heidi was elected Group Secretary.

7<sup>th</sup> Traditions Basket Passed

Meeting closed with the Lord's Prayer.

### The San Antonio Corrections Committee (CFC)

**There are many ways we can carry this message. Some ways involve volunteers going inside a facility and some involve volunteer services outside of the facility.**

**What is the Bridge Program?**

**San Antonio Bridge Program**

*AA Bridge Program connects Inside Members with AA in their community upon release. You are asked to be the AA Bridge Volunteer.*

*When a soon-to-be released inside AA Member contacts us, we match them to an AA Bridge Volunteer in their community. We call you, get the okay, and then send the information along to you. You contact the inside AA Member and arrange to take them to an AA meeting within 48 hours of their release. You are to take them to a minimum of 3 and a maximum of 6 meetings. You help them get acquainted, get phone numbers and perhaps locate a sponsor or a home group. Please note: It is NOT intended that you become their sponsor, even temporarily. It is best if that work is not used in any way to describe your service. Bridge Volunteers are "Bridges" to the local AA community. You introduce them to AA members so they have a base of members to call upon. Lastly, we suggest Bridge Volunteers be active in AA and have a minimum of one year of continuous sobriety*

**During June: The following donations were received through the "Green Cans"**

**Goliad Group \$124.47**

**Club Twelve 23.00**

**60 Big Books were given to the SAFII Meetings on S New Braunfels purchased with donated funds. 40 books to the men's units and 20 books to the women's unit.**

## SW Texas Area Servants

### Area Officers

Delegate	Jamie W.	jwheelless3@austin.rr.com
Alt. Del	Steve Y.	caseyocum@burnetpc.net
Area Chair	Char	char1285@hotmail.com
Alt Area Chair	Hank S.	vhankschl@aol.com
Area Registrar	Robert T.	pps820@msn.com
Area Secretary	Denise T.	ladybug@intergate.com
Area Treasurer	Jimmy K.	imlink97@yahoo.com

### Area Chairpersons

Archives	Bob B.	bbesore@satx.rr.com
Newsletter	B.J. G	glitterbugster@gmail.com
Grapevine	Pam J.	phjurica@hotmail.com
P.I./C.P.C.	Mike M.	mmcgraw3@hotmail.com
C.P.C.	Jackie K.	sandjk@web-access.net
Bilingual	Laura G.	lauralizglv@aol.com
Treatment	Harry H.	heh157@msn.com

Area Officers and Chairpersons are available to speak on service at workshops, district meetings, group meetings, and any other AA function.

## THAT AIN'T IN THE BOOK...

*Editor's note: this item appeared in the Central bulletin, Cleveland Central Office, then in the New Reporter, Washington DC. It's offered here as food for thought:*

We hear a lot of stuff said in meetings that can't be reconciled with the program as described in the Big Book of Alcoholics Anonymous. What follows are some of the things we often hear, along with what the Big Book has to say on the subject.

✓*"We need to give up planning, it doesn't work."*

*Page 86, paragraphs 3-4: "On awakening let us think about the twenty-four hours ahead. We consider our plans for the day. Before we begin, we ask God to direct our thinking, especially asking that it be divorced from self-pity, dishonest of self-seeking motives. Under these conditions we can employ our mental faculties with assurance, for after all God gave us brains to use. Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives. In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspiration, an intuitive thought or a decision. We relax and take it easy. We don't struggle. We are often surprised how the right answers come after we have tried this for a while."*

## Your Central Service Office /Board of Trustees—2007

-serving in love and service:



Brian K, Cary B, Kevin H, Linda R, Pat B, Sylvia O, and Vangie H



### THINGS WE CANNOT CHANGE

Dave M of the Southwest Loop Group passed away July 5. His presence and years of sobriety will be greatly missed.

We also lost Bob C, July 8, with 15 years. Bob was a member of the Serendipity Group. His gentle spirit and kind heart leave the group with many memories.

### Needed

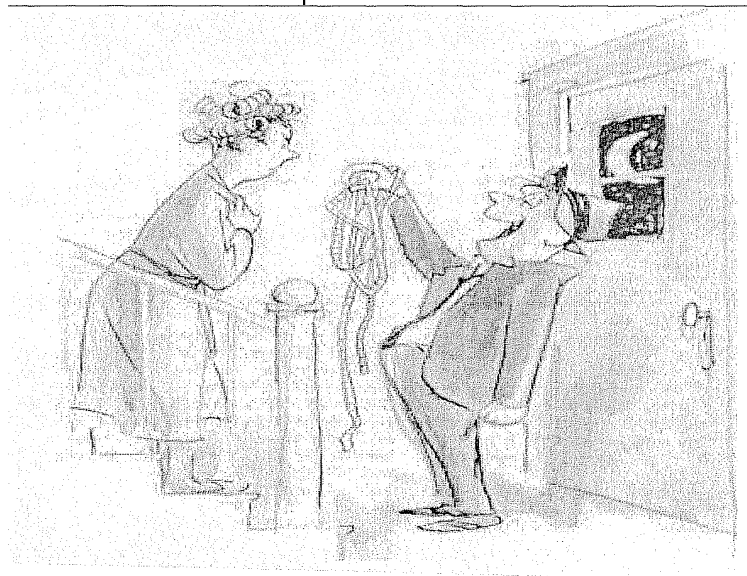
Alcoholics Anonymous members to volunteer to sign for the deaf at AA meetings.

If you can help with this much needed service, please call the Central Service Office to volunteer. 210-821-6325

**Reminder...**All information for The Nightcap must be turned into the Central Service Office by the 10th of the previous month. Quite often there are many activities going on at the beginning of the month, and this is the only way we can assure you will receive information in a timely manner. It takes more than a week to put the newsletter together, get it proofed, printed, and have our mailing committee come in to prepare it for bulk rate mailing. Additionally the post office can hold bulk rate mail for up to ten days. Your cooperation is appreciated.

### Group Conscience Meetings

Acceptance	Last Sunday	6:00pm
Colonies North...	1st Monday.....	7:00pm
Goliad...	2nd Sunday.....	11:15am
Group 12...	1st Tuesday.....	6:45pm
Freedom...	3rd Monday.....	7:15pm
Grupo Paz y Sobriedad	3rd Wednesday...	TBA
Highland...	As Needed	
Lackland Pyramid...	As Needed	
New Downtown...	1st Thursday...	6:45pm
Rush Hour...	1st Wednesday...	6:45pm
Sane and Sober...	As Needed	
Schertz/Cibolo...	Last Saturday...	1:15pm
Seeds of Grace	As Needed	
Serendipity...	Last Monday...	6:30pm
Stay in the Solution	Last Saturday	1:10pm
Universal City...	2nd Monday	7:30pm
Walzem Road...	As Needed	
Woman's Big Book...	Quarterly-Last Wed.	6:30pm
Young and Done...	1st Thursday....	9:30pm
Young and Golden Yrs...	As Needed	



*"Guess who's giving out Green Stamps now!"*

*With permission from the Grapevine, July 1967*

# August Birthdays

**Colonies North:**

Sean M—1yr  
 John T - 2yrs  
 Sonya B—3yrs  
 Sean S—4yrs  
 Wayne T—6yrs  
 Karen H—6yrs  
 Steve B—8yrs  
 Xavier T—10yrs  
 Don G—15yrs  
 JoAnn C—17yrs  
 Dean W—31yrs

**Community:**

Tom M—2yrs  
 Christine B—6yrs  
 John MacK—16yrs  
 Chico M—19yrs

**Group Twelve:**

**1 year**

Aaron Mck  
 Robert A  
 Keith J  
 Larry A  
 Chalsey N  
 Tracy S  
 Adrian S  
 Frank O  
 Reggie T  
 Heather C  
 Jen T  
 Ryan N

**2 years**

Golly W  
 Tina R  
 Patty C  
 Karen K  
 John H  
 Zuleme G  
 Annette R  
 Dorothy B  
 Anthony S  
 Hank R

**3 years**

Valerie A  
 Kathleen K  
 Joseph S  
 Sean R  
 Marian U  
 David G  
 Bruce D  
 Lorelei S  
 Michael Mck  
 Bert C  
 Paul A

**4 years**

Shelley G  
 Courtney C  
 Steve F  
 Elizabeth V  
 Suzie T  
 Charlie C  
 Nathan B

**Group Twelve (cont)**

**5 years**

Chad F  
 Nancy R  
 Wayne B  
 Thomas H  
 Randall B  
 Shane T  
 April R  
 John S

**6 years**

Anderson B  
 Olga O  
 Bruce P  
 Shawn P  
 Christine B  
 Frank M  
 Jeremy H  
 Angela M  
 Precy M  
 Mark H  
 John P  
 Luis P  
 Heather B  
 Shawn P  
 Jackie M  
 Jennifer P

**7 years**

Bob R  
 Mohammad S  
 Candy W  
 Stan C  
 Julia A  
 Nora H  
 Mary G  
 Louie M  
 Gerald B  
 David W  
 Michele W  
 Mike M  
 Keith F  
 Shannon M  
 Al S  
 Roger J  
 Diane A

**8 years**

Jeana W  
 Julio B  
 Raymond V  
 Carolyn H  
 Donald R  
 Ernest M  
 Don F  
 Michael L  
 Chrystal H  
 Sonny H  
 Cindy H  
 Buck F  
 Marty R  
 Marcus C  
 David S  
 Michael L

**Group Twelve (cont)**

**9 years**

Gib M  
 Pat B  
 Donna W  
 Pete R  
 Robert G

**10 years**

Teri S  
 Yolanda F  
 Jimmie B  
 Elias B

**11 years**

Irene P  
 Martha H  
 Jane K  
 Patti W

**12 years**

Raymond A

**13 years**

Trent W  
 Alicia M  
 Nanette G

**14 years**

John C-S  
 Robert J  
 Elida D  
 Julilis D

**15 years**

Rheta H  
 Bob H  
 Richard M  
 Rick K

**16 years**

Linda B  
 David B  
 Timothy G

**17 years**

Lesia N  
 JoAnn C  
 Marty deL  
 Jewel S  
 Clark T

**18 years**

Jode L  
 Mick A  
 Madonna M  
 Ted H  
 Richard A

**19 years**

Paul T  
 Belinda C  
 Greg S

## GROUP BIRTHDAY NIGHTS

**Last Sunday:** New Life (O-Spk), Free at Last (Pot luck)

**Last Monday:** Alamo Heights, Freedom, Young and Golden Years (O-Spk)

**First Tuesday:** New Downtown (O-Spk) 7:30-9pm

**Last Tuesday:** Valley Hi, Windcrest, Santa Fe, New Acceptance, Life Support, La Vernia

**Last Wednesday :** Oblate, Woman's Big Book, Northwood, Stay in the Solution

**Last Thursday:** Goliad, Ft. Sam, North San Pedro, Stahl Rd, Acceptance, Universal City, Sane and Sober (Open)

**Last Friday:** Pearsall (Come As You Are), Colonies North, El Libro Grande, Rush Hour, Group 12, Marymont, HALT @ Tezel Road, SW Loop (4th Friday), Hondo, Seeds of Grace

**Last Saturday:** Schertz-Cibolo, Lambda, Winners Club, Serendipity, Pleasanton

**Group Twelve (cont)**

**21 years**

James  
 Daniel J  
 Val R  
 Christina S  
 Ted W  
 Daniel J

**22 years**

Nick T  
 Scott R

**23 years**

Jeannie R  
 H. Gilson S  
 Virginia B

**25 years**

Jim M  
 Jim J  
 Brant K

**27 years**

Diana J  
 Alan B  
 Steve M  
 Ruby S

**28 years**

Nancy W  
 Willie H

**34 years**

Alfred M

**42 years**

Paul C

**Schertz/Cibolo:**

Frank M—1yr  
 Kris J—1yr  
 Ray C—1yr  
 Sally L—1yr  
 Sue H—1yr  
 Joey T - 2yrs  
 Tammy S—2yrs  
 William S—2yrs  
 Jennifer M—3yrs  
 Renee F—3yrs  
 Dominick A—4yrs  
 Keith F—4yrs  
 Mike S—4yrs  
 Elroy P—7yrs  
 Loretta K—7yrs  
 Chad S—8yrs  
 Carlton T—8yrs  
 Cathy O—11yrs  
 Marta M—17yrs  
 William T—21yrs  
 Chris M—22yrs

**Winner's Club:**

Joyce s—9yrs  
 Xavier T—10yrs  
 Frank H—13yrs  
 Jim D—17yrs  
 Daniel J—21yrs

**Woman's Big Book:**

Golly W—2yrs  
 Martha H—11yrs  
 Charlotte S—18yrs

**Young & Golden Years:**

Joni W—4yrs  
 Melvin O—15yrs  
 Janet F—20yrs  
 Dean W—31yrs  
 Paul C—42yrs



\*

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